

MENTAL HEALTH STRATEGY – REPORT ON PROGRESS – ACTION 2

Date of report	July 2019
Date of last report	December 2018
Project end date	August 2019
Action Number	2
Action Owner (s)	Shirley Windsor
Action Link	Phil Raines
Action Text	Roll out improved mental health training for those who support young people in educational settings

Progress Update from Previous report	RAG
Scotland's Mental Health First Aid training offered to those local authorities and schools not already participating – using SMFHA Young People version (which is targeted at those working with young people in particular) (Education Scotland).	Green
5 Training for trainers sessions fully subscribed for Scotland's Mental Health First Aid for adults (increasing trainer pool by 72 – participants include those working in frontline services as well as those working in educational settings (youth work, community & learning development, uniformed organisations, universities and colleges) – supplemented by frontline training delivered by a range of agencies (private, public and Third Sector); specific session being held in Highland to promote coverage in remote/rural communities (NHS Health Scotland).	Green
Resilience video developed to promote discussion on adverse childhood experiences and links with mental health and wellbeing (NHS Health Scotland).	Green
Curricular development of Compassionate and Connected Classroom resource (Education Scotland).	Green
Trauma Informed resources rolled out (NHS Education Scotland).	Green
NES and NHS Health Scotland commissioned to develop online universal resource to support mental health awareness by May 2019.	Green

Key Deliverables in next 6 months (include estimated date for each deliverable)	RAG
1. Online universal resource to support mental health awareness, knowledge and skills framework and workforce development plan (May 2019).	Green
2. Review outcome of Mental Health Youth Commission findings for educational resources and other national groups (e.g. Taskforce) and SeeMe research with young people; and then develop appropriate resources for those working in educational settings.	Green

What does success look like?

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| 1. Those working with young people in educational settings are provided with improved knowledge, attitudes and skills to support the mental health and wellbeing of young people. |
| 2. Feedback from young people reflects this improved knowledge and attitudes – and that this also reflected in national survey results such as the Health Behaviour of School Children. |
| 3. Training provided to those supporting young people is evidence informed and continuously evaluated against agreed effectiveness criteria, |

What data (if any) can evidence delivery?
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| 1. Data from schools participating in the SMFHA Young People programme and other training provided to those working in educational sessions, feedback from participants in SMFHA Young People Trainer for Trainer events. |
| 2. National survey results (eg Health Behaviour of Schoolchildren). |