

Attachment 3 – FOI – 202300360662

The following data is published online as supplementary tables to the Scottish Household Survey 2021 (and 2020). The sample size for the minority ethnic group is too small to allow statistical comparisons. [Supporting documents - Scottish Household Survey 2021 - telephone survey: key findings - gov.scot \(www.gov.scot\)](#)

Participation in physical activity and sport (in past 4 weeks) by ethnicity, 2021							
For the purposes of the analysis presented in this table, 'White: Other' includes Irish, Gypsy/Traveller, Polish and other white ethnic groups and 'Minority ethnic groups' includes mixed or multiple, Asian, African, Caribbean or Black, Arab or any other ethnic groups							
Answer	White: Scottish	White: Other British	White: Other	Minority Ethnic Groups	Don't know	Refused	All
Walking (at least 30 minutes for recreational purposes)	78%	82%	84%	75%	[u]	[u]	79%
Swimming	11%	13%	13%	10%	[u]	[u]	11%
Football	7%	3%	5%	4%	[u]	[u]	6%
Cycling (at least 30 minutes for recreational, health, training or competition purposes)	14%	19%	24%	17%	[u]	[u]	15%
Keep Fit /Aerobics	15%	16%	13%	25%	[u]	[u]	15%
Multigym use / Weight Training	14%	12%	19%	19%	[u]	[u]	14%
Golf	7%	7%	3%	1%	[u]	[u]	6%
Running / jogging	14%	17%	19%	20%	[u]	[u]	15%
Snooker / Billiards / Pool	3%	2%	3%	2%	[u]	[u]	2%
Dancing	7%	6%	12%	15%	[u]	[u]	8%
Bowls	1%	1%	1%	1%	[u]	[u]	1%

Other	14%	18%	24%	20%	[u]	[u]	16%
None of these	16%	13%	9%	12%	[u]	[u]	15%
Any including walking	84%	87%	91%	88%	[u]	[u]	85%
Any excluding walking	55%	59%	65%	63%	[u]	[u]	56%
Base	6,510	1,810	490	210	10	10	9,030

Participation in physical activity and sport by ethnicity 2020 [note 2]						
All cells refer to column percentages, apart from the base values in the final row.						
The base values are the subsample sizes. We have calculated all percentages using weighted data, but the bases shown give the unweighted counts, rounded to the nearest 10.						
Where base values are lower than 50, the percentages have been suppressed.						
The percentages are rounded to the nearest whole number.						
Some shorthand is used in this table, [u] = suppressed value.						
Answer	White: Scottish	White: Other British	White: Other	Minority Ethnic Groups	Refused	All
Walking (at least 30 minutes for recreational purposes)	81%	87%	92%	73%	[u]	82%
Swimming	1%	3%	1%	0%	[u]	2%
Football	3%	1%	0%	10%	[u]	3%
Cycling (at least 30 minutes for recreational, health, training or competition purposes)	12%	14%	17%	17%	[u]	13%
Keep Fit /Aerobics	15%	16%	17%	26%	[u]	16%
Multigym use / Weight Training	8%	9%	9%	7%	[u]	8%
Golf	4%	4%	0%	0%	[u]	3%
Running / jogging	15%	17%	32%	24%	[u]	17%
Snooker / Billiards / Pool	0%	1%	0%	0%	[u]	0%
Dancing	5%	5%	11%	5%	[u]	6%

Bowls	0%	0%	0%	0%	[u]	0%
Other	8%	15%	12%	9%	[u]	10%
None of these	15%	11%	7%	16%	[u]	14%
Any including walking	85%	89%	93%	84%	[u]	86%
Any excluding walking	42%	50%	60%	50%	[u]	44%
Base	2100	490	120	70	0	2790