

MENTAL HEALTH STRATEGY – REPORT ON PROGRESS – ACTION 16

Date of report	July 2019
Date of last report	December 2018
Project end date	To be determined
Action Number	16
Action Owner (s)	Hugh Masters
Action Link	Ruth Christie
Action Text	Fund the introduction of a Managed Clinical Network to improve the recognition and treatment of perinatal mental health problems.

Progress Update from Previous report	RAG
<p>1. Publication of the Needs Assessment Report</p> <ul style="list-style-type: none"> • In February 2019, the MCN published its Needs Assessment Report of perinatal and infant mental health services. This contained a suite of recommendations that explicitly addressed the commitment to take action on these services in the 2018 PfG, and those recommendations were accepted by the SG. • The MCN is continuing, but its work is shifting to support the reform work of the Programme Board (described below). 	Green
<p>2. Establishment of the Perinatal and Infant Mental Health Programme Board</p> <ul style="list-style-type: none"> • In response to the MCN report, the SG established the Perinatal and Infant Mental Health Programme Board to advise the Minister for Mental Health on how to address the report's recommendations. • Hugh Masters, former Deputy Chief Nursing Officer, was chosen to be the independent chair of the Programme Board. The representation of the Programme Board was drawn widely from the service, third sector and lived-experience communities. • The programme is backed by £50m in support from the SG. • The Programme Board has met several times and agreed its initial delivery plan in July 2019. 	Green

Key Deliverables in next 6 months (include estimated date for each deliverable)	RAG
<p>1. Delivery plan for PIMH Programme Board</p> <ul style="list-style-type: none"> • The Delivery Plan will be submitted to the Minister for approval over the summer. • The Plan sets out actions, milestones and timetables for the work of the Programme Board, with particular detail on the first year of operation. That will be captured in progress reports for the relevant action in the 2018 PfG. 	Green

What does success look like?

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| 1. (In the next 6 months) Comprehensive guidance for NHS boards/IJBs on developing specialist perinatal mental health services and psychological therapy services (universal/primary care/maternity) based on birth numbers and distinctive geography. |
| 1. (Within 3-5 years) All women, their infants and families, have equity of access to perinatal mental health care, at a level appropriate to need, in all NHS board areas/regions in Scotland. |
| 2. (Within 3-5 years) All services have benchmarking and outcome data to enable them to deliver high quality care. |

What data (if any) can evidence delivery?

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| 1. PMHN annual and mid-year reports. |
| 2. Publication of the Women and Families' Charter. |
| 3. PMHN reports on needs assessment and service provision, perinatal mental health care pathways, education and training, and outcomes of care. |
| 4. NHS board reporting on service development and staff training. |
| 5. Exception reporting on postnatal admissions to general adult mental health wards. |
| 6. Patient and family surveys of satisfaction with care. |