



# Level 0 Measures

These are the protective measures that apply in your local area from 2 November.  
 These will be updated, check [www.gov.scot](http://www.gov.scot) for updates.

Remember

**FACTS**


In all levels and settings, please follow relevant public health advice and requirements such as on the use of face coverings

<b>Socialising</b> <b>Indoors</b> <b>8</b> people from <b>3</b> households  <b>Outdoors</b> <b>15</b> people from <b>5</b> households		<b>Hospitality</b> Licensing Times apply		<b>Travel</b> Essential travel only to/from level 3 or 4 areas in Scotland, and to/from rest of UK  Follow rules and advice on international travel		<b>Transport</b> Active travel  Avoid car sharing with people not in your household	
<b>Shopping</b> <b>Open</b>		<b>Close contact services</b> <b>Open</b>		<b>Support services</b> ✓		<b>Places of Worship</b> <b>Open</b> Restricted numbers <b>50</b>	
<b>Early Learning and Childcare</b> <b>Open</b> with standard protective measures in place		<b>Informal Childcare</b> ✓		<b>Unregulated (children's) activities</b> ✓		<b>Schools</b> <b>Open</b>	
						<b>Colleges and Universities</b> <b>Blended</b>	
<b>Visitor Attractions</b> <b>Open</b>		<b>Public Services</b> <b>Open</b>		<b>Public buildings</b> <b>Open</b>		<b>Driving Lessons</b> ✓	
<b>Offices and Call Centres</b> Work from home advised		<b>Other workplaces</b> <b>Open</b> Work from home default		<b>Shielding</b> Level 0 Shielding Rule		<b>Sports and Exercise</b> ✓	
<b>Leisure and Entertainment</b> <b>Open</b> ✗ adult entertainment ✗ nightclubs		<b>Life Events</b> Weddings/ civil partnerships: <b>50</b> Funerals: <b>50</b> Post-funeral gatherings and receptions: <b>50</b>		<b>Stadia and Events</b> ✓ Outdoor events Indoor events - ✓ seated and ambulatory (restricted numbers) ✗ Indoor grouped standing ✓ Stadia - restricted numbers		<b>Accommodation</b> <b>Open</b>	

Latest updates at <https://www.gov.scot/coronavirus-covid-19/>

Check here for the latest face coverings information:

<https://www.gov.scot/publications/coronavirus-covid-19-phase-3-staying-safe-and-protecting-others/pages/face-coverings/>

This table is indicative and will be updated over time. Exemptions apply for these protective measures. Please see guidance for details. Regulations in relation to each level will be published on [legislation.gov.uk](http://legislation.gov.uk) and relevant public health advice (such as physical distancing and enhanced hygiene measures) applies. Find relevant guidance on [www.gov.scot](http://www.gov.scot). All restrictions will be kept under review to ensure that they remain proportionate and necessary to address the ongoing public health emergency.