My world triangle

How I grow and develop

Being healthy
Learning to be responsible
Becoming independent, looking after myself
Enjoying family & friends

What I need from people who look after me

Guidance, supporting me to make the right choices
Knowing what is going to happen & when
Understanding my family's history, background & beliefs
Everyday care & help
Keeping me safe
Being there for me
Play, encouragement & fun

My wider world

Support from family, friends & other people
School
Local resources
Enough money
Comfortable & safe housing
Work opportunities for my family
Belonging

The whole child or young person: Physical, Social, Educational, Emotional, Spiritual & Psychological development