



Level 1 Measures

These are the protective measures that apply in your local area from 2 November.
These will be updated, check www.gov.scot for updates.

Remember

FACTS

Face coverings



Avoid crowds



Clean hands




























Two metres



Self isolate

In all levels and settings, please follow relevant public health advice and requirements such as on the use of face coverings

Socialising  No in-home socialising in some locations - this will be kept under review Max 6 people from 2 households in indoor public places and 8 people from 3 households outdoors	Hospitality  21:30 Last Entry 22:30 Closed	Travel  Essential travel only to/from level 3 or 4 areas in Scotland, and to/from rest of UK Follow rules and advice on international travel	Transport  Active travel (walk, run, cycle, wheel) where possible Avoid car sharing with people not in your household
Shopping Open 	Close contact services Open  ✓ mobile close contact services	Support services  ✓	Places of Worship Open  Restricted numbers 50
Early Learning and Childcare  Open with standard protective measures in place	Informal Childcare  ✓	Unregulated (children's) activities  ✓	Schools Open with standard protective measures  Colleges and Universities Blended 
Visitor Attractions Open 	Public Services Open 	Public buildings Open 	Driving Lessons  ✓
Offices and Call Centres  Essential only/ work from home	Other workplaces Open  Work from home default	Shielding  Level 1 Shielding Rule	Sports and Exercise  All permitted except age 18+ indoor contact sports
Leisure and Entertainment Open  ✗ adult entertainment ✗ nightclubs	Life Events  Weddings/ civil partnerships: 20 Funerals: 20 Wakes and receptions: 20	Stadia and Events  ✓ Outdoor events seated and open space ✓ Small seated indoor events ✓ Stadia - open with restricted numbers ✗ Outdoor grouped standing events	Accommodation Open 

Latest updates at <https://www.gov.scot/coronavirus-covid-19/>

Check here for the latest face coverings information:

<https://www.gov.scot/publications/coronavirus-covid-19-phase-3-staying-safe-and-protecting-others/pages/face-coverings/>

This table is indicative and will be updated over time. Exemptions apply for these protective measures. Please see guidance for details. Regulations in relation to each level will be published on legislation.gov.uk and relevant public health advice (such as physical distancing and enhanced hygiene measures) applies. Find relevant guidance on www.gov.scot. All restrictions will be kept under review to ensure that they remain proportionate and necessary to address the ongoing public health emergency.