Note of Fourth Board Meeting 29 May 2018
Victoria Quay, Edinburgh

Board members in attendance
Alex Little (NHS)
Ann Kivlin (Education Scotland)
Boyd McAdam (CHS)
Carole Richardson (Rossie Young People’s Trust)
Donald Henderson (Scottish Government, Chair)
Jane Johnstone (Office of the Chief Social Work Adviser, Scottish Government)
Jane O'Donnell (COSLA)
Julie Welsh (Scotland Excel)
Laura Beveridge (Independent Consultant)
Neil Hunter (SCRA)
Stephen McLeod (NHS, Greater Glasgow and Clyde)

Deputies and others in attendance
Alison Gough (Secure Care National Advisor, CYCJ, Secretariat)
Audrey Baird (Good Shepherd Centre)
Carole Dearie (St Mary’s Kenmure)
Charlotte Wilson (Care Inspectorate)
Claire Lightowler (CYCJ) part
David Cotterell (SG Secretariat)
Jim Crawford (Kibble)
Kate Black (CYCJ)
Lillian Dugan (Scottish Prison Service)
Liz Brabender (Lead Secretariat, Independent Care Review)
Lorraine Johnstone (IVY project) part
Peter McCloskey (Edinburgh Secure Services)
Shona Williams (Social Work Scotland)

Apologies
Angus Gillon (St Mary’s Kenmure)
Beth-Anne Logan (Board member, CHS)
Chris Wright (National Youth Justice Advisory Group, NYJAG)
Jacqueline Pepper (Social Work Scotland)
Jim Devoy (Police Scotland)
Karen Dyball (Social Work Scotland)
Kate Rocks (Social Work Scotland) Kevin Mitchell (Care Inspectorate)
Jim Gillespie (Kibble)
Roisin McGoldrick (Good Shepherd Centre)
Teresa Medhurst (Scottish Prison Service)
<table>
<thead>
<tr>
<th>1. <strong>Welcome and Apologies</strong></th>
<th>Donald Henderson (DH) opened the meeting with round table introductions and noted apologies.</th>
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<tbody>
<tr>
<td>2. <strong>Action points from the last meeting</strong></td>
<td>All the action points from the April 2018 meeting have been cleared.</td>
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<td>3. <strong>Update from the work streams and other groups linked to the Board. (See Paper 1)</strong></td>
<td>To Note</td>
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**Commissioning.**

Jane O’Donnell (J O’D) advised the board this work stream will meet for the second time on Friday 1 June. The commissioning stream need to be fully aware of the work of the other streams, the vision and standards work will be key when considering future commissioning detail. The forthcoming meeting will therefore focus on the work completed so far to inform the commissioning approach.

**Evidence and Research**

David Cotterell (DC) reminded the Board this group is no longer a formal work stream of the Board and it is anticipated the lifetime of this group will extend beyond the work of the Board.

Alison Gough (AG) has had initial conversations with Helen Smith (Greater Glasgow and Clyde CAMHS) and Emma Miller (University of Strathclyde) about a potential funding source to carry out a longitudinal study. This would be a big commitment and would require a multi-agency partnership approach and staff resource to develop the bid. Talks are still at an early stage and it may be possible to bring more detailed information to the Board for the July meeting.

DC advised that Eniko Zsemberdi, (EZ) a post graduate student, took up her 3 month temporary post in the Scottish Government analytical services team today. EZ will undertake an in depth study of the information Scottish Government hold on secure care. It is hoped she will be able to build an 8 - 10 year data base which can be added to year on year. If time allows EZ will explore data relating to repeat placements in secure care, long-term placements, movement between secure care and the adult Justice system, gender balance and cross border placements including comparators.

**STARR Group** The secure care experienced
participation and advisory group met for the second time on 26 May. The core group now has 12 members with a diverse range in terms of gender and age, experience of secure care settings, justice and mental health/CAMHS and geographical representation. As the Group met on Saturday, there has not been time to produce a full report but Laura Beveridge (LB) presented key points of feedback including asks of the Board from Saturday’s meeting on behalf of Beth Logan the STARR Chair. The group had set an ambitious agenda to include further development of the STARR aims and objectives, discussion and review of the working Vision and Purpose Statements agreed by the Board on 17 April, and the initial draft national standards. STARR members also discussed and agreed confidentiality and safety and support was available should participants need it. There was not time to explore the draft standards although the STARR Group welcomed the development of these. The STARR Group also welcomed the Vision and Purpose statements overall and had a sophisticated and detailed discussion about interdependencies with other significant reviews and policy developments, and the questions for the Board mainly related to how the Vision would be implemented, and when and the relationship between these reviews. (See STARR slides)

STARR’s Chair and group members hope that the work of the Board and work streams can be driven and informed by those with care experience, moving towards meaningful partnership with the Strategic Board.

LB highlighted:

- Children’s rights must drive the work of the Board, including recognition of Article 39 rights and their importance. We need to consider issues from the young person’s perspective and think beyond current services
- A wider lack of understanding of secure care leads to stigmatisation
- Need for earlier interventions and support to avoid young people being locked up
- The need to do better for future generations
- The hope to create an Alumni/peer support networks for secure care experienced people
- The broad agreement for the vision with suggested changes around some of the

Action Point 1: Beth Logan to advise the Board at the July meeting if the members of STARR would like to present to the Board at the October meeting.
language

- Will the Board consider a partnership approach with the STARR group, possibly being invited to take an active part in future Board meetings, with the hope it may lead to a full Partnership and to STARR members becoming Board members?
- STARR members are hoping to meet Donald Henderson and Fiona Duncan as Chairs of the Secure Care Strategic Board and the Independent Care Review respectively.

The following points and questions were raised in the discussion which followed:

- The extent to which the board is redesigning secure care, or applying itself to a broader task in relation to the wider care of young people;
- The risks in extending the remit of the Board, so that extends into the territory of the Independent Care Review;
- The need for sufficient clarity on what we mean by ‘edges of secure care’;
- The need to ensure that our engagement with young people with care experience is not taken to be formal consultation, and judicially reviewable on those terms; and
- that this further careful consideration should be given to how the Board and the STARR Group should work together

The STARR group had discussed alternative language and definitions, with a suggestion that secure care could be renamed as Intensive Support Services or Intensive Care Services.

Summing up the discussion, the Chair noted that the Board’s task is to explore redesign of secure care, but in order to do that effectively it needed to consider the care pathway/experience before and after a secure care placement (‘the shoulders’ of secure care). The Board welcomed the opportunity to engage more fully with the STARR group, and invited the secretariat to prepare their participation in a session at one of the Board’s autumn meetings, so that the Group can present their further work and join the Board in discussion of other issues. In light of that session and the preparation for it, further consideration can be given to the nature of further partnership discussions between the Board and the STARR group.

Action Point 2 – Donald Henderson to further consider the request from the STARR group to partnership approach between the Board the STARR group and how that would work in practice.
STARR group.

**Standards and Pathways**

Neil Hunter (NH) spoke to Paper 2 which had been prepared by the chair of this group, Andy Sloan. NH acknowledged the work undertaken by (AS) and (AG) and that this alongside the considerable work produced at each of the work shop style meetings which the work stream has held, has got the group to a good point in starting the draft of standards. NH commented on the inclusive approach which has been taken to the work and outlined how the work stream’s starting point was young people’s calls for action mapped against the existing standards and expectations of the secure care journey. The work stream can evidence each stage of the development of the very initial draft working document which looks at the journey before, during and after a secure placement. There is still considerable work to do particularly in relation to the ‘after/moving forward’ section of the document. NH referred back to the earlier discussion about the ‘edges’ of secure care and how the work stream had been very aware throughout that the standards need to address this, particularly picking up on the responsibilities of all Corporate Parents and being mindful of the longer term Vision.

The strength of the standards will be that they are developed in partnership with children, young people, adults with lived experience and all of the partners who are involved. So as set out in Andy’s paper, the next stage is to work with young people and STARR over the summer and to begin to map out how best to engage and involve those partners including the Care Inspectorate, Education Scotland, Social Work Scotland, the NHS/CAMHS with people with lived experience as our scrutinizers.

The paper had asked for clarity on the governance aspects of the next stages of development – at what point would the Board wish to consider the drafts in detail and at what point do decisions need to be made about the breadth of consultation given that these standards will become ‘annexed’ to the National Health and Social Care Standards? Who will own the standards the board, Care Inspectorate, or Scottish Ministers?

**Action Point 3** – The work stream to circulate the draft standards to the Board and STARR group by end August 2018

JO’D asked that COSLA leaders are sighted on the
draft at the same time as Ministers and are invited to give their thoughts on the process. DH agreed to this request. This led to further discussion about the ‘edges of secure care’ which the work stream has been describing using the language of ‘intensive community support’. There are significant strategic implications from this, which include for example the arrangements and resources in place currently to meet the needs of young people who require such ‘intensive community support’; equity of access to CAMHS and secure care ‘screening’ arrangements. Board members discussed these implications including the lack of mechanism currently to scrutinize so called ‘alternatives to secure care’ and localised variance and responses.

**Vision, Purpose and Strategy**

Boyd McAdam (BMc) Chair of the Vision and Purpose work stream spoke to Paper 3, which was a note to the Board outlining the key points of discussion at the most recent work stream meeting. Picking up the feedback from STARR members and the earlier discussion about ‘ownership’ of the Vision, BMcA emphasised the importance of clarity and achieving a shared language. Other members of the work stream acknowledged that the recent meeting had been tense at points due to the range of views and perspectives in the room, but that these difficult conversations need to be had. What is emerging is a consensus that the ambitious and aspirational longer term Vision alone is not sufficient and may indeed have unintended consequences unless commitments and actions for the First and Second ‘Horizon’ are clearly described and taken forward. The Board was asked if there was a need to set out a vision statement for each horizon to ensure there was clarity of expectation.

Some Board members revisited the discussion which took place at the April Board meeting and at the work stream meeting, with secure care services expressing a concern that they are ‘excluded’ from the Vision and secure care is not mentioned, and others urging that the focus should be on responses to children and young people and models of care, rather than on specific or current services.

Following discussion it was agreed it would not be helpful to narrow thinking by being overly prescriptive against each horizon as it may hinder the speed of change. The Board agreed that there is

| Action Point 4 – Donald Henderson to ensure COSLA leaders are sighted on the draft standards at the same time as Ministers once the work reaches that stage. |
| Action Point 5 – BMc and AG to draft the narrative to further |
though a need for a strong narrative and context to support the vision, and to provide clarity on each horizon.

DH reminded the Board that without limiting ambition; the first horizon must focus on the next procurement round. JW noted the procurement timetable and said it was vital Scotland Excel had a clear direction from the Board and purchasers. The vision and the standards will be key when drafting the invitation to tender.

Closing this discussion the board was reminded that the 3 horizons could span anything from 2 – 30 years and changes would likely require legislative change. There is a definite need for secure services at this time however they will develop and change overtime.

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| Claire Lightowler, Lorraine Johnstone and Kate Black presented a paper to the Board (See Paper 4). Lorraine Johnstone (LJ) gave an overview of the IVY project, which was established to meet an identified gap in provision for young people where there are concerns about actual and/or risks of serious harm to others. The IVY project provides a neutral, independent space for referrers and professionals and undertakes risk assessments and on occasion treatment interventions, all of which are developmentally informed and bridge the gap between medical/trauma/risk approaches. Over its five years of work, considerable skills and knowledge base have been built up, and evaluation of the project demonstrated how valued IVY is by those who have referred. LJ highlighted examples where children would have ‘slipped through the net’ and not received a service had it not been for the IVY project.

Examples of the positive impact of IVY were shared, but CL and LJ also outlined how there were difficulties with the model due to the variance of approach of local areas, for example the management of significant risk where IVY identified needs and made recommendations which local authorities or the young person’s CAMHS were not in a position to meet. Following the presentation, there was wide support for IVY from Board members. There was also concern about the gap it would leave and how young people and their families will be supported where IVY is currently

support and explain the vision and purpose linking to the 3 horizons. This for consideration at the next Vision and Purpose work stream and then to the Board
working with them. CYCJ have stated that the service will end on 31 March 2019. Board members are seeking clarity on the transition plan. Board members queried if IVY is currently responding to young people who are not being offered help through CAMHS, will the fall of this service impact on secure care with a rise in Scottish referrals?

This led to a wider debate around CAMHS criteria and CAMHS refusing a service as young people are deemed not to “have a mental health issue”. LJ agreed and emphasised that many of these young people are badly traumatised not ill.

Key points of Board discussion:
- A clear transition plan is required to ensure that the risks associated with IVY closure are mitigated and that young people who require treatment and support receive this
- There are clear implications from IVY closure in relation to at least two of the Mental Health 10 year strategy Action Points

The NHS has a key role and steps must be taken to ensure that there are better integrated Health/Care responses to the very extreme vulnerabilities and risks associated with the young people referred to IVY: the NHS has a duty of care as well as local authorities. Some Board members expressed considerable concern. Now this has been brought to the attention of the board it is incumbent on the Board to see a copy of the transition plan and to ensure that if there is an opportunity to look at options for this is delivered.

DH stressed Scottish Government had not withdrawn funding for IVY the funds were still there. The project had reached the decision it was not sustainable in its current form. The project was never meant to sit with the University of Strathclyde indefinitely

| 5. July Meeting |
|-----------------|-----------------|
| **Action Point 6 –** The NHS has a responsibility to provide at least an equal service to young people in and on the edges of secure care as those in the community. This Board must make efforts to ensure they are held to account. |
| **Action Point 7 -** LJ and CL to discuss this further and to draft a paper setting out future options and detail of the IVY transition plan. |
| **Action Point 8 –** J O’D to Liaise with SWS/local authorities to ensure that each area is clear about the transition plan for any young person currently involved with IVY |
The Board agreed this to be a less formal meeting marking the halfway point. It is an opportunity to invite the Chairs and other key members of the work streams and will allow the Board and work stream members to communicate and ensure everyone is up to speed, takes account of the work completed so far and is involved in planning for the next meetings, working towards drafting the report to Ministers by early December 2018.

It would be helpful if Board members confirm their attendance or pass their apologies to DC by 30 June 2018.

6. **Review of the meeting.**
DH thanked everyone for attending and for their contribution to the meeting. DH suggested the July meeting was a good opportunity for key stakeholders to come together to share what has happened since the board first met in October 2017 and to think ahead to the report and implications in terms of timescales for the Board.
It is anticipated the draft note of today’s meeting will with all the action points will be circulated by Monday 11 July 2018.

7. **Date of Next Meeting** Friday, 27 July 2018 to be held at **Scottish Government, Victoria Quay, Edinburgh.** St Mary’s had kindly offered to host the meeting but given the potential numbers we have decided to hold the meeting at VQ. The board will take up St Mary’s offer later in the year.