

MENTAL HEALTH STRATEGY – REPORT ON PROGRESS – ACTION 26

Date of report	22 nd July 2019
Date of last report	28 th November 2018
Project end date	31 st December 2020
Action Number	26
Action Owner (s)	Belinda Robertson, Healthcare Improvement Scotland
Action Link	Ally Winford
Action Text	Action 26: Ensure the propagation of best practice for early interventions for first episode psychosis, according to clinical guidelines.

Progress Update from Previous report	RAG
1. The EIP Short Life Working Group (SLWG) has met 4 times between the 28 th November 2018 and 3 rd July 2019. The last meeting of the group, 3 rd July, considered the report, ' Our vision to improve Early Intervention in Psychosis in Scotland ' and set out a plan to recruit a project team and NHS Boards to deliver the actions contained within.	Green
2. Diagnostic exercise: To identify the current position across Scotland in relation to EIP a questionnaire was developed and sent to all 14 regional health boards, as well the State Hospitals Board for Scotland. Responses were received from all of the boards except for NHS Borders, NHS Lothian and NHS Orkney. NHS Grampian, NHS Highland and NHS Tayside submitted multiple responses from different services/areas within their board. Seventeen completed questionnaires were received in total. A summary of the questionnaire results are noted as Appendix A in the vision (see link below).	Green
3. Resulting from the diagnostic exercise the report, ' Our vision to improve Early Intervention in Psychosis in Scotland ', was published (June 2019) setting out how the vision will be achieved by the end of December 2020. The vision had some media coverage and there had also been a visit by the Minister for Mental Health, Claire Haughey to the ESTEEM service, Glasgow, a few days prior to report launch.	Green

Key Deliverables in next 6 months (include estimated date for each deliverable)	RAG
1. HIS EIP Team Recruitment in place by 1 st October 2019.	Green
2. NHS Board / HSCP Improvement Work Stream Recruitment: announced by 1 November 2019.	Green
3. EIP Improvement Network Launch Event: 5 th December 2019.	Green

4. EIP Needs Assessment working group convened by 11 th August 2019.	Green
5. Review of SIGN Guidelines commenced (as detailed in SIGN 50) by 1 st December 2019.	Green

What does success look like?

Within the next 6 months (July – December 2019) Healthcare Improvement Scotland working with the Scottish Government and other stakeholders will have commenced (as detailed in the 5 key deliverables above) the programme that will lead to the delivery of **Our Vision to Improve Early Intervention in Psychosis in Scotland** (to be delivered by end of December 2020).

Our central vision is that **people presenting for the first time with psychosis anywhere in Scotland will have timely access to effective care and treatment, with early intervention and a focus on recovery.**

We will also deliver **Action 26** of the Mental Health Strategy 2017 - 2027: *“Ensure the propagation of best practice for early interventions for first episode psychosis, according to clinical guidelines”*

We will take forward a two-stage process to achieve our vision that **people presenting for the first time with psychosis anywhere in Scotland will have timely access to effective care and treatment, with early intervention and a focus on recovery.**

Firstly, we will establish a **National Early Intervention in Psychosis Improvement Network (EIPIN)**, followed by the phased **implementation** of better Early Intervention Psychosis (EIP) services and support.

The **second stage** of phased implementation across all Health Boards and HSCPs will be guided by the EIPIN’s recommendations, as well as the learning from the improvement work in two test NHS Boards.

What data (if any) can evidence delivery?

The vision setting out final recommendations identifies the service delivery model used in each board including local pathways and clinical protocols and any areas for improvement.

The vision also review what data is available to demonstrate effective and timely intervention for first episode psychosis and identify any gaps or challenges in providing quantitative data.

Where data is available this will be used to evidence delivery of effective and timely pathways

Qualitative data in the form of a case studies from NHS Greater Glasgow and Clyde, NHS Highland (Argyll and Bute) as well as one from a person who has lived experience is noted in the vision.

Quality Indicator T5 (% of first presentation psychosis patients that start SIGN or NICE guidelines evidence based treatment within 14 calendar days of referral to specialists mental health services).

Any other comments



MHIP
EIP_planner.pdf