

# NACCP 26 May 2021

## New Framework on Chronic Pain Service Delivery – next steps



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# Actions to date

- **Sep 20:** Recovery Framework
- **Sep 20:** Review NACCP, Patient Ref Group
- **Oct-Dec 20:** Engagement with Health Boards
- **Jan 21:** First round feedback on Driver Diagram
- **Feb 21:** NACCP meeting 1
- **Feb 21:** Second round feedback on Driver Diagram
- **Mar 21:** Submission to Ministers
- **Apr – May 21:** Evidence and policy review
- **May 21:** NACCP meeting 2



# Next steps for Framework

- **June 21:** Secure approval from new Ministers
- **Summer 21:** Continued evidence gathering
- **Summer 21:** Community engagement; EQIA
- **Autumn 21:** NACCP/ stakeholder feedback on draft Framework
- **Autumn 21:** Public consultation + analysis
- **Winter 21/22:** Publication
- **21/22:** Planning for implementation

**Ongoing:**

**NHS remobilisation & improvement activities**



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# Driver diagram → Framework

Focus on **improvement** ideas for:

- Better access to support
- Better treatment planning and outcomes
- Better information and understanding
- Better access to supported self-management
- *Remobilisation of services*



# For the following ideas

- Are these ideas realistic?
- What might help accelerate their delivery and who is responsible?
- What should be a priority?
- What's missing?



# Ideas to improve access to support to manage chronic pain

- Improve coordination between NHS and local authorities/3<sup>rd</sup> sector in provision and planning
- Support greater collaboration and delivery between primary and secondary care partners
- Improve consistency of information and engagement between services and people with pain
- Provide support for people to engage with digital consultations and pain management services
- Support implementation and evaluation of new pathways/ tools to triage and manage waiting lists
- Increase opportunities for people with chronic pain to share feedback with local service



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# **Ideas to improve treatment planning & decision-making for chronic pain**

- Develop national information resources on treatment options and evidence
- Develop and promote care and support planning resources for chronic pain
- Identify opportunities for peer-led support on treatment options in clinical settings
- Ensure clinicians in all settings can access advice from local specialist pain team
- Agree national referral guidelines
- Improve collection of data on treatment outcomes





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# Ideas to improve understanding & information about chronic pain

- Develop and deliver national public health campaign activities to raise awareness of chronic pain and its impact
- Develop national resources to provide up-to-date information for clinicians and people with chronic pain
- Ensure all new resources are fully accessible to all groups including those with sensory loss, other languages etc.
- Increase opportunities for people with chronic pain to share experience with healthcare professionals at all levels



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# Ideas to improve access to supported self-management for chronic pain

- Embed self-mgmt. as part of any and all chronic pain activities
- Improve training and knowledge of self-mgmt. as part of healthcare professional training and professional development
- Promote national platforms to ensure local resources for people with chronic pain are mapped
- Promote best practice resources and approaches developed by specialist secondary and tertiary centres
- Increase post-discharge support to reinforce self-mgmt. learning
- Promote role of appropriate physical activity as element of self-mgmt. for chronic pain at all levels



# Actions

- Continue to share ideas and feedback with Officials via [Clinical\\_Priorities@gov.scot](mailto:Clinical_Priorities@gov.scot)
- Updates to follow on discussions with Ministers – priorities, timelines etc.
- Further input sought to inform drafting
- Opportunities to engage with EQIA, engagement events

