

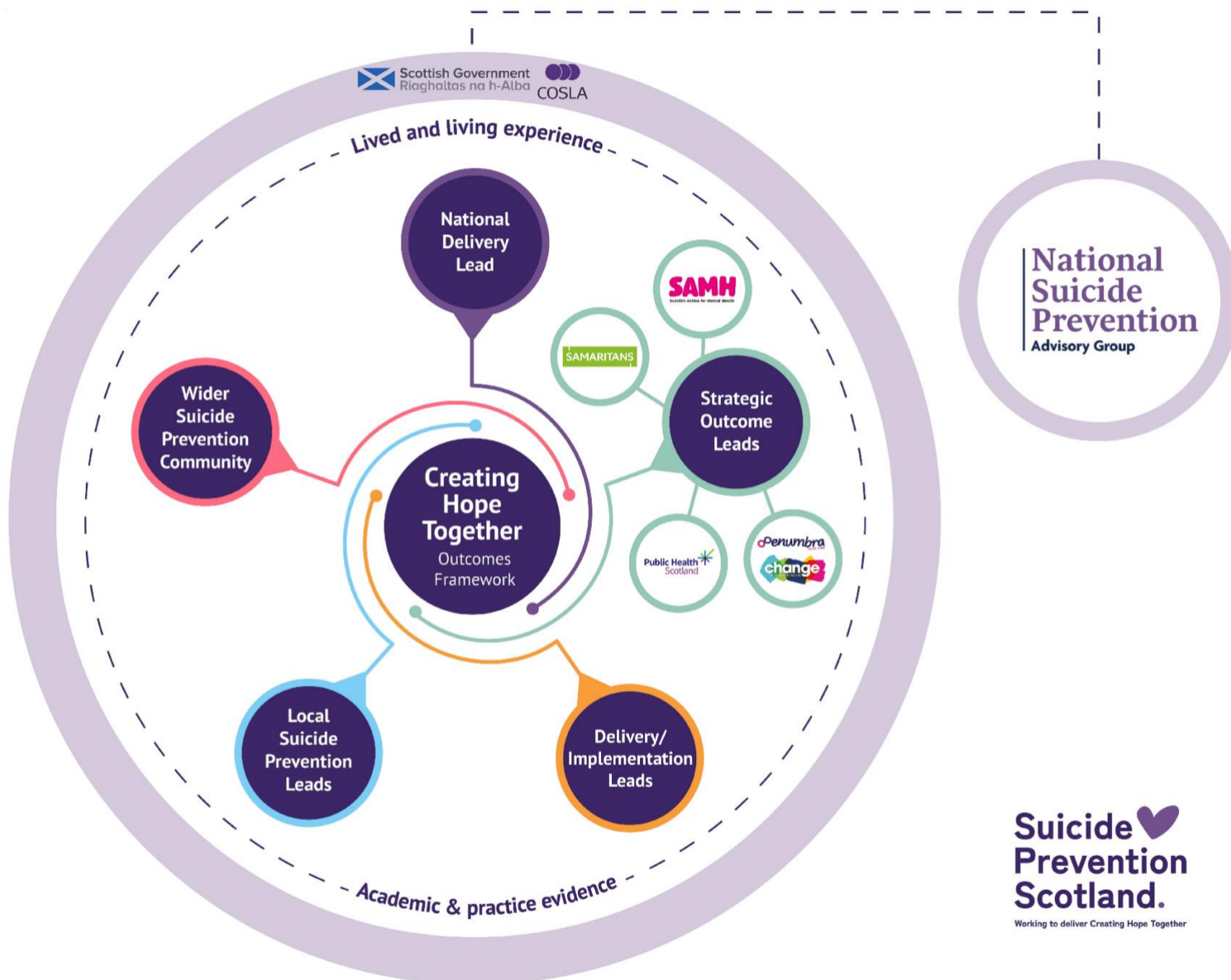
# **Creating Hope Together - Delivery Plan April 2024 - March 2026**

**July 2024**

## Introduction

Suicide Prevention Scotland is the delivery collective responsible for implementation of Creating Hope Together – Scotland’s suicide prevention [strategy](#) and [action plan](#). The strategy’s vision is to reduce the number of suicide deaths in Scotland, whilst tackling the inequalities which contribute to suicide. To achieve this, all sectors must come together in partnership, and we must support our communities, so they become safe, compassionate, inclusive, and free of stigma. Our aim is for any child, young person or adult who has thoughts of taking their own life, or are affected by suicide, to get the help they need and feel a sense of hope.

The work to achieve this vision is led by a National Delivery Lead (NDL) supported by Strategic Outcome Leads (SOLs) who form the leadership team and a range of delivery partners (see [Appendix A](#) for details). The leadership team make decisions about effective deployment of the existing staffing and financial resources to ensure the delivery plan is delivered and short-term outcomes achieved.



The delivery plan for April 2024 – March 2026, sets out the actions for delivery over the remainder of the current Creating Hope Together action plan. It details key milestones over 2024/2025 and identifies some of the partner organisations who will support implementation. This plan will be reviewed in Spring 2025 and milestones for 2025/2026 will be established and published.

We have made considerable progress in 2023/2024 – the first financial year of delivering the action plan – which lays strong foundations for the programme of activity set out in this delivery plan. Key achievements have been:

- Establishing Suicide Prevention Scotland’s leadership team and the wider delivery collective to realise our ambition to create a community of organisations across Scotland
- Establishing strong relationships with local suicide prevention leads and providing the opportunities and resources to support them in their role
- Taking forward work to address inequalities in suicide prevention and building connections with organisations who work with people impacted by discrimination, stigma, inequality and wider social determinants of suicide who can support this
- Connecting with a wide range of third sector organisations delivering suicide prevention actions and providing opportunities for networking, sharing learning, and supporting implementation of the action plan
- Building connections with National Suicide Prevention Advisory Group (NSPAG) members and national organisations to create links to sectors and groups where there is a higher risk of suicide
- Refreshing our Lived and Living Experience Panel and Youth Advisory Group, and establishing a Lived and Living Experience Steering Group
- Building on [the outcomes framework](#) to develop monitoring and evaluation processes which will help to demonstrate the impact of the work

- Delivering on the broad range of work within the Creating Hope Together Action Plan

The Suicide Prevention Scotland Annual Report 2023/2024 provides full details of the progress in delivering the actions from the Creating Hope Together Year One Delivery Plan. The following delivery plan summarises the actions delivered over the last year and describes the actions which will be progressed over the next two years to help achieve the short and long term outcomes.

## Outcomes

<p><b>Outcome 1:</b> The environment we live in promotes conditions which protect against suicide risk – this includes our psychological, social, cultural, economic and physical environment.</p>	<p><b>Outcome 2:</b> Our communities have a clear understanding of suicide, risk factors and its prevention – so that people and organisations are more able to respond in helpful and informed ways when they, or others, need support.</p>	<p><b>Outcome 3:</b> Everyone affected by suicide is able to access high quality, compassionate, appropriate and timely support- which promotes wellbeing and recovery. This applied to all children, young people and adults who experience suicidal thoughts and behaviour, anyone who cares for them, and anyone affected by suicide in other ways.</p>	<p><b>Outcome 4:</b> Our approach to suicide prevention is well planned and delivered through close collaboration between national, local and sectoral partners. Our work is designed with lived experience insight, practice, data, research and intelligence. We improve our approach through regular monitoring, evaluation and review.</p>
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Progress on delivering the year one delivery plan (2023-2024) was reviewed through the monthly SOL meetings with advice sought from the [National Suicide Prevention Advisory Group \(NSPAG\)](#) (membership detailed in [Appendix B](#)) to support delivery and address any barriers to progress; this approach will continue as we deliver work over the coming two years. NSPAG will continue to offer advice and guidance to COSLA and the Scottish Government on progress on the strategy and on any changes needed to direction/ priorities.

We continue to have an outcome focussed approach to our work, recognising the importance of measuring the impact the work is having, and not just the delivery of the actions. The [Outcomes Framework](#) which accompanied the strategy and action plan has provided a theory of change which helps to demonstrate the contribution the actions make to achieving the outcomes. As we progress over the next two years, we will fully embed [Outnav](#), an online tool which will be used to capture the evidence to help demonstrate the contribution the activity is making to the outcomes; we will also enable robust monitoring and evaluation of the work across outcome pathways. This information is critical to understanding if our work is having the intended effects in shifting the 4 key outcomes in our strategy and achieving our vision. Further information on this as it relates to the delivery of Creating Hope Together will continue to be shared with delivery partners and wider stakeholders. The evidence collected through Outnav will also help shape the next and future annual reports.

As we enter year two, we will continue to deliver work which aligns to the guiding principles. Over 2023/2024, Suicide Prevention Scotland created opportunities for partners across public, private, third and business sectors to come together to network and share learning. As we progress work into years two and three, we will continue to enhance the suicide prevention network through hosting further events and opportunities for engagement. We will focus our efforts where there is a higher risk of suicide, expanding our reach and impact particularly with organisations working with people who are impacted by discrimination, stigma, inequality, and wider social determinants of suicide.

### Guiding Principles

1. We will consider inequalities and diversity – to ensure we meet the suicide prevention needs of the whole population whilst taking into account key risk factors, such as poverty, and social isolation. We will ensure our work is relevant for urban, rural, remote and island communities.
2. We will co-develop our work alongside people with lived, and living, experience (ensuring that experience reflects the diversity of our communities and suicidal experiences). We will also ensure safeguarding measures are in place across our work.
3. We will ensure the principles of Time, Space, Compassion are central to our work to support people’s wellbeing and recovery. This includes people at risk of suicide, their families/carers and the wider community, respectful of their human rights.
4. We will ensure the voices of children and young people are central to work to address their needs and co-develop solutions with them.
5. We will provide opportunities for people across different sectors at local and national levels to come together, learn and connect – inspiring them to play their part in preventing suicide.
6. We will take every opportunity to reduce the stigma of suicide through our work.
7. We will ensure our work is evidence informed, and continue to build the evidence base through evaluation, data and research. We will also use quality improvement approaches, creativity and innovation to drive change – this includes using digital solutions.

Engagement with the Academic Advisory Group (AAG), Lived and Living Experience Panel (LLEP), Youth Advisory Group (YAG) and Practice Experts has shaped this 2024-26 delivery plan. All the work which flows from it will be developed and informed

through the same process. As we expand our work on addressing the inequalities which contribute to suicide risk, we will deliver our commitment set out in the [Building Connections report](#) to ensure that the communities who are impacted by discrimination, stigma, inequality and wider social determinants of suicide, are central to co-designing engagement which will then shape the development and implementation of our work.

We will also ensure our work maintains a focus on the four priority areas set out in the [Creating Hope Together Strategy](#) - taking action which will deliver positive impact on these broad areas of work and is intended to achieve positive change against the strategy's 4 outcomes. This will include:

- 1. Build a whole of Government and whole society approach to address the social determinants which have the greatest link to suicide risk**
  - We will continue to drive forward work on the whole of Government and society policy package — so that a wide range of Government policies and their delivery on the ground are working to prevent suicide. Utilising the learning from year one, we will make the strongest connections possible with policies which address stigma, discrimination and the wider social determinants of suicide.
  - We will continue our approach to addressing access to means of suicide, focussing on improving safety at key locations of concern for suicide and utilising the learning from the Delphi study.
  - We will work with national and local media sectors to raise awareness of responsible media reporting (including social media).
- 2. Strengthen Scotland's awareness and responsiveness to suicide and people who are suicidal**
  - We will continue to raise awareness, and improve learning about suicide, help seeking and help giving and target our work, so we build this understanding in communities and sectors that support people at a higher risk of suicide and in ways that address stigma and discrimination.
  - We will develop an online portal which will host information and advice on suicide and its prevention, to help people who may be suicidal, anyone impacted by suicide and practitioners working to prevent suicide.
  - We will expand [United to Prevent Suicide](#) (UtPS) through engaging with the social movement, the LLEP and the YAG to develop an approach which engages new audiences and ensures we reach groups most likely to be affected by suicide. We will continue to be creative, using different mediums, such as sport and social media, to tackle stigma, discrimination and create ways for people to talk safely about suicide.
- 3. Promote and provide effective, timely, compassionate support that promotes wellbeing and recovery**
  - We will build on the [Time Space Compassion](#) (TSC) approach, with a focus in Primary Care, Unscheduled Care, and community settings. This will ensure the risk of suicide is considered and that people in those settings are able to offer compassionate, culturally sensitive support when someone is suicidal.
  - We will continue to build understanding of the benefit of peer support in suicide prevention and assist in the development of new peer support groups across Scotland.
  - We will use our learning of what works to support suicide risk and behaviour amongst children and young people to develop work in key settings such as education, youth work and care settings.
  - We will facilitate a process of continuous improvement in the quality of clinical care through supporting statutory mental health services to implement the [National Confidential Inquiry into Suicide and Safety in Mental Health](#) (NCISH).
- 4. Embed a co-ordinated, collaborative and integrated approach**
  - We will continue to enhance our understanding of existing data sources and how these can be utilised to support development of effective interventions to support people who are suicidal. This will include roll-out of suicide reviews, enhancement of [ScotSID](#) and working with partners in key settings to address any gaps in data and intelligence.
  - We will work with partners in high-risk settings for suicide, to build effective and compassionate suicide prevention action plans.

We will continue to build relationships with policy leads across Scottish Government and COSLA to ensure we build the conditions required to support delivery of the whole of Government actions identified in the action plan and support the development of new actions. We know that work cannot just happen at a national level and that work across our communities is essential to achieving the strategy's vision. Through our test of change approach in communities, we will enhance our relationships with Community Planning Partnerships who have a key role in supporting and delivering local suicide prevention activity - with local leadership provided by Chief Officers in their role as leads for Public Protection.

A significant amount of suicide prevention work is delivered through local steering groups. Each Local Authority area has a designated lead for suicide prevention – these leads are supported to develop local action plans through their local partnerships and with the assistance of Implementation Leads based in Public Health Scotland (PHS). Building on previous years, the last year has seen an improved approach to work and communication between national and local levels. This has enhanced the opportunities for local suicide prevention leads to influence and be partners in delivery of national action, including work on peer support, locations of concern, bereavement support and Time, Space, Compassion. Over the coming years we will continue to build on this, working closely together to build connections across areas, share good practice, build capacity and ensure learning from local work is shared at a national level.

The tables below set out actions over the coming year(s). Actions are set out under the most relevant outcome; however, this is mainly for ease of presentation - the majority of actions have relevance across outcomes. Outnav will help to set this out more clearly over future years.

A budget of £2.6 million to support delivery of this plan has been confirmed for 2024/25. The indicative budget for each action is set out in the tables from page 4 below. In addition to these figures, the following commitments have also been agreed by the Suicide

Prevention Scotland Leadership group and approved by Scottish Government to support and enable delivery of Creating Hope Together.

<b>Funding purpose</b>	<b>Funding (£)</b>
Staffing to support delivery and leadership	£769,191
Support to enable lived and living experience	£175,000
Academic Advisory	£139,511
Strategic comms	£59,972
Listening service and postvention support	£115,000
National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH)	£76,364
Learning resources (baselined funding for NES & PHS)	£398,000
Events, conferences, printing etc	£70,000

**Outcome 1**

The environment we live in promotes conditions which protect against suicide risk. This includes our psychological, social, cultural, economic and physical environment.

**Short term outcome: Key priority Scottish Government policies (based on Annex A in the Action Plan 2022- 25) increasingly incorporate and deliver actions designed to contribute to both suicide prevention and tackling the inequalities that affect suicidal behaviour.**

Action	What we did in 2023/24	Year two activities	What next – milestones	Who with	Indicative budget to support delivery
1.1 – Whole of Government and society approach	<ul style="list-style-type: none"> <li>Developed discussion paper, framework and hosted workshop to establish priority actions for focus on year one</li> <li>Engaged with leads across Scottish Government to build opportunities to progress the Whole of Government and Society actions</li> <li>Developed framework for prioritisation of actions with partners and advice from NSPAG</li> </ul>	<ul style="list-style-type: none"> <li>Work with Suicide Prevention Policy Team to follow up on commitments made in Appendix A and progress work further</li> <li>Identify and build engagement with policy teams across government to influence policy strategy to tackle inequalities and wider determinants</li> <li>Lead a service design principles approach to develop policy interventions that can have the greatest impact on reducing suicide risk</li> <li>Support engagement across COSLA policy teams</li> <li>Ensure approach to tests of change across the Outcomes includes whole society approach</li> </ul>	<p><b>Summer 2024</b></p> <ul style="list-style-type: none"> <li>Review progress against Appendix A commitments</li> <li>Revisit plan for cross government engagement</li> <li>Analysis of evidence and insight gathered throughout year one which will support prioritisation paper, <b>on priorities across the 10 years of the strategy</b></li> </ul> <p><b>Autumn 2024</b></p> <ul style="list-style-type: none"> <li>Test of change developed to support delivery of policy interventions which will have the greatest impact</li> </ul> <p><b>Winter 2024/25</b></p> <ul style="list-style-type: none"> <li>implement delivery plan for priority policy interventions and to inform further cross-government work</li> </ul>	<p>Scottish Government Suicide Prevention Policy Team Other relevant policy teams COSLA Samaritans Scotland</p>	£46,086

**Short term outcome: There is increased multi-agency and cross sectoral awareness and action nationally and locally to restrict access to methods of suicide.**

Action	What we did in 2023/24	Year two activities	What next – milestones	Who with	Indicative budget to support delivery
2.1 – Access to means – cross sector action plan to address locations of concern	<ul style="list-style-type: none"> <li>Held a series of regional events to consider approaches to locations of concern which will influence national plan</li> </ul>	<ul style="list-style-type: none"> <li>Hold national stakeholder event</li> <li>Share learning from local stakeholder events</li> <li>Develop a delivery plan to support implementation of national guidance on Locations of Concern which</li> </ul>	<p><b>Summer 2024</b></p> <ul style="list-style-type: none"> <li>Develop a proposal for action following national event</li> </ul> <p><b>Autumn 2024</b></p> <ul style="list-style-type: none"> <li>Engage with national stakeholders</li> <li>Gather and share examples of best practice</li> </ul>	<p>PHS Suicide Prevention Implementation Leads Local Suicide Prevention groups Local decision making structures</p>	£40,246

		<p>supports existing local guidance</p> <ul style="list-style-type: none"> <li>Develop a range of measures to support local work and share best practice</li> </ul>	<p><b>Winter 2024/25</b></p> <ul style="list-style-type: none"> <li>Test national guidance</li> </ul>		
2.2 – Access to means - consider priority actions from Delphi study	<ul style="list-style-type: none"> <li>Delphi study phase 2 delayed due to requirement for additional ethical approval and work carried over to 2024/25</li> </ul>	<ul style="list-style-type: none"> <li>Utilise learning from Delphi study phase 1 to support work of action 2.1</li> <li>Following publication of Delphi study phase 2 in Autumn 2024, agree plan of implementation of recommendations where appropriate</li> </ul>	<p><b>Autumn 2024</b></p> <ul style="list-style-type: none"> <li>Hold a roundtable event to disseminate findings and plan delivery of recommendations</li> </ul>	<p>AAG Scottish Government COSLA Other key partners identified through the work</p>	Funding above will support action 2.1 and 2.2

**Short term outcome: Traditional media (including their online content) increasingly recognise and implement best practice in reporting, discussing and portraying suicide**

Action	What we did in 2023/24	Year two activities	What next – milestones	Who with	Indicative budget to support delivery
3.1 – media reporting	<ul style="list-style-type: none"> <li>Delivered a series of training sessions for professionals working across media</li> <li>Delivered media training to elected local members in Inverness</li> <li>Training session to members of the Scottish Rural Mental Health Forum.</li> </ul>	<ul style="list-style-type: none"> <li>Working with partners, deliver training sessions to local suicide prevention stakeholders to increase confidence</li> <li>Increase media industry training and engagement</li> <li>Develop plan for college and university engagement</li> <li>Increase monitoring of media reporting</li> </ul>	<p><b>Throughout 2024/25</b></p> <ul style="list-style-type: none"> <li>Strengthen relationships with media industry</li> <li>Training and engagement plan for colleges and university media students</li> <li>Ongoing monitoring of reporting on suicide</li> </ul>	<p>Media industry Media and journalism students and trainees Spokespeople who may speak about suicide publicly</p>	£ 37,616

**Outcome 2**

Our communities have a clear understanding of suicide, risk factors and its prevention, so that people and organisations are more able to respond in helpful and informed ways when they, or others, need support.

**Short term outcome: People are better informed about suicide, and able to respond more confidently and appropriately to people who may be suicidal or affected by suicide; particularly focussed on reducing the inequalities that affect suicidal behaviour**

Action	What we did in 2023/24	Year two activities	What next – milestones	Who with	Indicative budget to support delivery
4.1 – social movement, campaigns, and anti-stigma	<ul style="list-style-type: none"> <li>Maintained United to Prevent Suicide (UtPS) digital channels and advertising</li> <li>Developed new @_FCUnited campaign</li> <li>Engaged with LLEP and YAG to consider approach to future campaigns and social movement</li> </ul>	<ul style="list-style-type: none"> <li>Develop campaigns which align with strategic delivery</li> <li>Utilise evidence to enhance social movement</li> </ul>	<p><b>Summer/Autumn 2024</b></p> <ul style="list-style-type: none"> <li>Work with partners including See Me to facilitate the production of a Suicide Prevention Scotland-wide approach to reducing stigma associated with suicide</li> <li><b>UtPS Campaigns</b> Complete the FC United campaign launched in March 2024. In consultation with the movement and partners, identify and deliver a campaign targeting a new group at higher risk of suicide which is evidence informed (to include an investigation of a potential workplace campaign).</li> <li><b>Capitalise on momentum and evidence generated to date through UtPS- Social Movement</b>, which will include:               <ul style="list-style-type: none"> <li>Review evaluations of the movement, identify the strategic considerations, and produce options for consultation with the movement (to optimise the value of the movement to the public and aligned with the “Creating Hope Together” vision)</li> <li>Set up consultation events including with organisations and groups supporting people impacted by discrimination, stigma, inequality and wider social determinants of suicide, children and young people, as well as the movement at large to</li> </ul> </li> </ul>	Studio Something/FC United Electrify Lived Experience Strategic outcome leads and delivery leads YAG/Children in Scotland Employers Network See Me anti-stigma	£120,000



			<p>determine the direction the movement will develop in.</p> <ul style="list-style-type: none"> <li>○ Consider ways to engage with employers/workplaces &amp; identify appropriate vehicle to do this.</li> <li>○ Deliver face to face activation events across Scotland.</li> </ul> <ul style="list-style-type: none"> <li>• Develop and implement a strategic approach to identifying and prioritising suicide prevention campaigns both for the whole population and for groups at higher risk of suicide and in alignment with the priorities of Creating Hope Together.</li> </ul>		
Action	What we did in 2023/24	Year two activities	What next – milestones	Who with	Indicative budget to support delivery
4.2 – suicide prevention learning approach	<ul style="list-style-type: none"> <li>• Worked with all SOLs to design an approach to community-led action research to support tests of change work</li> <li>• Developed facilitator resources which support delivery of the informed and skilled level Ask, Tell, Respond resources</li> <li>• Continued delivery of learning resources such as Ask, Tell, Respond, safeTALK and ASIST</li> </ul>	<ul style="list-style-type: none"> <li>• Agree and deliver an approach to learning across Scotland which includes continued targeting and delivery of existing learning resources such as Ask, Tell, Respond, safeTALK and ASIST</li> </ul>	<p><b>Summer/Autumn 2024</b></p> <ul style="list-style-type: none"> <li>• Using the recommendations from the Learning Review Report, develop an implementation plan to take forward the review’s findings for suicide prevention</li> <li>• Design approach with delivery partners and begin implementation</li> <li>• Work with other outcome leads to engage expert support to designing the test of change, to ensure a unified approach.</li> <li>• Work with Scottish Community Development Centre (SCDC) and outcome leads to identify two geographic communities and two communities of interest/identity at a higher risk of suicide, to develop and deliver a test of change using community led action research which will include a focus on locations of concern, access to means, help seeking, stigma, discrimination, learning resources and systems to support a targeted approach</li> <li>• Develop clear and transparent criteria for the test of change selection groups, considering factors such as communities affected by rural location, high deprivation and discrimination.</li> </ul>	NES/PHS Penumbra/ Change MH Samaritans Scottish Community Development Centre (SCDC)	£2500 (plus core funding for NES and PHS of £398,000 to support learning resources)

			<p><b>Throughout 2024/25</b></p> <ul style="list-style-type: none"> <li>• Embedding existing Ask, Tell, Respond and other Mental Health Improvement &amp; Suicide Prevention (MHISP) resources within the workforce including: <ul style="list-style-type: none"> <li>○ Consider adaptation for families, carers/unpaid carers, communities</li> <li>○ Develop the Ask/Tell/Respond Facilitators' community network as a platform to inform evaluation of the Ask/Tell/Respond resources</li> <li>○ Roll out further Masterclass delivery to skilled and enhanced level suicide prevention practitioners.</li> <li>○ Ongoing and further refresh of MHISP Knowledge and Skills Framework.</li> <li>○ Development of two further educational resources – Inequalities and Mental Health and Assessment of Suicide Risk in Mental Health.</li> <li>○ Select core quality assured/inclusive learning and facilitator resources to meet target audience needs of adults and children/young people (individuals, families/friends/practitioners) to be linked via the Online Portal</li> <li>○ In line with recommendations from the learning review, develop approach to delivery of suicide prevention learning programmes</li> <li>○ Provide opportunities for trainer and facilitator development across programmes</li> </ul> </li> </ul>		
4.3/4.4 Suicide prevention included in Whole school approach to mental health	This was not a priority action for 2023/24	<ul style="list-style-type: none"> <li>• Develop an approach to suicide prevention in education settings based on available evidence and resources</li> </ul>	<p><b>Autum/winter 2024</b></p> <ul style="list-style-type: none"> <li>• Engage with mental health in schools working group</li> <li>• Explore curriculum Health &amp; Wellbeing best practice case studies - work with Education Scotland and the Association of Directors of Education in Scotland (ADES)</li> </ul>	NES PHS Education Scotland Association of Directors of Education Scotland Papyrus Children in Scotland Universities/College Bodies Youth Link Scotland	£2500

and school curriculum			<ul style="list-style-type: none"> <li>Engage with providers of suicide prevention work in schools across the UK to learn from evidence and practice in school settings</li> <li>Share/signpost CYP resources for teaching/youth work on the portal.</li> <li>Liaise with local areas leading work on CYP including Perth &amp; Kinross and North Ayrshire Suicide Prevention leads - to investigate their CYP work in schools/youth settings and identify platforms to share learning/experience with other teaching/youth work professionals</li> </ul>	Association of Managers of Student Services in Higher Education (AMOSHE) Scottish Social Services Council	
4.5 embed suicide prevention in pre-registration training	This was not a priority action for 2023/24	<ul style="list-style-type: none"> <li>Initiate mapping of stakeholders for pre-registration training within relevant professions</li> </ul>	<b>Autumn/Winter 2024</b> <ul style="list-style-type: none"> <li>Undertake and complete mapping exercise to identify all relevant stakeholders</li> <li>Use this mapping and our wider understanding to identify priority professions for focus</li> <li>Engage with NES and professional bodies to build understanding of pre-registration requirements with initial focus on the priority professions</li> </ul>	PHS NES	£5000
4.6 – Online portal	<ul style="list-style-type: none"> <li>Surveyed stakeholders and potential users to identify needs and expectations for portal</li> <li>Developed design brief</li> </ul>	<p>Develop and deliver an accessible online portal as a gateway to improve access to information and resources to support everyone affected by suicide. This includes:</p> <ul style="list-style-type: none"> <li>People at risk of suicide or in crisis (adults &amp; children and young people throughout the lifespan)</li> <li>Families and carers affected by suicide</li> <li>Professionals who support those at risk of suicide and who lead suicide prevention in their communities will be able to access and share relevant suicide prevention learning and information.</li> </ul>	<b>Spring/summer 2024</b> <ul style="list-style-type: none"> <li>Utilise feedback from all stakeholders to inform tender brief to be prepared and issued by end April 2024</li> <li>Complete tender process/Select Developer and begin Portal development c. May 2024</li> <li>Devise comms strategy for portal pre and post launch</li> <li>Secure budget &amp; recruit Project Assistant to support Project Manager in portal development</li> <li>Identify organisation/lead to administer, maintain and further develop the portal after launch</li> </ul> <b>Spring 2025 (TBC)</b> Launch portal following consultation and testing with stakeholders/delivery partners	NES/PHS Electrify Developer (TBC) LLEP YAG Organisations with expertise in supporting groups at a higher risk of suicide	£40,000

		The needs of groups impacted by discrimination, stigma, inequality and wider social determinants of suicide, and other populations at higher risk of suicide will be considered throughout the portal design/content.			
4.7 Accessible information to communities	This was not a priority action for 2023/24	<ul style="list-style-type: none"> <li>Provide reliable and easily digestible information in different formats about suicide and suicide prevention to communities of place and interest</li> </ul>	<b>Autumn/winter 2024</b> <ul style="list-style-type: none"> <li>Identify and work with organisations representing communities of population, interest and identity to understand culturally appropriate information/language/accessibility needs</li> <li>Identify existing and develop new resources where required to meet community needs in particular including communities impacted by discrimination, stigma, inequality and the wider social determinants of suicide.</li> <li>Identify channels/formats to distribute information so that it is visible and accessible, giving consideration to the needs of groups impacted by discrimination, stigma, inequality and wider social determinants of suicide. The new online portal as an example will reflect the needs of people at a higher risk of suicide and provide a gateway to relevant information for individuals, families/carers and professionals.</li> </ul>	Organisations supporting groups impacted by discrimination, stigma, inequality and wider social determinants of suicide Organisations supporting individuals at higher risk of suicide	£2500 (will also connect to work on community led action research)

**Short term outcome: People are more confident and able to seek help for themselves or others who may be suicidal/at higher suicidal risk or affected by suicide and are able to do so without experiencing stigma; particularly focussed on reducing the inequalities that affect suicidal behaviour.**

Action	What we did in 2023/24	Year two activities	What next – milestones	Who with	Indicative budget to support delivery
4.8 – improve understanding of help-seeking and help giving	<ul style="list-style-type: none"> <li>Commissioned AAG to undertake rapid review of help-seeking and help giving</li> <li>Reviewed evidence from Samaritans West Highland and Skye project</li> </ul>	<ul style="list-style-type: none"> <li>Gather, analyse, contextualise and share evidence on help-seeking and help-giving from academic, lived and living experience and professional sources, to help shape and inform all</li> </ul>	<b>Summer/autumn 2024</b> <ul style="list-style-type: none"> <li>Prepare a Phase 1 report to contextualise the findings from the AAG rapid review and the learning from the West Highland and Skye Remote and Isolated Workers project</li> <li>Share with the Suicide Prevention Scotland Network, SOLs and other</li> </ul>	SOLs/NDL Samaritans LLEP YAG UtPS	£2500

	<ul style="list-style-type: none"> <li>Engaged with LLEP and YAG</li> </ul>	<p>relevant stakeholders' suicide prevention strategy and activity.</p>	<p>relevant public/private/third sector and SG policy teams to assist with understanding the implications for their respective work.</p> <ul style="list-style-type: none"> <li>Set up series of consultation events/meetings to gather views/experiences from LLEP, YAG and UtPS</li> <li>Integrate lived experience data with AAG/West Highland &amp; Skye project into a final report to inform NES/PHS and adapt learning resources as required</li> <li>Identify opportunities for improving understanding of help-seeking through work committed to across the action plan.</li> <li>Identify potential research that could be undertaken to fill gaps in the understanding of help-seeking and help giving</li> <li>Build learning into tests of change work across outcomes</li> </ul>		
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### Outcome 3

Everyone affected by suicide is able to access high quality, compassionate, appropriate and timely support - which promotes wellbeing and recovery. This applies to all children, young people and adults who experience suicidal thoughts and behaviour, anyone who cares for them, and anyone affected by suicide in other ways.

**Short term outcome: There is increased knowledge about, and equitable implementation of, appropriate, high quality, effective support; particularly focussing on reducing the inequalities that affect suicidal behaviour.**

Action	What we did in 2023/24	Year two activities	What next – milestones	Who with	Indicative budget to support delivery
5.1 consider ways to adapt DBI	This was not a priority action for 2023/24	<ul style="list-style-type: none"> <li>Explore opportunities to ensure DBI is considered for everyone with thoughts of suicide or who has attempted suicide where the person is assessed by frontline services as appropriate for referral to DBI</li> </ul>	<p><b>Spring 2024</b></p> <p>Utilise academic research and engage with policy team leads and DBI central team to explore opportunities and understand potential to develop DBI</p>	SG policy team DBI central team AAG	£10,000
5.2 – respond to the diverse needs of communities	<p>Worked across outcomes to identify an approach which will support development of tests of change in communities and which is led by those communities</p> <p>Developed and tested a workshop based approach to building connections with organisations and groups supporting communities impacted by stigma, discrimination and wider social determinants.</p>	<ul style="list-style-type: none"> <li>Utilise action research approach to work with communities of place and interest and establish tests of change which will influence our approach across outcomes</li> <li>Continue developing and growing work on building connections with groups and organisations working alongside communities impacted by groups impacted by discrimination, stigma, inequality and wider social determinants of suicide.</li> </ul>	<p><b>Spring 2024</b></p> <ul style="list-style-type: none"> <li>Work with all outcome leads to commission Scottish Community Development Centre to work with two communities of place and two communities of interest using community-led action research to identify approaches that reduce the number of deaths by suicide among those at higher risk.</li> </ul> <p><b>Winter 2024/5</b></p> <ul style="list-style-type: none"> <li>Develop and promote three TSC practice stories illustrating culturally sensitive support for communities impacted by discrimination, stigma, inequality and wider social determinants.</li> <li>Develop and promote a TSC podcast exploring TSC and culturally sensitive support for communities impacted by discrimination, stigma, inequality and wider social determinants.</li> </ul>	Scottish Community Development Centre Diverse communities of interest and identity Community Planning partnership(s) /Third Sector Interface's Organisations supporting people impacted by discrimination, stigma, inequality and wider social determinants of suicide	£24,000

			<p><b>Throughout 2024/25</b></p> <ul style="list-style-type: none"> <li>Co-produce and deliver a series of Building Connections workshops, to build and deepen connections with organisations and groups working alongside communities impacted by discrimination, stigma, inequality and wider social determinants.</li> </ul>		
5.3 Build new peer support capability	<p>Developed monitoring/evaluation framework for Scottish Recovery Network (SRN) project</p> <p>Agreed approach to capturing information about existing peer support provision</p> <p>Co-designed bespoke training on peer support for suicide prevention</p> <p>Delivered a workshop at Suicide Prevention Conference on Peer support</p>	<p>Enhance peer support resources through SRN programme of work to include:</p> <ul style="list-style-type: none"> <li>Launch and roll out of training</li> <li>Development of practice guides</li> <li>Deliver programme of network events</li> </ul>	<p><b>Throughout 2024/25</b></p> <p>Growing and enhancing peer support across Scotland to prevent suicide through:</p> <ul style="list-style-type: none"> <li>Developing relationships with Local Suicide Prevention Leads &amp; Partners to build understanding of the value of peer support and consider ways to make available locally</li> <li>Ensure peer support addresses the needs of diverse communities</li> <li>Co-deliver events in different regions</li> <li>Share resources, learning and practice</li> <li>Co-deliver events to develop networks &amp; understanding of peer support and suicide prevention</li> <li>Launch training resource</li> </ul> <p>• National Event – Winter 2024</p>	<p>Scottish Recovery Network Local Suicide Prevention Leads. Third sector and community based organisations.</p>	£147,000
5.4 Develop resources to support families, friends, carers / unpaid carers	<p>Engaged with unpaid carers and young carers organisations to explore and review existing resources and identify gaps</p>	<ul style="list-style-type: none"> <li>Develop and publish accessible resources to support families and carers</li> </ul>	<p><b>Spring/summer 2024</b></p> <ul style="list-style-type: none"> <li>Build on engagement work to date including previous links made between unpaid carers and NES regarding updating materials to fit with unpaid carer experiences</li> <li>Change Mental Health to continue engagement and work with carers organisations to create national resources to support local suicide prevention work undertaken by local carers organisations</li> <li>Connect with Carers Policy team in Scottish Government</li> <li>Ensure resources are included on the portal, to allow access to family, friends and carers</li> </ul>	<p>Unpaid adult and unpaid young carers organisations Change Mental Health NES Family support organisations</p>	£25,000
Links to 4.6					

			<ul style="list-style-type: none"> <li>Will ensure connection with work to implement NCISH recommendations which will include a focus on carer involvement</li> </ul>		
5.6 Prevent suicidal behaviour in CYP	<ul style="list-style-type: none"> <li>Utilised existing sources of information and evidence to agree plan to address gaps in knowledge around children and young people</li> <li>Survey of organisations working with CYP to fill gaps in understanding</li> <li>Engaged with YAG to build understanding of priorities for action</li> <li>Reviewed academic evidence of effective interventions to support CYP</li> <li>Ensured suicide prevention is included in the programme of work taken forward by the CYP Joint Strategic Board</li> </ul>	<ul style="list-style-type: none"> <li>Bring together all evidence gathered over year one into a single report which sets out recommendations for action</li> <li>Work with members of the CYP Joint Strategic Board to ensure the recommendations on suicide prevention are considered and form part of their work</li> <li>Progress work focussed on care experienced Children ensuring, where appropriate connection is made at local level with the relevant leads</li> <li>Continue to explore available data which builds understanding of risk in CYP including outputs from the Child Death Hub Reviews work</li> </ul>	<p><b>Spring 2024</b></p> <ul style="list-style-type: none"> <li>Consider analysis of information gathering on themes drawn from the data submitted on CYP needs about suicide prevention and use it to review and further develop our suicide prevention approach/ priorities for CYP.</li> <li>Ensure themes and the intersectional experiences of CYP are considered in all work across the 4 outcomes including how to address identified barriers to support.</li> <li>Consider CYP as a diverse group with intersectional experiences of suicide and suicide prevention within the test(s) of change under action 5.2.</li> <li>Build suicide prevention into the workplans of the CYPJSB ensuring there is clear action identified</li> <li>Provide opportunities for local suicide prevention and Promise Scotland leads to connect and support learning</li> <li>Work to support suicide prevention in CYP will also be undertaken through actions 4.3, 4.4 and 5.4 and secure care settings will be included action 6.1</li> </ul>	Children in Scotland YAG AAG CYP Delivery Lead The Promise Scotland	£20,000
5.7 Develop approach to prevent suicidal behaviour in older adults	Conversation café held at March conference focussed on needs of older adults	<ul style="list-style-type: none"> <li>Engage with organisations working with older adults to build understanding of needs</li> <li>Undertake review of available evidence through AAG</li> </ul>	<p><b>Winter 2024</b></p> <ul style="list-style-type: none"> <li>Build understanding of risk in older adults, intersectionality and effective interventions</li> </ul> <p><b>Spring 2025</b></p> <ul style="list-style-type: none"> <li>Using available evidence, develop approach to addressing risk for older adults</li> </ul>	Age Scotland Alzheimer Scotland Parkinson's UK Scottish Government Policy Teams	£20,000
<p><b>Short term outcome: People, who may be suicidal or affected by suicide in any way, have more equitable access to appropriate, high quality, effective support - to prevent suicide and promote wellbeing and recovery; particularly focussed on reducing the inequalities that affect suicidal behaviour.</b></p>					



Action	What we did in 2023/24	Year two activities	What next – milestones	Who with	Indicative budget to support delivery
5.8 Work in primary care	<ul style="list-style-type: none"> <li>Established connections at national and local level and explore opportunities for TSC in Primary Care</li> <li>Explored opportunities to build in TSC to existing mental health work across primary care</li> <li>Published further TSC practice stories including one in primary care setting</li> </ul>	<ul style="list-style-type: none"> <li>Building on exploratory work from year 1, develop and begin to implement plans to promote TSC and good practice in suicide prevention to the primary care workforce.</li> <li>Informing and contributing to the delivery of strategic action 3.3. of the Mental Health and Wellbeing Delivery Plan – to improve access to support, assessment and treatment and high quality mental health care in General Practice</li> </ul>	<p><b>Summer 2024</b></p> <ul style="list-style-type: none"> <li>Develop and promote three TSC practice stories focused on primary care settings, highlighting the role of multi-disciplinary teams and supporting communities impacted by discrimination, stigma, inequality and wider social determinants.</li> <li>Producing and promoting a podcast on TSC and suicide prevention in primary care.</li> </ul> <p><b>Throughout 2024/25</b></p> <ul style="list-style-type: none"> <li>Continue work to develop and support tests of change in key primary care settings.</li> <li>Share progress and learning across key policy, improvement and practice networks.</li> </ul>	Scottish Government GP Practices Integrated Joint Boards (IJBs) Health and Social Care Partnerships (HSCPs)	£10,000 (to cover work in actions 5.8/5.9/5.10)
5.9 Work in unscheduled care	<ul style="list-style-type: none"> <li>Gathered information about current practice in unscheduled care settings</li> <li>Delivered session at Mental Health Unscheduled Care (MHUC) event on Time Space Compassion</li> <li>Delivered workshop on safety planning including TSC approach</li> </ul>	<ul style="list-style-type: none"> <li>Continue to build an understanding of and promote the principles of TSC across all HSCP/SP partnership areas, as well as examples/models of good practice.</li> </ul>	<p><b>Summer</b></p> <ul style="list-style-type: none"> <li>Develop and promote a TSC podcast exploring and highlighting application of the principles in unscheduled acute care settings,</li> </ul> <p><b>Throughout 2024/25</b></p> <ul style="list-style-type: none"> <li>Share learning and practice from wider work on TSC, with MHUC Learning Network – with a particular focus on the themes of managing risk, TSC for the workforce, creating a culture of trauma informed and compassionate care, and supporting communities impacted by discrimination, stigma, inequality and wider social determinants</li> <li>Scope and initiate work to promote and support good practice in safety planning.</li> </ul>	Scottish Government MHUC Policy Team NHS Boards	See 5.8

			<p><b>Winter 2024</b></p> <ul style="list-style-type: none"> <li>Repeat process of gathering information about current practice and TSC in unscheduled care.</li> </ul> <p><b>Spring 2025</b></p> <ul style="list-style-type: none"> <li>Develop and promote 3 TSC practice stories focused on MHUC settings, with a particular focus on support for communities impacted by discrimination, stigma, inequality and wider social determinants.</li> </ul>		
5.10 Clinical care Work to support statutory services to continuously improve the quality of clinical care	<ul style="list-style-type: none"> <li>Engaged with NCISH/HQIP to establish areas of good practice</li> <li>Delivered session at MH leads network on NCISH recommendations in mental health settings</li> <li>Identified three health boards to pilot implementation of NCISH recommendations and undertake improvement work and held initial session to agree priorities for action and ways of working</li> </ul>	<ul style="list-style-type: none"> <li>Support improvement work to implement NCISH recommendations with an initial focus on risk management and carer involvement across three NHS Boards</li> </ul>	<p><b>Throughout 2024/25</b></p> <ul style="list-style-type: none"> <li>Develop implementation plan for agreed priority recommendations (initial focus likely risk management and carer involvement )</li> <li>Establish connections with Health Improvement Scotland (HIS) work around Significant Adverse Event Reviews (SAERs) and Scottish Patient Safety Programme (SPSP)</li> <li>Establish regular learning sessions with all NHS Board areas to ensure momentum and provide peer support</li> </ul> <p>Share learning through MH leads network and MHUC learning network</p>	HIS TSC Implementation lead NHS Boards	See 5.8
5.11 Bereavement support	<ul style="list-style-type: none"> <li>Completed evaluation of pilot service</li> <li>Explored evidence from other services across Scotland and the UK</li> </ul> <p>Agreed approach to roll out of bereavement support across Scotland</p>	<ul style="list-style-type: none"> <li>Work with partner agencies across Scotland to establish bereavement by suicide support in 50% of NHS Board areas by April 2026 in line with evaluation recommendations and wider evidence gathered in 2023/24</li> </ul>	<p><b>Spring/summer 2024</b></p> <ul style="list-style-type: none"> <li>Develop an implementation plan to roll-out bereavement support in line with the commitment for coverage in 50% of NHS Boards in Scotland, which sets out criteria for engaging with NHS Boards &amp; local partners, and timelines</li> </ul> <p><b>Autum 2024</b></p> <ul style="list-style-type: none"> <li>Identify NHS Board areas where there are opportunities to connect with existing work or an increased need for bereavement support based on data and intelligence</li> <li>Develop a programme of capacity building with other relevant organisations through the use of programmes such as Wave After Wave training</li> </ul>	Penumbra and Change Mental Health Existing bereavement support providers (locally and nationally) NHS Boards and Local Authorities Local Suicide prevention leads	£350,688

**Outcome 4**

Our approach to suicide prevention is well planned and delivered, through close collaboration between national, local and sectoral partners. Our work is designed with lived experience insight, practice, data, research and intelligence. We improve our approach through regular monitoring, evaluation and review.

**Short term outcome: People, who may be suicidal or affected by suicide in any way, have more equitable access to appropriate, high quality, effective support - to prevent suicide and promote wellbeing and recovery; particularly focussed on reducing the inequalities that affect suicidal behaviour.**

Action	What we did in 2023/24	Year two activities	What next – milestones	Who with	Allocated budget to support delivery
6.1 – suicide action plans in high risk settings	<ul style="list-style-type: none"> <li>Developed a clearer understanding of current suicide prevention planning across high risk settings</li> <li>Developed a clearer understanding of how to effectively support organisations to further develop and embed suicide prevention planning</li> </ul>	<ul style="list-style-type: none"> <li>Work with leaders in and across key settings to ensure existing plans are up to date and new plans developed (internal and outward facing), based on current evidence and good practice.</li> <li>Support evaluation and monitoring and, where appropriate, develop and test tools/review systems</li> <li>Facilitate sharing of learning national to local and vice versa – and across key settings.</li> </ul>	<p><b>Summer 2024</b></p> <ul style="list-style-type: none"> <li>Work with identified high risk settings to further develop and improve their suicide action plans in partnership with those with lived experience, workforce and strategic leadership teams (initial focus with SPS and Police Scotland)</li> <li>Develop suicide prevention action plan framework with               <ul style="list-style-type: none"> <li>the Scottish Federation of Housing Associations for use by local housing sector</li> <li>Kibble for use in the care experience sector</li> </ul> </li> <li>Work with Matter of Focus to develop monitor and evaluation guidance for use by local suicide prevention leads and stakeholders in high risk settings</li> <li>Lead work with Matter of Focus to embed outcome focused recording and reporting as part of national activities, with clear indicators showing progress against short term outcomes</li> </ul>	<p>PHS            Scottish Prison Service            Police Scotland            Scottish Federation of Housing Associations            Kibble and other care experience stakeholders            The Promise Scotland            Lived experience panel/peer support groups</p> <p>Matter of Focus as commissioned contractor            PHS            Local suicide prevention leads            Local suicide prevention groups            Suicide Prevention Scotland leadership team            Suicide Prevention Scotland delivery leads</p>	<p>£1500            (staffing costs from core PHS budget)</p>

			<b>Autumn/Winter 2024/25</b> <ul style="list-style-type: none"> <li>In addition to the targeted approach to suicide prevention action plans in high risk settings, identify employers across public and private sectors to develop and test a suicide prevention focus as part of the mentally flourishing workplace framework</li> </ul>	PHS Employment and Mental Health Learning Network Scottish Business in the Community Local suicide prevention leads	
6.2 Further develop guidelines on suicide clusters	<ul style="list-style-type: none"> <li>Local areas supported to utilise the cluster response guidance (published in November 2022) in response to identified clusters</li> </ul>	<ul style="list-style-type: none"> <li>Develop specific guidance for children and young people, drawing on the use of the guidance on suicide clusters</li> </ul>	<b>Summer 2024</b> <ul style="list-style-type: none"> <li>Share learning from use of current guidance</li> <li>Explore potential of early warning system for new and emerging methods</li> <li>Work with stakeholders to develop additional guidance on cluster responses involving children and young people</li> <li>Connect to planned tests of change in communities</li> </ul>	PHS Local suicide prevention stakeholders CYP Participation Network / YAG?	Supported through core PHS staffing
<b>Short term outcome: Lived experience insight and other sources of data and intelligence are more effectively collected, shared and used in planning, design, implementation and evaluation of suicide prevention interventions.</b>					
<b>Action</b>	<b>What we did in 2023/24</b>	<b>Year two activities</b>	<b>What next - milestones</b>	<b>Who with</b>	<b>Allocated budget to support delivery</b>
6.3 – lived experience model	<ul style="list-style-type: none"> <li>Established lived and living experience steering group</li> <li>Recruited new lived and living experience panel and held induction day for them</li> <li>Recruited new Youth Advisory Group members</li> <li>All groups actively involved in delivery plan developments and events</li> </ul>	<ul style="list-style-type: none"> <li>Active involvement of the refreshed Lived and Living Experience Panel and the Youth Advisory Group in shaping the design and delivery of CHT activities</li> <li>Continue to provide opportunities for lived experience groups to promote suicide prevention messaging through the United to Prevent Suicide social</li> </ul>	<b>Summer 2024</b> <ul style="list-style-type: none"> <li>Lived and living experience steering group review of LLE inclusion in Creating Hope Together activities</li> <li>Series of podcasts promoting the involvement of lived experience in national and local suicide prevention activities</li> </ul> <b>Autumn/Winter 2024/25</b> <ul style="list-style-type: none"> <li>Reflecting learning to date, explore the potential for a co-ordinated lived experience approach across and within</li> </ul>	SAMH Children in Scotland PHS LLEP UtPS movement membership Outcome Leads/Delivery Leads	Separate funding for LLEP paid to SAMH and for YAG paid to Children in Scotland to support lived experience involvement

		<p>movement (see action 4.1)</p> <ul style="list-style-type: none"> <li>• Capitalise on the momentum generated by the UtPS campaigns to support the further development of the social movement</li> <li>• Build membership of Youth Advisory Group to enhance the CYP lived experience voice.</li> <li>• Continued safeguarding and enabling support for people to actively contribute to the Youth Advisory Group and LLEP.</li> <li>• Lived Experience Steering Group continued oversight of lived experience inputs and direction of travel across the Delivery Plan activities and wider work.</li> </ul>	<p>Suicide Prevention Scotland – which will include existing suicide prevention Lived Experience groups (LLEP and YAG), social movement and connection to other lived experience groups across mental health</p> <ul style="list-style-type: none"> <li>• Ensure that this includes diverse and intersectional experiences</li> </ul>		
6.4 – improve recording of suicide deaths and attempts	<ul style="list-style-type: none"> <li>• Developed summary of national datasets and gap mapping – building on previous data and intelligence scoping to support delivery and enable reporting of progress against outcomes</li> <li>• Continued to quality assure data by undertaking comparison between NRS confirmed and Police Scotland suspected suicide data to ensure accuracy and identify discrepancies</li> </ul>	<ul style="list-style-type: none"> <li>• Review current systems recording suicide deaths and attempts across different owners to assess gaps and potential solutions which support better integration of data, to achieve a greater understanding of the contributing factors for suicide in Scotland</li> </ul>	<p>We will improve our understanding of suicide and of actions which can support suicide prevention through:</p> <p><b>Summer 24</b></p> <ul style="list-style-type: none"> <li>• Continue to undertake comparisons between NRS confirmed and PS/PHS more timely data to ensure accuracy and identify where any improvements are needed</li> <li>• Work with academic and practice stakeholders to</li> </ul>	PHS and NRS Third Sector Mental Health Equalities and Human Rights Forum (MHEHRF) and wider inequality groups	£1500 Data linkage costs across 2024/25 and 2025/26 TBC

	<ul style="list-style-type: none"> <li>• Explored the potential for data sharing between partners in key settings (e.g. education, police, social work, admission to and from liberation from SPS) on suicidal behaviour among young people</li> <li>• Facilitated improved linkages with existing datasets – e.g. bring together ScotSID, more timely data, NRS, unscheduled care, prescribing with wider inequalities datasets e.g. GBV, alcohol and drugs (potentially ongoing)</li> </ul>	<ul style="list-style-type: none"> <li>• Bring together different data sources to provide improved picture of suicide (e.g. from helplines, assessment processes; routine datasets etc) in order to drive tailored and responsive action.</li> <li>• Develop localised and themed analyses of ScotSID datasets that highlight key characteristics of service users and what supports change</li> <li>• Work with data providers/users/ Mental Health Equality and Human Rights Forum and other partners to explore how best to provide improved data on inequalities in suicide and develop opportunities to utilise this data to inform practice and improvements</li> </ul>	<p>review data gaps identified in the mapping review and identify ways to overcome these gaps – through integrated datasets, shared agreements</p> <ul style="list-style-type: none"> <li>• Work with A&amp;E, inpatient care and unscheduled care stakeholders on methods to identify and record suicidal behaviour (linking to self harm data developments as appropriate)</li> <li>• Explore the potential for data sharing between partners in key settings (e.g. education, police, social work, admission to and from liberation from Scottish Prison Service) on suicidal behaviour among young people</li> <li>• Work with equalities focus groups to identify what and how to record data</li> </ul> <p><b>Autumn/Winter 2024/25</b></p> <ul style="list-style-type: none"> <li>• Facilitate improved linkages with existing datasets – e.g. bring together ScotSID, more timely data, NRS, unscheduled care, prescribing with wider determinants datasets e.g. Gender Based Violence, commercial determinants, gambling</li> </ul>		
6.5 Horizon scanning	AAG along with delivery partners developed first horizon scanning report focussed on safety planning	<ul style="list-style-type: none"> <li>• AAG will work with partners to deliver six monthly horizon scanning reports</li> </ul>	<ul style="list-style-type: none"> <li>• Share learning from horizon scanning across outcome and delivery leads to help design and deliver future programmes of work</li> <li>• Share horizon scanning learning with local leads to support delivery of work at a local level</li> <li>• Full AAG will collate all current research being undertaken in</li> </ul>	AAG Strategic Outcome Leads Suicide Prevention Scotland Delivery Leads Suicide Prevention Scotland Delivery Collective	Separate funding of £139,511k to University of Glasgow to support AAG function

			Scotland and share with NDL & SOLs; this will then be shared with wider Suicide Prevention Scotland community		
6.6 – roll out suicide reviews and learning system	<ul style="list-style-type: none"> <li>Worked with 9 local authority areas to implement the QES recording system and support a learning approach to suicide reviews</li> <li>Connected with HIS on their work around significant adverse reviews relating to suicide</li> <li>Connected with HIS and the Care Inspectorate around their Child Death Hub work</li> </ul>	<ul style="list-style-type: none"> <li>Continue to roll out the suicide review system, with ongoing learning from the early adopters shared with other local areas ensuring connection with developments in the approach to public protection</li> </ul>	<p><b>Summer 2024</b></p> <ul style="list-style-type: none"> <li>Early adopters fully engaged in system application</li> <li>Peer support mechanism established for early adopters</li> <li>Development of PHS data extraction arrangements and required resource secured</li> </ul> <p><b>Autumn/Winter 2024</b></p> <ul style="list-style-type: none"> <li>Further roll out to all 9 areas initiated (as stepped approach)</li> </ul> <p>Share ongoing learning from testing of suicide reviews across national and local level</p>	PHS Local suicide prevention leads and stakeholder partners QES as commissioned contractor Statutory partners likely to include Local authorities, Health Boards, Police Scotland	£57,000 Core PHS staffing to support development and implementation £39,535
6.7 Build capacity, disseminate information and share learning on suicide prevention between and across sectors	<p>Events held included for</p> <ul style="list-style-type: none"> <li>organisations working with marginalised communities</li> <li>third sector/ charitable organisations</li> <li>local suicide prevention leads</li> <li>people working across different sectors</li> </ul> <p>Engaged suicide prevention network to agree approach to future network sessions Monthly local suicide prevention leads drop in meetings Support for local areas through the suicide prevention implementation leads and capacity building leads Bi-monthly newsletter Regular blogs, publications and updates through suicide prevention medium page and social media</p>	<ul style="list-style-type: none"> <li>Series of learning events at national, regional and local levels to be developed (and sectoral)</li> <li>The Academic Advisory Group continues to provide evidence informed resources to support the Delivery Plan implementation</li> </ul>	<p><b>Summer 2024</b></p> <ul style="list-style-type: none"> <li>Develop a calendar series of learning events across the Delivery Plan activities</li> <li>Map out existing academic activities across Scotland (and beyond) and explore potential for re-establish SIREN</li> </ul> <p><b>Autumn/Winter 2024/25</b></p> <p>Programme of learning events</p>	Strategic Outcome Leads Suicide Prevention Scotland Delivery Leads Suicide Prevention Scotland Delivery Collective	£10,000

## Appendix A

### Key partner Organisations & Delivery leads (and areas of work they lead on)

Host organisation	Area of work	Outcome area
NHS Education Scotland (NES) & Public Health Scotland (PHS)	Development of digital mental health and suicide prevention learning resources	Our communities have a clear understanding of suicide, risk factors and its prevention
PHS	Implementation Leads to support suicide prevention activity at local area level and ensure connection between local and national work	Our communities have a clear s understanding of suicide, risk factors and its prevention
PHS	Capacity building leads to support implementation of mental health and suicide prevention learning across local areas	Our communities have a clear understanding of suicide, risk factors and its prevention
Scottish Action for Mental Health (SAMH)	Growth of grassroots United to Prevent Suicide social movement and national campaigns to raise awareness of suicide prevention and reduce stigma across the population	Our communities have a clear understanding of suicide, risk factors and its prevention
Samaritans	West Highland and Skye action to build understanding of help seeking and promote help seeking in remote and rural communities	Our communities have a clear understanding of suicide, risk factors and its prevention
Scottish Recovery Network (SRN)	Creating Hope with Peer Support, building capacity and delivery of peer support focussed on suicide prevention across communities	Everyone affected by suicide is able to access high quality, compassionate, appropriate and timely support
Penumbra and Change Mental Health	Support for Bereavement by Suicide service	Everyone affected by suicide is able to access high quality, compassionate, appropriate and timely support
NHS 24	Surviving suicidal thoughts vlogs on NHS inform	Everyone affected by suicide is able to access high quality, compassionate, appropriate and timely support
Cruse	Providing workplace support after a suicide	Everyone affected by suicide is able to access high quality, compassionate, appropriate and timely support
COSLA	Building understanding of the suicide prevention needs of children and young people	Everyone affected by suicide is able to access high quality, compassionate, appropriate and timely support
Scottish Government	Developing and supporting implementation of the Time Space Compassion approach	Everyone affected by suicide is able to access high quality, compassionate, appropriate and timely support
University of Glasgow	Academic Advisory Group	Our approach to suicide prevention is well planned and delivered, through close collaboration between national, local and sectoral partners
Children in Scotland and University of Stirling	Youth Advisory Group and Participation Network	Our approach to suicide prevention is well planned and delivered, through close collaboration between national, local and sectoral partners
SAMH	Lived and Living Experience Panel	Our approach to suicide prevention is well planned and delivered, through close collaboration between national, local and sectoral partners



## **Appendix B**

### National Suicide Prevention Advisory Group (NSPAG) Membership

Rose Fitzpatrick - CBE, QPM - Chair

Cath Denholm – Executive Director, Equalities and Human Rights Commission Scotland

Dr Linda Findlay – Former Chair, Royal College of Psychiatrists Scotland

Louise Hunter – Chief Executive, Who Cares? Scotland

Douglas Hutchison – President, Association of Directors of Education Scotland

Peter Kelly – Director, Poverty Alliance

Sheriff David Mackie – Board Member, SACRO

Catherine McWilliam –Director of Nations - Scotland, Institute of Directors

Brendan Rooney –Executive Director, Healthy n Happy Community Development Trust

Prof. Andrea Williamson – Professor of General Practice and Inclusion Health, University of Glasgow



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