Resilience / vulnerability matrix

**Resilient child**
High adversity

**Resilience**
Good attachment, Good self esteem, Sociability, Intelligences, Flexible temperament, Problem solving skills, Positive parenting

**Resilient child**
Protective environment

**Adversity**
Life events / crises, serious Illness, loss / bereavement, Separation / Family breakdown, Domestic violence, Asylum seeking status, Serious parental difficulties - e.g. substance misuse, Parental mental illness, Poverty

**Protective environment**
Good school experience, One supportive adult, Special help with behavioural problems, Community networks, Leisure activities, Talents and interests

**Vulnerability**
Poor attachment, Minority status, Young age, Disability, History of abuse, Innate characteristics in child / challenge development, A loner / isolation, Institutional care, Early childhood trauma, Communication differences, Inconsistent, neglectful care

**Vulnerable child**
High adversity

**Variables:**
Timing and age, Multiple adversities, Cumulative protectors, Pathways, Turning points, A sense of belonging

**Interventions**
Strengthen protective factors and resilience, Reduce problems and address vulnerability, Achieve initial small improvements