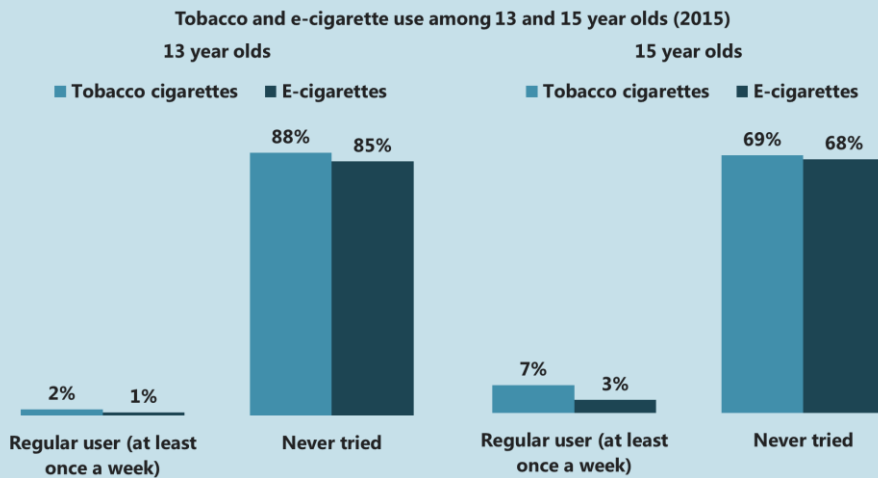




Scottish Adolescent Lifestyle and Substance Use Survey (SALSUS) 2015

SIX KEY FACTS ABOUT E-CIGARETTE USE

1



In 2015, 15% of 13 year olds and 32% of 15 year olds had ever tried an e-cigarette – very similar to the proportions who had ever tried a tobacco cigarette.

2

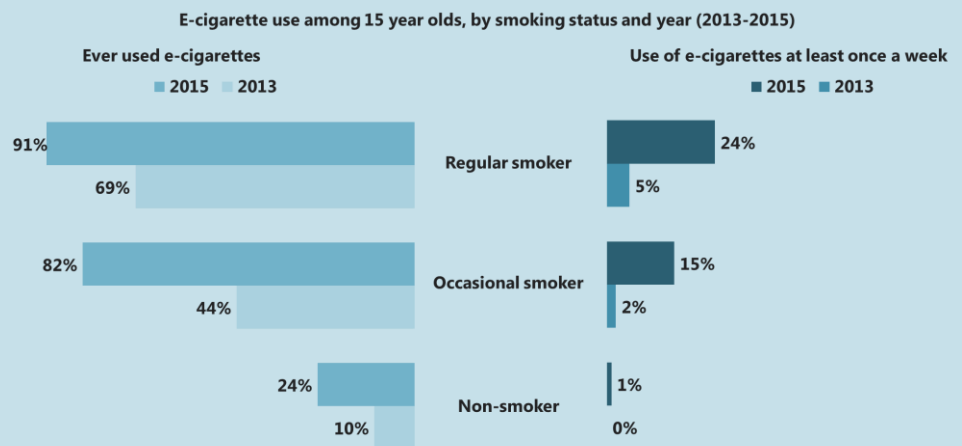
However, regular use (once a week or more) of e-cigarettes was less common: 1% of 13 year olds compared with 2% who regularly smoked tobacco, and 3% of 15 year olds compared with 7% who regularly smoked tobacco.

3

Between 2013 and 2015, there has been a very large increase in the regular use of e-cigarettes among all groups, particularly regular and occasional smokers. In 2015, 24% of 15 year old regular tobacco smokers also regularly used e-cigarettes, compared with 5% in 2013.

4

Regular and occasional tobacco smokers were much more likely than non-smokers to have ever used or to regularly use an e-cigarette.



5

Young smokers may be using e-cigarettes to help them stop – regular smokers who had tried to give up smoking were more likely than those who had not tried giving up to use e-cigarettes regularly (28% compared with 20%).

6

Boys were slightly more likely than girls to use e-cigarettes: 25% of boys compared with 22% of girls had ever used them, and 3% of boys used them regularly, compared with 1% of girls. (There were no differences in the prevalence rates for tobacco cigarettes).