

	Level 0	Level 1	Level 2	Level 3	Level 4
Socialising Rules (different rules apply for children - see guidance)	8/3 indoors (limited exceptions) (i.e. max 8 people from up to 3 households are allowed to socialise indoors) 15/5 outdoors	Socialising: No in-home socialising in some locations – this will be kept under review Max 6 people from 2 households in indoor public places and people from 3 households outdoorss	No in-home socialising (limited exceptions) 6/2 outdoors and in public places, e.g. hospitality settings	No in-home socialising (limited exceptions) 6/2 outdoors and in public places, e.g. hospitality settings	No in-home socialising (limited exceptions) 6/2 outdoors and in public places
Hospitality (Food & drink)	Level 0 hospitality measures apply - see Hospitality Table	Level 1 hospitality measures apply - see Hospitality Table	Level 2 hospitality measures apply - see Hospitality Table	Level 3 hospitality measures apply - see Hospitality Table	Level 4 hospitality measures apply – see Hospitality Table



Level 0	Level 1	Level 2	Level 3	Level 4
Open – socialising and hospitality rules apply	Open – socialising and hospitality rules apply	Open – socialising and hospitality rules apply	Open - socialising and hospitality rules apply Guidance advises non-essential (leisure/tourism) use only by locals Essential, e.g. work-related use can continue	Essential only, e.g. work-related (No tourism) Socialising and hospitality rules apply



	Level 0	Level 1	Level 2	Level 3	Level 4
Travel	No non-essential travel to/from level 3 or higher areas in Scotland and equivalents in rest of UK	No non-essential travel to/from level 3 or higher areas in Scotland and equivalents in rest of UK	No non-essential travel to/from level 3 or higher areas in Scotland and equivalents in rest of UK	No non-essential travel into or out of any Level 3 local authority area including to other Level 3 areas	No non-essential travel into or out of any Level 4 local authority area including to other Level 4 areas
	Exemptions for essential travel for work, education, shopping, health etc; outdoor exercise; weddings and funerals; shared parenting and transit through restricted areas	Exemptions for essential travel for work, education, shopping, health etc; outdoor exercise; weddings and funerals; shared parenting; and transit through restricted areas	Exemptions for essential travel for work, education, shopping health etc; outdoor exercise; weddings and funerals; shared parenting and transit through restricted areas	Exemptions for essential travel for work, education, shopping, health etc; outdoor exercise; weddings and funerals; shared parenting and transit through the area	Exemptions for essential travel for work, education, shopping, health etc; outdoor exercise; weddings and funerals; shared parenting and transit through the area
	International quarantine regulations apply Otherwise unrestricted	International quarantine regulations apply Otherwise unrestricted	International quarantine regulations apply Otherwise unrestricted	International quarantine regulations apply to essential travel abroad	International quarantine regulations apply to essential travel abroad

Note: All restrictions will be kept under review to ensure that they remain proportionate and necessary to address the ongoing public health emergency.



	Level 0	Level 1	Level 2	Level 3	Level 4
Transport	Active travel (walk, run, cycle, wheel) where possible	Active travel (walk, run, cycle, wheel) where possible	Active travel (walk, run, cycle, wheel) where possible	Active travel (walk, run, cycle, wheel) where possible	Active travel (walk, run, cycle, wheel) where possible
	Avoid car sharing with people outside extended household wherever possible	Avoid car sharing with people outside extended household wherever possible	Avoid car sharing with people outside extended household wherever possible	Avoid car sharing with people outside extended household wherever possible	Avoid car sharing with people outside extended household wherever possible
	Face coverings compulsory on public transport	Face coverings compulsory on public transport	Face coverings compulsory on public transport	Avoid non-essential use of public transport Face coverings compulsory	No use of public transport, except for essential purposes Face coverings compulsory
Shopping	Open	Open	Open	Open	Non-essential retail closed (click & collect and outdoor retail permitted)

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	Level 0	Level 1	Level 2	Level 3	Level 4
Close Contact Services (e.g. hairdressers, barbers, tailors and beauticians)	Open Mobile close contact services permitted	Open Mobile close contact services permitted	Open See guidance on which mobile close contact services are permitted	Open, but may be subject to additional protective measures See guidance on which mobile close contact services are permitted	Closed Mobile close contact services not permitted
Stadia & Events	Outdoor events permitted (restricted numbers) Indoor events - • seated and ambulatory permitted (restricted numbers) • indoor grouped standing not permitted Stadia - open with restricted numbers	Outdoor events: • seated and open space permitted (restricted numbers) • outdoor grouped standing not permitted Small seated indoor events permitted Stadia – open with restricted numbers	Events generally not permitted Drive-in events permitted Stadia closed to spectators	Events not permitted Stadia closed to spectators	Events not permitted Stadia closed to spectators
Places of Worship	Open – restricted numbers (50)	Open – restricted numbers (50)	Open – restricted numbers (50)	Open – restricted numbers (50)	Open – restricted numbers (20)

Note: All restrictions will be kept under review to ensure that they remain proportionate and necessary to address the ongoing public health emergency.



	Level 0	Level 1	Level 2	Level 3	Level 4
Life Events (weddings and civil partnerships, funerals)	Weddings/civil partnerships - 50 person limit Funerals - 50 person limit Post-funeral gatherings and receptions permitted, subject to 50 person limit	Weddings/civil partnerships - 20 person limit Funerals - 20 person limit Post-funeral gatherings and receptions permitted, subject to 20 person limit	Weddings/civil partnerships - 20 person limit Funerals - 20 person limit Post-funeral gatherings and receptions permitted, subject to 20 person limit	Weddings/civil partnerships - 20 person limit Funerals - 20 person limit Post-funeral gatherings and receptions permitted, subject to 20 person limit	Weddings/civil partnerships - 20 person limit Funerals - 20 person limit Post-funeral gatherings permitted subject to 20 person limit No receptions
ELC/Formal Childcare	Open – with standard protective measures in place	Open – with standard protective measures in place	Open – with standard protective measures in place	Open – with enhanced protective measures in place	Open , subject to targeted intervention which may impact on capacity
Informal Childcare	Permitted in line with household/ numbers restrictions (See Socialising)	Permitted in line with household/ numbers restrictions	Permitted in line with household/ numbers restrictions	Permitted in line with household/ numbers restrictions	Essential childcare only (see guidance)

Note: All restrictions will be kept under review to ensure that they remain proportionate and necessary to address the ongoing public health emergency.



	Level 0	Level 1	Level 2	Level 3	Level 4
Schools	Open – with standard protective measures in place	Open – with standard protective measures in place	Open – with standard protective measures in place	Open – with enhanced protective measures in place	Open – with enhanced and targeted protective measures
Colleges	Blended	Blended	Blended	Restricted Blended	Restricted Blended
Universities	Blended	Blended	Blended	Restricted Blended	Restricted Blended
Sports & Exercise	All permitted	All permitted except age 18+ indoor contact sports (professional permitted)	All permitted except age 18+ indoor contact sports (professional permitted)	Indoor: individual exercise only (exemption for under 18s) Outdoor - all except adult (18+) contact sports (professional permitted)	(Indoor) Gyms closed Outdoor non-contact sports only (professional permitted)



	Level 0	Level 1	Level 2	Level 3	Level 4
Leisure and Entertainment	Open with the exception of adult entertainment and nightclubs (unless permitted events) Level 0 Hospitality rules apply	Open with the exception of adult entertainment and nightclubs (unless permitted events) Level 1 Hospitality rules apply	Cinemas, amusement arcades, bingo halls can open (Level 2 Hospitality rules apply) Following closed: soft play, funfairs, indoor bowling, casinos, theatres, snooker/pool halls, music venues, nightclubs and adult entertainment	Closed	Closed
Driving Lessons	Permitted	Permitted	Permitted	Permitted	Not permitted
Visitor Attractions	Open	Open	Open	Open with protective measures	Closed
Public Buildings - e.g. libraries	Open	Open	Open with protective measures	Open with protective measures	Closed

Note: All restrictions will be kept under review to ensure that they remain proportionate and necessary to address the ongoing public health emergency.



	Level 0	Level 1	Level 2	Level 3	Level 4
Public Services (Health following NHS remobilisation plan)	Open	Open	Open but reduced face-to-face services	Essential face-to-face services only (online where possible)	Essential face-to-face services only (online where possible)
Unregulated (Children's) Activities (e.g. youth clubs, children's groups)	Permitted	Permitted	Differentiated restrictions apply	Differentiated restrictions apply	Indoor activities not permitted
Support Services (mental health, counselling, day services, child contact centres)	Permitted	Permitted	Permitted	Permitted/online where possible	Essential only/ online where possible
Offices & Call Centres	Working from home (WFH) advised	Essential only*/ WFH *See guidance for definition of essential workplaces	Essential only/ WFH	Essential only/ WFH	Essential only/ WFH

Note: All restrictions will be kept under review to ensure that they remain proportionate and necessary to address the ongoing public health emergency.



	Level 0	Level 1	Level 2	Level 3	Level 4
Other Workplaces	Open – working from home (WFH) default where possible	Open – WFH default where possible	Open – WFH default where possible	Open - WFH default where possible	Only limited other workplaces should remain open including: • Essential workplaces (e.g. Critical National Infrastructure) • Outdoor workplaces • Construction • Manufacturing (See guidance for further exceptions**)
New Shielding Rule (more details available)	Level 0 shielding	Level 1 shielding	Level 2 shielding	Level 3 shielding	Level 4 shielding

^{**}See guidance for definition of essential workplaces

Note: All restrictions will be kept under review to ensure that they remain proportionate and necessary to address the ongoing public health emergency.