

# **Residential rehabilitation bed capacity in Scotland: September 2024**

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## **An Official Statistics in Development Publication for Scotland**

These statistics are official statistics in development. Official statistics in development may be new or existing statistics, and will be tested with users, in line with the standards of trustworthiness, quality, and value in the [Code of Practice for Statistics](#).

We are continuing to develop our approach to understanding residential rehabilitation treatment capacity in Scotland. Plans include exploring the potential for the statistics to provide insight into day patient/outpatient rehabilitation treatment and placement funding status. Users of these statistics should refer to the methodology and limitations sections of this report when interpreting the data.

Scottish Government statistics are regulated by the Office for Statistics Regulation (OSR). OSR sets the standards of trustworthiness, quality and value in the [Code of Practice for Statistics](#) that all producers of official statistics should adhere to.

More information about Scottish Government statistics is available on the [Scottish Government website](#).

# Key Points

As at September 2024, there was a maximum capacity of 513 residential rehabilitation beds in Scotland across 25 facilities. This is an increase of 88 beds (21%) compared to August 2021 (425 beds).

Most residential rehabilitation facilities in Scotland (80%, n = 20) accept referrals from all Alcohol and Drug Partnership (ADP) areas.

## Introduction

The level of harms from alcohol and drugs in Scotland are high and cause avoidable damage to people's lives, families and communities. Tackling the high level of drug and alcohol related deaths and harms in Scotland is a priority for the Scottish Government.

In January 2021, the former First Minister Nicola Sturgeon made a statement to Parliament which set out a [National Mission to reduce drug deaths and improve lives](#) through a range of improvements to treatment, recovery and other support services. This complements and builds upon [Rights, Respect and Recovery \(2018\)](#), Scotland's alcohol and drug strategy. The Scottish Government has committed £100 million over the span of the National Mission to expand access to residential rehabilitation treatment, which includes capital funding for new rehabilitation facilities (£18 million over five years).

The current First Minister announced his first [Programme for Government](#) in September 2024. This included the commitment to reduce the level of deaths and harms caused by alcohol and drugs in Scotland by delivering the National Mission, which includes widening access to residential rehabilitation and increasing capacity by 50% to 650 beds by 2026.

This publication builds on the data presented on [residential rehabilitation bed capacity in Scotland](#) in 2021.

# Findings

The survey received responses from 25 residential rehabilitation facilities with bed capacity currently in operation that met the definition of residential rehabilitation developed by the Residential Rehabilitation Development Working Group. This is five more facilities than were identified in August 2021 (20 facilities).

Facilities were asked to report on their maximum number of beds for residential rehabilitation treatment. The survey found a total maximum residential rehabilitation capacity of 513 beds in Scotland. This was an increase of 88 beds (21%) compared to 2021 (425 beds). Table 1 shows maximum residential rehabilitation bed capacity by facility in 2021 and 2024.

The majority of facilities (80%, n = 20) accept referrals from all ADP areas in Scotland. Five facilities reported only accepting referrals from their immediate or surrounding ADP areas.

Full names of facilities and their ADP location can be found in Appendix B.

**Table 1: Residential rehabilitation bed capacity in Scotland has increased**

Maximum residential rehabilitation bed capacity by facility, Scotland, 2021 &amp; 2024

Facility	August 2021 capacity	September 2024 capacity	Change
Abbeycare	34	<b>34</b>	0
Aberlour Cowan Grove	0	<b>4</b>	+4
Aberlour Falkirk <sup>a</sup>	0	<b>4</b>	+4
Alternatives Safe as Houses <sup>b</sup>	37	<b>24</b>	-13
Bethany Christian Centre <sup>c</sup>	18	<b>16</b>	-2
Calderglen House	0	<b>24</b>	+24
Castle Craig Hospital	115	<b>115</b>	0
CrossReach Beechwood House	12	<b>14</b>	+2
CrossReach Residential Recovery Service	18	<b>18</b>	0
Hebrides Alpha Project	6	<b>6</b>	0
Jericho House Dundee	12	<b>12</b>	0
Jericho House Greenock: men's service	18	<b>18</b>	0
Jericho House Greenock: women's service	10	<b>10</b>	0
Lothians & Edinburgh Abstinence Programme	22	<b>27</b>	+5
Moorpark Clinic	0	<b>16</b>	+16
Phoenix Futures Harper House <sup>d</sup>	0	<b>39</b>	+39
Phoenix Futures Scottish Residential Service	31	<b>31</b>	0
Priory Hospital	9	<b>12</b>	+3
River Garden Auchincruive	7	<b>12</b>	+5
Teen Challenge Benaiah	7	<b>7</b>	0
Teen Challenge Sunnybrae	12	<b>12</b>	0
Teen Challenge Whitchester House	23	<b>24</b>	+1
The Haven	24	<b>24</b>	0
The Maxie Richards Foundation King's Court	5	<b>5</b>	0
Ward 5 Woodland View	5	<b>5</b>	0
<b>Total</b>	<b>425</b>	<b>513</b>	<b>+88</b>

<sup>a</sup> Capacity at this facility can be used for residential rehabilitation or stabilisation based on individual needs. This facility meets the definition of residential rehabilitation.

<sup>b</sup> Six flats (12 beds) have been returned to the local council. One bed can now only be used for overnight placements in an emergency situation and is therefore not included in the September 2024 bed capacity.

<sup>c</sup> Three two-person occupancy rooms were converted to single-occupancy resulting in a decrease in capacity of three beds. One additional bed was created.

<sup>d</sup> This facility provides support for adults with children. There are between 20 and 39 beds available depending on the composition of the families attending the facility. The statistics here present the maximum capacity available.

# Glossary

**Residential rehabilitation:** facilities offering programmes that aim to support individuals to attain an alcohol or drug-free lifestyle and be integrated into society, and that provide intensive psychosocial support and a structured programme of daily activities that residents are required to attend over a fixed period of time. This definition was developed by the Residential Rehabilitation Development Working Group. Further detail is available in the [Pathways into, through and out of Residential Rehabilitation in Scotland](#) report.

**Residential Rehabilitation Development Working Group:** established in June 2020 to advise Scottish Ministers on a programme of work to ensure the provision of drug and alcohol residential rehabilitation services across Scotland and to ensure that everyone who requires has access to it. More details, including the Group's terms of reference, are available on the [Residential Rehabilitation Development Working Group page on the Scottish Government website](#).

**Facility:** the term 'facility' in this report refers to a distinct individual operation delivering residential rehabilitation treatment. Individual providers of residential rehabilitation treatment may have more than one facility.

**Bed capacity:** maximum reported number of available placements, at any one time, for adults to receive residential rehabilitation treatment.

**ADP:** Alcohol and Drug Partnership. Scotland's 30 Alcohol and Drug Partnerships bring together local partners including health boards, local authorities, police and voluntary agencies to coordinate the response to substance use issues. They are responsible for commissioning and developing local strategies for tackling problem alcohol and drug use and promoting recovery, based on an assessment of local needs.

## Data and Methodology

A survey aimed at obtaining information on residential rehabilitation bed capacity was distributed by email to all known residential rehabilitation facilities in Scotland.

The survey was developed in consultation with Public Health Scotland and included questions on referrals, including statutory funding and geographic distribution, and how the service model aligned with the definition of rehabilitation. The questions relating to the data in this report are provided in Appendix A.

Residential rehabilitation facilities were identified through a scoping exercise informed by previous research and more recent development activity in this field. Recipients were asked to forward the survey to any other residential rehabilitation facilities they were aware of. Follow-up conversations were held with individual



facilities to seek clarification on the information provided as part of the data validation and quality assurance processes.

Data collection took place between 30 August and 10 September 2024. Validation and quality assurance concluded end October 2024.

## Limitations

The total residential rehabilitation bed capacity presented in these statistics is the maximum reported number of available placements, at any one time, for adults to receive residential rehabilitation treatment in Scotland. Facilities were asked to self report their maximum number of beds for residential rehabilitation treatment. This is not the same as the number of beds occupied – beds occupied may be lower than the maximum for a variety of reasons e.g. demand, staffing etc. In addition, the number of available beds at Phoenix Futures Harper House may well be lower than the maximum capacity presented here depending on the composition of the families attending the facility at any given point in time.

There is a risk that the survey did not reach all facilities in Scotland that meet the definition of residential rehabilitation and, as such, these facilities are not included in the statistics presented.

Residential rehabilitation operational models vary and some facilities have additional temporary emergency capacity. These emergency beds are not included in the maximum capacity figures reported here.

This survey was targeted at residential facilities and therefore does not provide insight into the full complement of community based rehabilitation-like support in Scotland. In addition to residential capacity, some facilities also offer rehabilitation treatment on a day/outpatient basis (typically either for the provision of aftercare support or for clients who benefit from returning home in the evening e.g. to meet the needs of those with caring responsibilities). This day/outpatient rehabilitation treatment capacity is not included in the numbers presented here.

The statistics presented here rely on information provided via self-reporting and there may be subjectivity inherent in their responses. While data has been validated and quality assured this is not an independent audit.

# Accessing help and support for problem drug use

If you or anyone you know is affected by drug use, support is available via the following organisations:

- [Scottish Families Affected by Alcohol & Drugs](#)
- [Know the Score](#)
- [With You](#)
- [Scottish Drug Services Directory](#)

## Tell us what you think

We are always interested to hear from our users about how our statistics are used, and how they can be improved.

### Enquiries

For enquiries about this publication please contact:

E-mail: [substanceuseanalyticalteam@gov.scot](mailto:substanceuseanalyticalteam@gov.scot)

For general enquiries about Scottish Government statistics please contact:

Office of the Chief Statistician

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More information about Scottish Government statistics is available on the [Scottish Government website](#).

### Join our mailing list

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### Future publications

Details of future publications can be found on our [forthcoming publications](#) page.

# Appendix A: Survey questions relating to these data

A short survey was developed by the Scottish Government to gather updated figures for residential rehabilitation bed capacity in Scotland. The survey also included questions around day patient/outpatient treatment, expansion plans and placement funding status. These are not reported on in this publication due to challenges around data quality and validation.

Survey questions related to the analysis presented in this report were:

1. What is the maximum number of residential beds at your facility for substance use rehabilitation?  
[open text]
2. Which ADP areas would your facility be open to accepting referrals from?  
[multiple choice; response options: list of ADP areas with an option for “all” and “other, please specify”]
3. Would you describe the service you provide as: “offering programmes which aim to support individuals to attain an alcohol or drug-free lifestyle and be re-integrated into society, and which provide intensive psychosocial support and a structured programme of daily activities which residents are required to attend over a fixed period of time”?  
[single option]
  - Yes
  - No
  - Don't know

## Appendix B: Residential rehabilitation facilities in Scotland

Table 2: Residential rehabilitation facilities in Scotland, location (ADP area) and where referrals are accepted from

Facility	Location (ADP area)	Accepts referrals from any ADP area?
Abbeycare	Renfrewshire	Yes
Aberlour Mother and Child Recovery House (Cowan Grove)	Dundee	Yes
Aberlour Mother and Child Recovery House (Falkirk)	Falkirk	Yes
Alternatives Safe as Houses	West Dunbartonshire	Yes
Bethany Christian Centre	Edinburgh	Edinburgh ADP only
Calderglen House	South Lanarkshire	Yes
Castle Craig Hospital	Borders	Yes
CrossReach Beechwood House	Highland	Highland ADP only
CrossReach Residential Recovery Service (Rainbow House)	Glasgow City	Yes
Hebrides Alpha Project	Western Isles	Western Isles ADP only
Jericho House Dundee	Dundee	Yes
Jericho House Bank Street, Greenock (men's service)	Inverclyde	Yes
Jericho House Shankland Road, Greenock (women's service)	Inverclyde	Yes
Lothians & Edinburgh Abstinence Programme	Edinburgh	West Lothian, Mid and East Lothian, Edinburgh ADPs only
Moorpark Clinic	North Ayrshire	Yes
Phoenix Futures Harper House, National Specialist Family Service	North Ayrshire	Yes
Phoenix Futures Scottish Residential Service	Glasgow City	Yes

Priory Hospital	Glasgow City	Yes
River Garden Auchincruive	East Ayrshire	Yes
Teen Challenge Benaiah	Aberdeenshire	Yes
Teen Challenge Sunnybrae	Aberdeenshire	Yes
Teen Challenge Whitchester House	Borders	Yes
The Haven	Inverclyde	Yes
The Maxie Richards Foundation King's Court	Argyll & Bute	Yes
Ward 5 Woodland View	North Ayrshire	East Ayrshire, North Ayrshire, South Ayrshire ADPs only



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