

MENTAL HEALTH STRATEGY – REPORT ON PROGRESS – ACTION 3

Date of report	July 2019
Date of last report	November 2018
Project end date	September 2020
Action Number	3
Action Owner (s)	Judy Thomson
Action Link	Phil Raines
Action Text	Commission the development of Matrix of evidence-based interventions to improve the mental health and wellbeing of children and young people

Progress Update from Previous report	RAG
1. The Executive Group continues to meet to review progress, including regular meetings with the Design Team.	Green
2. Several rounds of the Delphi Process resulted in the ‘shortlisting’ of initiatives to be taken forward for inclusion in the first phase of the Matrix..	Green
3. The prototype is in development and has been shared with the Executive Team, Design Team and Advisory Group during planned December meetings. The digital prototype will be populated with details about two programmes that have undergone initial review using the Hexagon tool.	Green

Key Deliverables in next 6 months (include estimated date for each deliverable)	RAG
1. Completed product and prototype for Phase 1 initiatives completed and available (late summer 2019).	Green

What does success look like?
1. The development of a web-based resource detailing evidence based psychosocial prevention and early intervention approaches for C&YP in order to enable practitioners, services and commissioners to make fully informed decisions about what early intervention or prevention approaches should be invested in, within their community, which aims to improve the mental health and wellbeing of Scotland’s C&YP.
2. Contextualised for Scotland, the resource will provide: <ul style="list-style-type: none"> *a summary of the core components of the approach * information and score of effectiveness and supporting evidence * implementation requirements and supports available * information to help establish whether the approach fits with the needs, values, priorities and resources of a specific local context.
3. The resource will also include a small number of case examples of these programmes and approaches in practice in a Scottish Context.

What data (if any) can evidence delivery?
1. Data for all rounds of the Delphi Process (including the open-comment period) is collected.

2. Minutes and presentations from meetings with the Executive Team, Design Team and Advisory Group have been produced.