

## FOI - 202300367252 – Emails

### EMAIL 1

**From:** [Redacted: s.38 (1)(b)]  
**Sent:** 12 April 2023 14:13  
**To:** 'Lucky Saraswat (NHS Grampian)' <lucky.saraswat@nhs.scot>  
**Cc:** [Redacted: s.38 (1)(b)] @gov.scot>  
**Subject:** RE: Endometriosis Advisory Group - Endo Pathway as Agenda Item

Hi Lucky,

That's great, thank you.

Kind regards,

[Redacted: s.38 (1)(b)]

**From:** Lucky Saraswat (NHS Grampian) <lucky.saraswat@nhs.scot>  
**Sent:** 12 April 2023 11:03  
**To:** [Redacted: s.38 (1)(b)] @gov.scot>  
**Cc:** [Redacted: s.38 (1)(b)] @gov.scot>  
**Subject:** Re: Endometriosis Advisory Group - Endo Pathway as Agenda Item

Happy to talk about the new pathway

L

Sent from my iPhone

On 12 Apr 2023, at 10:57, [Redacted: s.38 (1)(b)] @gov.scot wrote:

Good morning Lucky,

I hope you are well.

We are hoping to arrange an Endometriosis Advisory Group meeting in the near future and we are currently considering agenda items for this. We wondered if you would be content to take on an agenda item to discuss the new endometriosis pathway with the group?

Grateful for you thoughts.

Kind regards,

[Redacted: s.38 (1)(b)]

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[Redacted: s.38 (1)(b)] | **Clinical Priorities | DG Health and Social Care**

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### EMAIL 2

**From:** [Redacted: s.38 (1)(b)] @gov.scot>  
**Sent:** 12 April 2023 14:39  
**To:** [Redacted: s.38 (1)(b)] @gov.scot>; [Redacted: s.38 (1)(b)] @gov.scot>  
**Subject:** Endo Advisory Group - Agenda Ideas

Hi [Redacted: s.38 (1)(b)]

Lucky has agreed to take an agenda item at the next EAG so I've put a suggested agenda below. Our 2 points are based on recent work and points raised at the recent forum meeting. I feel like 4 items would be enough for this meeting as I would hope we would get significant contribution on each point.

- Endo pathway discussion – Lucky (15 Mins)
- Outcomes of Lived Experience Interviews and discussion – SG (15 mins)
- How the centres are currently working/ Pathways between tertiary and secondary care – SG (20 mins)
- AOB (10 mins)

Grateful for thoughts.

Kind regards,  
[Redacted: s.38 (1)(b)]

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[Redacted: s.38 (1)(b)] **Clinical Priorities | DG Health and Social Care**

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### **EMAIL 3**

**From:** [Redacted: s.38 (1)(b)] @gov.scot>  
**Sent:** Wednesday, June 28, 2023 4:19 PM  
**To:** [Redacted: s.38 (1)(b)] @gov.scot>  
**Subject:** EAG Workshop - Email to group

Hi [Redacted: s.38 (1)(b)],

It was good to catch up this morn.

I was just doing some work on the EAG workshop and I wondered if you might be able to have a quick look over the below email to the group to make sure I've captured what we spoke about this morning?

Grateful for thoughts.

Ta,  
[Redacted: s.38 (1)(b)]  
Good afternoon,

I hope this email finds you well.

We are hoping to arrange a time for everyone in the endometriosis advisory group to come together in late August – beginning of September for one hour.

I have created a doodle poll to get a sense of when might be the best time to arrange something. Link below:

[Redacted: s.38 (1)(b)]

For background, we have been working to deliver the actions in the Women's Health Plan and having been using a [Quality Improvement](#) (QI) method to consider the different actions. We are currently in the understanding systems part of the journey. We would like to use this session to explore ideas through this methodology.

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We would like to bring some of the areas they felt could be improved to this group to gain an understand from your point of view. We would really like to hear from you about what you think is working well in these areas and what improvements might look like for you.

We would like the session to be a workshop approach and we would provide a paper and access to a mural board before the session so that you are aware of what themes will be discussed throughout.

We would really like to hear from you all and hope that you are able to attend. Please do get in touch if you have any questions.

Kind regards,

[Redacted: s.38 (1)(b)]

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[Redacted: s.38 (1)(b)] | Clinical Priorities | DG Health and Social Care

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#### **EMAIL 4**

**From:** [Redacted: s.38 (1)(b)] @gov.scot>

**Sent:** 30 June 2023 08:32

**To:** [Redacted: s.38 (1)(b)] @gov.scot>

**Subject:** RE: Email to EAG

Looks good thanks

**From:** [Redacted: s.38 (1)(b)] @gov.scot>

**Sent:** Thursday, June 29, 2023 8:40 AM

**To:** [Redacted: s.38 (1)(b)] @gov.scot>

**Subject:** Email to EAG

Hi [Redacted: s.38 (1)(b)],

Hope you had a good day off.

I've ran past [Redacted: s.38 (1)(b)] and she was happy with the below – just wanted to check in with you before I sent out.

Ta,  
[Redacted: s.38 (1)(b)]  
Good afternoon,

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Kind regards,  
[Redacted: s.38 (1)(b)]

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## **EMAIL 5**

**From:** [Redacted: s.38 (1)(b)]  
**Sent:** 03 July 2023 11:46  
**To:** Stuart Stephen <Stuart.Stephen@gov.scot>  
**Subject:** RE: Quick Question - Service Managers

Hi Stuart,

Thanks very much for this, so helpful!

Yes, the topics we've chosen to discuss have been highlighted as areas that need improvement through our lived experience interviews.

I think you're probably right, makes more sense to switch the order. We're wanting to get a mix of pre and post op. One section really focussing on getting the diagnosis and the other focussing on follow up care plans after surgery and confirmed diagnosis.

We have specialist nurses on the group but I think we could do with overall having a few extra people to input but we've just found it really difficult to get people to engage. I'm hoping to send out some more emails across the board and hopefully have a better representation.

Your points about the systems in place is really helpful and I'll make sure to include that, thank you!

Thanks again,

[Redacted: s.38 (1)(b)]

**From:** Stuart Stephen <Stuart.Stephen@gov.scot>

**Sent:** 03 July 2023 10:23

**To:** [Redacted: s.38 (1)(b)] @gov.scot>

**Subject:** RE: QuickQuestion - Service Managers

Hi [Redacted: s.38 (1)(b)]

The document looks good with a clear plan for what you are expecting. Just a few comments.

I assume pre and post op care/advice of patients following laparoscopy is something that has been flagged as being inconsistent or is part of a wider improvement plan? I was just wondering where this area of focus come from?

I wondered if the two questions would be better the other way round. If I am reading this right you are asking for advice given post procedure in the first bullet point and in the second the interactions between primary, secondary care etc at consultation stage? Is the pre or post op consultation?

I'm assuming you have nurse advisors on the workshop too? The service managers may not know exactly what advice is given to patient pre and post procedure. I suppose if they know the questions prior to the work shop then they can find out if they don't already know.

All of these questions fall in to service improvement so fine to put to service managers in my opinion.

You have made some reference to this in the second bullet point but I wonder if you specifically ask what interactions are made between primary/secondary/tertiary care and importantly what systems are used for transferring of information. This has always been a bit of a sticking point and I can imagine would generate a lot of discussion. It is getting better but the IT systems do not always align very well in different care settings.

Happy to discuss and hope this helps a bit.

Kind regards

**Stuart Stephen**

**National Implementation Lead – Pain Management**

Clinical Priorities

Planning and Quality Division

*Email – stuart.stephen@gov.scot*

*Mob - [Redacted: s.38 (1)(b)]*

**From:** [Redacted: s.38 (1)(b)] @gov.scot>

**Sent:** Friday, June 30, 2023 11:00 AM

**To:** Stuart Stephen <Stuart.Stephen@gov.scot>

**Subject:** Quick Question - Service Managers

Hi Stuart,

I was wondering if I could pick your brain on a workshop I'm drafting.

The workshops for our advisory group and the group has a few service managers on it. I've attached a rough plan of what we're hoping to get from it and I wondered as someone who's been a service manager before if this would be something they would input into or if there's any questions we should be asking which would target their interests more?

Grateful for any thoughts.

Ta,

[Redacted: s.38 (1)(b)]

## **EMAIL 6**

**From:** [Redacted: s.38 (1)(b)]

**Sent:** 03 July 2023 15:24

**To:** Lucky Saraswat (NHS Grampian) <lucky.saraswat@nhs.scot>; Andrew Horne

<Andrew.Horne@ed.ac.uk>; [Redacted: s.38 (1)(b)] @ggc.scot.nhs.uk>; [Redacted: s.38 (1)(b)]

@ggc.scot.nhs.uk>; Spinks, Craig <Craig.Spinks@ggc.scot.nhs.uk>; [Redacted: s.38 (1)(b)]

@nhslothian.scot.nhs.uk>; [Redacted: s.38 (1)(b)] @nhslothian.scot.nhs.uk>; [Redacted: s.38 (1)(b)]

@nhslothian.scot.nhs.uk>; WHITAKER Lucy <lwhitaker@ed.ac.uk>; Priscilla Fernandez

<priscilla.fernandez@ed.ac.uk>; [Redacted: s.38 (1)(b)] @nhs.scot>; [Redacted:

S.38(1)(b)]@nhslothian.scot.nhs.uk>; Hellewell, Jane <Jane.Hellewell@nhslothian.scot.nhs.uk>;  
[Redacted: S.38(1)(b)]@ggc.scot.nhs.uk  
**Cc:** [Redacted: s.38 (1)(b)] @gov.scot>  
**Subject:** Endometriosis Advisory Group - August Meeting - Ask for Availability

Good afternoon,

I hope this email finds you well.

We are hoping to arrange a time for everyone in the endometriosis advisory group to come together in late August.

I have created a doodle poll to get a sense of when might be the best time to arrange something. Link below:  
[Redacted: s.38 (1)(b)]

For background, we have been working to deliver the actions in the Women's Health Plan and having been using a [Quality Improvement](#) (QI) approach to consider the different actions. We are currently in the understanding systems part of the journey. We would like to use this session to explore ideas through this methodology.

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We would really like to hear from you all and hope that you are able to attend. Please do get in touch if you have any questions.

If there is anyone you think would like to attend this session that isn't currently in the copy list please do let me know.

Kind regards,

[Redacted: s.38 (1)(b)]

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[Redacted: s.38 (1)(b)] r | **Clinical Priorities | DG Health and Social Care**

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*She/Her*

## **EMAIL 7**

**From:** [Redacted: s.38 (1)(b)]

**Sent:** 05 July 2023 14:46

**To:** Hellewell, Jane <Jane.Hellewell@nhslothian.scot.nhs.uk>  
**Subject:** RE: Endometriosis Advisory Group - August Meeting - Ask for Availability

Hi Jane,

Many thanks for letting me know, I'll forward on to Mia.

Kind regards,

[Redacted: s.38 (1)(b)]

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[Redacted: s.38 (1)(b)] | **Clinical Priorities | DG Health and Social Care**

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**From:** Hellewell, Jane <Jane.Hellewell@nhslothian.scot.nhs.uk>  
**Sent:** 05 July 2023 10:58  
**To:** [Redacted: s.38 (1)(b)] @gov.scot>  
**Subject:** Re: Endometriosis Advisory Group - August Meeting - Ask for Availability

Hi Rachel.

I am no longer the clinical nurse specialist for endometriosis and pelvic pain in NHS Lothian. My colleague Mia Jiang has taken over from me. You may want to include her in this group. Her email address is mia.jiang@nhslothian.scot.nhs.uk.

Best wishes

Jane

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**From:** [Redacted: s.38 (1)(b)] @gov.scot>  
**Sent:** Monday, July 3, 2023 3:23 PM  
**To:** Lucky Saraswat (NHS Grampian) <lucky.saraswat@nhs.scot>; HORNE Andrew <Andrew.Horne@ed.ac.uk>; [Redacted: s.38 (1)(b)] @ggc.scot.nhs.uk>; [Redacted: s.38 (1)(b)] @ggc.scot.nhs.uk>; Spinks, Craig <Craig.Spinks@ggc.scot.nhs.uk>; [Redacted: s.38 (1)(b)] @nhslothian.scot.nhs.uk>; [Redacted: s.38 (1)(b)] nhslothian.scot.nhs.uk>; [Redacted: s.38 (1)(b)] nhslothian.scot.nhs.uk>; WHITAKER Lucy <lwhitake@ed.ac.uk>; Priscilla Fernandez <priscilla.fernandez@ed.ac.uk>; [Redacted: s.38 (1)(b)] @nhs.scot>; [Redacted: s.38 (1)(b)] @nhslothian.scot.nhs.uk>; Hellewell, Jane <Jane.Hellewell@nhslothian.scot.nhs.uk>; [Redacted: s.38 (1)(b)] @ggc.scot.nhs.uk>  
**Cc:** <[Redacted: s.38 (1)(b)] @gov.scot>  
**Subject:** Endometriosis Advisory Group - August Meeting - Ask for Availability

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Kind regards,

[Redacted: s.38 (1)(b)] \_\_\_\_\_

[Redacted: s.38 (1)(b)] | **Clinical Priorities | DG Health and Social Care**

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## **EMAIL 7**

**From:** [Redacted: s.38 (1)(b)]

**Sent:** 05 July 2023 14:48

**To:** mia.jiang@nhslothian.scot.nhs.uk

**Subject:** FW: Endometriosis Advisory Group - August Meeting - Ask for Availability

Hi Mia,

I hope this email finds you well.

Jane Hellewell passed on your contact details and suggested in your new role as specialist endometriosis nurse you may be interested in the below.

Happy to have a chat if helpful.

Kind regards,

[Redacted: s.38 (1)(b)]

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[Redacted: s.38 (1)(b)] **Clinical Priorities | DG Health and Social Care**

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She/Her

**From:** [Redacted: s.38 (1)(b)]

**Sent:** 03 July 2023 15:24

**To:** Lucky Saraswat (NHS Grampian) <lucky.saraswat@nhs.scot>; Andrew Horne <Andrew.Horne@ed.ac.uk>; [Redacted: s.38 (1)(b)] @ggc.scot.nhs.uk>; [Redacted: s.38 (1)(b)] @ggc.scot.nhs.uk>; Spinks, Craig <Craig.Spinks@ggc.scot.nhs.uk>; [Redacted: s.38 (1)(b)] @nhslothian.scot.nhs.uk>; [Redacted: s.38 (1)(b)] nhslothian.scot.nhs.uk[Redacted: s.38 (1)(b)]>; @nhslothian.scot.nhs.uk>; WHITAKER Lucy <lwhitake@ed.ac.uk>; Priscilla Fernandez <priscilla.fernandez@ed.ac.uk>; [Redacted: s.38 (1)(b)] @nhs.scot [Redacted: s.38 (1)(b)] @nhslothian.scot.nhs.uk; Hellewell, Jane <Jane.Hellewell@nhslothian.scot.nhs.uk>; [Redacted: s.38 (1)(b)] @ggc.scot.nhs.uk>

**Cc:** [Redacted: s.38 (1)(b)] @gov.scot>

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If there is anyone you think would like to attend this session that isn't currently in the copy list please do let me know.

Kind regards,

[Redacted: s.38 (1)(b)]

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[Redacted: s.38 (1)(b)] | **Clinical Priorities | DG Health and Social Care**

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She/Her

## **EMAIL 8**

**From:** [Redacted: s.38 (1)(b)]

**Sent:** 18 July 2023 11:19

**To:** 'Lucky Saraswat (NHS Grampian)' <lucky.saraswat@nhs.scot>; 'Andrew Horne' <Andrew.Horne@ed.ac.uk>; [Redacted: s.38 (1)(b)] @ggc.scot.nhs.uk>; [Redacted: s.38 (1)(b)] @ggc.scot.nhs.uk>; 'Spinks, Craig' <Craig.Spinks@ggc.scot.nhs.uk>; [Redacted: s.38 (1)(b)] @nhslothian.scot.nhs.uk>; [Redacted: s.38 (1)(b)] @nhslothian.scot.nhs.uk>; [Redacted: s.38 (1)(b)] @nhslothian.scot.nhs.uk>; 'WHITAKER Lucy' <lwhitake@ed.ac.uk>; 'Priscilla Fernandez' <priscilla.fernandez@ed.ac.uk>; [Redacted: s.38 (1)(b)]@nhs.scot>; [Redacted: s.38 (1)(b)] @nhslothian.scot.nhs.uk>; 'Hellewell, Jane' <Jane.Hellewell@nhslothian.scot.nhs.uk>; [Redacted: s.38 (1)(b)] @ggc.scot.nhs.uk>

**Subject:** FW: Endometriosis Advisory Group - August Meeting - Ask for Availability

Good morning,

I hope you are well.

With thanks to those who have already filled out the endometriosis advisory group doodle poll, I'm just sending a gentle reminder for those who have not yet had the chance to fill it out. We would be grateful if you are able to fill out the doodle poll by the end of the week, if possible.

We would be really grateful to hear from you all.

Kind regards,

[Redacted: s.38 (1)(b)]

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St Andrews House | Edinburgh  
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**From:** [Redacted: s.38 (1)(b)]

**Sent:** 03 July 2023 15:24

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