## Level 1 Measures

These are the protective measures that apply in your local area from 2 November. These will be updated, check [www.gov.scot](https://www.gov.scot) for updates.

### Socialising

- No in-home socialising in some locations – this will be kept under review
- Max 6 people from 2 households in indoor public places and 8 people from 3 households outdoors

### Hospitality

- 21:30 Last Entry
- 22:30 Closed

### Travel

- Essential travel only to/from level 3 or 4 areas in Scotland, and to/from rest of UK
- Follow rules and advice on international travel
- Active travel (walk, run, cycle, wheel) where possible
- Avoid car sharing with people not in your household

### Shopping

- Open

### Close contact services

- Open
- ✔️ mobile close contact services

### Support services

- ✔️

### Places of Worship

- Open
- Restricted numbers 50

### Early Learning and Childcare

- Open with standard protective measures in place

### Informal Childcare

- ✔️

### Unregulated (children’s) activities

- ✔️

### Schools

- Open with standard protective measures

### Colleges and Universities

- Blended

### Visitor Attractions

- Open

### Public Services

- Open

### Public buildings

- Open

### Driving Lessons

- ✔️

### Offices and Call Centres

- Essential only/ work from home

### Other workplaces

- Open
- Work from home default

### Shielding

- Level 1 Shielding Rule

### Sports and Exercise

- All permitted except age 18+ indoor contact sports

### Leisure and Entertainment

- Open
- ❌ adult entertainment
- ❌ nightclubs

### Life Events

- Weddings/ civil partnerships: 20
- Funerals: 20
- Post-funeral gatherings and receptions: 20

### Stadia and Events

- ✔️ Outdoor events seated and open space
- ✔️ Small seated indoor events
- ✔️ Stadia – open with restricted numbers
- ❌ Outdoor grouped standing events

### Accommodation

- Open

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This table is indicative and will be updated over time. Exemptions apply for these protective measures. Please see guidance for details. Regulations in relation to each level will be published on [legislation.gov.uk](https://www.gov.scot) and relevant public health advice (such as physical distancing and enhanced hygiene measures) applies. Find relevant guidance on [www.gov.scot](https://www.gov.scot). All restrictions will be kept under review to ensure that they remain proportionate and necessary to address the ongoing public health emergency.