

[REDACTED]

From: [REDACTED] <[REDACTED]@audit-scotland.gov.uk>
Sent: 31 August 2017 14:17
To: [REDACTED]@strath.ac.uk; [REDACTED]
[REDACTED]@highland.gov.uk; [REDACTED]
Cc: [REDACTED]
Subject: Children and young people's mental health performance audit - advisory group
Attachments: Scope_flyer_childrens mental health_DRAFT_for_advisory_group.pdf; I-and-I-for_advisory_group.pdf; Advisory_Group_Agenda_Sept_2017.docx

Dear all

Thank you for agreeing to join our Advisory Group for our performance audit on children and young people's mental health.

Our first meeting will be next Tuesday from 10.00 am – 12 noon in our offices at 101 West Port, Edinburgh, EH3 9DN. Tea and coffee will be available.

We will give a short presentation to you on the day. Please find attached the agenda, a draft scope flyer describing the audit and a copy of our draft Issues and Investigations matrix. This is the internal document that sets out the questions the audit and how we are planning to gather the data to give us the answers - please note that the scope flyer and I&I are working draft documents. We ask that all papers are treated in confidence.

You may claim travel and expenses for your involvement in the Advisory Group in line with our attached policy. Expense forms will be available on the day or I can arrange to send an electronic copy to you.

Please do not hesitate to contact me or [REDACTED] (email [REDACTED]@audit-scotland.gov.uk or telephone number: [REDACTED]) if you have any further questions.

We look forward to meeting with you next Tuesday.

Kind regards,

[REDACTED]

[REDACTED]
Audit Manager

Audit Scotland, 4th Floor, 102 West Port, Edinburgh EH3 9DN
T: [REDACTED] E: [REDACTED]@audit-scotland.gov.uk
www.audit-scotland.gov.uk



[REDACTED]
Audit Manager

Audit Scotland, 4th Floor, 102 West Port, Edinburgh EH3 9DN
T: [REDACTED] E: [REDACTED]@audit-scotland.gov.uk
www.audit-scotland.gov.uk



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Children and Young People's Mental Health - Advisory Group meeting

Date:	Tuesday, 5 September 2017 at 10am
Location:	102 West Port, EDINBURGH
Attendance:	<p>██████████ Scottish Government; ██████████ Children in Scotland; ██████████ SAMH; ██████████ NHS Greater Glasgow and Clyde; A ██████████ CELCIS; ██████████ Highland Council.</p> <p>Audit Scotland audit team: ██████████ Associate Director; ██████████ Senior Manager; ██████████ Audit Manager; ██████████ Senior Auditor; ██████████ Auditor.</p> <p>██████████ Accounts Commission (observer)</p>
Apologies:	<p>██████████ Health Improvement Scotland; ██████████ COSLA; ██████████ Royal College of Nursing; ██████████ Association of Scottish Principal Educational Psychologists.</p>
TBC	Royal College of Psychiatrists; Social Work Scotland; Mental Welfare Commission.

Agenda items	Action
1. Welcome and introduction	
2. Role of the advisory group	
3. Background to the audit	
4. Aims, scope, methodology	
5. Discussion	
6. Next steps	

Children and young people's mental health

Background

1. Mental health and wellbeing is a major public health challenge for Scotland. The social and economic costs of mental ill health are high. In 2009/10, the Scottish Association for Mental Health estimated that the total cost of mental ill health in Scotland was £10.7 billion per year. The life expectancy of people with serious mental health problems is ten to 20 years lower than the general population.¹
2. Supporting children and young people's health and wellbeing is at the core of a number of Scottish Government policies, including GIRFEC (Getting it Right For Every Child) and the Curriculum for Excellence. The importance of giving children the best start in life and enabling them to achieve their full potential is also embedded in the National Performance Framework. The Scottish Government's Mental Health Strategy, published in March 2017, emphasises the need to improve early intervention and prevention in order to achieve improved outcomes for children and young people.²
3. Children and young people can have a range of emotional, behavioural and hyperactivity disorders which affect their mental wellbeing. Mental health problems include depression, anxiety, eating disorders, obsessive compulsive disorder and self-harm. One in eight children aged ten to 15 report symptoms of mental ill health,³ with most adult mental health problems first occurring in adolescence.⁴ Mental health problems in childhood and adolescence are also associated with poorer outcomes in later life, such as an increased likelihood of leaving school with no qualifications, unemployment and substance misuse. Evidence suggests that early intervention may help reduce the severity and persistence of mental disorders.⁵
4. Some groups of children and young people are more at risk of suffering from poor mental health. Forty-five per cent of looked-after children in Scotland have mental health problems.⁶ A 2015 survey indicated that 44 per cent of 15 year old girls had a borderline or abnormal emotional problems score, compared with 15 per cent of 15 year old boys.⁷ It also showed

¹ Risks of all-cause and suicide mortality in mental disorders: a meta-review, E. Chesney, G.M. Goodwin and S. Fazel, *World Psychiatry*, 2014 (13): 153–160.

² Mental Health Strategy 2017-2027, Scottish Government, March 2017.

³ Insights into children's mental health and wellbeing, Office of National Statistics, October 2015.

⁴ Adult mental health disorders and their age at onset, P.B. Jones, *The British Journal of Psychiatry*, Jan 2013, 202 (s54) s5-s10.

⁵ Age of onset and timing of treatment for mental disorders, P. McGorry, R. Purcell, S. Goldstone and G.P. Amminger, *Current Opinion in Psychiatry*, 2011;24(4):301-306.

⁶ The mental health of young people looked after by local authorities in Scotland, Office of National Statistics, 2004.

⁷ Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS) 2015: Mental Wellbeing Summary Report, Scottish Government, May 2017.

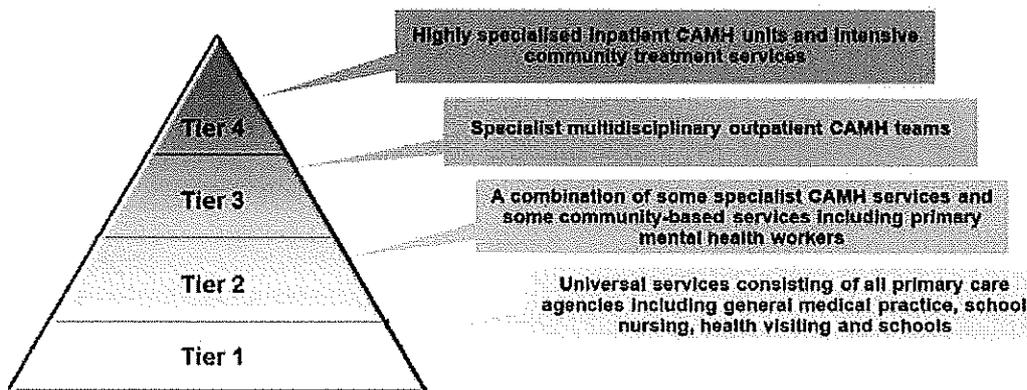
that young people in the most deprived areas are more likely to experience mental health problems than those in the least deprived.

5. Child and adolescent mental health services (CAMHS) in Scotland are delivered in a four tier model (Exhibit 1). Services are delivered by NHS boards, councils, the third sector and the private sector. Tier one support includes promotion of positive mental health and wellbeing, general advice and support for less severe mental health problems, early identification of problems and referral to specialist services. This is provided by practitioners working in universal services who are not mental health specialists such as GPs, teachers, social workers and health visitors. Children and young people with an identified need can be referred to specialist CAMH services, which fall within tiers two to four.

Exhibit 1

Structure of child and adolescent mental health services

There are four different levels of treatment depending on the severity of the mental health problem.



Source: *Integrated care pathways for mental health, Healthcare Improvement Scotland.*

Why are we doing this audit?

6. Audit Scotland published *An Overview of Mental Health Services* in 2009. This report looked at mental health services for children and adults across Scotland. The audit found that provision of specialist child and adolescent mental health services (CAMHS) varied considerably across Scotland, and that there was a lack of early intervention and prevention services. It also found evidence of children and young people waiting a long time to access services.
7. There is evidence of increasing pressure on children and young people's mental health services and a rising demand.⁸ The Scottish Government has set a standard that 90 per cent of children and young people should wait no longer than 18 weeks between being referred to

⁸ SPICe briefing, Children and Adolescent Mental Health Services – Trends and Key Issues, September 2016.

specialist CAMH services and receiving treatment. This standard has been in place since December 2014. At 31 March 2017, this target was not being met nationally, with 83.6 per cent of children and young people receiving treatment within 18 weeks.⁹

What will the scope of the audit be?

8. The overall aim of the audit is to answer the question: how effectively are children and young people's mental health services delivered and funded in Scotland? The audit will look at provision of services across all four tiers of CAMHS and consider children and young people up to the age of 18 years old, except where CAMHS services extend to the age of 25. This will include both the voluntary sector and the private sector where relevant. The audit will seek to answer the following questions:
 - How effective are the delivery and funding of mental health and wellbeing services across Scotland in meeting the needs of children and young people?
 - What are the main factors supporting and impeding the delivery of children and young people's mental health and wellbeing services, at both a national and local level?
 - How effectively is the Scottish Government providing strategic direction to support the improvement of outcomes for children and young people's mental health and wellbeing?
9. Given the large number and scale of services that could fall within the remit of this audit, we will use case studies to allow us to look in detail at different examples of service delivery at a local level. This will allow us to assess the extent and effectiveness of joint working between NHS boards, integration authorities, councils and other agencies.

How will we carry out the audit?

10. We will gather evidence using a range of methods, including:
 - analysis of national and local data, for example, the number of children and young people being referred to CAMHS, the time children and young people wait for a CAMH service to be provided and the workforce employed to deliver this service
 - reviewing documents (plans, strategies and reports) from the Scottish Government, NHS boards, councils, integration authorities and other organisations
 - interviews with stakeholders, including the Scottish Government, COSLA, NHS boards, councils, integration authorities and third sector organisations
 - focus groups and interviews with frontline staff, including educational and clinical psychologists, school counsellors, teachers, nurses and GPs.
11. Throughout the audit, we will engage with children and young people, as well as their parents and carers, using a range of methods, including focus groups and surveys, to collect their views and experiences.

⁹ Child and Adolescent Mental Health Services Waiting Times in NHS Scotland, Quarter ending 31 March 2017, June 2017.

What impact will the audit have?

12. The audit will help support the improvement of services to better meet the needs of children and young people by identifying examples of good practice, as well as looking at barriers and challenges to effective service delivery, and what can be done to address them. It will also highlight the views, experiences and needs of children and young people. It will improve public understanding of children and young people's mental health services in Scotland and identify areas for future audit work. The audit will also make a series of recommendations to help improve children and young people's mental health services.

Audit timing and contacts

13. We plan to publish in the summer of 2018. We are carrying out the audit on behalf of the Accounts Commission and the Auditor General for Scotland. For further information, please contact [REDACTED] Audit Manager, on [REDACTED] [REDACTED]@audit-scotland.gov.uk.

CONFIDENTIAL

Director-General Health & Social Care and
Chief Executive NHSScotland
Paul Gray



Scottish Government
Riaghaltas na h-Alba
gov.scot

T: [REDACTED]
E: dghsc@gov.scot

[REDACTED]
Audit Scotland
4th Floor
102 West Port
Edinburgh
EH3 9DN

17 July 2018

Dear [REDACTED]

Thank you for sight of the clearance draft report on Children and Young People's Mental Health. The report describes a system that does not prioritise the mental health and wellbeing of children and young people effectively, which is a matter of deep and genuine concern to me, and to my colleagues. Children and young people deserve better and I am grateful to Audit Scotland for drawing out the issues. It is imperative that we address them collectively across all of the sectors on which you report.

The report background summarises the scale of the challenge and the breadth and complexity of issues covered under the term mental health and wellbeing and is clear that a whole system approach is needed. It might also be helpful to reflect the risk that we unduly medicalise our response to children and young people's emotional needs.

Your recommendations have been directed toward Scottish Government, COSLA and delivery organisations and I appreciate your helpful observation in the report that no one organisation can address the issues raised. I wonder if you would consider going further in clarifying the different roles of national leadership and local accountability in the recommendations. The recommendations could more explicitly reflect the role of national and local government alongside a different, but equally important, role for delivery partners to take action to improve.

The report describes the Scottish Government's Mental Health Strategy and identifies gaps in the detail of how actions will be delivered. The actions are mainly ones for which the Scottish Government or other national organisations are responsible. During the last 12 months we have worked closely with stakeholders, especially through the Mental Health Partnership, to gain greater joint ownership of delivery of the Strategy's ambition and to put in place a framework for delivery at national and local level. That generated an approach focused on four related key themes:

- children and young people whole system change;
- delivery system for mental health;
- public mental health; and
- rights based approach to mental health.

The first annual report on progress which will be published after the summer recess will set that out in more detail.

The clearance copy has sections of text to be added reflecting the publication of the recent report commissioned by the Scottish Government, and undertaken by SAMH and ISD, on rejected referrals to CAMHS. On 29 June, the Cabinet Secretary for Health and Sport announced a Task Force on Children and Young People's Mental Health, chaired by Dame Denise Coia, to drive whole system change. Dame Denise will report to the Scottish Government and to COSLA, providing political leadership from national and local government. She has been asked to provide early recommendations and to establish a forum to address whole system change, with a first meeting in September. The Task Force will receive the outputs of a number of the Actions from the Mental Health Strategy. Your report will be an important part of the evidence for the Task Force.

Children and Families, Learning and Health Directorates will hold programme of engagement with local CPP areas over the next 6 months which will focus on statutory Children's Services plans. These discussions will be informed by evidence from the analysis of the Children's Services Plans, feedback from the Realigning Children's Services work and intelligence from the relevant inspection agencies. This will help to identify the challenges local areas face, with a view to a more focused distribution of improvement activity to support change and improvement. This will both inform the work of the Task Force, and support local implementation of recommendations.

I have included in the annex a number of suggestions for factual amendments. [REDACTED] and I are otherwise content with the factual accuracy of the draft report.

I am copying this letter to [REDACTED] who has also agreed its content.

Yours sincerely



Paul Gray

ANNEX

CLEARANCE DRAFT – CHILDREN AND YOUNG PEOPLE’S MENTAL HEALTH

Paragraph 58 refers to the “£150 million funding over five years from 2016/17 to 2021/22” (which is 6 years).

The first commitment the Scottish Government made was to spend £150 million over five years from **2015/16 to 2019/20**. The 15/16-19/20 time period better captures the funding period which the paragraph then goes on to reference – eg the first year of the £15 million Innovation Fund was 2015/16.

We invite you to consider changing the reference, or taking out the years altogether, rather than offering an explanation which would mean referring to the two separate and overlapping five year time period commitments (15/16 to 19/20 and 2017/18 to 2021/22).

Recommendations page 6 Paragraph 2, 3rd bullet

The first AS recommendation refers to setting clear timescales for the PSE review.

The review will conclude by the end of 2018. There are 3 phases to the review and we have completed phases 1 and 2, which include all of the fieldwork and evidence gathering. The work that we are doing in July, August and September to engage with stakeholders is a key part of phase 3 and will enable us to co-create and agree a suite of actions to improve PSE for children and young people across Scotland. Once the review is complete we will set a deadline for the delivery of the agreed actions and make this information public.

Page 21, exhibit 4: we suggest a check of the accepted referrals for 2015/16. Our read of the data on the ISD website suggested it should be 25,576 (rather than 25,556).

Paragraph 34: “The longest average waiting time between 2013/14 and 2017/18 reached 21 weeks in NHS Forth Valley in 2015/16”. Note: NHS Grampian also reached a median of 21 weeks in 2017/18.

Paragraph 37: in the final sentence is unclear, the 7,116 figure refers to people waiting as at 31 March 2014. This is not consistent with the reference to March 2018.

Paragraph 68: The report includes reference to the evidence and data strand of the RCS programme. For completeness, it could usefully refer to the development and facilitation strand, which establishes governance structures in local CPPs that support the implementation of joint strategic commissioning practice. On evaluation: on behalf of the Scottish Government, the Centre for Excellence for Looked After Children in Scotland (CELCIS) commissioned an evaluation of the RCS programme for the first two tranches; it will include measures of impact. There is further information about the programme at: <http://transformingchildrensfutures.scot/>. There are now further CPPs participating. The CPPs involved in the programme are: West Lothian, North Lanarkshire, South Lanarkshire, Clackmannanshire, Falkirk, Dumfries and Galloway, South Ayrshire and Moray.

Paragraph 72: we queried the use of the period March 2013 to March 2017 here (as opposed to March 2014 to March 2018, as in the previous points). We recognise that some of the source data will be from NES. Published ISD data shows 92.7 WTE medical staff within CAMHS (rather than 54.6). This includes trainee doctors as well as consultants. Reference 15 is missing from the footnote.

[REDACTED]

From: [REDACTED] on behalf of DG Health & Social Care
Sent: 17 July 2018 18:20
To: [REDACTED]
Cc: Chief Financial Officer; [REDACTED]; [REDACTED] Director of Internal Audit; DG Scottish Exchequer Mailbox; Director of Population Health; [REDACTED]
[REDACTED] DG Health & Social Care;
DG Education, Communities & Justice
Subject: RE: Clearance draft report - children and young people's mental health
Attachments: Letter - [REDACTED] - Audit Scotland - 17 July 2018.pdf

Dear [REDACTED]

Please see the attached letter from Paul Gray.

Regards

[REDACTED]

[REDACTED] | Private Secretary to [REDACTED] | DG Health and Social Care and Chief Executive NHS Scotland
Scottish Government | St Andrews House | Regent Road | Edinburgh | EH1 3DG
[REDACTED] [REDACTED]@gov.scot



From: [REDACTED] [mailto:[REDACTED]@audit-scotland.gov.uk]
Sent: 26 June 2018 15:36
To: DG Health & Social Care
Cc: Chief Financial Officer; [REDACTED]; [REDACTED] Director of Internal Audit; DG Scottish Exchequer Mailbox; Director of Population Health; [REDACTED] [REDACTED] [REDACTED]
Subject: Clearance draft report - children and young people's mental health

Dear Mr [REDACTED]

Please find attached a clearance letter from the Auditor General of Scotland regarding our report on children and young people's mental health, along with a clearance copy of the draft report.

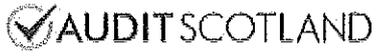
As per the letter, please could you confirm by Tuesday 17 July that you are satisfied with the factual accuracy of the report, including all the data and information provided by or relating to your organisation.

Kind regards,

[REDACTED]

[REDACTED]
Audit Manager

Audit Scotland, 4th Floor, 102 West Port, Edinburgh EH3 9DN
T: [REDACTED] E: [REDACTED]@audit-scotland.gov.uk



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[REDACTED]

From: [REDACTED] <[REDACTED]@audit-scotland.gov.uk>
Sent: 04 September 2018 10:35
To: [REDACTED]
Cc: [REDACTED]
Subject: RE: Children and young people's mental health - updated report
Sensitivity: Confidential

Hi [REDACTED]

We went back to the announcement and yes, the £5 million was announced as initial funding, so we will amend that.

We'll also make some further changes to the timeline.

Regarding the review of transitions, this was in reference to the commitment in the 2017-18 Programme for Government on improving transitions between CAMHS and adult services, including the possibility for those age 18-25 to continue being treated by CAMHS. When we spoke to [REDACTED] and [REDACTED] back in October 2017 they said the review was in its early stages, starting with a review of what happens in other countries. Is the SYP work part of that?

I tried to give you a call this morning but you weren't in the office. If you're able to call me back at some point today that would be great.

Thanks
[REDACTED]

From: [REDACTED]@gov.scot <[REDACTED]@gov.scot>
Sent: 03 September 2018 18:03
To: [REDACTED] <[REDACTED]@audit-scotland.gov.uk>; [REDACTED]@gov.scot; [REDACTED]@gov.scot; [REDACTED]@gov.scot
Cc: [REDACTED]@gov.scot; [REDACTED]@audit-scotland.gov.uk; [REDACTED]@audit-scotland.gov.uk; [REDACTED]@audit-scotland.gov.uk; [REDACTED]@audit-scotland.gov.uk
Subject: RE: Children and young people's mental health - updated report
Sensitivity: Confidential

Hi [REDACTED],

Thanks for sending this through. The bits you asked us to look at look fine, couple of things though:

You might want to consider describing the 5 million as 'initial' funding – I think it was announced in this way?

I think that the Mental Health Strategy in March 2017 should be included in the policy timeline, as well as the establishment of the Perinatal Managed Care Network in January 2017. The Suicide Prevention Action Plan looks a bit odd in the context of 'children having the best start in life'?

I also wonder if I could ask you about the first recommendation on P.6? I've noticed that you make reference to the "review of transitions to adult services". Could you clarify this? Do you mean the Transition Care Planning work that we have done with the Scottish Youth Parliament and has just launched? It wasn't an official review and it might be confusing to refer to it as such?

Thanks

[REDACTED]

From: [REDACTED] <[REDACTED]@audit-scotland.gov.uk>
Sent: 03 September 2018 16:14
To: [REDACTED]@gov.scot>; [REDACTED]@gov.scot>; [REDACTED]@gov.scot>
Cc: [REDACTED]@gov.scot>; [REDACTED]@audit-scotland.gov.uk>; [REDACTED]@audit-scotland.gov.uk>; [REDACTED]@audit-scotland.gov.uk>
Subject: Re: Children and young people's mental health - updated report
Sensitivity: Confidential

[REDACTED]

Thanks for this. We'll make those additions to the exhibits.

Best wishes,

[REDACTED]

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From: [REDACTED]@gov.scot>
Sent: Monday, September 3, 2018 4:03:54 PM
To: [REDACTED]@gov.scot>; [REDACTED]@gov.scot>
Cc: [REDACTED]@gov.scot>; [REDACTED]
Subject: RE: Children and young people's mental health - updated report

[REDACTED]

Thank you. A comment on Exhibit 2 and additions to Exhibit 11. I'm happy to discuss.

[REDACTED]

Deputy Director, Improving Health and Wellbeing
Children and Families Directorate
2B South
Victoria Quay
1 Commercial Street
Edinburgh
EH6 6QQ
Tel. [REDACTED]
Mob. [REDACTED]

Exhibit 2

Does not include Family Nurses in Tier 1 box; useful if it could, please.

Exhibit 11

From August 2014: 600 hours of free Early Learning and Childcare available for all three and four year olds and eligible two year olds in Scotland.

From 2020: 1140 hours of free Early Learning and Childcare for all three and four year olds and eligible two year olds in Scotland

January 2011 Maternal and Infant Nutrition Framework published

2012 Early Years Collaborative established.

2014 Raising Attainment for All Programme established.

2016 These two programmes combined, to form the Children and Young People Improvement Collaborative.

March 2016 The 'Pregnancy and Parenthood in Young People Strategy' published.

20 January 2017 – Publication of The Best Start: A Five Year Forward Plan for Maternity and Neonatal Care in Scotland.

15 June 2017 Registration opened for Scotland's Baby Boxes (with delivery commencing on 15 August 2017)

From: [REDACTED]@audit-scotland.gov.uk>

Sent: 29 August 2018 12:20

To: [REDACTED]@gov.scot>; [REDACTED]@gov.scot>

Cc: [REDACTED]@gov.scot>; [REDACTED]@gov.scot>; [REDACTED]

[REDACTED]@audit-scotland.gov.uk>; [REDACTED]@audit-scotland.gov.uk>; N [REDACTED]

[REDACTED]@audit-scotland.gov.uk>; [REDACTED]@audit-scotland.gov.uk>

Subject: RE: Children and young people's mental health - updated report

Hi both,

Further to my previous email, please find attached the updated report.

Apologies for the delay in sending this through. Since my last email we have had continuing discussions with ISD and the boards about the cost book data. In my last email I mentioned that ISD had advised that additional outpatient costs should be included in our analysis of CAMHS expenditure. Since then some boards have advised that there is an issue with double counting of these costs, so we are no longer including these. Further to this, we have just been made aware that NHS Grampian records the bulk of its CAMHS expenditure as day patient costs, so we have also included these in our analysis. These changes affect key message 3, paragraph 48, and exhibits 8 and 9.

I'd be grateful if you could check that the following additions are accurate:

Paragraph 46 - further to your clearance comments I was in contact with [REDACTED] about the two overlapping commitments of £150 million over 5 years (see attached email) and I spoke to [REDACTED] about it yesterday. We have reworded this paragraph to clarify the various commitments.

Paragraph 66 - we have added some text on the rejected referrals audit and the new task force.

Exhibit 11 – we have added a policy timeline. This is currently presented as a table, but will be a timeline in the published report.

We are now in the middle of our publications process, so I would be grateful if you could get back to me with any comments on paragraphs 46, 66 and exhibit 11, by close on Monday 3 September.

Kind regards,

[REDACTED]

[REDACTED]

Audit Manager

Audit Scotland, 4th Floor, 102 West Port, Edinburgh EH3 9DN

T: [REDACTED] E: [REDACTED]@audit-scotland.gov.uk

www.audit-scotland.gov.uk

 AUDIT SCOTLAND



From: [REDACTED]
Sent: 02 August 2018 14:15
To: [REDACTED]@gov.scot; [REDACTED]@gov.scot; [REDACTED]@gov.scot; [REDACTED]@gov.scot;
[REDACTED]@gov.scot; [REDACTED]@gov.scot
Cc: [REDACTED]@audit-scotland.gov.uk; [REDACTED]@audit-scotland.gov.uk
Subject: Children and young people's mental health - post-clearance draft report

Hi all

I wanted to let you know that as well as taking the clearance comments into consideration, we have also been advised by ISD that we should include two further strands of cost book data in our analysis of CAMHS expenditure. We are also updating the report to reflect the publication on the rejected referrals audit and the additional financial information you provided on mental health funding. As this will mean some changes to the text and exhibits in the report, we thought it made sense to share a further draft of the report with you, as a courtesy, to make you aware of this additional text and analysis.

We plan to do this in the week beginning 20 August. Our publications process will then begin on 27 August, with the report publishing on 13 September.

I also have a couple of further queries. At the meeting with [REDACTED] and [REDACTED] I asked about publication of the report on models of community LD CAMHS, which was originally due to come out in May. Can I check if you now have a publication date for that?

You also mentioned that the annual report on the mental health strategy is due to be submitted to the Health and Sport Committee after recess. Would it be possible for you to share a draft of the report?

I will be on annual leave until 15 August. Happy to discuss any of this when I'm back in the office.

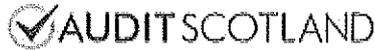
Kind regards

[REDACTED]

[REDACTED]

Audit Manager

Audit Scotland, 4th Floor, 102 West Port, Edinburgh EH3 9DN



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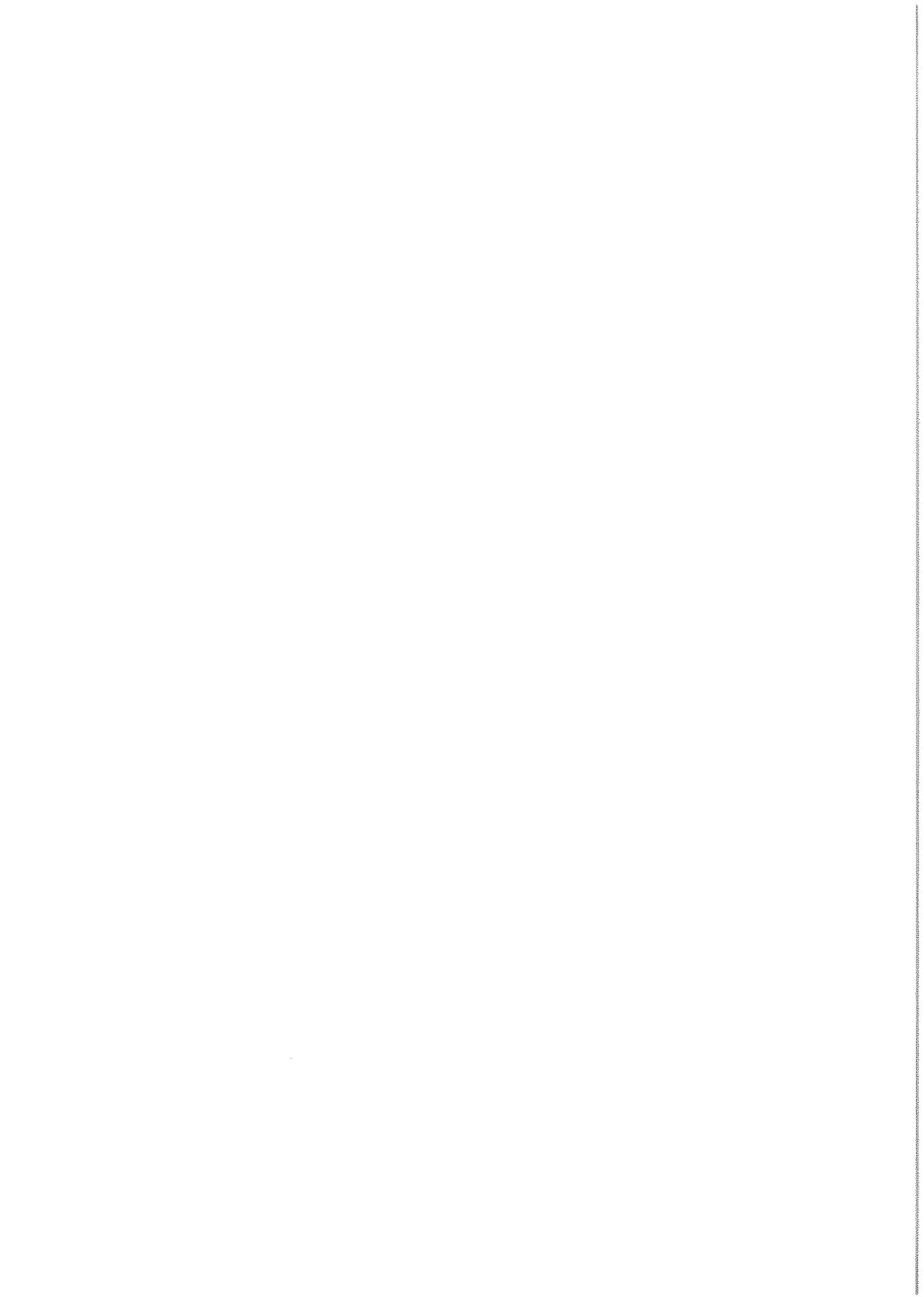
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[REDACTED]

From: [REDACTED]
Sent: 23 April 2018 15:00
To: [REDACTED]
Cc: [REDACTED]
Subject: RE: strategy actions tracker

Hi [REDACTED]

Yes, that is still the plan. The timings are still as per this previous PQ answer – summer 2018. Exact date is tbc.

<http://s0678a:8080/PqTracker/Search/QuestionDetail/3210243>

Thanks,

[REDACTED]

Mental Health Unit
The Scottish Government

 [REDACTED] St Andrews House, Edinburgh, EH1 3DG

Work Phone: [REDACTED]
Blackberry: [REDACTED]

From: [REDACTED]@audit-scotland.gov.uk]
Sent: 19 April 2018 10:06
To: [REDACTED]
Cc: [REDACTED]
Subject: RE: strategy actions tracker

Hi [REDACTED]

Many thanks, that's helpful. The strategy also mentions an annual report going to the health and sport committee. Can I check if and when that is due to happen?

Thanks

From: [REDACTED]@gov.scot [mailto:[REDACTED]@gov.scot]
Sent: 18 April 2018 13:54
To: [REDACTED]
Cc: [REDACTED]@gov.scot; [REDACTED]@gov.scot; [REDACTED]@gov.scot
Subject: RE: strategy actions tracker

Hi [REDACTED]

Latest version of the Action Tracker is attached, which reflects the set of progress reports we received ahead of December's Bi-annual forum.

Worth saying that we have published a [summary paper](#) of the key deliverables and next steps that we heard during December's event (as well as a fuller read-out of discussions during each breakout session, [here](#)). Two of the most significant outputs are:

- That work on the Strategy should be split into four themes
- That the Bi-annual Forum should move to become an annual event, driven by the work of those four themes.

People also felt that publishing the progress reports was helpful, which we will continue to do on a six-monthly basis. So, even though there won't be a Forum event this June, we will still commission the full set of reports, and update the tracker accordingly.

We are also working on an internal system of risk analysis to help us better keep track of whether Actions are on track, and where there are political issues or other risks to delivery.

Hope that's helpful.

[REDACTED]
[REDACTED]
Mental Health Unit
The Scottish Government

[REDACTED] St Andrews House, Edinburgh, EH1 3DG

Work Phone: [REDACTED]
Blackberry: [REDACTED]

From: [REDACTED] [mailto:[REDACTED]@audit-scotland.gov.uk]
Sent: 17 April 2018 13:00
To: [REDACTED]
Cc: [REDACTED]
Subject: FW: strategy actions tracker

Hi [REDACTED]

I wonder if you could help me with the request below in [REDACTED]'s absence?

Many thanks,

[REDACTED]
[REDACTED]
Audit Manager

Audit Scotland, 4th Floor, 102 West Port, Edinburgh EH3 9DN
T: [REDACTED] E: [REDACTED]@audit-scotland.gov.uk
www.audit-scotland.gov.uk

 AUDIT SCOTLAND



From: [REDACTED]
Sent: 17 April 2018 12:58
To: [REDACTED]@gov.scot'
Subject: strategy actions tracker

Hi [REDACTED]

I hope you're well. I wanted to check if there is an up-to-date version of the actions tracker which you could share? The version you last shared with me was from September I think.

Also, could you tell me when the annual report on the strategy is due to be submitted to the health and sport committee?

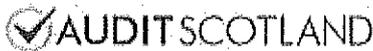
Many thanks,

[REDACTED]

[REDACTED]

Audit Manager

Audit Scotland, 4th Floor, 102 West Port, Edinburgh EH3 9DN
T: [REDACTED] E: [REDACTED]@audit-scotland.gov.uk
www.audit-scotland.gov.uk



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[REDACTED]

From: [REDACTED]
Sent: 01 November 2017 08:31
To: [REDACTED]@audit-scotland.gov.uk
Cc: [REDACTED]
Subject: RE: CAMHS Audit
Attachments: Mental Health Strategy - Actions Tracker - 26 October - MASTER COPY.xlsx; 251017 _Action 16 Progress Report.docx

[REDACTED]

Please find attached the central Actions Tracker for the Mental Health Strategy. This is populated on receipt of progress reports for individual actions, which we receive on a six monthly basis. I've attached a recent one FYI.

As [REDACTED] mentions below, let me know if you want to see full progress reports for any specific Actions.

[REDACTED]

[REDACTED]

Mental Health Unit
The Scottish Government

[REDACTED] St Andrews House, Edinburgh, EH1 3DG

Work Phone: [REDACTED]
Blackberry: [REDACTED]

From: [REDACTED]
Sent: 31 October 2017 17:18
To: [REDACTED]@audit-scotland.gov.uk
Cc: [REDACTED]
Subject: CAMHS Audit

Hi [REDACTED]

It was good to meet with you and [REDACTED] on Thursday and to hear more about Audit Scotland's plans for the CAMHS Audit (apologies I don't have [REDACTED]'s email address). It would be good to keep in touch as work progresses as I think there are a number of overlaps with our work on Rejected Referrals and the Youth Commission. I have passed on your email address to [REDACTED] at SAMH, and it is [REDACTED] who will lead on this work, and I think you are already in touch with her.

There were a couple of other pieces of info I said we would send:

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2, Health Scotland contact is [REDACTED]@nhs.net

3, You asked for a general update on the Mental Health Strategy Actions, I will ask my colleague [REDACTED] to forward our action tracker, which contains everything, but if you wanted more info on particular actions let us know and we can send the individual progress reports.

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6, You asked about the research into the expansion of CAMHS – This will be a short paper looking at how other places have expanded their services to 25 (Birmingham, Australia and Ireland), that should be done over the next few months and we will let you see this once it's finished.

7, SAMH and YS Contacts - [REDACTED] SAMH Chief Executive [REDACTED]@samh.org.uk and Young Scot Chief Executive is [REDACTED]@young.scot

Hope this is helpful

Kind regards

[REDACTED]

[REDACTED] | Head of Early Interventions
Mental Health and Protection of Rights Division
Tel: [REDACTED] |

[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

[REDACTED]

From: [REDACTED]
Sent: 22 November 2017 11:38
To: [REDACTED]
Cc: [REDACTED]
Subject: RE: CAMHS Audit

Morning [REDACTED]

Please find attached progress reports for actions 1, 2, 3, 8, 17, 19, 20 and 21 as requested. We will format these reports for editorial consistency before we publish them on the SG website ahead of the Bi-annual forum on 6 December.

We've also used the latest set of updates to update the central Actions Tracker with progress and deliverables – I've attached that too.

Many thanks,

[REDACTED]

[REDACTED]

Mental Health Unit
The Scottish Government

[REDACTED] St Andrews House, Edinburgh, EH1 3DG

Work Phone: [REDACTED]
Blackberry: 0 [REDACTED]

From: [REDACTED]@audit-scotland.gov.uk]
Sent: 08 November 2017 15:57
To: [REDACTED]
Subject: RE: CAMHS Audit

Hi [REDACTED]

That's no problem, I can wait until the latest versions are in.

Thanks

From: [REDACTED]@gov.scot [mailto:[REDACTED]@gov.scot]
Sent: 08 November 2017 15:54
To: [REDACTED]
Subject: RE: CAMHS Audit

Hi [REDACTED],

We have just commissioned a full set of reports ahead of the Bi-annual Forum on 6 December. If you can wait til w/c 20 November, I'll be able to send you the very latest versions then. Otherwise, let me know and I can send you previous versions.

Thanks,

Mental Health Unit
The Scottish Government

St Andrews House, Edinburgh, EH1 3DG

Work Phone:
Blackberry:

From: [redacted]@audit-scotland.gov.uk]
Sent: 08 November 2017 15:48
To: [redacted]
Subject: RE: CAMHS Audit

Hi [redacted]

Many thanks for sending on the actions tracker last week. If possible, I'd like to see the full progress reports for action 1,2,3,8,17,19,20 and 21.

Regards

[redacted]
Audit Manager

Audit Scotland, 4th Floor, 102 West Port, Edinburgh EH3 9DN
T: [redacted] E: [redacted]@gov.uk
www.audit-scotland.gov.uk

 AUDIT SCOTLAND



From: [redacted]@gov.scot [mailto:[redacted]@gov.scot]
Sent: 01 November 2017 08:31
To: [redacted]@gov.scot; [redacted]
Cc: [redacted]@gov.scot
Subject: RE: CAMHS Audit

[redacted]

Please find attached the central Actions Tracker for the Mental Health Strategy. This is populated on receipt of progress reports for individual actions, which we receive on a six monthly basis. I've attached a recent one FYI.

As [redacted] mentions below, let me know if you want to see full progress reports for any specific Actions.

[redacted]

[REDACTED]
Mental Health Unit
The Scottish Government

☒ [REDACTED] St Andrews House, Edinburgh, EH1 3DG

Work Phone: [REDACTED]
Blackberry: [REDACTED]

From: [REDACTED]
Sent: 31 October 2017 17:18
To: [REDACTED] (@audit-scotland.gov.uk)
Cc: [REDACTED]
Subject: CAMHS Audit

Hi [REDACTED]

It was good to meet with you and [REDACTED] on Thursday and to hear more about Audit Scotland's plans for the CAMHS Audit (apologies I don't have [REDACTED]'s email address). It would be good to keep in touch as work progresses as I think there are a number of overlaps with our work on Rejected Referrals and the Youth Commission. I have passed on your email address to [REDACTED] at SAMH, and it is [REDACTED] who will lead on this work, and I think you are already in touch with her.

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7, SAMH and YS Contacts - [REDACTED] SAMH Chief Executive [REDACTED]@samh.org.uk and Young Scot Chief Executive is [REDACTED]@young.scot

Hope this is helpful

Kind regards

[REDACTED]

[REDACTED] | Head of Early Interventions
Mental Health and Protection of Rights Division
Tel: [REDACTED]

[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

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[REDACTED]

From: [REDACTED]@audit-scotland.gov.uk>
Sent: 01 November 2017 10:55
To: [REDACTED]
Cc: [REDACTED]
Subject: RE: CAMHS Audit

Hi [REDACTED]

Many thanks for passing on the details below, and to [REDACTED] for sending on the actions tracker. That's all really helpful. I'll be in touch to keep you up to date. An email will be coming out this week about our next advisory group meeting on 10 January. I mentioned to [REDACTED] last week that as you have responsibility for CAMHS it may make more sense for you to attend the meeting, but I'll leave that for you and [REDACTED] to decide.

Best wishes

[REDACTED]

[REDACTED]

Audit Manager

Audit Scotland, 4th Floor, 102 West Port, Edinburgh EH3 9DN
T: [REDACTED] E: [REDACTED]@audit-scotland.gov.uk
www.audit-scotland.gov.uk

 AUDIT SCOTLAND



From: [REDACTED] [mailto:[REDACTED]@gov.scot]
Sent: 31 October 2017 17:18
To: [REDACTED]
Cc: [REDACTED]@gov.scot; [REDACTED]@gov.scot
Subject: CAMHS Audit

Hi [REDACTED]

It was good to meet with you and [REDACTED] on Thursday and to hear more about Audit Scotland's plans for the CAMHS Audit (apologies I don't have [REDACTED]'s email address). It would be good to keep in touch as work progresses as I think there are a number of overlaps with our work on Rejected Referrals and the Youth Commission. I have passed on your email address to [REDACTED] at SAMH, and it is [REDACTED] who will lead on this work, and I think you are already in touch with her.

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7, SAMH and YS Contacts - [REDACTED] SAMH Chief Executive [REDACTED]@samh.org.uk and Young Scot Chief Executive is [REDACTED]@young.scot

Hope this is helpful

Kind regards

[REDACTED]

[REDACTED] | Head of Early Interventions
Mental Health and Protection of Rights Division
Tel [REDACTED] |

[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

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[REDACTED]

From: [REDACTED]@audit-scotland.gov.uk>
Sent: 22 November 2017 12:33
To: [REDACTED]
Subject: RE: CAMHS Audit

Many thanks, [REDACTED] Much appreciated.

[REDACTED]

From: [REDACTED]@gov.scot [mailto:[REDACTED]@gov.scot]
Sent: 22 November 2017 11:38
To: [REDACTED]
Cc: [REDACTED]@gov.scot; [REDACTED]@gov.scot
Subject: RE: CAMHS Audit

Morning [REDACTED]

Please find attached progress reports for actions 1, 2, 3, 8, 17, 19, 20 and 21 as requested. We will format these reports for editorial consistency before we publish them on the SG website ahead of the Bi-annual forum on 6 December.

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Many thanks,
[REDACTED]

[REDACTED]

Mental Health Unit
The Scottish Government

[REDACTED] St Andrews House, Edinburgh, EH1 3DG

Work Phone: [REDACTED]
Blackberry: [REDACTED]

From: [REDACTED]@audit-scotland.gov.uk]
Sent: 08 November 2017 15:57
To: [REDACTED]
Subject: RE: CAMHS Audit

H [REDACTED]

That's no problem, I can wait until the latest versions are in.

Thanks
[REDACTED]

From: [REDACTED]@gov.scot [mailto:[REDACTED]@gov.scot]
Sent: 08 November 2017 15:54

To: [REDACTED]
Subject: RE: CAMHS Audit

Hi [REDACTED]

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[REDACTED]

[REDACTED]

Mental Health Unit
The Scottish Government

[REDACTED] St Andrews House, Edinburgh, EH1 3DG

Work Phone: [REDACTED]
Blackberry: [REDACTED]

From: [REDACTED]@audit-scotland.gov.uk]
Sent: 08 November 2017 15:48
To: [REDACTED]
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Regards

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[REDACTED]

Audit Manager

Audit Scotland, 4th Floor, 102 West Port, Edinburgh EH3 9DN
T: [REDACTED] E: [REDACTED]@audit-scotland.gov.uk
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 AUDIT SCOTLAND



From: [REDACTED]@gov.scot [mailto:[REDACTED]@gov.scot]
Sent: 01 November 2017 08:31
To: [REDACTED]@gov.scot; [REDACTED]
Cc: [REDACTED]@gov.scot
Subject: RE: CAMHS Audit

[REDACTED]

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As [redacted] mentions below, let me know if you want to see full progress reports for any specific Actions.

[redacted]

[redacted]

Mental Health Unit
The Scottish Government

[redacted] St Andrews House, Edinburgh, EH1 3DG

Work Phone: [redacted]
Blackberry: [redacted]

From: [redacted]
Sent: 31 October 2017 17:18
To: [redacted] (@audit-scotland.gov.uk)
Cc: [redacted]
Subject: CAMHS Audit

H [redacted]

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Ireland), that should be done over the next few months and we will let you see this once it's finished.

7, SAMH and YS Contacts - [redacted] SAMH Chief Executive
[redacted]@samh.org.uk and Young Scot Chief Executive is [redacted]
[redacted]@young.scot

Hope this is helpful

Kind regards

[redacted]

[redacted] | Head of Early Interventions
Mental Health and Protection of Rights Division
Tel: [redacted]

[redacted]
[redacted]
[redacted]
[redacted]

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Tha am post-d seo (agus faidhle neo ceanglan còmhla ris) dhan neach neo luchd-ainmichte a-mhàin. Chan eil e ceadaichte a chleachdadh ann an dòigh sam bith, a' toirt a-steach còraichean, foillseachadh neo sgaoileadh, gun chead. Ma 's e is gun d'fhuair sibh seo gun fhiosd', bu choir cur às dhan phost-d agus lethbhreac sam bith air an t-siostam agaibh agus fios a leigeil chun neach a sgaoil am post-d gun dàil. Dh'fhaodadh gum bi teachdaireachd sam bith bho Riaghaltas na h-Alba air a chlàradh neo air a sgrùdadh airson dearbhadh gu bheil an siostam ag obair gu h-èifeachdach neo airson adhbhar laghail eile. Dh'fhaodadh nach eil beachdan anns a' phost-d seo co-ionann ri beachdan Riaghaltas na h-Alba.

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