

Internal emails about meeting on 6th May

1.1 – Draft email to working group exchange

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 30 April 2021 13:57
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Email to MHWG

Thanks [redacted – S38(1)(b)] – yes this is fine – all depends on [redacted – S38(1)(b)] being content too.

If you send her this and the paper together for consideration – could you copy in [redacted – S38(1)(b)] and [redacted – S38(1)(b)] too.

Cheers

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 30 April 2021 13:52
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: Email to MHWG

Hi [redacted – S38(1)(b)]

Suggested email to the MHWG below – is it ok like that rather than putting it into a formal agenda given it's just a couple of items?

Thanks,
[redacted – S38(1)(b)]

Hi all,

Please find attached an overview of the Whole School Approach Framework for discussion at the Mental Health in Schools working group next week. The Framework will be circulated the following week for comment.

[Embedded document appended at end of file – Embedded document A]

Thank you to everyone who was able to provide feedback on the online learning resource. We will provide an update on this at the meeting. If time permits, we may also get the opportunity to discuss the future work plan of the group.

You can join the meeting via this Teams link which can also be found in the calendar invite.

Have a good weekend when it comes.

Thanks,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit| Scottish Government Area
2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

1.2 – Draft minutes cleared

From: [redacted – S38(1)(b)]@gov.scot>

Sent: 13 May 2021 15:31

To: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>

Subject: RE: Mental Health in Schools Working Group - Minutes - 6 May

Thanks [redacted – S38(1)(b)]

Happy with these. They could go to the group with the draft WSA tomorrow, if possible?

From: [redacted – S38(1)(b)]@gov.scot>

Sent: 13 May 2021 14:25

To: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>

Subject: Mental Health in Schools Working Group - Minutes - 6 May 2021 (002)

Hi [redacted – S38(1)(b)]

Made a small tweak (in tracked changes) to the attached minutes on the back of [redacted – S38(1)(b)] email.

[redacted - S25 – Information available at <https://www.gov.scot/groups/mental-health-in-schools-working-group/>]

Thanks

[redacted – S38(1)(b)]

1.3 – Summary of meeting and forward work plan

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 01 June 2021 14:20
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: MH in Schools Working Group 14 June

Thank you

This all looks really good.

The next meeting is on the 14th – so we will need to issue papers next week.

Where are you at with the WSA document and amending the text?

From: [redacted – S38(1)(b)]
Sent: 26 May 2021 14:08
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: MH in Schools Working Group 14 June

Hello,

I've made the additions marked to the Forward work plan paper: *[Final version of embedded document appended at end of file – Embedded document D]* There's one bit I've marked for [redacted – S38(1)(b)] to double-check when she is back from leave.

[redacted – S38(1)(b)], please do let me know if you'd like anything further added or changed; very happy to make any changes.

I've attached the info sent by [redacted – S38(1)(b)] for handiness, but I just did a high-level overview in the paper otherwise it would get quite long. Happy to add more detail.

And added the Evaluation paper to eRDM: *[Final version of embedded document appended at end of file – Embedded document E]*

I also started the Agenda here: *[Final version of embedded document appended at end of file – Embedded document C]*

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Policy Manager | Health and Wellbeing in Schools Team | Support and Wellbeing Unit | Scottish Government | [redacted – S38(1)(b)] | Victoria Quay, Edinburgh, EH6 6QQ

From: [redacted – S38(1)(b)]
Sent: 25 May 2021 17:07
To: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>
Subject: RE: MH in Schools Working Group

Hi [redacted – S38(1)(b)], thanks very much for this.

[redacted – S38(1)(b)] and I had discussed this last week and [redacted – S38(1)(b)] had shared the info she had got back from [redacted – S38(1)(b)] on other ongoing work/groups, sorry I didn't manage to get anything shared before I went on leave! I'll pick this up tomorrow.

[redacted – S38(1)(b)] also noted that papers would go out on Monday 7 June, so I'll work towards that with [redacted – S38(1)(b)]/my leave in mind so that it's covered.

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Policy Manager | Health and Wellbeing in Schools Team | Support and Wellbeing Unit | Scottish Government | T [redacted – S38(1)(b)] | Victoria Quay, Edinburgh, EH6 6QQ

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 24 May 2021 16:27
To: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>
Subject: RE: MH in Schools Working Group

Hi both

I've made a start on the Forward Work Plan paper for the group – have highlighted areas for additional material in addition to the areas I set out below.

[Embedded document appended at end of file – Embedded document D]

I've also attached a paper on the evaluation of the online resource (thanks for your earlier comments [redacted – S38(1)(b)]) – which can go to the group with the next set of papers.

Hope this is helpful – cheers

[redacted – S38(1)(b)]

From: [redacted – S38(1)(b)]
Sent: 06 May 2021 12:19
To: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>
Subject: MH in Schools Working Group

Hi both

Cheers and happy to discuss further if helpful

[redacted – S38(1)(b)]

[redacted – S38(1)(b)]

Team Leader – Health & Wellbeing in Schools

Tel: [redacted – S38(1)(b)]

COVID-19 - I'm working from home at present, please bear with me if I don't respond to your email or call immediately

1.4 – Draft email to MHWG for clearance

From: [redacted – S38(1)(b)]
Sent: 14 May 2021 10:54
To: [redacted – S38(1)(b)]gov.scot>
Subject: RE: Draft MHWG email

Hello [redacted – S38(1)(b)], thanks very much for this, I agree with you that it's better to have the WSA up front as that is what we really need folk to read, so I've changed the order on that.

I added some very minor changes in purple. I think that we should be clear that we are asking for comments on the minutes, so I've suggested something in purple but feel free to put whatever line you would usually put when asking for comments on minutes. If you usually ask for comments on minutes by a certain date, I would do that here as it will be a familiar request to them.

Thanks very much!
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Policy Manager | Health and Wellbeing in Schools Team | Support and Wellbeing Unit | Scottish Government | T [redacted – S38(1)(b)]
Victoria Quay, Edinburgh, EH6 6QQ

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 14 May 2021 10:22
To: [redacted – S38(1)(b)]@gov.scot>
Subject: Draft MHWG email

Hi [redacted – S38(1)(b)]

Would you mind having a look over the draft email below please?

I hope the WSA won't get lost with having the minutes up front? I also didn't want to put a deadline for commenting on the minutes / providing logs as people might get mixed up with that and the WSA. Please feel free to edit or switch things around to make it look better!

Thanks,
[redacted – S38(1)(b)]

Hi all,

Thank you for coming along to the Mental Health in Schools Working Group last week.

With a big thanks to [redacted – S38(1)(b)] and [redacted – S38(1)(b)], please find attached the Whole School Approach Framework for comment. I would be grateful for responses by close of play Wednesday 19 May. Apologies for the tight deadline – please let me know if this presents any problems for you.

[redacted – S27(1)]

As mentioned at the meeting, the foreword will be signed by the [redacted – S38(1)(b)] as Chair of the working group, and we proposed that members' organisation logos would be included in the document. If you are content with this, I would be grateful if you could send me your organisation's logo.

Finally, please find attached a note of the meeting last week. Please let me know if you have any comments on this.

[redacted - S25 – Information available at <https://www.gov.scot/groups/mental-health-in-schools-working-group/>]

Please get in touch if you would like to discuss any of the above.

Hope you all have a lovely weekend.

Best wishes,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

S38(1)(b)]@gov.scot>

Subject: RE: CYP Mental Health Groups & Actions

Thank you very much for the information below [redacted – S38(1)(b)], that's really helpful.

Can I just check no one else on the email chain is aware of any other CYP MH groups running?

Thanks,

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit| Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

From: [redacted – S38(1)(b)]@gov.scot>

Sent: 10 May 2021 10:10

To: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>

Cc: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>

Subject: RE: CYP Mental Health Groups & Actions

Hi [redacted – S38(1)(b)]

The Children and Young People's Mental Health and Wellbeing Joint Delivery Board is now up and running and I have attached a copy of the 8 deliverables that have been agreed by the Minister for Mental Health and COSLA leaders. These deliverables are being taken forward as Task and Finish Groups. [redacted – S38(1)(b)]/[redacted – S38(1)(b)] are members of the JDB and [redacted – S38(1)(b)] has volunteered to be part of T&F group 3 – '*Support Mental Health pathways and services for vulnerable children and young people, aligned to the work of the Promise*'.

[redacted – S30(b)(ii)]

I have also attached a summary paper which provides more information about actions being taken forward within these groups.

[redacted – S30(b)(ii)]

Let me know if you require any further information on the work of the JDB.

Thanks

[redacted – S38(1)(b)]

[redacted – S38(1)(b)], Senior Policy Adviser, Children, Young People, Families and Relationships, Mental Health Directorate, Scottish Government

email: [redacted – S38(1)(b)]@gov.scot

mobile - [redacted – S38(1)(b)]

Working pattern: Monday - Thursday



From: [redacted – S38(1)(b)]@gov.scot>

Sent: 07 May 2021 16:10

To: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>

Cc: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>

Subject: CYP Mental Health Groups & Actions

Hi all,

Hope you're well.

The mental health in schools working group are considering their future work plan and remit. To avoid any duplication, we would like to establish what other CYP mental health groups are currently running and what actions they are taking forward.

I'd be grateful if you could send me a note of any groups/work you are aware of by close of play Friday 14 May.

Thank you,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Support and Wellbeing Unit | Scottish Government Area
2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]

1.6 – Request for document

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 26 May 2021 09:52
To: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: CYP Mental Health Groups & Actions

Hi [redacted – S38(1)(b)]

Apologies, not sure why that happened, hopefully this version opens OK.

[redacted – S30(b)(ii)]

Hope you are settling into the new role, there's a lot going on in that area that's for sure!

Let me know if you need anything further.

Thanks

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] (she/her), Senior Policy Adviser, Children, Young People, Families and Relationships, Mental Health Directorate, Scottish Government

email: [redacted – S38(1)(b)]@gov.scot

mobile - 07824 523088

Working pattern: Monday - Thursday



From: [redacted – S38(1)(b)]@gov.scot>
Sent: 26 May 2021 09:45
To: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: CYP Mental Health Groups & Actions

Hi [redacted – S38(1)(b)]

Hope you are keeping well.

Would it be possible for you to resend the summary paper on the actions being taken forward by the delivery groups? Really sorry, I can't get it to open.

Many thanks,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Policy Manager | Health and Wellbeing in Schools Team |
Support and Wellbeing Unit | Scottish Government | T [redacted – S38(1)(b)]
Victoria Quay, Edinburgh, EH6 6QQ

Internal emails about meeting on 14th June

2.1 – Preparation for meeting

From: [redacted – S38(1)(b)]@gov.scot>

Sent: 21 May 2021 14:19

To: [redacted – S38(1)(b)]@gov.scot>

Subject: Mental Health Working Group

Hi [redacted – S38(1)(b)]

The next MHWG is due to take place on Monday 14 June. Ideally we'd get papers out a week in advance which is only a couple of days after I return from leave so just wanted to flag up so it's on you and [redacted – S38(1)(b)] radar.

We said we would pull together a list of mental health groups and actions taking place so the group can consider their future remit at the June meeting. The attached email is all I got back from the mental health folks.

[attachment included at 1.5]

I can draft an agenda, chairs brief and any papers we might need when I'm back.

Thanks

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

2.2 – Preparation for meeting

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 04 June 2021 11:37
To: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>
Subject: RE: MH in Schools Working Group 14 June

Thank you [redacted – S38(1)(b)], this is all brilliant! I've started pulling together the email with papers to be issued next week.

I'll also make a start on a chairs note for [redacted – S38(1)(b)] but we have a wee bit more time to finalise that.

Thanks,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

From: [redacted – S38(1)(b)]
Sent: 02 June 2021 17:35
To: [redacted – S38(1)(b)]@gov.scot>
Subject: Handover

Hi [redacted – S38(1)(b)]

[redacted – not in scope]

I've sent a few bits and pieces to you over the last week, so thought it might be helpful to pull them into one email.

[redacted – not in scope]

2. MHWG – papers

[redacted – S38(1)(b)] I has done the forward look paper and I added some info – I added a note where it would be great if you could check the info and add anyone that I've missed please! Thank you 😊

[attachment included at 1.3]

I also did the agenda. I've added an 'update on WSA Framework' to the agenda after [redacted – S38(1)(b)] suggested in the email attached.

Once you've checked the bits marked on the forward look paper, please can you drop [redacted – S38(1)(b)] a note to say that you've checked the additions and see if he's content for them to issue next week? Thank you!

[redacted – not in scope]

Have a good weekend when it comes and speak to you on Monday.

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Policy Manager | Health and Wellbeing in Schools Team |
Support and Wellbeing Unit | Scottish Government | T [redacted – S38(1)(b)] |
Victoria Quay, Edinburgh, EH6 6QQ

2.3 – Draft forward work plan paper for June meeting

From: [redacted – S38(1)(b)]
Sent: 07 June 2021 12:39
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: MHWG - Forward work plan paper

Thanks [redacted – S38(1)(b)] ☐

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area**
2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 07 June 2021 11:18
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: MHWG - Forward work plan paper

Thanks [redacted – S38(1)(b)]

[redacted – not in scope]

I've noted a couple of amends in the paper and a couple of places to add some more info – otherwise, happy for this to go to [redacted – S38(1)(b)] for clearance, with the other papers, agenda etc

Cheers

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 07 June 2021 09:28
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: MHWG - Forward work plan paper

Morning [redacted – S38(1)(b)],

[redacted – not in scope]

Please see attached suggested final version of the forward work plan paper - *[Final version of embedded document appended at end of file – Embedded document D]*

Let me know if you have any comments.

Thanks,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] Support and Wellbeing Unit| Scottish Government Area
2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]

2.4 – Chairs note sent for clearance

From: [redacted – S38(1)(b)]
Sent: 10 June 2021 10:25
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: FW: Mental Health Working Group - Chairs Note - 14 June 2021

Thanks [redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T:** [redacted – S38(1)(b)]

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 10 June 2021 09:40
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: FW: Mental Health Working Group - Chairs Note - 14 June 2021

Thanks [redacted – S38(1)(b)]

A couple of comments attached.

Otherwise happy for this to go to [redacted – S38(1)(b)]

Cheers

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 09 June 2021 16:43
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: Mental Health Working Group - Chairs Note - 14 June 2021

Hi [redacted – S38(1)(b)]

Please see attached a chairs note for [redacted – S38(1)(b)]

[Final version of embedded document appended at end of file – Embedded document B]

Let me know if you have any comments.

Thanks,
[redacted – S38(1)(b)]

2.5 – Email exchange about draft minutes

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 21 June 2021 10:10
To: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Mental Health in Schools Working Group - Minutes - 14 June 2021

Hi [redacted – S38(1)(b)], further to below, I think it should be Scottish Youth Parliament rather than IYS who were being considered to be part of the group

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Policy Manager | Health and Wellbeing in Schools Team | Support and Wellbeing Unit | Scottish Government | T [redacted – S38(1)(b)] | Victoria Quay, Edinburgh, EH6 6QQ

From: [redacted – S38(1)(b)]
Sent: 21 June 2021 09:53
To: [redacted – S38(1)(b)]@gov.scot>
Subject: FW: Mental Health in Schools Working Group - Minutes - 14 June 2021

Good morning [redacted – S38(1)(b)]

Hope you had a good weekend too!

Thanks very much for this – some small comments, I thought it was a really good set of minutes and very clear.

When you send out the minutes, please can you include a line that the next meeting will be in August, and that you'll set that up in due course? Otherwise we might get a few questions about July.

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Policy Manager | Health and Wellbeing in Schools Team | Support and Wellbeing Unit | Scottish Government | T [redacted – S38(1)(b)] | Victoria Quay, Edinburgh, EH6 6QQ

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 21 June 2021 08:33
To: [redacted – S38(1)(b)]@gov.scot>
Subject: Mental Health in Schools Working Group - Minutes - 14 June 2021

Good morning [redacted – S38(1)(b)]

I hope you had a lovely weekend [redacted – not in scope]

Please see attached minutes from the MHWG last week. Let me know if you have any comments.

[redacted - S25 – Information available at <https://www.gov.scot/groups/mental-health-in-schools-working-group/>]

Thanks,

[redacted – S38(1)(b)]

2.5 – Minutes sent for final clearance

From: [redacted – S38(1)(b)]
Sent: 21 June 2021 16:53
To: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Mental Health in Schools Working Group - Minutes - 14 June 2021

Hi [redacted – S38(1)(b)]

Re issuing minutes tomorrow -- Comms have asked us to let the WG know about their tweet about the online resource, so that group members are ready to retweet if they wish.

Please can we include info about the tweet in the covering email tomorrow, where we announce publication and share the minutes?

We can pick this up first thing in the morning,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Policy Manager | Health and Wellbeing in Schools Team | Support and Wellbeing Unit | Scottish Government | T [redacted – S38(1)(b)] | Victoria Quay, Edinburgh, EH6 6QQ

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 21 June 2021 11:09
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Mental Health in Schools Working Group - Minutes - 14 June 2021

I would hold off issuing the minutes until tomorrow and then you can include a link to the news release ☐

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 21 June 2021 11:06
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Mental Health in Schools Working Group - Minutes - 14 June 2021

Thanks [redacted – S38(1)(b)]

I'll issue the minutes shortly. Should I mention anything about the resource or just hold off till tomorrow?

[redacted – S38(1)(b)] | Support and Wellbeing Unit | Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 21 June 2021 10:55
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: FW: Mental Health in Schools Working Group - Minutes - 14 June 2021

Thanks [redacted – S38(1)(b)]

A couple of thoughts in the attached

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 21 June 2021 10:48
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>
Subject: Mental Health in Schools Working Group - Minutes - 14 June 2021

Hi [redacted – S38(1)(b)]

Please see attached a note of the MHWG meeting.

[redacted - S25 – Information available at <https://www.gov.scot/groups/mental-health-in-schools-working-group/>]

Let me know if you have any comments.

Thanks,
[redacted – S38(1)(b)]

External emails with group members about the meetings on 6th May

3.1 – Meeting approach cleared with chair

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 04 May 2021 11:25
To: [redacted – S38(1)(b)]@north-ayrshire.gov.uk>
Cc: [redacted – S38(1)(b)]@cosla.gov.uk; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Whole School Approach Framework - Paper and approach for MHWG meeting

Thanks [redacted – S38(1)(b)]

Yes, [redacted – S38(1)(b)] and [redacted – S38(1)(b)] were happy with the suggested dates.

Best wishes,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T:** [redacted – S38(1)(b)]

From: [redacted – S38(1)(b)]@north-ayrshire.gov.uk>
Sent: 04 May 2021 11:12
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@cosla.gov.uk; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Whole School Approach Framework - Paper and approach for MHWG meeting

Hi [redacted – S38(1)(b)],

I think this can be a starter for discussion with the group. Are [redacted – S38(1)(b)] and [redacted – S38(1)(b)] ok with the dates you have indicated?

[redacted – S38(1)(b)]

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 30 April 2021 14:25
To: [redacted – S38(1)(b)]@north-ayrshire.gov.uk>
Cc: [redacted – S38(1)(b)]@cosla.gov.uk; [redacted – S38(1)(b)]@gov.scot; [redacted – S38(1)(b)]@gov.scot; [redacted – S38(1)(b)]@gov.scot
Subject: Whole School Approach Framework - Paper and approach for MHWG meeting

Hi [redacted – S38(1)(b)],

It was good to see you today.

We have pulled together an overview of the WSA framework which includes the self-evaluation framework and timeline of next steps for the MHWG. Please see the paper below along with suggested email to the group.

[Final version of embedded document appended at end of file – Embedded document A]

Can you let me know if you are content with the paper and approach for next week's meeting please?

Thank you,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit**| **Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

Hi all,

Please find attached an overview of the Whole School Approach Framework for discussion at the Mental Health in Schools working group next week. The Framework will be circulated the following week for comment.

Thank you to everyone who was able to provide feedback on the online learning resource. We will provide an update on this at the meeting. If time permits, we may also get the opportunity to discuss the future work plan of the group.

You can join the meeting via this Teams link which can also be found in the calendar invite.

Have a good weekend when it comes.

Thanks,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit**| **Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

3.2 – Apologies from member

From: [redacted – S38(1)(b)]
Sent: 04 May 2021 12:12
To: [redacted – S38(1)(b)]@eis.org.uk>
Subject: RE: Mental health in schools working group

No problem at all [redacted – S38(1)(b)], thanks for reminding me.

Best wishes
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area**
2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]

From: [redacted – S38(1)(b)]@eis.org.uk>
Sent: 04 May 2021 12:09
To: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Mental health in schools working group

Thanks, [redacted – S38(1)(b)]
Apologies again for the fact I will have to leave at 10.50.
[redacted – S38(1)(b)]

Get Outlook for Android

3.3 – Apologies from member

From: [redacted – S38(1)(b)]
Sent: 06 May 2021 08:48
To: [redacted – S38(1)(b)]r@phs.scot>
Subject: RE: tomorrow's meeting re Mental Health in Schools Working Group

Hi [redacted – S38(1)(b)]

Thanks for this, I will pass on your apologies.

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] Policy Manager | Health and Wellbeing in Schools Team | Support and Wellbeing Unit | Scottish Government | T [redacted – S38(1)(b)]| Victoria Quay, Edinburgh, EH6 6QQ

From: [redacted – S38(1)(b)]@phs.scot>
Sent: 05 May 2021 19:01
To: [redacted – S38(1)(b)]@gov.scot>
Subject: tomorrow's meeting re Mental Health in Schools Working Group

Hi [redacted – S38(1)(b)]

I have just sent a meeting decline to [redacted – S38(1)(b)] but got her OoO message indicating she is not back until 7 May so just in case my decline doesn't get picked up, sending on my apologies for tomorrow's meeting. Hope the discussion goes well and I shall pick up the threads with the meeting notes.

Best wishes

[redacted – S38(1)(b)]

[redacted – S38(1)(b)]

Organisational Lead – Public Mental Health
Public Health Scotland

Mobile: [redacted – S38(1)(b)]
E-mail: [redacted – S38(1)(b)]@phs.scot

3.4 – Apologies from member

From: [redacted – S38(1)(b)]
Sent: 04 May 2021 16:40
To: [redacted – S38(1)(b)]@NSPCC.org.uk>
Subject: RE: Mental health in schools working group

Hi [redacted – S38(1)(b)],

Of course, that's no problem at all.

And sorry that you're unable to attend – we are hoping to get regular meetings for the working group in the diary once this lot of work is complete.

Thanks,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] **Support and Wellbeing Unit| Scottish Government Area
2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

From: [redacted – S38(1)(b)]@NSPCC.org.uk>
Sent: 04 May 2021 16:28
To: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Mental health in schools working group

Hi [redacted – S38(1)(b)]

Unfortunately this falls on a rest day for me, would it be okay to send another Childline representative? I can sort it out and forward them the link.

Thanks,

[redacted – S38(1)(b)] (She/Her)
Childline Team Manager
Templeton House
62 Templeton Street
Glasgow G40 1DA

Direct Line: [redacted – S38(1)(b)]
Mobile: [redacted – S38(1)(b)]
Main Office: 0141 212 3878

3.5 – Apologies from member

From: [redacted – S38(1)(b)]
Sent: 12 April 2021 10:56
To: [redacted – S38(1)(b)]@supportinmindscotland.org.uk>
Subject: RE: Mental health in schools working group

Hi [redacted – S38(1)(b)]

Thanks for letting me know and I'm sorry you are unable to make it. We've had to organise the last few meetings on an ad-hoc basis due to the nature of the work. However, after the meeting in April we hope to look at the forward work plan of the group and will look at getting regular meetings in the calendar.

Best wishes,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

-----Original Appointment-----

From: [redacted – S38(1)(b)]@supportinmindscotland.org.uk>
Sent: 12 April 2021 10:04
To: [redacted – S38(1)(b)]
Subject: Declined: Mental Health in Schools Working Group
When: 06 May 2021 10:00-11:30 (UTC+00:00) Dublin, Edinburgh, Lisbon, London.
Where: Microsoft Teams Meeting

Hiya [redacted – S38(1)(b)]

My apologies that I am unable to attend this meeting due to a prior commitment. Do you generally have a fixed day and time for these meetings each month as I would like to be able to attend them regularly and could block off a diary slot.

Many thanks,
[redacted – S38(1)(b)]
[redacted – S38(1)(b)]
[Service Manager – Bloom/Your Resilience Scotland](#)
Mobile: [redacted – S38(1)(b)]
Email: [redacted – S38(1)(b)]@supportinmindscotland.org.uk

3.6 – Overview of meeting and note of apologies to chair

From: [redacted – S38(1)(b)]@gov.scot>

Sent: 06 May 2021 09:49

To: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@north-ayrshire.gov.uk>

Cc: [redacted – S38(1)(b)]@gov.scot>

Subject: RE: Mental Health in Schools Working Group - Meeting - 6 May

Hi [redacted – S38(1)(b)],

[redacted – S38(1)(b)] will be joining the meeting late and [redacted – S38(1)(b)] has to leave early.

Thanks,

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Support and Wellbeing Unit | Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]

From: [redacted – S38(1)(b)]@gov.scot>

Sent: 06 May 2021 09:22

To: [redacted – S38(1)(b)]@north-ayrshire.gov.uk>

Cc: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>

Subject: Mental Health in Schools Working Group - Meeting - 6 May

Good morning [redacted – S38(1)(b)],

Here is a short outline of the proposed approach to this morning's Mental Health in Schools Working Group meeting.

We have received apologies from [redacted – S38(1)(b)] for this morning's meeting.

[redacted – S38(1)(b)] will give an update on the online resource, and the group will have a discussion about the Whole School Approach outline paper – I have attached this above for convenience.

If there is time, discussion can be opened about the future of the group, for example if people want it to continue and what the focus should be.

Very best,

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Policy Manager | Health and Wellbeing in Schools Team | Support and Wellbeing Unit | Scottish Government | T [redacted – S38(1)(b)]
Victoria Quay, Edinburgh, EH6 6QQ

3.7 – Apologies from member

From: [redacted – S38(1)(b)]@cosla.gov.uk>

Sent: 06 May 2021 09:34

To: [redacted – S38(1)(b)]@gov.scot>

Subject: Re: Mental Health in Schools Working Group - Meeting - 6 May

Hi [redacted – S38(1)(b)],

I'm going to have a bit of a clash this am but will join you as soon as I can.

Apologies.

[redacted – S38(1)(b)]

3.8 – Email to group

From: [redacted – S38(1)(b)]@gov.scot>

Sent: 04 May 2021 11:53

To: [redacted – S38(1)(b)]@educationscotland.gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@supportinmindscotland.org.uk>; [redacted – S38(1)(b)]@north-ayrshire.gov.uk>; [redacted – S38(1)(b)]@childrensparliament.org.uk>; [redacted – S38(1)(b)]@voicetheunion.org.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@north-ayrshire.gov.uk>; [redacted – S38(1)(b)]@NSPCC.org.uk>; [redacted – S38(1)(b)]@seemescotland.org>; [redacted – S38(1)(b)]@cosla.gov.uk>; [redacted – S38(1)(b)]@sls-scotland.org.uk>; [redacted – S38(1)(b)]@samh.org.uk>; [redacted – S38(1)(b)]@mentalhealth.org.uk>; [redacted – S38(1)(b)]@NSPCC.org.uk>; [redacted – S38(1)(b)]@eis.org.uk>; [redacted – S38(1)(b)]@fife.gov.uk>; [redacted – S38(1)(b)]@barnardos.org.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@btconnect.com>; [redacted – S38(1)(b)]@edinburgh.gov.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@southlanarkshire.gov.uk [redacted – S38(1)(b)]@southlanarkshire.gov.uk>; [redacted – S38(1)(b)]@ahds.org.uk>; [redacted – S38(1)(b)]@phs.scot>; [redacted – S38(1)(b)]@eis.org.uk>; [redacted – S38(1)(b)]@mail.nasuwat.org.uk [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>
Subject: Mental Health in Schools Working Group - Meeting - 6 May

Hi all,

Please find attached an overview of the Whole School Approach Framework for discussion at the Mental Health in Schools working group on Thursday 6 May. The Framework will be circulated next week for comment.

[Final version of embedded document appended at end of file – Embedded document A]

Thank you to everyone who was able to provide feedback on the online learning resource. We will provide an update on this at the meeting. If time permits, we may also get the opportunity to discuss the future work plan of the group.

You can join the meeting via this Teams link which can also be found in the calendar invite.

Thanks,

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Support and Wellbeing Unit | Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]

3.9 – Minutes sent to group

From: [redacted – S38(1)(b)]@gov.scot>

Sent: 14 May 2021 11:35

To: [redacted – S38(1)(b)]@educationscotland.gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@supportinmindscotland.org.uk>; [redacted – S38(1)(b)]@north-ayrshire.gov.uk>; [redacted – S38(1)(b)]@childrensparliament.org.uk>; [redacted – S38(1)(b)]@voicetheunion.org.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@north-ayrshire.gov.uk>; [redacted – S38(1)(b)]@NSPCC.org.uk>; [redacted – S38(1)(b)]@seemescotland.org>; [redacted – S38(1)(b)]@cosla.gov.uk>; [redacted – S38(1)(b)]@sls-scotland.org.uk>; [redacted – S38(1)(b)]@samh.org.uk>; [redacted – S38(1)(b)]@mentalhealth.org.uk>; [redacted – S38(1)(b)]@NSPCC.org.uk>; [redacted – S38(1)(b)]@eis.org.uk>; [redacted – S38(1)(b)]@fife.gov.uk>; [redacted – S38(1)(b)]@barnardos.org.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@btconnect.com>; [redacted – S38(1)(b)]@edinburgh.gov.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@southlanarkshire.gov.uk [redacted – S38(1)(b)]@southlanarkshire.gov.uk>; [redacted – S38(1)(b)]@ahds.org.uk>; [redacted – S38(1)(b)]@phs.scot>; [redacted – S38(1)(b)]@eis.org.uk>; [redacted – S38(1)(b)]@mail.nasuwat.org.uk [redacted – S38(1)(b)]@gov.scot>

Cc: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>

Subject: Mental Health in Schools Working Group - Whole School Approach for comment

Hi all,

Thank you for coming along to the Mental Health in Schools Working Group last week.

With a big thanks to [redacted – S38(1)(b)] and [redacted – S38(1)(b)], please find attached the draft Whole School Approach Framework for comment. I would be grateful for responses by close of play Wednesday 19 May. Apologies for the tight deadline – please let me know if this presents any problems for you.

[redacted – S27(1)]

As mentioned at the meeting, the foreword will be signed by [redacted – S38(1)(b)] as Chair of the working group, and we proposed that members' organisation logos would be included in the document. If you are content with this, I would be grateful if you could send me your organisation's logo.

Finally, please find attached a note of the meeting last week. Please let me know if you have any comments.

[redacted – S25 – <https://www.gov.scot/groups/mental-health-in-schools-working-group/>]

Please get in touch if you would like to discuss any of the above.

Hope you all have a lovely weekend.

Best wishes,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area**
2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]

3.10 – Changes to minutes from member

From: [redacted – S38(1)(b)]@mail.nasuwt.org.uk>
Sent: 17 May 2021 10:51
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@nasuwt.org.uk>; [redacted – S38(1)(b)]@mail.nasuwt.org.uk>; [redacted – S38(1)(b)]@exec.nasuwt.org.uk>
Subject: Re: Mental Health in Schools Working Group - Whole School Approach for comment

Hi [redacted – S38(1)(b)]

Apologies, I should also have noted can you amend the previous minute as NASUWT were represented - our President [redacted – S38(1)(b)] was in attendance at the meeting.

Best wishes

[redacted – S38(1)(b)]

From: [redacted – S38(1)(b)]
Sent: 16 May 2021 14:46
To: [redacted – S38(1)(b)]@gov.scot
Cc: [redacted – S38(1)(b)]
Subject: Re: Mental Health in Schools Working Group - Whole School Approach for comment

[redacted – not in scope]

Best wishes

[redacted – S38(1)(b)]

3.11 – Changes to minutes from member

From: [redacted – S38(1)(b)]@eis.org.uk>

Sent: 18 May 2021 10:22

To: [redacted – S38(1)(b)]@gov.scot>

Subject: Re: Mental Health in Schools Working Group - Whole School Approach for comment

Hi, [redacted – S38(1)(b)]

I hope all is well with you.

A couple of comments on the Minutes -

I am not sure the third point in 2.2 is clear enough. I don't recall the crisis support point either (in fact I don't see that the document focuses at all on that). It would still make sense to me if there was a deletion of '(universal etc).....crisis support '. The third sector point would remain.

In 3.2 an additional aspect that was being checked was that all the materials in the resource were fully accessible by mobile phones.

Comments on the document will follow!

[redacted – S38(1)(b)]

Get Outlook for Android

External emails with group members about the meetings on 14th June

4.1 – Potential dates for meeting

From: [redacted – S38(1)(b)]@north-ayrshire.gov.uk>
Sent: 07 May 2021 11:15
To: [redacted – S38(1)(b)]n@gov.scot>
Subject: RE: Date for next MHWG meeting

Hi [redacted – S38(1)(b)],

Availability below:

14th June 14:00 – 15:30 - Yes
15th June 10:30 – 12:00 - Yes
16th June 10:30 – 12:00 - No
17th June 10:30 – 12:00 – No

Kind regards

[redacted – S38(1)(b)]

[redacted – S38(1)(b)]

Secretary to [redacted – S38(1)(b)], Head of Service (Education)

Communities and Education Directorate
Cunninghame House, Irvine KA12 8EE
Tel: [redacted – S38(1)(b)]
[redacted – S38(1)(b)]@north-ayrshire.gov.uk



From: [redacted – S38(1)(b)]@gov.scot <[redacted – S38(1)(b)]@gov.scot>
Sent: 07 May 2021 10:55
To: [redacted – S38(1)(b)]@north-ayrshire.gov.uk>; [redacted – S38(1)(b)]@north-ayrshire.gov.uk>
Subject: Date for next MHWG meeting

*** This email is from an EXTERNAL source. Please be cautious and evaluate before you click on links, open attachments, or provide credentials. ***

Hi [redacted – S38(1)(b)]

Can you let me know [redacted – S38(1)(b)] availability against the following dates please? □

14th June 14:00 – 15:30

15th June 10:30 – 12:00

16th June 10:30 – 12:00

17th June 10:30 – 12:00

Thanks,

[redacted – S38(1)(b)]

4.2 – Doodle Poll for meeting

From: [redacted – S38(1)(b)]

Sent: 07 May 2021 12:05

To: [redacted – S38(1)(b)]@educationscotland.gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@supportinmindscotland.org.uk>; [redacted – S38(1)(b)]@north-ayrshire.gov.uk>; [redacted – S38(1)(b)]@childrensparliament.org.uk>; [redacted – S38(1)(b)]@voicetheunion.org.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@north-ayrshire.gov.uk>; [redacted – S38(1)(b)]@NSPCC.org.uk>; [redacted – S38(1)(b)]@seemescotland.org>; [redacted – S38(1)(b)]@cosla.gov.uk>; [redacted – S38(1)(b)]@sls-scotland.org.uk>; [redacted – S38(1)(b)]@samh.org.uk>; [redacted – S38(1)(b)]@mentalhealth.org.uk>; [redacted – S38(1)(b)]@NSPCC.org.uk>; [redacted – S38(1)(b)]@eis.org.uk>; [redacted – S38(1)(b)]@fife.gov.uk>; [redacted – S38(1)(b)]@barnardos.org.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@btconnect.com>; [redacted – S38(1)(b)]@edinburgh.gov.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@southlanarkshire.gov.uk [redacted – S38(1)(b)]@southlanarkshire.gov.uk>; [redacted – S38(1)(b)]@ahds.org.uk>; [redacted – S38(1)(b)]@phs.scot>; [redacted – S38(1)(b)]@eis.org.uk>; [redacted – S38(1)(b)]@mail.nasuwat.org.uk [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>
Subject: Mental Health in Schools Working Group – Next meeting

Hi all,

Thank you to everyone who was able to attend the meeting yesterday. A note of the meeting will be circulated in due course.

I would be grateful if you could provide your availability via this Doodle Poll for the next meeting by close of play Wednesday 12 May.

Best wishes,

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] **Support and Wellbeing Unit | Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

4.3 – Papers cleared with chair

From: [redacted – S38(1)(b)]
Sent: 07 June 2021 15:51
To: [redacted – S38(1)(b)]@north-ayrshire.gov.uk>
Cc: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Mental Health in Schools Working Group meeting - 14 June - Papers for clearance

Thanks [redacted – S38(1)(b)] ☐

[redacted – S38(1)(b)] **Support and Wellbeing Unit| Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

From: [redacted – S38(1)(b)]@north-ayrshire.gov.uk>
Sent: 07 June 2021 15:26
To: [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Mental Health in Schools Working Group meeting - 14 June - Papers for clearance

Hi [redacted – S38(1)(b)]

Happy for these to be circulated.

[redacted – S38(1)(b)]

From: [redacted – S38(1)(b)]@gov.scot>
Sent: 07 June 2021 12:47
To: [redacted – S38(1)(b)]@north-ayrshire.gov.uk>
Cc: [redacted – S38(1)(b)]@gov.scot
Subject: Mental Health in Schools Working Group meeting - 14 June - Papers for clearance

Hi [redacted – S38(1)(b)]

I hope you're well.

Please find attached an agenda and papers for the MHWG meeting next week.

[redacted – S38(1)(b)] has cleared – I just wanted to check you are happy for them to be issued?

[Final version of embedded document appended at end of file – Embedded document C]

[Final version of embedded document appended at end of file – Embedded document D]

[Final version of embedded document appended at end of file – Embedded document E]

I will get a chairs note to you later in the week.

Thanks,

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] **Support and Wellbeing Unit| Scottish Government Area
2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

4.4 – Clarification on meeting invite

From: [redacted – S38(1)(b)]
Sent: 11 June 2021 10:59
To: [redacted – S38(1)(b)]@fife.gov.uk>
Subject: Re: Mental Health in Schools Working Group - Next meeting

Hi [redacted – S38(1)(b)]

That's strange as your name is on the calendar invite – I'll resend it to you and see if it works this time. Let me know if you don't receive anything in the next few minutes.

Thanks,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

From: [redacted – S38(1)(b)]@fife.gov.uk>
Sent: 11 June 2021 10:36
To: [redacted – S38(1)(b)]@gov.scot>
Subject: Re: Mental Health in Schools Working Group - Next meeting

Hi [redacted – S38(1)(b)], I don't seem to have a meeting in my tams calendar for next week re. the doodle poll you sent out. Have I missed anything?

[redacted – S38(1)(b)]

Lead Champion,

Our Minds Matter,

Rothesay House,

Glenrothes,

KY7 5PQ

Email: [redacted – S38(1)(b)]@fife.gov.uk **(currently working from home so please contact by email)**

Tel: [redacted – S38(1)(b)]

4.5 – Chair’s note

From: [redacted – S38(1)(b)]

Sent: 10 June 2021 10:29

To: [redacted – S38(1)(b)]@north-ayrshire.gov.uk>

Cc: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>

Subject: Mental Health in Schools Working Group meeting - 14 June – Chairs note

Hi [redacted – S38(1)(b)]

Please find attached a chairs note for Monday’s meeting.

[Final version of embedded document appended at end of file – Embedded document B]

Let me know if you would like a pre-meet.

Thanks,

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit**| **Scottish Government Area**
2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]

4.6 – Email from member regarding meeting

From: [redacted – S38(1)(b)]@gov.scot>

Sent: 02 June 2021 16:58

To: [redacted – S38(1)(b)]@educationscotland.gov.scot>; [redacted – S38(1)(b)]@gov.scot>

Cc: [redacted – S38(1)(b)]@gov.scot>

Subject: RE: MHWG

Hi [redacted – S38(1)(b)]

We're working through all the comments received and hope to present a next draft at the meeting on the 17th.

I may need to pick up with you some of the comments you provided – but I'll been reviewing the version with all the changes in that [redacted – S38(1)(b)] has worked on tomorrow ☐

All the best

[redacted – S38(1)(b)]

From: [redacted – S38(1)(b)]@educationscotland.gov.scot>

Sent: 02 June 2021 15:07

To: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>

Subject: MHWG

Hi [redacted – S38(1)(b)] – hope you are well ;-)

Unfortunately, I am not able to attend the next MHWG date on Monday 17th June as I will be interviewing.

Do you know if there will be an update relating to the new whole school guidance at that meeting? Just aware we had some comments relating to a few areas and would be good to either support edits from an education perspective or provide further comment?

Huge thanks in advance,

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | Senior Education Officer | [Education Scotland](#) | Foghlam Alba

Tel: [redacted – S38(1)(b)]

Address: The Optima, Robertson Street, Glasgow G2 8DU

Web: <https://education.gov.scot/>

Twitter: @ESInclusionTeam

@[redacted – S38(1)(b)]

4.7- Apologies from member

From: [redacted – S38(1)(b)]

Sent: 14 June 2021 07:47

To: [redacted – S38(1)(b)]@cosla.gov.uk>

Subject: RE: Mental Health in Schools working group

Thanks for letting me know [redacted – S38(1)(b)]

Best wishes,

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit| Scottish Government Area
2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

From: [redacted – S38(1)(b)]@cosla.gov.uk>

Sent: 11 June 2021 16:10

To: [redacted – S38(1)(b)]@gov.scot>

Subject: Mental Health in Schools working group

Hi [redacted – S38(1)(b)]

I'll be on leave on Monday. [redacted – S38(1)(b)]will join for COSLA

Kind regards,

[redacted – S38(1)(b)]

Policy Manager

COSLA

CONVENTION OF SCOTTISH LOCAL AUTHORITIES

Verity House

**19 Haymarket Yards
Edinburgh EH12 5BH**

Tel. [redacted – S38(1)(b)]

[redacted – S38(1)(b)]@cosla.gov.uk

Our Business Address is : COSLA, Verity House, 19 Haymarket Yards, Edinburgh,
EH12 5BH. t: +441314749200 w: <http://www.cosla.gov.uk>

4.8 - Apologies from member

From: [redacted – S38(1)(b)]
Sent: 14 June 2021 07:50
To: [redacted – S38(1)(b)]@phs.scot>
Subject: RE: Mental Health in Schools Working Group

Morning [redacted – S38(1)(b)]

No problem at all, thanks for letting me know. [redacted – not in scope]

Best wishes,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area**
2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]

From: [redacted – S38(1)(b)]@phs.scot>
Sent: 11 June 2021 17:55
To: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Mental Health in Schools Working Group

Hi [redacted – S38(1)(b)]

I was due to attend this but will need to send my apologies [redacted – not in scope]. Let me know if there is anything I need to follow up on or anything I can help with.

Cheers
[redacted – S38(1)(b)]

4.9 - Apologies from member

From: [redacted – S38(1)(b)]

Sent: 14 June 2021 09:29

To: [redacted – S38(1)(b)]@mentalhealth.org.uk>

Subject: RE: Mental Health in Schools Working Group meeting - 14 June - Papers

Hi [redacted – S38(1)(b)]

Thank you for letting me know.

Have a nice day! ☐

Best wishes,

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

From: [redacted – S38(1)(b)]@mentalhealth.org.uk>

Sent: 14 June 2021 09:08

To: [redacted – S38(1)(b)]@gov.scot>

Subject: RE: Mental Health in Schools Working Group meeting - 14 June - Papers

Hi [redacted – S38(1)(b)],

Unfortunately I'm not able to attend the meeting today. I hope it goes well.

All the best, [redacted – S38(1)(b)]

4.10 – Apologies from member

From: [redacted – S38(1)(b)]@NSPCC.org.uk>

Sent: 07 June 2021 16:30

To: [redacted – S38(1)(b)]@gov.scot>

Subject: RE: Mental Health in Schools Working Group meeting - 14 June - Papers

Hi [redacted – S38(1)(b)]

So sorry but unfortunately this falls on my annual leave week and I won't be able to attend.

Hopefully I can make the next one, sorry about this.

Thanks,

[redacted – S38(1)(b)] (She/Her)

Childline Team Manager

Templeton House

62 Templeton Street

Glasgow G40 1DA

Direct Line: [redacted – S38(1)(b)]

Mobile: [redacted – S38(1)(b)]

Main Office: 0141 212 3878

4.11 – Papers issued to group

From: [redacted – S38(1)(b)]

Sent: 07 June 2021 16:06

To: [redacted – S38(1)(b)]@educationscotland.gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@supportinmindscotland.org.uk>; [redacted – S38(1)(b)]@north-ayrshire.gov.uk>; [redacted – S38(1)(b)]@childrensparliament.org.uk>; [redacted – S38(1)(b)]@voicetheunion.org.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@north-ayrshire.gov.uk>; [redacted – S38(1)(b)]@NSPCC.org.uk>; [redacted – S38(1)(b)]@seemescotland.org>; [redacted – S38(1)(b)]@cosla.gov.uk>; [redacted – S38(1)(b)]@sls-scotland.org.uk>; [redacted – S38(1)(b)]@samh.org.uk>; [redacted – S38(1)(b)]@mentalhealth.org.uk>; [redacted – S38(1)(b)]@NSPCC.org.uk>; [redacted – S38(1)(b)]@eis.org.uk>; [redacted – S38(1)(b)]@fife.gov.uk>; [redacted – S38(1)(b)]@barnardos.org.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@btconnect.com>; [redacted – S38(1)(b)]@edinburgh.gov.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@southlanarkshire.gov.uk [redacted – S38(1)(b)]@southlanarkshire.gov.uk>; [redacted – S38(1)(b)]@ahds.org.uk>; [redacted – S38(1)(b)]@phs.scot>; [redacted – S38(1)(b)]@eis.org.uk>; [redacted – S38(1)(b)]@mail.nasuwat.org.uk [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>
Subject: Mental Health in Schools Working Group meeting - 14 June - Papers

Dear all,

I hope you are all enjoying the lovely weather wherever you are.

Please find attached an agenda and papers for the Mental Health in Schools working group meeting taking place on Monday 14 June, 14:00 – 15:30.

[Final version of embedded document appended at end of file – Embedded document C]

[Final version of embedded document appended at end of file – Embedded document D]

[Final version of embedded document appended at end of file – Embedded document E]

MS Teams link: [Click here to join the meeting](#) (also available in the calendar invite).

Best wishes,

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit** | **Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T:** [redacted – S38(1)(b)]

4.12 – Minutes issued to group

From: [redacted – S38(1)(b)]
Sent: 22 June 2021 09:24
To: [redacted – S38(1)(b)]@educationscotland.gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@supportinmindscotland.org.uk>; [redacted – S38(1)(b)]@north-ayrshire.gov.uk>; [redacted – S38(1)(b)]@childrensparliament.org.uk>; [redacted – S38(1)(b)]@voicetheunion.org.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@north-ayrshire.gov.uk>; [redacted – S38(1)(b)]@NSPCC.org.uk>; [redacted – S38(1)(b)]@seemescotland.org>; [redacted – S38(1)(b)]@cosla.gov.uk>; [redacted – S38(1)(b)]@sls-scotland.org.uk>; [redacted – S38(1)(b)]@samh.org.uk>; [redacted – S38(1)(b)]@mentalhealth.org.uk>; [redacted – S38(1)(b)]@NSPCC.org.uk>; [redacted – S38(1)(b)]@eis.org.uk>; [redacted – S38(1)(b)]@fife.gov.uk>; [redacted – S38(1)(b)]@barnardos.org.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@btconnect.com>; [redacted – S38(1)(b)]@edinburgh.gov.uk>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@southlanarkshire.gov.uk [redacted – S38(1)(b)]@southlanarkshire.gov.uk>; [redacted – S38(1)(b)]@ahds.org.uk>; [redacted – S38(1)(b)]@phs.scot>; [redacted – S38(1)(b)]@eis.org.uk>; [redacted – S38(1)(b)]@mail.nasuwat.org.uk [redacted – S38(1)(b)]@gov.scot>
Cc: [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>; [redacted – S38(1)(b)]@gov.scot>
Subject: Mental Health in Schools Working Group meeting - 14 June – Minutes

Good morning,

Online resource

Thank you all so much for your input into the development of the new online learning resource for school staff.

We are delighted to announce that the resource is now live and available at: CYPMH – Professional Learning Resource. We would be grateful if you could publicise the resource through your channels.

The post below has been tweeted on the @ScotGovEdu Twitter account this morning:

'Education Secretary @S_A_Somerville has announced a new online learning resource to help school staff support children and young people's mental health' + link to NR & attached infographic.

It would be great if you could retweet from here: <https://twitter.com/ScotGovEdu>

Minutes and next meeting

I have also attached the minutes from the meeting held on 14 June. Please let me know if you have any comments by 2 July.

[redacted – S25 – <https://www.gov.scot/groups/mental-health-in-schools-working-group/>]

The next working group meeting will take place in August – I will issue a Doodle Poll with dates shortly.

Best wishes,

[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit| Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

4.13 – Comments from member on minutes

From: [redacted – S38(1)(b)]@eis.org.uk>
Sent: 25 June 2021 14:04
To: [redacted – S38(1)(b)]@gov.scot>
Subject: RE: Mental Health in Schools Working Group - Online resource now live

Thanks, [redacted – S38(1)(b)]. That would be good as I think it would be a pity to lose these three aspects altogether.

[redacted – S38(1)(b)]
Get Outlook for Android

From: [redacted – S38(1)(b)]@gov.scot>
Sent: Friday, June 25, 2021 1:58:44 PM
To: [redacted – S38(1)(b)]@eis.org.uk>
Subject: RE: Mental Health in Schools Working Group - Online resource now live

Thanks [redacted – S38(1)(b)].

[redacted – S38(1)(b)] didn't cover the future areas of work in the paper as the feeling from the group was quite strong around focusing on implementing the WSA and online resource first. I will add in the line you have suggested below to clarify the other areas will be considered at a later date.

Thanks,
[redacted – S38(1)(b)]

[redacted – S38(1)(b)] | **Support and Wellbeing Unit| Scottish Government Area 2C North, Victoria Quay | Edinburgh | EH6 6QQ | T: [redacted – S38(1)(b)]**

From: [redacted – S38(1)(b)]@eis.org.uk>
Sent: 25 June 2021 11:05
To: [redacted – S38(1)(b)]@gov.scot>
Subject: Re: Mental Health in Schools Working Group - Online resource now live

Hi, [redacted – S38(1)(b)]

Thanks for all of this. I have asked EIS HQ to publicise the resource but this may not happen till August.

In relation to the Minutes, in 3.3, under future work of the Group, what is down is correct but I can't recall if we also commented on the three Forward Focus areas in the paper or not as well. (we had been happy with them at the previous meeting). It may have been missed out of the discussion as we possibly weren't as focused as we might have been (clearly I wasn't as I usually remember).

If we forgot about them (as I am sure we didn't say they were not appropriate as I would have objected to that) perhaps we could add in the Minute that ' Consideration to other possible Forward Focus areas will be given at the next meeting '?

Thanks

[redacted – S38(1)(b)]

Embedded document A – Whole School Approach Overview

Purpose

To provide an overview of the Whole School Approach (WSA) to Mental Health and Wellbeing Framework, including a self-evaluation framework which will be included in the document (attached at Annex A), and a timeline of next steps.

WSA Framework overview

The Framework provides the context and reasoning behind implementing a whole school approach along with the role of a local authority in supporting a whole school approach. It aims to be a practical document that schools can work through against a set of 8 principles (complemented with a flow chart/infographic). Key features/aspects of each principle can be found below.

The Framework includes five appendixes, to help readers to consider and practically apply the information outlined in the framework to their own contexts. Details of the appendixes can be found below.

The Framework will open with a foreword which acknowledges the pressures schools are currently facing and recognises that many schools are already adopting the approach outlined in the document. The foreword will be signed by the Chair of the working group, and if content, it is proposed that members' organisation logos will be included.

Key principles

The eight principles outlined emphasise a health promotion and preventatives approach. They are largely adapted from those first identified by PHE/ NCB and outline what a whole school approach will look like in practice.

[redacted – S27(1)]

Appendices

[redacted – S27(1)]

Timeline of next steps

6 May	Working Group provide comment on overview and structure (comments will inform the drafting of the WSA Framework)
13 May	Draft WSA Framework shared with working group for comment
TBC	Working Group meeting to sign off the final WSA Framework
28 May <i>Provisional</i>	WSA Framework published

Longer term plan for WSA

Further work on the WSA Framework may include:

- the possibility of creating an interactive online component for the framework.
- the provision of more detailed case studies.

These options will be considered in more detail after the publication of the Framework.

*Support and Wellbeing Unit
Learning Directorate
May 2021*

Self-evaluation framework

[redacted – S27(1)]

Embedded document B – Chairs note for meeting on 14 June

Mental Health in Schools Working Group CHAIR'S NOTE

WHEN:	Monday 14 June 2021, 14:00 - 15:30
WHERE:	Virtually, MS Teams Click here to join the meeting

1. Welcome, introductions and apologies 14:00 – 14:05

Welcome attendees. In particular, welcome to [redacted – S38(1)(b)] who is now representing Support in Mind on the group in place of [redacted – S38(1)(b)].

Apologies from:

[redacted – S38(1)(b)], Education Scotland
[redacted – S38(1)(b)], NSPCC
[redacted – S38(1)(b)], SG
[redacted – S38(1)(b)], AHDS

2. Minutes from previous meeting and actions points – Paper 1 14:05 – 14:10

The minutes from the previous meeting were issued for comment in May. The suggested changes have been made to the minutes. If members are content with this version they will be published on the SG website.

There were only 2 actions in the minutes:

Action	Status
SG to pull together a list of mental health groups and actions taking place.	Complete – will cover under the next agenda item (forward work plan)
SG to circulate link to the online resource once finalised.	Resource currently being finalised – creation of pdf's for each section. A link will be circulated when available.

Note status of actions and ask members to confirm they are content with the minutes.

3. Forward work plan – Paper 2 14:10 – 14:40

As the remit of the group is now largely complete, we would like to gather members views on the future remit of the group.

Invite [redacted – S38(1)(b)] to provide an overview of the forward work plan paper.

Summary of paper for your information:

Key purpose is to seek members views on:

- Whether the group should continue in its current form;
- whether membership should be reviewed; and
- future areas of work that the group should focus on.

Suggested areas of work the group could take forward:

- Mental health resources to support BME children and young people.
- Mental health resources to support children and young people with ASN.
- Consideration of specific resources / support for primary children.
- Ongoing evaluation of the online resource.

Invite comments from the group.

4. Evaluation of online resource – Paper 3

14:40 – 15:15

As you know [redacted – S38(1)(b)] and [redacted – S38(1)(b)], Mental Health Foundation have been working on a plan for evaluating the new online resource. Paper 3 outlines a proposal for evaluation including the aim, as well as a suggested method.

Invite [redacted – S38(1)(b)] to provide an overview of the evaluation proposal.

Summary of paper for your information:

Aim of evaluation:

- to ensure that it is providing the necessary knowledge and information that users of the resource are looking for;
- to understand if there are any barriers to engaging with the resource; and
- if there are improvements that can be made to improve the users experience of the online resource.

The **outcome** of the evaluation will inform future updates of resource and will therefore seek to understand the following:

- How useful is the resource for school staff in supporting children and young people's mental health and wellbeing?
- Do the topics addressed meet current needs and are there any topics missing?
- What has the impact of the online resource been on users skills and confidence in supporting children and young people's mental health and wellbeing?

Suggested **method**:

- Initial period of quarterly monitoring – i.e contractors providing a report on number of users and type of registrations which will inform a headline report of service use.
- We will then contact users who opted in to provide feedback with a set of questions to gather information on their existing knowledge, skills and confidence in supporting children and young people's mental health and wellbeing.

Invite comments from the group.

5. Update on Whole School Approach Framework

15:15 – 15:25

Thank you to those of you who provided feedback on the whole school approach framework. Most of these changes were made where possible.

The updated document is currently with publishers and the final document will be circulated with you once available. Members will be asked to confirm via email that they are content for the Framework to be published. Members who wish to do so can then send their logo in to be added to the document.

Given schools are due to finish up for the summer soon, it is proposed that the whole school approach framework is formally published in August, however members of the group will be invited to circulate the Framework through their existing networks.

Invite thoughts from members.

6. AOB/close

15:25 – 15:30

We have not received any formal items of any other business.

You may wish to ask the Group if there any pressing items of business that they wish to discuss.

Thank everyone for attending and close the meeting.

*MH in Schools Working Group Secretariat
Scottish Government
June 2021*

Embedded document C – Agenda for meeting on 14 June

**Mental Health in Schools Working Group
14 June 2021, 14:00 – 15:30
Via MS Teams**

AGENDA

1. Welcome and apologies
2. Paper 1 – Minutes from last meeting and action points
3. Paper 2 – Forward work plan
4. Paper 3 – Evaluation of online resource
5. Update on Whole School Approach Framework
6. AOB

Embedded document D – Forward work plan paper

Purpose

As the remit of the Working Group is now largely complete, we would like to gather members views on:

- Whether the group should continue in its current form;
- Whether membership should be reviewed to include additional representative organisations;
- What are the specific areas that the Working Group should focus on to provide additional mental health and wellbeing support to schools.

Background

In February 2020 the group agreed to focus on three pillars of activity:

- Pillar One – development of a professional learning/training resource for all school staff;
- Pillar Two – development of a framework on implementing, developing and evaluating a whole school approach to support children and young people’s mental health and wellbeing;
- Pillar Three – development of a ‘one-stop shop’ highlighting effective practical resources for school staff to support children and young people’s mental health and wellbeing.

Pillar 3 was completed in June 2020, when the resources document was published on the National Improvement Hub in 2020.

The final two pillars of work are nearing completion.

Membership

Currently the Working Group includes representatives from:

Teaching unions (School Leaders Scotland (SLS), Association of Headteachers and Deputies in Scotland (AHDS), NASUWT, Educational Institute of Scotland (EIS), UNISON and VOICE)
Mental Health third sector organisations (Barnardo’s, NSPCC, SAMH, Mental Health Foundation, Mental Health UK, See Me and Support in Mind)
Local Authorities (Edinburgh Council, Fife Council, North Ayrshire Council, Scottish Borders Council)
Public Health Scotland
Education Scotland
ASPEP
COSLA
ADES
Scottish Government
Children’s Parliament

A correspondence group are also kept up to date with the work of the group, which includes the following organisations:

Triumph
CAMHS
Members of the Scottish Youth Parliament
Place2Be
Public Health Scotland
Education Scotland
Who Cares Scotland
NES (NHS Education for Scotland)

As members will see from the lists above there is already a broad representation from organisations and bodies who deliver mental health and wellbeing support to children and young people.

Members are asked to consider whether there are any organisations who should be included in the core group or on the correspondence group. In particular, members are asked to consider whether we young people representative organisations should be invited to the main group, rather than the correspondence group.

Existing Mental Health Groups for Children and Young People

The Children and Young People's Mental Health and Wellbeing Joint Delivery Board (JDB) is now up and running. Revised deliverables have been agreed by the Minister for Mental Health and COSLA leaders. These include:

- ensure crisis support is available 24/7 to children and young people
- support mental health pathways and services for vulnerable children and young people, aligned to the work of the Promise
- develop a support programme to enable the implementation of the CAMHS service specifications
- agree and support the implementation of a neurodevelopmental service specification/principles and standards of care. Developing a programme of education and training to increase the skills and knowledge required by all staff to support Children and Young People's mental health
- work jointly with the Perinatal and Infant Mental Health Programme Board to consider what is currently available and what is required in the future to support the mental health and wellbeing of 3-5 year olds across Scotland, and produce recommendations for further action
- through a selection of appropriate media platforms we will ensure:
 - information on the work of programme board reaches stakeholders, young people, parents and families
 - information on the interconnecting work of other boards reaches relevant stakeholders
 - information on how to access mental health support is available to staff supporting children and young people

- continue to enhance community- based support for emotional wellbeing/mental distress through ongoing investment and support for local partnerships

These deliverables are being taken forward by Task and Finish Groups which report back to the JDB.

Members may wish to highlight other mental health groups that they are involved in who are supporting children and young people’s mental health and wellbeing.

Forward Focus of the Group

As highlighted in the background section the three core pillars of activity remitted to the Working Group are now largely complete. The actions delivered by the Working Group since its inception have been well received and have provided much needed additional support to schools and the wider system, especially in response to the COVID pandemic.

Members are now asked to consider priority areas of work where the Forward Focus of the group could go. The table below presents some initial ideas from the Secretariat, these are based on discussions in other forums where particular gaps have been raised or highlighted. This is not intended to be a complete list, rather a suggested list of potential areas for the Forward Focus to aid discussion and consideration.

No.	Action	Rationale
1	Mental health resources to support Black and Minority Ethnic Children and Young People	<p>NASUWT highlighted that that children of black, Asian and ethnic minority heritage are suffering much worse damage to their mental health as a result of the pandemic than their white peers.</p> <p>This has also been raised in the Race Equality Anti-Racism in Education Programme by stakeholder groups leading on race equality for young people.</p> <p>The Secretariat are aware that some organisations have produced resources to support BAME young people’s mental health and wellbeing e.g. Intercultural Youth Scotland’s mental health support for Black and POC Youth - Mental health — Intercultural Youth Scotland</p>
2	Mental Health resources to support children and young people with ASN	<p>The Covid-19 Education Recovery Group (CERG) asked us to consider the support for children and young people with ASN’s mental health and wellbeing.</p> <p>The impact of the COVID pandemic on this cohort of young people was heightened, there are a number of specific resources to support school staff, such as guidance on Additional Support Needs transition and Covid-19.</p>

		Does the Working Group agree that there is currently a gap in provision and that further age and stage appropriate resources are required?
3	Consideration of specific resources / support for primary children	<p>An analysis of existing professional learning available for practitioners to support children and young people's mental health was undertaken. The analysis identified 21 resources for secondary pupils, 47 resources for both primary and secondary pupils and only 5 resources specifically for primary children.</p> <p>Additionally, the roll out of the Access to School Counsellors programme was only available to children aged 10 years and over, so isn't available to children in P1-P5.</p> <p>What further support or resources could the Group deliver to support school staff?</p>
4	Ongoing Evaluation of the online resource delivered in Pillar One	<p>The professional learning resource was developed to provide the basic skills and knowledge for school staff around mental health.</p> <p>The group may wish to consider taking forward an evaluation of this resource, with users, to explore whether the resource is meeting the needs of school staff, as well as evaluation of use and coverage across the country of the new online resource.</p> <p>A separate paper has been provided on this issue for discussion.</p>

Frequency of meetings

Meetings of the working group have recently been arranged on an ad-hoc basis due to the pandemic and a focus on the online learning resource and whole school approach.

Members are asked to consider how often meetings should take place.

Conclusion

Members are invited to consider the points raised in this paper and to discuss further.

*MH in Schools Working Group Secretariat
Scottish Government
June 2021*

Embedded document E – Evaluation of online resource paper

Introduction

1. One of the main pillars of activity of the group was the development of an online professional learning resource for all school staff to support children and young people's mental health and wellbeing.
2. The group is aware the contract to develop the online resource was awarded in November 2020 to a consortium of Digital Bricks, Mental Health Foundation and Children's Health Scotland.

Purpose

3. The purpose of this paper is to outline a suggested evaluation of the resource once it has been published and used by school staff and other practitioners in 2021. The paper outlines the proposed aim of the evaluation, as well as a suggested method of evaluation to inform a group discussion.
4. The Group are asked to consider the proposed aims and method of evaluation presented below.

Aim of the Evaluation

5. The online resource is intended to form part of a preventative model, supporting children and young peoples' mental health and wellbeing rather than a medical one. It's overall aim is to provide a level of foundation knowledge for all school staff that can help to support all children and young people's mental health and wellbeing. It has been written so that it is accessible for everyone who works in a school, be that a teacher, office staff, janitors as well as non-core school staff, for example, youth workers and visiting third sector organisations. The online resource will be made available via a dedicated web page so it could also be accessed by, and is appropriate for, pupils and parents.
6. It is proposed that evaluation be undertaken on the resource. The overarching aim of the evaluation will be to ensure that it is providing the necessary knowledge and information that users of the resource are looking for. The evaluation will also seek to understand if there are any barriers to engaging with the resource, and whether there are any improvements that can be made to improve the users experience of the online resource.
7. The outcome of the evaluation will inform any future updates of the online resource and will therefore seek to understand the following key areas:
 - How useful is the resource for school staff in supporting children and young people's mental health and wellbeing?
 - Do the topics addressed meet current needs and are there any topics missing?

- What has the impact of the online resource been on users skills and confidence in supporting children and young people's mental health and wellbeing?

Method of Evaluation

8. In order to access the resource, all users are asked to register their details, including which local authority they are in, whether they work for a third sector organisation or other e.g. parent. The registration page also includes an opt in for future evaluation of the resource.
9. The registration will enable the collection of data on usage across the country and also data on who is using the resource.
10. In order to collect data on the three key areas highlighted in paragraph 7 there will be a requirement to contact folk directly.
11. It is proposed that following the online resource going live that an initial period of quarterly monitoring is undertaken. This will involve the contractors providing a report on number of users and type of registrations which will inform a headline report of service use.
12. We will also be able to identify those users who opted in to future evaluation to provide more detailed feedback on their experiences of using the resource. As a result of this monitoring, opt in users will be contacted to gather information on their existing knowledge, skills and confidence in supporting children and young people's mental health and wellbeing.
13. It is hoped that quarterly monitoring of opt in users will enable SG, on behalf of the Working Group, to contact folk early so that we can ask whether the online resource has increased their skills and confidence. The first quarterly evaluation could also enable potential 'tweaks' to be made to the learning resource.
14. The Mental Health in Schools working group will be provided with the headline report on the number and registration of users on a quarterly basis.
15. It is proposed that opt in users are contacted with the following:

On a scale of 1-5 (1 being low, 5 being high) please can you answer the following questions

- Before using the online resource I was confident in supporting children and young people's mental health and wellbeing
- Before using the online resource I knew where to find resources to help me support children and young people's mental health and wellbeing
- Before using the resource I had knowledge on children and young people's mental health and wellbeing

Now that you have used the resource, please can you answer the following questions.

On a scale of 1-5 (1 being low, 5 being high) please can you answer the following questions

- After using the online resource I am confident in supporting children and young people's mental health and wellbeing in my school
- After using the online resource I know where to find resources to help me support children and young people's mental health and wellbeing
- After using the resource my knowledge on children and young people's mental health and wellbeing has improved

We'd now like to ask you a couple of improvement questions in relation to the online learning resource:

- Are there topics/areas missing from the resource - yes/no
 - if yes, please outline below
- Any other suggestions to improve the resource?
 - Open text
- Overall did the online resource meet your needs? – yes / no
 - If no, please outline below

Conclusion

It would be helpful if the Working Group could consider the proposed evaluation contained in this paper and provide thoughts, comments on the proposal.

*MH in Schools Working Group Secretariat
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