

Mon 24/04/2023 17:53
[Redacted - s.38(1)(b)]

CMO submission - Updated Gender Reassignment Protocol Proposed Next Steps

To: Chief Medical Officer

Cc: DG Health & Social Care; Deputy Chief Medical Officers; Leitch J (Jason); Director of Population Health; [Redacted - s.38(1)(b)]; Nicholson J (John); O'Connor N (Niamh); [Redacted - s.38(1)(b)]; Gender Identity and Healthcare Access; [Redacted - s.38(1)(b)]; [Redacted - s.38(1)(b)]; [Redacted - s.38(1)(b)]; Hutchison D (David) (Special Adviser); Campbell J (Jeanette) (Special Adviser)

CMO office,

Please find attached a note for the CMO asking that he provide his view on the proposal outlined in the paper and based on the view of officials, clinical advisors and his own feedback.

The paper proposes that officials respond to the updated 2012 Gender Reassignment Protocol for Scotland Pathway for Trans Healthcare documents as submitted to his office by NHS National Services Scotland National Services Division (NSD) on 22 December 2022 (attached) and arrange an initial meeting with NSD to agree next steps.

With best wishes,
[Redacted - s.38(1)(b)]

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[Redacted - s.38(1)(b)] | Health Improvement Division | Scottish Government [Redacted - s.38(1)(b)]

Health Improvement's three top tips for wellbeing at work:

1. 50-minute meetings with 10 mins breaks between
2. Take a lunch break and walk
3. Regular 1:1s with wellbeing check-ins

From: [Redacted – s.38(1)(b)]
Directorate of Population Health
24 April 2023

Chief Medical Officer for Scotland

NHS SCOTLAND PATHWAY FOR TRANS HEALTHCARE – SUMMARY AND NEXT STEPS

Priority

1. Routine.

Recommendation

[Redacted – s.30(b)(i)]

Context and Issues

3. In July 2021, following advice from officials and a 2020 commitment from the former Cabinet Secretary for Health and Sport **Annex B**, you issued a letter to the National Gender Identity Clinical Network for Scotland (NGICNS), requesting that the Network complete a review and update of the 2012 Gender Reassignment Protocol for Scotland (GRP). An updated clinical protocol was requested to be returned to CMO office for summer 2022. [Redacted – s.30(b)(i)]

[Redacted – s.30(b)(i)]

Considerations and Recommendations

[Redacted – s.30(b)(i)]

Quality Assurance

27. This note has been approved by Niamh O'Connor, Deputy Director, Directorate of Population Health

Conclusions and Next Steps

[Redacted – s.30(b)(i)]

[Redacted – s.38(1)(b)]
Directorate of Population Health

Officials Copy List

Caroline Lamb, DG Health and Social Care DCMO, Nicola Steedman Jason Leitch, National Clinical Director

Officials Copy List

Director of Population Health
[Redacted – s.38(1)(b)]
DDs, formerly Health Improvement
Division
[Redacted – s.38(1)(b)]
Davie Hutchison, SpAd
Jeanette Campbell, SpAd

ANNEX A

[Redacted – s.30(b)(i)]

ANNEX B

[Redacted – s.(25)(1)]

ANNEX C

[Redacted – s.30(b)(i)]

ANNEX D

[Redacted – s.30(b)(i)]

Mon 24/04/2023 17:55

Hutchison D (David) (Special Adviser)

RE: CMO submission - Updated Gender Reassignment Protocol Proposed Next Steps

To: [Redacted - s.38(1)(b)]; Chief Medical Officer

Cc: DG Health & Social Care; Deputy Chief Medical Officers; Leitch J (Jason); Director of Population Health; [Redacted - s.38(1)(b)]; Nicholson J (John); O'Connor N (Niamh); [Redacted - s.38(1)(b)]; Gender Identity and Healthcare Access; [Redacted - s.38(1)(b)]; [Redacted - s.38(1)(b)]; [Redacted - s.38(1)(b)]; Campbell J (Jeanette) (Special Adviser); Gollan J (Jennie); Corbett GN (Gavin)

Could you keep my colleagues Jennie Gollan and Gavin Corbett included on the copylist going forward.

Thanks

D

From: [Redacted - s.38(1)(b)]

Sent: 24 April 2023 17:53

To: Chief Medical Officer

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[Redacted - s.38(1)(b)] | Health Improvement Division | Scottish Government [Redacted - s.38(1)(b)]

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Wed 17/05/2023 13:19

[Redacted - s.38(1)(b)]

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CMO office,

Apologies for chasing but has the CMO had a chance to consider the proposal outlined in this paper? [Redacted – s. 30(b)i]

I've removed SpAds from this email but have added comms colleagues who've been involved in discussions with NSD.

Our team is very happy to provide any further information if helpful.

With best wishes,
[Redacted - s.38(1)(b)]

[Redacted - s.38(1)(b)]

Population Health Strategy and Improvement Division | Scottish Government | St Andrew's House | Regent Road | Edinburgh | EH1 3DG

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Fri 19/05/2023 00:43

Chief Medical Officer

RE: CMO submission - Updated Gender Reassignment Protocol Proposed Next Steps

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Thanks [Redacted - s.38(1)(b)],

Apologies for the delay in responding to you about this. There was a lot of reading here in amongst everything else and it certainly wasn't DCMO's lack of trying to bring it forward to my attention.

Ultimately, however, for my interests I'm happy with the proposal and for you to proceed with the recommendation.

Professor Sir Gregor Smith
Chief Medical Officer for Scotland
Honorary Professor University of Glasgow
Twitter: @DrGregorSmith

From: [Redacted - s.38(1)(b)]

Sent: 24 April 2023 17:53

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Fri 23/12/2022 14:59

Steedman N (Nicola) (DCMO)

FW: NHS Scotland Pathway for Trans Healthcare

To: [Redacted - s.38(1)(b)]; [Redacted - s.38(1)(b)]

Cc: Deputy Chief Medical Officers

[Redacted - s.38(1)(b)], [Redacted - s.38(1)(b)] -I presume you will have already received these, but just in case not...

CMO considering these of course.

With warm regards,

Nicola.

Professor Nicola Steedman

*Deputy Chief Medical Officer, Scottish Government
Honorary Professor, Glasgow Caledonian University*

[Redacted - s.38(1)(b)]

[Redacted - s.38(1)(b)]

From: [Redacted - s.38(1)(b)] on Behalf Of Chief Medical Officer
Sent: 20 December 2022 15:28
To: Deputy Chief Medical Officer
Subject: FW: NHS Scotland Pathway for Trans Healthcare

For Nicola's awareness please.

Redacted - s.38(1)(b)]

From: [Redacted - s.38(1)(b)]
Sent: 20 December 2022 14:29
To: Chief Medical Officer
Cc: [Redacted - s.38(1)(b)]; [Redacted - s.38(1)(b)]
Subject: NHS Scotland Pathway for Trans Healthcare

Dear colleagues,

Please find attached the outcome of the work you requested NHS National Services Scotland to undertake to refresh the previous Gender Reassignment Protocol. This was undertaken with the

support of a wide group of professionals and those with lived experience in this area, independently chaired by Miles Mack.

I have attached:

- An updated document now titled the NHS Scotland Pathway for Trans Healthcare
- Further information resources with examples of good practice that may be useful to make available to those looking to implement the Pathway in due course
- Suggestions for further action that arose from the discussions within the group are provided for your consideration, though it is recognised that this was out with the scope of the work you requested

I hope you find these resources helpful. If you have any queries or I can be of any further assistance with this please don't hesitate to be in touch.

Best wishes,

[Redacted - s.38(1)(b)]

[Redacted - s.38(1)(b)]

[Redacted - s.38(1)(b)]

National Specialist and Screening Services (NSD)

NHS National Services Scotland

[Redacted - s.38(1)(b)]

[Redacted - s.38(1)(b)]

[Redacted - s.38(1)(b)]

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