

## SCOTTISH GOVERNMENT RETURN GRAMPIAN ADHD PATHWAY

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<b>Submitted to:</b>	Redacted NHS Grampian, Business Support Officer, Public Health
<b>Date:</b>	14.09.2020
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<b>Consultation:</b>	Redacted, Moray HSCP; Redacted, City HSCP; Redacted, Aberdeenshire HSCP, Redacted NHS Grampian, Clinical Director MHL D.
<b>CC:</b>	Redacted NHS Grampian, SRO Grampian-wide MHL D Review

<b>Q1</b>	<b>Can adults with suspected ADHD in NHS Grampian access ADHD assessment and, if diagnosed, medication and ongoing care where appropriate?</b>
	Yes, the GP can now refer directly to the Specialist CMHT as set out in Grampian-wide GP Guidelines for ADHD. The Guidelines were submitted to the SPSO and accepted before implementation across Grampian area.

<b>Q2</b>	<b>Can adults with a private diagnosis transfer their care to the NHS with an NHS-based specialist if agreed through a specialist consultation?</b>
	Yes, if the referral met the referral criteria as set out in the Grampian-wide GP Guidelines fir ADHD.

<b>Q3</b>	<b>Can adults with a private diagnosis who wish to continue working with a private specialist arrange a Shared Care Agreement with their local GP to prescribe medication on behalf of a private specialist?</b>
	Yes, if the referral met the criteria set out in the Grampian-wide GP Guidelines as the GP prescribes with the supervision and support of a Specialist Service.

<b>Q4</b>	<b>Can adults who have <i>already</i> agreed with an NHS specialist to access their ongoing medication and care, i.e. annual medication reviews, on the NHS <i>with a different Scottish NHS trust</i> continue this care with NHS Grampian should they relocate to an area served by NHS Grampian?</b>
	Yes, the patient care should transfer as with any other condition.

<b>Q5</b>	<b>If a patient has been denied assessment for suspected adult ADHD by NHS Grampian after a referral from a GP, and has subsequently pursued a private</b>
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	<p><b>assessment and where appropriate, medication through a private prescription, is there any recourse to address this with NHS Grampian considering the SPSO’s finding that: “The Board’s approach in Mr C’s case and adult ADHD assessments in general was unreasonable.” “Adults presenting with symptoms suggestive of ADHD should be assessed appropriately, taking into account the relevant clinical guidance” (SPSO Report no. 201805931, October, 2019)?</b></p>
	<p>Yes, if they meet the criteria as set out in Grampian-wide GP Guidelines for ADHD and all individual cases are reviewed against this criteria and guidelines.</p>

<p><b>Q6</b></p>	<p><b>General update on the Grampian-wide Review on MHLD</b></p>
	<p>The Grampian-wide Framework for Mental Health and Learning Disabilities (MHLD) was approved by Aberdeen City Integrated Joint Board (IJB) in March 2020 and Moray IJB in April 2020. As a result of the need to focus on an emergency response to the Coronavirus, Aberdeenshire IJB now plan to reconsider the Grampian-wide Strategic Framework at the next scheduled meeting in November 2020.</p> <p>Since April 2020, the emergency response to the Coronavirus Pandemic and associated remobilisation planning has been managed by the Operation Home First Grampian-wide Strategic Huddle for MHLD.</p> <p>The Grampian-wide Transformation Board for MHLD will be re-established as of the 24<sup>th</sup> of November 2020 and report on progress to the respective IJB Boards and NHSG Board in December 2020.</p>