

From: <Redacted> NHS Grampian
Sent: 15 September 2020 08:23
To: <Redacted>SG Policy officer
Cc: <Redacted> NHS Grampian
Subject: RE: Adult ADHD services in NHS Grampian.
Attachments: 20200914 Response to SG ADHD -Final V1.1.docx

Good morning <Redacted>

Please see the attached provided response. I should also be able to share with you the Grampian-wide GP guidelines for ADHD this morning.

Kind regards,

<Redacted> NHS Grampian

<Redacted> NHS Grampian Business Support Officer
Business Support
Public Health
NHS Grampian
<Redacted>
Summerfield House

<Redacted> NHS Grampian



From: <Redacted>SG Policy officer
Sent: 15 September 2020 08:01
To: <Redacted> NHS Grampian
Subject: RE: Adult ADHD services in NHS Grampian.


Hi <Redacted> NHS Grampian

Further to the email chain below, I would be grateful for a response to allow me to respond to the correspondence.

Many thanks.

<Redacted>SG Policy officer

Policy Manager for Autism
Dementia, Autism and Learning Disabilities Team, Mental Health Directorate, Scottish
Government, <Redacted>, St Andrew's House, Regent Road, Edinburgh EH1 3DG

 <Redacted>



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<Redacted>

From: <Redacted>SG Policy officer

To: <Redacted> NHS Grampian

Sent: 03 September 2020 11:39

Subject: RE: Adult ADHD services in NHS Grampian.

A response by Monday 14 September would be helpful.

Thanks

<Redacted>SG Policy officer

From: <Redacted> NHS Grampian

Sent: 03 September 2020 11:33

To: <Redacted>SG Policy officer

Subject: RE: Adult ADHD services in NHS Grampian.

Hi <Redacted>SG Policy officer,

Can I double check if there is a deadline for a response?

Kind regards,

<Redacted> NHS Grampian

<Redacted> NHS Grampian

Public Health

NHS Grampian

<Redacted>

Summerfield House

Tel: <Redacted>

Email: <Redacted>



From: <Redacted>SG Policy officer

Sent: 03 September 2020 11:27

To: <Redacted> NHS Grampian

Cc: <Redacted> NHS Grampian,

Subject: RE: Adult ADHD services in NHS Grampian.

Many thanks

<Redacted>SG Policy officer

From: <Redacted>NHS Grampian
Sent: 03 September 2020 11:24
To: <Redacted> SG policy officer
Cc: <Redacted>NHS Grampian
Subject: RE: Adult ADHD services in NHS Grampian.

Hi : <Redacted> SG policy officer,

Thank you for your email, I have shared with colleagues within the MHLDS service for a response to be provided.

I'll share the response with you when I can.

Kind regards,
<Redacted> NHS Grampian

<Redacted> NHS Grampian
Business Support Officer
Business Support
Public Health
NHS Grampian
<Redacted>
Summerfield House

Tel: <Redacted> NHS Grampian
Email: <Redacted> NHS Grampian



From: <Redacted> SG Policy officer
Sent: 02 September 2020 14:05
To: <Redacted> NHS Grampian
Cc: <Redacted> NHS Grampian, <Redacted> SG
Subject: RE: Adult ADHD services in NHS Grampian.

<Redacted> SG

Hoping you can help.

Following the very helpful email chain last August, I am now dealing with a further query from a correspondent regarding ADHD services in NHS Grampian. They specifically ask:

Since our most recent correspondence, I note that the Scottish Public Services Ombudsman has taken action to investigate the 'ban' on assessment and treatment of adults with suspected ADHD. With reference to the SPSO report no. 201805931 dated October 2019 (attached), NHS Grampian agreed to the following based on the SPSO's findings:

"The Board told us that until they complete their strategic review, they have put in place interim measures to ensure that patients, presenting with ADHD, will be assessed on a case-by-case basis."

Please would you be able to confirm the following:

- *Adults with suspected ADHD in NHS Grampian can access ADHD assessment and, if diagnosed, medication and ongoing care where appropriate*
- *Adults with a private diagnosis can transfer their care to the NHS with an NHS-based specialist if agreed through a specialist consultation*
- *Adults with a private diagnosis who wish to continue working with a private specialist can arrange a Shared Care Agreement with their local GP to prescribe medication on behalf of a private specialist*
- *Adults who have already agreed with an NHS specialist to access their ongoing medication and care, i.e. annual medication reviews, on the NHS with a different Scottish NHS trust will continue this care with NHS Grampian should they relocate to an area served by NHS Grampian*

I also would like to address the following:

If a patient has been denied assessment for suspected adult ADHD by NHS Grampian after a referral from a GP, and has subsequently pursued a private assessment and where appropriate, medication through a private prescription, is there any recourse to address this with NHS Grampian considering the SPSO's finding that:

"The Board's approach in Mr C's case and adult ADHD assessments in general was unreasonable."

"Adults presenting with symptoms suggestive of ADHD should be assessed appropriately, taking into account the relevant clinical guidance"

(SPSO Report no. 201805931, October, 2019)

I would be grateful for an update on the situation in NHS Grampian so I can respond to the email.

Please let me know if you need anything else.

<Redacted>

Policy Manager for Autism

Dementia, Autism and Learning Disabilities Team, Mental Health Directorate, Scottish Government, <Redacted> St Andrew's House, Regent Road, Edinburgh EH1 3DG



<Redacted>



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<Redacted>

From <Redacted> (NHS GRAMPIAN) <Redacted>

Sent: 26 August 2019 13:25

To: <Redacted>SG Policy officer

Subject: RE: Adult ADHD services in NHS Grampian.

Sent on behalf of <Redacted> SG Policy officer

Dear <Redacted> SG Policy officer,

Please accept my delay in providing a response, I sought the most up-to-date position from the team leading the strategic development. The response provided is as below.

I can confirm that work has progressed on the Grampian-wide strategic plan for sustainable services across Mental Health and Learning Disabilities. This is currently out for consultation until the end of August, and will be subject to approval by IJBs thereafter, reflective of the parallel aim to fully delegate MHL D services.

A key proposal within the draft strategic plan is to form a Grampian-wide Transformation Board for MHL D, for which there is strong clinical support, and which will be key to identifying addressing strategic imperatives ahead as equitably as possible.

There have been recent discussions between the three HSCP Chief Officers in Grampian and specialist services to discuss options for enhancing service provision for this patient group. There is a high degree of willingness among clinical teams to address any gaps in service in this regard. These discussions have included a focus on novel work within the Moray partnership area to develop a clinical pathway with Primary Care and specialist services in order to effectively assess and treat adults with ADHD. It is thought at this stage that this work provides scope to be used as a 'test of change' within the rest of Grampian.

Arrangements have yet to be put in place to support a wider testing of this approach across the rest of Grampian, and further updates can be provided in the next 3-6 months.

Regards,

<Redacted>

<Redacted>

Director of Public Health
NHS Grampian

From: <Redacted> (NHS GRAMPIAN)
Sent: 16 August 2019 11:20
To: <Redacted> to Scottish Government
Subject: RE: Adult ADHD services in NHS Grampian.

Dear <Redacted>

Many thanks for your email below. I am currently in the process of seeking updates from the Leads in this area of work and will get back to you as soon as possible.

Regards

<Redacted>
Director of Public Health
NHS Grampian

From: <Redacted>
Sent: 08 August 2019 09:46
To: <Redacted> (NHS GRAMPIAN)
Cc: <Redacted> (NHS GRAMPIAN)
Subject: Adult ADHD services in NHS Grampian.

<Redacted>
With reference to your letter of 25th April 2019 in regards to correspondence between NHS Grampian and Clare Haughey MSP, Minister for Mental Health.

You mentioned that your sustainability plan for adult ADHD services; which formed part of your wider strategic review of Mental Health and Learning Disability (MHL) services, would be available Summer 2019.

Are you able to advise if the sustainability plan is ready to be shared?

I look forward to your reply

Yours sincerely

<Redacted>

<Redacted> | Policy Officer | Scottish Government | Directorate for Mental Health | Adult Mental Health Division | <Redacted>, St Andrews House, Regent Road, Edinburgh, EH1 3DG | Tel: <Redacted> | Email: <Redacted>