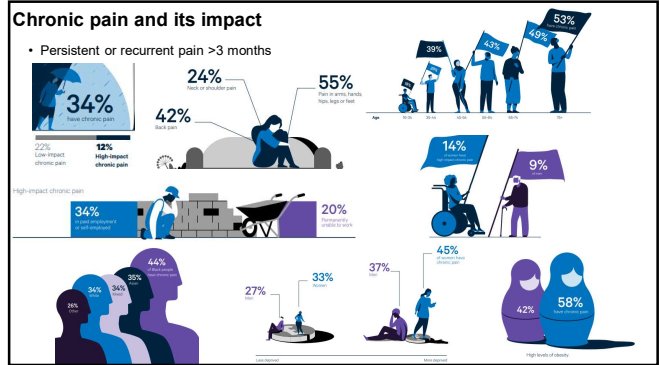


# Framework for Pain Management

REDACTED Senior Policy Lead

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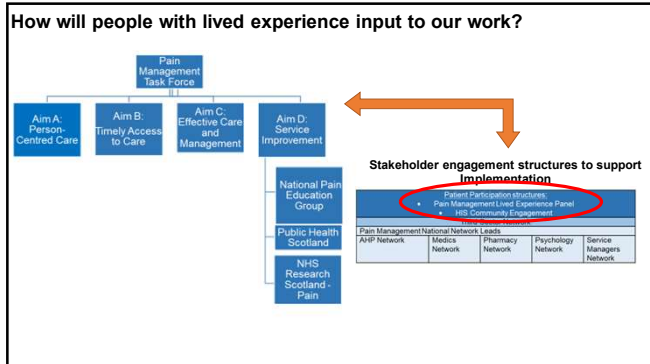


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### What are we delivering?

<b>Aim A</b> Person-Centred Care	<b>Commitments</b> Improve quality and access to information on chronic pain Develop a more knowledgeable and compassionate health and care workforce for people with chronic pain Improve access to community based support for people with chronic pain	<b>Actions</b> 1. Establish a national expert working group to oversee coordination and development of chronic pain information and resources 2. Enhance quality and access to chronic pain information on NHS Inform 3. Establish a Chronic Pain Knowledge Hub for health and care professionals 4. Develop a Pain Informed Care toolkit for health and care professionals 5. Convene a network of community and third-sector support for chronic pain
<b>Aim B</b> Access to Care	<b>Commitments</b> Improve planning and delivery of local services and support for people with chronic pain Improve access to specialist pain management support Develop new access options for pain services	<b>Actions</b> 6. Convene a national expert working group to identify and scale-up improvements in pain service planning and delivery 7. Identify local barriers, opportunities and priorities from users of chronic pain services 8. Establish a Pain Service Managers Network to improve coordination and planning of specialist pain services 9. Carry out a review of highly specialised pain services to enhance nationwide delivery of pain management 10. Deliver a new digital approach to improve the choice of how people with chronic pain engage with services
<b>Aim C</b> Safe, effective support	<b>Commitments</b> Better quality, more consistent care for people with chronic pain Safer use of medications for people with chronic pain More sustainable specialist services for people with chronic pain	<b>Actions</b> 11. Update clinical guidelines for management of chronic pain to deliver evidence-based care and support 12. Promote safer, more effective prescribing for people with chronic pain 13. Deliver a national approach to specialist interventions for chronic pain
<b>Aim D</b> Improve services and care	<b>Commitments</b> Promote healthcare knowledge and skills on chronic pain Improve the use of data for better services and support for people with chronic pain Promote pain research and innovation in services	<b>Actions</b> 14. Establish a national multidisciplinary Pain Education Group 15. Deliver new pain management training pathways for specialist and non-specialist healthcare professionals 16. Work with Public Health Scotland to improve capture and reporting national data on pain management services 17. Gather data through the Scottish Health Survey to improve the planning and delivery of local support for people with chronic pain 18. Identify shared research priorities across the pain community to enhance care and services

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### Aims and objectives of lived experience engagement

#### 1) Pain Panel - Focused and targeted engagement to deliver change

- Aims to hear from broader range and seldom-heard voices with a focus on reflecting the diversity of Scotland's chronic pain communities
- Commission independent agency to recruit and manage a panel of people with chronic pain
- Areas and topics for input will be set by the Working Groups around the Framework aims and commitments and will report back on impacts

#### 2) HIS Gathering Views - Local priorities for pain service improvement

- Aims to identify local barriers and opportunities for improvement
- Commission Healthcare Improvement Scotland (HIS) Gathering Views exercise
- Participants in every Health Board area to provide feedback on key issues which could impact implementation of the Framework.
- Participants will include people living with chronic pain and also carers
- Outputs will inform national and local approaches to implementation

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### Outputs required

- 1) A **panel of people with chronic pain** which reflects the diversity of experience across Scotland
- 2) A **clear and robust approach to engage the panel members** on key questions/ issues related to implementation of the Actions set out in the pain Framework
- 3) A **report from the panel's discussions** that can be used to inform the approach and prioritisation of the Scottish Government Task Force and Working Groups delivering the Framework Actions
- 4) TLB participation in a **review of the project** once Phase 1 has been delivered to reflect opportunities, challenges etc to consider before proceeding to Phase 2

#### Key SG dates

- **June 22 onwards:** Meetings of the Pain Task Force
- **Aug 22:** First meetings of Working Group delivering Framework Actions
- **Sep/Oct 22:** Government-led debate on the Pain Framework
- **Summer 23:** First year report

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