

[Redacted]

From:  
Sent:  
To:  
Subject:

[Redacted]

From: [Redacted] [mailto:[Redacted]@kela.fi]  
Sent: 12 October 2017 11:45  
To: [Redacted]  
Subject: VS: Scotland's Baby Boxes

[Redacted]

As you wrote, it is difficult to find literature on this topic. Please, find below few links to the blog postings: "The role of the Finnish maternity package in the promotion of public health", "Beyond the baby box" and "Finland's low infant mortality has multiple contributing factors". Maybe you can also contact [Redacted] both working in the National Institute for Health and Welfare?

<http://blogi.kansanelakelaitos.fi/avainsanat/maternity-package>

<http://www.goodnewsfinland.com/opinion/beyond-baby-box/>

<https://blogi.thl.fi/blogin-nayttosivu/-/blogs/397201>

Please find below information also about the international seminar "More equal start to life - The Finnish Maternity package" (A seminar organized by Helsinki University Museum and Kela on 21st of November at 12-4 pm. Think Corner, Stage, Yliopistonkatu 4, University of Helsinki)

<https://www.helsinki.fi/en/helsinki-university-museum/news>

Best,

[Redacted]

[Redacted] J.T. Dosen(t)/Head of Research Team, PhD  
Kelan tutkimus/Research at Kela

Kela/The Social Insurance Institution of Finland  
PL 450, 00056 KELA / P.O. Box 450, FIN-00056 KELA, Finland

Tel: [Redacted]

Lähettäjät: [Redacted]@gov.scot [mailto:[Redacted]@gov.scot]  
Lähetetty: Tiistaina 10. lokakuuta 2017 15:45  
Vastaanottaja: [Redacted] "J.n@kela.fi">  
Allier: Scotland's Baby Boxes

Good afternoon,

I work in Children and Families analysis in the Scottish Government and the recently rolled out Baby Boxes are in my remit. I am specifically working on the evaluation of the baby Box and wondered if you were able to point me in the direction of any evaluation of the Finnish Baby Boxes that are published? I have not been able to find anything on line or in a library search and wondered if you could assist?

Best [Redacted]

[Redacted] | Children and Families Analysis | Scottish Government  
Victoria Quay | Edinburgh | EH6 6QQ  
[Redacted]@gov.scot [Redacted]

My working days are Monday to Thursday

\*\*\*\*\*

This e-mail (and any files or other attachments transmitted with it) is intended solely for the attention of the addressee(s). Unauthorised use, disclosure, storage, copying or distribution of any part of this e-mail is not permitted. If you are not the intended recipient please destroy the email, remove any copies from your system and inform the sender immediately by return.

Communications with the Scottish Government may be monitored or recorded in order to secure the effective operation of the system and for other lawful purposes. The views or opinions contained within this e-mail may not necessarily reflect those of the Scottish Government.

Tha am post-d seo (agus faidhle neo ceanglan còmhla ris) dhan neach neo luchd-almuichte a-mhàin. Chan eil e ceadichte a chleachdadh ann an dòigh sam bith, a' toirt a-steach còraichean, foillseachadh neo sgaoileadh, gun chead. Ma 's e is gum d'fhuair sibh seo gun fhiosd', bu chòir cur às dhau phost-d agus lethbhreac sam bith air an t-siostam againn agus fios a leigeil chun neach a sgaoll am post-d gun dàil. Dh'fhaodadh gum bi teachdalraicheid sam bith bho Rialtas na h-Alba air a chlàradh neo air a sgrùdadh airson dearbhadh gu bheil an siostam ag obair gu h-dìfeachdach neo airson adhbhar laghail eile. Dh'fhaodadh nach eil beachdan anns a' phost-d seo co-ionann ri beachdan Rialtas na h-Alba.  
\*\*\*\*\*

This email has been scanned by the Symantec Email Security.cloud service.  
For more information please visit <http://www.symanteccloud.com>

\*\*\*\*\*  
\*\*\*\*\*

This email has been received from an external party and has been swept for the presence of computer viruses.

\*\*\*\*\*  
\*\*\*\*\*

From:  
Sent:  
To:  
Subject:

[Redacted]

From: [Redacted] [mailto:[Redacted]@thl.fi]  
Sent: 23 October 2017 19:05  
To: [Redacted]; [Redacted]  
Cc: [Redacted]  
Subject: v3; Scotland's Baby Box

Dear [Redacted]

Thank you for your e-mail. Good to hear that you are evaluating your Baby Box. As you may know the Finnish one has never been evaluated. When it was introduced, it was first means-tested for those with most material disadvantages, but later an universal benefit. The main idea behind the Finnish innovation was to bind it to the use of prenatal care (infectious diseases, toxemia and other unwanted diagnoses which caused problems for the pregnancy and the newborn). This was very successful, since the participation rate increased quickly to 95% and further to 100%. Combining both the box and the prenatal care also the pregnancy, perinatal and infant outcomes improved quickly. At the same time, however, also other progress can be recorded: the introduction of antibiotics, the transfer from home births to hospital births, introduction of central hospital network in Finland. This means that the effect of baby box could not be evaluated retrospectively.

Interestingly, the baby box concept has not been evaluated even during the more recent decades. We know that it is appreciated by the families: practically all first time mothers/families take it - for subsequent children, there is a choice between the box or a monetary benefit (which value is less than the value of the box). No politician has questioned the value of baby box and there have been no proposal to abolish it (which would be more or less a political suicide for anyone).

Our institution THL has been asked to join research proposals to evaluate baby boxes elsewhere, but these have been commercial boxes with less or no educational part.

If you have any further questions, do not hesitate to ask us more about the baby box or the Finnish antenatal care system.

With regards

Lähetetty: [Redacted] [mailto:[Redacted]@gov.scot]  
Lähetetty: 23. lokakuuta 2017 18:06  
Vastaanottaja: [Redacted]  
Aihe: Scotland's Baby Box

Good afternoon,

I was given your contact details by [Redacted] I hope you don't mind me being in touch direct and my lack of Finnish.

I am working on the evaluation of Scotland's Baby Box and wanted to make contact (Kedrick) passed me an article that you had both written. I wondered if there was anything else that you could share about the Finnish Maternity Package?

I attach below two reports carried out prior to full roll out of the Scottish scheme for your interest.

Baby Box Development Research  
<http://www.gov.scot/Publications/2017/06/1484>

Baby Box Pilot Study  
<http://www.gov.scot/Publications/2017/06/8891>

I would be happy to keep you updated as our wider evaluation develops.

Best wishes

*[Kedrick]* Children and Families Analysis | Scottish Government  
Victoria Orav | Edinburgh | EH6 8QQ  
*[Kedrick]*

My working days are Monday to Thursday

\*\*\*\*\*  
This e-mail (and any files or other attachments transmitted with it) is intended solely for the attention of the addressee(s). Unauthorised use, disclosure, storage, copying or distribution of any part of this e-mail is not permitted. If you are not the intended recipient please destroy the email, remove any copies from your system and inform the sender immediately by return.  
Communications with the Scottish Government may be monitored or recorded in order to secure the effective operation of the system and for other lawful purposes. The views or opinions contained within this e-mail may not necessarily reflect those of the Scottish Government.

Tha am post-d seo (agus faidhle neo ceanglan còmhla ris) dhan neach neo luchd-ainmichte a-mhàin. Chan eil e ceadachd a chleachdadh ann an dòigh sam bith, a' toirt a-steach còrachan, fòillsachadh neo sgaoileadh, gun choad. Ma 's e is gun d'fhuair sibh seo gun fhiosd', bu chòir cur às dhan phost-d agus lethbhreac sam bith air an t-siostam agalbh agus fios a lèigil dhun neach a sgnòil am post-d gun dàil. Dh'fhaodadh gum bi teachd-inreachd sam bith bho Rialtas na h-Alba air a chiàradh neo air a sgrùdadh airson dearbhadh gu bheil an siostam ag obair gu h-dìfeachdach neo airson adhbhar laghail eile. Dh'fhaodadh nach eil beachdan anns a' phost-d seo co-ionann ri beachdan Rialtas na h-Alba.  
\*\*\*\*\*

This email has been scanned by the Symantec Email Security.cloud service.  
For more information please visit <http://www.symanteccloud.com>

\*\*\*\*\*  
\*\*\*\*\*  
This email has been received from an external party and has been swept for the presence of computer viruses.  
\*\*\*\*\*  
\*\*\*\*\*

[Redacted]

From: [Redacted] <[Redacted]@kela.fi>  
Sent: 08 May 2018 08:02  
To: [Redacted]  
Cc: [Redacted]  
Subject: VS: Finnish Box

Hi [Redacted]

Thank you for your email, I think that [Redacted] and [Redacted] could give you more specific information about the safety accreditation and [Redacted] about the share of the parents who use baby box as a bed for the newborns.

Best,

[Redacted]

[Redacted] Head of Research Team, PhD  
[Redacted] Research at Kela

Kela/The Social Insurance Institution of Finland  
PL 450, 00056 KELA / P.O. Box 450, FIN-00056 KELA, Finland

Tel: [Redacted]

Lähetettävä: [Redacted]@gov.scot [Redacted]@gov.scot>  
Lähetetty: torstai 3. toukokuuta 2018 12:09  
Vastaanottaja: [Redacted]@kela.fi [Redacted]@helsinki.fi  
Kopio: [Redacted]@thi.fi [Redacted]@thi.fi  
Aihe: FW: Finnish Box  
Tärkeys: Suuri

Hi, [Redacted]

Apologies to email you all at once – and I am expanding on my earlier email to [Redacted]. We are looking at the safety messaging for our Box in Scotland and in the UK and the British Standards agency is considering creating a new safety standard for Baby Boxes. Would you be able to share the specification of your Box and what safety accreditation it has?

We would also be interested in how you present this to parents as I understand that the majority of Finnish babies sleep in the Box exclusively for the first few months of their lives? How does this fit in with the safe sleep practice that as a Government I am sure you make parents aware of?

I would very much appreciate if you could help me with this or put me in touch with who in KELA could assist?

Very best [Redacted]

[Redacted] Children and Families Analysis | Scottish Government  
Area 2A North | Victoria Quay | Edinburgh | EH6 6QQ

[Redacted]@gov.scot [Redacted]

My working days are Monday to Thursday

From: [Redacted]  
Sent: 03 May 2018 08:55  
To: [Redacted]@kela.fi  
Subject: Finnish Box

Hi, [Redacted]

Could you give me details of your actual baby box? The safety standard and the safety messaging you have on your Box. That would be really helpful.

Best

[Redacted] | Children and Families Analysis | Scottish Government  
Area 2A North | Victoria Quay | Edinburgh | EH6 6QQ  
[Redacted]@gov.scot |

My working days are Monday to Thursday



year of young people  
bliadhna na h-òigridh  
2018

\*\*\*\*\*  
This e-mail (and any files or other attachments transmitted with it) is intended solely for the attention of the addressee(s). Unauthorised use, disclosure, storage, copying or distribution of any part of this e-mail is not permitted. If you are not the intended recipient please destroy the email, remove any copies from your system and inform the sender immediately by return.  
Communications with the Scottish Government may be monitored or recorded in order to secure the effective operation of the system and for other lawful purposes. The views or opinions contained within this e-mail may not necessarily reflect those of the Scottish Government.

Tha an post-d seo (agus faidhle neo ceanglan còmhla ris) dhan neach neo luchd-ainneichte a-mhàin. Chan eil e ceadichte a chleachdadh ann an dòigh sam bith, a' toirt a-steach còrachean, foillseachadh neo sgaoileadh, gun chead. Ma 's e is gun d'fhuair sibh seo gun fhios, bu chòir cur às dhan phost-d agus lethbhreac sam bith air an t-siostam agalbh agus fios a leigeil dhùin neach a sgaoil an post-d gun dèilig. Dh'fhaodadh gum bi teachdairneachd sam bith bho Rìghaltas na h-Alba air a chlàradh neo air a sgrùdadh airson dearbhadh gu bheil an siostam ag obair gu h-èifeachdach neo airson adhbhar laghall eile. Dh'fhaodadh nach eil beachdan anns a' phost-d seo co-ionann ri beachdan Rìghaltas na h-Alba.  
\*\*\*\*\*

This email has been scanned by the Symantec Email Security.cloud service.  
For more information please visit <http://www.symanteccloud.com>

\*\*\*\*\*  
\*\*\*\*\*

[Redacted]

From: [Redacted] <[Redacted]@kela.fi>  
Sent: 09 May 2018 08:37  
To: [Redacted]  
Cc:  
Subject: VS: Finnish Box

Hi [Redacted]

Thank you for your email. We did a survey concerning families' perceptions on baby box last year and found that 37 percent of families used the baby boxes as a sleeping place.

NY times journalist Rachel Peachman published an article concerning the issue last May. A senior researcher: [Redacted] from Kela was also interviewed in the article: <https://www.nytimes.com/2017/05/24/well/family/put-your-baby-in-a-box-experts-advise-caution.html>

Best,  
[Redacted]

[Redacted] Researcher, MSc  
[Redacted] / Research at Kela

Kela / The Social Insurance Institution of Finland  
PL 450 (Nordenskiöldinkatu 12), 00056 KELA

Tel: [Redacted]  
Email: [Redacted]@kela.fi

Lähetetty: [Redacted] <[Redacted]@gov.scot>  
Lähetetty: tiistai 8. toukokuuta 2018 14:51  
Vastaanottaja: [Redacted] <[Redacted]@kela.fi>  
Kopio: [Redacted] <[Redacted]@kela.fi>; [Redacted] <[Redacted]@kela.fi>  
Aihe: RE: Finnish Box

Many thanks [Redacted]  
[Redacted] and [Redacted] would you be able to give me some more information about the specification of the Finnish Box and the safety accreditation.

We have our own safe sleeping guidance in the Scottish Government however I would also be very interested in what you supply parents with and indeed if you are able to comment on what proportion of parents use the Box as a sleep space? This information would be very helpful for our on-going review of the Scottish Box, which as you know has been a universal benefit since August 2017.

Many thanks in advance for your assistance in this request.

Best [Redacted]

[Redacted] | Children and Families Analysis | Scottish Government  
Area 2A North | Victoria Quay | Edinburgh | EH6 6QQ  
[Redacted] | gov.scot [Redacted]

My working days are Monday to Thursday



year of young people  
blladhna na h-òigridh  
2018

From: [Redacted] (mailto:[Redacted]@kela.fi)  
Sent: 08 May 2018 08:02  
To: [Redacted]  
Cc: [Redacted]  
Subject: VS: Finnish Box

Hi [Redacted]  
Thank you for your email, I think that [Redacted] and [Redacted] could give you more specific information about the safety accreditation and [Redacted] about the share of the parents who use baby box as a bed for the newborns.

Best, [Redacted]

[Redacted] FT, Dosentti/Head of Research Team, PhD  
[Redacted] / Research at Kela

Kela/The Social Insurance Institution of Finland  
PL 450, 00056 KELA / P.O. Box 450, FIN-00056 KELA, Finland

Tel: [Redacted] / t.

Lähetetty: [Redacted] @gov.scot [Redacted] @gov.scot >  
Lähetetty: to: stal 3. toukokuuta 2018 12:09  
Vastagnottaja: [Redacted] @kela.fi [Redacted] @helsinki.fi  
Kopio: [Redacted] @thl.fi [Redacted] @thl.fi  
Alhelti FW: Finnish Box  
Tärkeys: Suuri

Hi, [Redacted]

Apologies to email you all at once -- and I am expanding on my earlier email to [Redacted]. We are looking at the safety messaging for our Box in Scotland and in the UK and the British Standards agency is considering creating a new safety standard for Baby Boxes. Would you be able to share the specification of your Box and what safety accreditation it has?



We would also be interested in how you present this to parents as I understand that the majority of Finnish babies sleep in the Box exclusively for the first few months of their lives? How does this fit in with the safe sleep practice that as a Government I am sure you make parents aware of?

I would very much appreciate if you could help me with this or put me in touch with who in KELA could assist?

Very best, [Redacted]

[Redacted] | Children and Families Analysis | Scottish Government  
Area 2A North | Victoria Quay | Edinburgh | EH6 6QQ  
[Redacted]@gov.scot [Redacted]

My working days are Monday to Thursday

---

From: [Redacted]  
Sent: 03 May 2018 08:55  
To: [Redacted]@kela.fi  
Subject: Finnish Box

Hi, [Redacted]

Could you give me details of your actual baby box? The safety standard and the safety messaging you have on your Box. That would be really helpful.

Best, [Redacted]

[Redacted] | Children and Families Analysis | Scottish Government  
Area 2A North | Victoria Quay | Edinburgh | EH6 6QQ  
[Redacted]@gov.scot [Redacted]

My working days are Monday to Thursday



year of young people  
bliadhna na h-òigridh  
2018

\*\*\*\*\*  
This e-mail (and any files or other attachments transmitted with it) is intended solely for the attention of the addressee(s). Unauthorised use, disclosure, storage, copying or distribution of any part of this e-mail is not permitted. If you are not the intended recipient please destroy the email, remove any copies from your system and inform the sender immediately by return.  
Communications with the Scottish Government may be monitored or recorded in order to secure the effective operation of the system and for other lawful purposes. The views or opinions contained within this e-mail may not necessarily reflect those of the Scottish Government.

Tha am post-d seo (agus faidhle neo ceanglan eòmhla ris) dhan neach neo luchd-almichte a-mhàin. Chan

eil e ceadalichte a chleachadh ann an dòigh sam bith, a' toirt a-steach còraichean, foillsachadh neo  
sgaoileadh, gun chead. Ma 's e is gun d'fhuair sibh seo gun fhiosd', bu chòir cur às dhan phost-d agus  
leithbreac sam bith air an t-siostam againn agus fios a feigeil dhun neach a sgaoll an post-d gun dèid.  
Dh'fhaodadh gum bi teachdaireachd sam bith bho Rìghdallas na h-Alba air a chlàradh neo air a sgrùdadh  
airson dearbhadh gu bholl an siostam ag obair gu h-èifeachdach neo airson adhbhar laghail eile.  
Dh'fhaodadh nach eil beachdan anns a' phost-d seo co-ionann ri beachdan Rìghdallas na h-Alba.  
\*\*\*\*\*

---

This email has been scanned by the Symantec Email Security.cloud service.  
For more information please visit <http://www.symanteccloud.com>

\*\*\*\*\*  
\*\*\*\*\*

This email has been received from an external party and has been swept for the presence of computer  
viruses.  
\*\*\*\*\*  
\*\*\*\*\*

---

This email has been scanned by the Symantec Email Security.cloud service.  
For more information please visit <http://www.symanteccloud.com>

\*\*\*\*\*  
\*\*\*\*\*

This email has been received from an external party and has been swept for the presence of computer  
viruses.  
\*\*\*\*\*  
\*\*\*\*\*

[Redacted]

From:  
Sent:  
To:  
Subject:

[Redacted]  
14 May 2018 11:00  
[Redacted]  
FW: Scotland's Baby Boxes

[Redacted]; Children and Families Analysis | Scottish Government  
Area 2A North | Victoria Quay | Edinburgh | EH6 6QQ  
[Redacted] @gov.scot [Redacted]

My working days are Monday to Thursday



year of young people  
bliadhna na h-òigridh  
2018

From: [Redacted] <[Redacted]@kela.fi>  
Sent: 10 November 2017 05:56  
To:  
Subject: VS; Scotland's Baby Boxes

Hi [Redacted] also tried and the original link was not working any more -- but I found the new one:  
<https://blogi.thl.fi/finlands-low-infant-mortality-has-multiple-contributing-factors/>

I think it is the same blog post,

Best [Redacted]

Lähetetty: [Redacted] <[Redacted]@gov.scot> [mailto:[Redacted]@gov.scot]  
Lähetetty: keskiviikkona 8. marraskuuta 2017 15:37  
Vastaanottaja: [Redacted] <[Redacted]@kela.fi>  
Kopio: [Redacted] <[Redacted]@kela.fi>  
Aihe: RE: Scotland's Baby Boxes

Hi [Redacted]

Hello again! I wanted to check with you -- the blog post below that you sent onto me has disappeared. It was very useful and I wondered if you know if the text was available elsewhere now? It would be really helpful to have it.

<https://blogi.thl.fi/blogin-navttosivu/-/blogs/397201>

Thanks.

[Redacted]; Children and Families Analysis | Scottish Government  
Victoria Quay | Edinburgh | EH6 6QQ  
[Redacted] @gov.scot [Redacted]

My working days are Monday to Thursday

From: [Redacted] [mailto:[Redacted]@kela.fi]  
Sent: 24 October 2017 07:50  
To: [Redacted]  
Cc: [Redacted]  
Subject: VS: Scotland's Baby Boxes

Thank you [Redacted] for your message with interesting information!

We are also more than happy to keep in touch and share information related to your evaluation plans as well our data on maternity package (questionnaire data related to the quality of the products including questions whether families have used the box as a sleeping place etc.)

Best wishes,

[Redacted]

[Redacted] FT, Dosentti/Head of Research Team, PhD  
[Redacted] Research at Kela

Kela/The Social Insurance Institution of Finland  
PL 450, 00056 KELA / P.O. Box 450, FIN-00056 KELA, Finland

Tel: [Redacted]

Lähettäjän [Redacted]@gov.scot (mailto:[Redacted]@gov.scot)  
Lähetty: maanantaina 23. lokakuuta 2017 17:50  
Vastaanottajan [Redacted]@helsinki.fi [Redacted] <[Redacted]@kela.fi>  
Aihe: RE: Scotland's Baby Boxes

Thank you [Redacted]

Many thanks for responding to me and apologies for my lack of your language.

I would be more than happy to keep in touch as our wider evaluation plans for Scotland's Baby Box develop. In the meantime please see two published reports about the development of the Baby Box and the pilot than was run before full roll out of the scheme on the 15 August 2017.

Baby Box Development Research  
<http://www.gov.scot/Publications/2017/06/1484>

Baby Box Pilot Study  
<http://www.gov.scot/Publications/2017/06/8891>

Best wishes,

[Redacted] Children and Families Analysts | Scottish Government  
Victoria Quay | Edinburgh | EH6 6QQ  
[Redacted]@gov.scot [Redacted] [Redacted]

My working days are Monday to Thursday

From: [Redacted] (mailto:[Redacted]@helsinki.fi)  
Sent: 23 October 2017 07:11  
To: [Redacted]  
Subject: RE: Scotland's Baby Boxes

Dear all,  
yes, that is right, you can watch the seminar via University's slight [Redacted] mentioned. That will be saved there too, if you are interested to see it later.

Best regards,  
[Redacted]

From: [Redacted] (mailto:[Redacted]@kela.fi)  
Sent: 19. lokakuuta 2017 9:52  
To: [Redacted]@gov.scot  
Cc: [Redacted] <[Redacted]@helsinki.fi>  
Subject: VS: Scotland's Baby Boxes

Dear  
You can watch the seminar through the following Untube (live broadcasts):  
<https://www.helsinki.fi/en/news/unitube> Am I right about this live broadcast?

The email address for [Redacted] is [firstname.lastname@thl.fi](mailto:firstname.lastname@thl.fi)

And we are interested in to hear about your evaluation!

Best,  
[Redacted]

[Redacted] J, FT, Dosentti/Head of Research Team, PhD  
research at Kela

Kela/The Social Insurance Institution of Finland  
PL 450, 00056 KELA / P.O. Box 450, FIN-00056 KELA, Finland

[Redacted]

Lähetetty: [Redacted]@gov.scot (mailto:[Redacted]@gov.scot)

Lähetetty: Reskivälkköna 18. lokakuuta 2017 12:26

Vastannotta: [Redacted]@kela.fi

Alhoi RE: Scotland's Baby Boxes

Tärkeys: Suuri

Dear [Redacted]

Many thanks for your response. That is extremely helpful. Would it be yourself that could share papers from the seminar? I would very much like to see them.

Also could you let me know the email address for [Redacted] and [Redacted]

As we proceed with evaluation we would like to keep in touch if that is of interest?

Thanks  
[Redacted]

[Redacted] Children and Families Analysis | Scottish Government  
Victoria Quay | Edinburgh | EH6 6QQ  
[Redacted] gov.scot | [Redacted]

My working days are Monday to Thursday

From [Redacted] [Redacted]@kela.fi  
Sent: 12 October 2017 11:45  
To: [Redacted]  
Subject: VS: Scotland's Baby Boxes

Dear [Redacted]

As you wrote, It is difficult to find literature on this topic. Please, find below few links to the blog postings: "The role of the Finnish maternity package in the promotion of public health", "Beyond the baby box" and "Finland's low infant mortality has multiple contributing factors". Maybe you can also contact [Redacted] both working in the National Institute for Health and Welfare?

<http://blog1.kansanelakelaitos.fi/avainsanat/maternity-package>

<http://www.goodnewsinland.com/opinion/beyond-baby-box/>

<https://blog1.thl.fi/blogin-nayttosivu/-/blogs/397201>

Please find below information also about the international seminar "More equal start to life - The Finnish Maternity package" (A seminar organized by Helsinki University Museum and Kela in 21st of November at 12-4 pm. Think Corner, Stage, Yliopistonkatu 4, University of Helsinki)

<https://www.helsinki.fi/en/helsinki-university-museum/news>

Best,

[Redacted]

[Redacted] FT, Dosentti/Head of Research Team, PhD  
[Redacted] Research at Kela

Kela/The Social Insurance Institution of Finland  
PL 450, 00056 KELA / P.O. Box 450, FIN-00056 KELA, Finland

Tel: [Redacted]

Lähettäjän [Redacted]@gov.scot (mailto:[Redacted]@gov.scot)

Lähetetty: tiistaina 10. lokakuuta 2017 15:45

Vastaanottajan [Redacted]@kela.fi

Alue: Scotland's Baby Boxes

Good afternoon,

I work in Children and Families analysis in the Scottish Government and the recently rolled out Baby Boxes are in my remit. I am specifically working on the evaluation of the baby box and wondered if you were able to point me in the direction of any evaluation of the Finnish Baby Boxes that are published? I have not been able to find anything on line or in a library search and wondered if you could assist?

Best

3  
[Redacted]

---

This email has been scanned by the Symantec Email Security.cloud service.  
For more information please visit <http://www.symanteccloud.com>

---

\*\*\*\*\*

\*\*\*\*\*

This email has been received from an external party and has been swept for the presence of computer viruses.

\*\*\*\*\*

\*\*\*\*\*

**[Redacted]** Children and Families Analysis | Scottish Government  
Victoria Quay | Edinburgh | EH6 6QQ

**[Redacted]** [\[Redacted\]@gov.scot](mailto: [Redacted]@gov.scot) **[Redacted]**

My working days are Monday to Thursday

\*\*\*\*\*  
This e-mail (and any files or other attachments transmitted with it) is intended solely for the attention of the addressee(s). Unauthorised use, disclosure, storage, copying or distribution of any part of this e-mail is not permitted. If you are not the intended recipient please destroy the email, remove any copies from your system and inform the sender immediately by return.  
Communications with the Scottish Government may be monitored or recorded in order to secure the effective operation of the system and for other lawful purposes. The views or opinions contained within this e-mail may not necessarily reflect those of the Scottish Government.

Tha am post-d seo (agus faidhle neo ceanglan còmhla ris) dhàn neach neo luchd-ainmichte a-mhàin. Chan eil e ceadichte a chleachdadh ann an dòigh sam bith, a' toirt a-steach còralachan, foillsachadh neo sgaoileadh, gun chead. Ma 's e is gun d'fhuair sibh seo gum fhiosd', bu chòir eile às dhàn phost-d agus lethbhreac sam bith air an t-slostam agaibh agus fios a leigell chun neach a sgaoil am post-d gun dàil. Dh'fhaodadh gum bi teachdalreachd sam bith bho Rìghaltas na h-Alba air a chlàradh neo air a sgrùdadh airson dearbhadh gu bheil an slostam ag obair gu h-èifeachdach neo airson adhbhar laghail eile. Dh'fhaodadh nach eil beachdan anns a' phost-d seo co-ionann ri beachdan Rìghaltas na h-Alba.  
\*\*\*\*\*

---

This email has been scanned by the Symantec Email Security.cloud service.  
For more information please visit <http://www.symanteccloud.com>

\*\*\*\*\*  
\*\*\*\*\*

This email has been received from an external party and has been swept for the presence of computer viruses.  
\*\*\*\*\*  
\*\*\*\*\*

---

This email has been scanned by the Symantec Email Security.cloud service.  
For more information please visit <http://www.symanteccloud.com>

---

This email has been scanned by the Symantec Email Security.cloud service.  
For more information please visit <http://www.symanteccloud.com>

\*\*\*\*\*  
\*\*\*\*\*

This email has been received from an external party and has been swept for the presence of computer viruses.  
\*\*\*\*\*  
\*\*\*\*\*



[Redacted]

From:  
Sent:  
To:  
Subject:

[Redacted]  
14 May 2018 11:02  
[Redacted]  
FW: Scotland's Baby Box

[Redacted] | Children and Families Analysis | Scottish Government  
Area 2A North | Victoria Quay | Edinburgh | EH6 6QQ  
[Redacted]@gov.scot [Redacted]

My working days are Monday to Thursday



year of young people  
bllachna na h-òigridh  
2018

From: [Redacted] [mailto:[Redacted]@thl.fi]  
Sent: 25 October 2017 05:02  
To: [Redacted]  
Cc: [Redacted]  
Subject: VS: Scotland's Baby Box

Thank you [Redacted] for the clarifications and additional information.

Good luck with the project and its evaluation. I would be glad if you could keep us informed on the results in Scotland!

With regards

[Redacted]

Finland

Lähetetty: [Redacted]@gov.scot [mailto:[Redacted]@gov.scot]  
Lähetetty: 24. lokakuuta 2017 15:48  
Vastaanottaja: [Redacted]  
Kopio: [Redacted]  
Alli: RE: Scotland's Baby Box

Dear [Redacted]

Thank you for the information. You will note that Scotland's Baby Box is also a universal gift, aimed to promote an equal start in life. It was based on your scheme and includes a similar range of items for the first few months of a child's life such as clothes, bedding, books and a mattress to facilitate usage of the box as a safe sleeping space. The Scottish Government hope to encourage behaviour change that will positively impact on the outcomes for the child - for example encouraging safe sleep practices, breastfeeding and parental attachment and interaction.

As part of the planning for the wider evaluation we will carry out an evaluability assessment to determine the best approach, involving stakeholders. Whilst I wouldn't ask for you to take part in this I would appreciate if I can keep you updated on how it progresses. Hopefully you will find this link to Scotland a useful one yourselves,

Best [Redacted]

[Redacted] Children and Families Analysis | Scottish Government  
Victoria Quay | Edinburgh | EH6 6QQ  
[Redacted] @gov.scot [Redacted]

My working days are Monday to Thursday

From: [Redacted] [mailto:[Redacted]@thl.fi]  
Sent: 23 October 2017 19:05  
To: [Redacted]  
Cc: [Redacted]  
Subject: VS: Scotland's Baby Box

Dear [Redacted]

Thank you for your e-mail. Good to hear that you are evaluating your Baby Box. As you may know the Finnish one has never been evaluated. When it was introduced, it was first means-tested for those with most material disadvantages, but later an universal benefit. The main idea behind the Finnish innovation was to bind it to the use of prenatal care (infectious diseases, toxemia and other unwanted diagnoses which caused problems for the pregnancy and the newborn). This was very successful, since the participation rate increased quickly to 95% and further to 100%. Combining both the box and the prenatal care also the pregnancy, perinatal and infant outcomes improved quickly. At the same time, however, also other progress can be recorded: the introduction of antibiotics, the transfer from home births to hospital births, introduction of central hospital network in Finland. This means that the effect of baby box could not be evaluated retrospectively.

Interestingly, the baby box concept has not been evaluated even during the more recent decades. We know that it is appreciated by the families: practically all first time mothers/families take it - for subsequent children, there is a choice between the box or a monetary benefit (which value is less than the value of the box). No politician has questioned the value of baby box and there have been no proposal to abolish it (which would be more or less a political suicide for anyone).

Our institution THL has been asked to join research proposals to evaluate baby boxes elsewhere, but these have been commercial boxes with less or no educational part.

If you have any further questions, do not hesitate to ask us more about the baby box or the Finnish antenatal care system.

With regards

[Redacted]

Lähetetty: [Redacted] @gov.scot [mailto:[Redacted]@gov.scot]  
Lähetetty: 23. lokakuuta 2017 18:06  
Vastaanottaja: [Redacted]  
Aihe: Scotland's Baby Box

Good afternoon,

I was given your contact details by [Redacted] I hope you don't mind me being in touch direct and my lack of Finnish.

I am working on the evaluation of Scotland's Baby Box and wanted to make contact - Karolína passed me an article that you had both written. I wondered if there was anything else that you could share about the Finnish Maternity Package?

I attach below two reports carried out prior to full roll out of the Scottish scheme for your interest.

Baby Box Development Research  
<http://www.gov.scot/Publications/2017/06/1484>

Baby Box Pilot Study  
<http://www.gov.scot/Publications/2017/06/8891>

I would be happy to keep you updated as our wider evaluation develops.

Best wishes

[Redacted]  
[Redacted] Children and Families Analysis | Scottish Government  
Victoria Quay | Edinburgh | EH6 6QQ  
[Redacted] @gov.scot [Redacted]

My working days are Monday to Thursday

\*\*\*\*\*

This e-mail (and any files or other attachments transmitted with it) is intended solely for the attention of the addressee(s). Unauthorised use, disclosure, storage, copying or distribution of any part of this e-mail is not permitted. If you are not the intended recipient please destroy the email, remove any copies from your system and inform the sender immediately by return.

Communications with the Scottish Government may be monitored or recorded in order to secure the effective operation of the system and for other lawful purposes. The views or opinions contained within this e-mail may not necessarily reflect those of the Scottish Government.

Tha am post-d seo (agus faidhle neo ceanglan còmhla ris) dhan neach neo luchd-ainmichte a-mhàin. Chan eil e còraichte a chleachdadh ann an dòigh sam bith, a' toirt a-steach còraichean, foillseachadh neo sgaolladh, gun chòrd. Ma 's e is gun d'fhuair sibh seo gun fhiosd, bu chòir cur às dhan phost-d agus lethblreac sam bith air an t-siostam agalbh agus fios a feigell chum neach a sgaoll am post-d gun dèid. Dh'fhaodadh gum bi teachdaireachd sam bith bho Rìghaltas na h-Alba air a chlàradh neo air a sgrùdadh airson dearbhadh gu bheil an siostam ag obair gu h-èifeachdach neo airson adhbhar laghail eile. Dh'fhaodadh nach eil beachdan anns a' phost-d seo co-ionann ri beachdan Rìghaltas na h-Alba.

\*\*\*\*\*

This email has been scanned by the Symantec Email Security.cloud service.  
For more information please visit <http://www.symanteccloud.com>

\*\*\*\*\*

\*\*\*\*\*

This email has been received from an external party and has been swept for the presence of computer viruses.

\*\*\*\*\*

\*\*\*\*\*

---

This email has been scanned by the Symantec Email Security.cloud service.  
For more information please visit <http://www.symanteccloud.com>

---

\*\*\*\*\*  
\*\*\*\*\*

This email has been received from an external party and has been swept for the presence of computer viruses.

\*\*\*\*\*  
\*\*\*\*\*