

## **Note of Board Meeting 9 October 2018 Victoria Quay, Edinburgh**

### **Board members in attendance**

Carole Richardson (Rossie Young People's Trust)  
Donald Henderson (Scottish Government, Chair)  
Jane Johnstone (Office of the Chief Social Work Adviser, Scottish Government)  
Neil Hunter (SCRA)  
Stephen McLeod (NHS, Greater Glasgow and Clyde)  
Beth-Anne Logan (Board member, CHS)  
Jacqueline Pepper (SWS)

### **Deputies and others in attendance**

Carole Dearie (St Mary's Kenmure)  
Claire Lightowler (CYCJ) David Cotterell (SG Secretariat)  
Sinclair Soutar (Kibble)  
Cath Agnew (Care Inspectorate)  
Mary Geaney (Rossie)  
Jennifer McKerrall (Scotland Excel)  
Liz Murdoch (Youth Justice, Scottish Government)  
Helen Smith (CAMHS)  
Lynne O'Brien (Independent Care Review) Part of the meeting

### **Apologies**

Angus Gillon (St Mary's Kenmure)  
Kate Rocks (Social Work Scotland)  
Kevin Mitchell (Care Inspectorate)  
Julie Welsh (Scotland Excel)  
Jim Gillespie (Kibble)  
Roisin McGoldrick (Good Shepherd Centre)  
Teresa Medhurst (Scottish Prison Service)  
Liz Brabender (Lead Secretariat, Independent Care Review)  
Alison Gough (Secure Care National Advisor, CYCJ, Secretariat)  
Boyd McAdam (CHS)  
Shona Williams (Argyll-Bute)  
Nicola Dickie (COSLA)  
Fiona Duncan (Independent Care Review)

<b>Secure Care Strategic Board</b>	
<p><b>1.</b> Donald welcomed everyone and thanked Rossie for hosting the meeting. .</p> <p>Members confirmed they had received a letter from DH regarding the work of the board and the Independent Care Review's request to take on this work early in the new year. DH advised this was an agenda item and would be discussed in more detail later in the day.</p> <p>Aims of the meeting were:</p> <ul style="list-style-type: none"> <li>• Firm up the timelines for completing the standards work to have them ready for the next round of commissioning.</li> <li>• Agree commissioning milestone dates and that the group should have a care experienced Co-Chair.</li> <li>• Discuss and agree how the December report to Ministers will be written.</li> <li>• Discuss how the board will manage the transition to the ICR and how Fiona Duncan will communicate with the board.</li> <li>• Confirm we need at least one more board meeting to sign off the standards for consultation, the report to Ministers and ensure a smooth handover to the ICR.</li> </ul>	
<p><b>2. Action points from the last meeting</b></p> <p>Actions points from the July meeting have been cleared.</p> <p>CL thanked the group for their support for the IVY project. LM and CL advised that meetings had taken place between SG and potential partners to reach a conclusion on the future of IVY. More information will be shared towards the end of the year. CL Stressed the importance of finishing the research part of this work.</p>	
<p><b>3. Mental health and research presentation.</b></p> <p>Dr Helen Smith - Consultant Forensic Child and Adolescent Psychiatrist provided the board with information on the Secure Care Research Group that was set up prior to the Secure Care Strategic Board. A copy of the presentation will be circulated with this note.</p> <p>HS advised the board of the groups plan to bid for funding to conduct a five year study of YP following their exit from secure care. HS plans to hold a one day conference before March 2019, potentially funded by the Scottish Government. This event will</p>	<p><b>AP 1 - DC to circulate the presentation slides</b></p> <p><b>AP 2 - HS will submit a grant application(s) to request funding to hold a one day conference and</b></p>

	<p>showcase the good work that has been done in secure care and the work that is still required to gather better evidence which will improve outcomes for YP leaving secure care. This conference should be driven nationally and the board were asked to help advertise the event and identify key players.</p> <p>The group welcomed the research and were keen to support the work, but felt it is important to measure soft outcomes especially relationships.</p> <p>If possible all partners need to be involved not just health professionals.</p> <p>The research needs should consider wider outcomes to demonstrate value.</p> <p>Research needs to challenge the belief of some that secure care does not work.</p> <p>HS said it was likely we need less psychiatrists and more psychologists working with YP in secure care.</p> <p>We need to involve potential funders in the conference and gather data to design a preliminary research model. This will come at a cost, the bid to attract funding needs to be properly resourced to ensure the bid has the best chance of success.</p> <p>DH asked about the anticipated cost to properly fund the bid for the research. No firm details could be provided at this stage. DH confirmed he would consider a proposal for funding.</p>	<p>request funding to recruit a professional to develop and draft the funding bid for a 5 year research programme to track YP after they leave secure care.</p>
<p><b>4.</b></p>	<p><b>Scotland Excel Outcomes Paper</b> Jennifer McKerrall presented the Scotland Excel paper which will be circulated with this note.</p> <p>This builds on the work carried out by individual units and would allow us to aggregate and track outcomes as a sector. This will measure core outcomes that will be developed with and by care experienced YP. The board were asked to support this work.</p> <p>Questions were asked around whether the outcomes would be high level, aspirational and take account of the national performance framework.</p>	<p><b>AP - 3</b> DC to circulate the Scotland excel paper.</p>

	<p>There were concerns there is a lot going on and YP are being bombarded with work – they need time to heal and grow without constantly working they are getting weary. There was a view that it was therefore the wrong time and that it fits with other outcomes work being undertaken through the Youth Justice team.</p> <p>It was discussed that the completion of any such work before the next commission round would be helpful, but there is no need for this work to be completed in that timescale.</p> <p>JMc agreed to take this away to consider timescales and links to other work.</p> <p>It was noted that CYCJ hope to hold an event towards the end of the year to highlight the findings of Ross Gibson’s census work. SG hope to include the aggregated data over a 5 year period which has been collated by SG data analysis.</p>	<p><b>AP – 4</b> JMc to take this away to give further consideration of links to other work such as the national outcomes tool, the outcomes tool being developed under Youth Justice and work with secure units.</p>
<p><b>5.</b></p>	<p><b>National Care Standards</b></p> <p>BL advised the board we are now at version 4 of the standards, originally there were over 100 standards this had dropped to under 40 and is now settled at 43 following the input from the STARR group. BL highlighted that the standards would not be completed in time for the report to Ministers in December to allow time to get these right.</p> <p>NH said the standards reflect the calls for action in Secure Care in Scotland: Looking ahead paper. There will be challenges with the implementation such as, availability of mental health support, trauma, family work, education, transitions, through care across the country also technology and staff training there will need to be an implementation period.</p> <p>The board were reminded of the deadline of 31 March if the standards were to be included in the next commissioning round. There could be a lead in period driven by the care inspectorate but the consultation would have to be completed and agreed by March.</p>	

	<p>The board accepted there is a real need for the standards and the consultation completed by no later than the 31 March 2019.</p> <p>BL asked what the board could do to support the launch of the standards, she suggested an event involving YP, there should be an online resource and professionally printed paper copies of the standards.</p> <p>DH said there is a definite move away from printed copies and it was likely the standards would only be available on line.</p>	<p><b>AP 5 - Pathways and Standards work stream to consider how best to launch the standards.</b></p>
<p><b>6.</b></p>	<p><b>Commissioning</b>  Unfortunately ND (COSLA) was not able to be at today's meeting. There was a discussion about what is required to move forward.</p> <p>It was agreed that focus could not purely be on the current set up and that we need to investigate why the number of Scottish placements has reduced and look at services around secure care. It was noted that clarity on the number of beds we are likely to commission for, is required, along with information around the number of young people in Scotland that meet the secure care criteria but are not placed in secure care and what the sustainable alternatives to secure care are. However, this information is not available.</p> <p>Any future commissioning round must include the new standards.</p> <p>The next contract is likely to be 2 years with a 12 month extension period.</p> <p>SG had been asked to fund support for a care experienced YP to Co-Chair the commissioning strand, agreement had been given to support that JO'D had also asked for funding for a qualified professional to pull together all the data we hold to assist the commissioning. Unfortunately it has not been possible to identify a qualified individual and the required procurement process and time to complete the work would not be completed in time for the March 2019 deadline.</p>	<p><b>AP - 6 COSLA to recruit and support a YP to co-chair the commissioning group, if this requires funding COSLA to approach SG to request a small amount of funds.</b></p>
<p><b>7.</b></p>	<p><b>Independent Care Review</b>  DH advised the board that Fiona Duncan (ICR Chair) had written to Maree Todd, Minister for Children and Young People asking for the work of</p>	

	<p>the board to be taken in to the ICR. The Minister has agreed to this request with the proviso that the board completes the Secure Care National Standards and the next round of commissioning.</p> <p>DH highlighted the good work of the board stating this would not be lost but passed on to the ICR.</p> <p>The Scottish Government has agreed to continue to fund the Secure Care National advisor post and the STARR group. They will work with the ICR from January 2019 until FD decides their work is complete.</p> <p>Lynne O'Brien attended the meeting to answer any questions the board had.</p> <p>The board welcomed the news the work would be taken in to the ICR however there are concerns about how they can remain engaged with the work.</p> <p>CSWO advised they would like to be involved in the transition process and represented on all 6 of the ICR working groups.</p> <p>The board would like FD to attend the December board meeting to provide some clarity on the future work and how members may be engaged with this.</p>	<p><b>AP - 7</b> Fiona Duncan to be invited to the December board meeting.</p>
<p><b>8.</b></p>	<p><b>The Boards Report to Ministers</b></p> <p>DH confirmed the board still planned to report to Ministers in December although there may be some room if this extended to very early next year.</p> <p>Following the decision to take the future work of the board in to the ICR the report may be shorter than first anticipated.</p> <p>LM and AG have agreed to draft the first version of the report and will circulate this prior to the December board meeting for comment.</p>	<p><b>AP 8 - LM</b> to circulate first draft of the report to Ministers prior to the December meeting inviting comments and suggested amendments.</p>
<p><b>9.</b></p>	<p>The next meeting will be held on 17 December 2018. St Mary's have offered to host this meeting however due to the anticipated high number of participants this will now be held at Victoria Quay, Edinburgh.</p>	