

MENTAL HEALTH STRATEGY – REPORT ON PROGRESS – ACTION 21

Date of report	July 2019
Date of last report	December 2018
Project end date	To be added
Action Number	21
Action Owner (s)	Cathy Richards (NHS Lothian)
Action Link	Phil Raines
Action Text	Improve quality of anticipatory care planning approaches for children and young people leaving the mental health system entirely, and for children and young people transitioning from CAMHS to Adult Mental Health Services.

Progress Update from Previous report	RAG
1. The final drafts of the SYP transitions documents have been agreed and published: https://www.nhsinform.scot/care-support-and-rights/health-rights/young-people/transition-care-plans-moving-from-camhs-to-adult-mental-health-services	Green
2. The final drafts of the transitions documents to be used by the mental health system have been agreed and published: http://www.healthcareimprovementscotland.org/our_work/mental_health/transition_care_plans.aspx	Green
3. The documents were launched at an event attended by the minister for mental health in August 2018. Both sets of documents have been circulated Scotland-wide to CAMHS and AMHS. They have also been highlighted to key stakeholders in local areas to spread awareness to children and young people approaching transition.	Green
4. The Minister wrote to Health Boards and Integration Authorities asking for an update on how the documents were being used in Spring 2019. Areas that had taken minimal action were subject to follow-up letters.	Green
5. In June 2019, the Minister wrote to Health Boards to restate that all children and young people up to the age of 18 should receive CAMHS support, and effective transition pathways should be in place for those requiring support after 18.	Green

Key Deliverables in next 6 months (include estimated date for each deliverable)	RAG
1. Transitions will now be taken forward as part of the delivery plan for implementing the new recommendations of the Taskforce. That delivery plan will be developed over summer 2019, and put before the new Implementation Board for approval.	Green

What does success look like?

1. Creation of a Transition Care plan for use in transitions across the mental health system that has been co-created by young people will lead to improved experience for young people and carers and improved consistency across Scotland.
2. Delivery of a national information/guidance resource around Transitions, produced by and for young people.
3. Delivery of a user feedback process, produced for and by young people. This audit tool should then be used by Health Boards so that the quality of the transition process can be monitored locally by Health Boards.
4. Transitions documents that can be used by mental health system, which have been contributed to by young people, CAMHS and AMHS.

What data (if any) can evidence delivery?

1. Feedback from SYP re Boards and IJBs visited.
2. Number of Websites which sign post the resources.