

Communities Mental Health and Wellbeing Fund for adults - Projects awarded funding in Year 2 - 2022/2023

September 2023

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Introduction

This publication provides a list of all organisations funded by the Communities Mental Health and Wellbeing Fund for adults (the Fund) in 2022/23 (Year 2 of the Fund). This information is based on project information on the awards made was provided by Third Sector Interfaces (TSIs), as lead delivery partners, in April 2023. A more detailed analysis of how the funding was delivered in 2022/3 can be found in:

- Communities Mental Health and Wellbeing Fund for adults: year 2 - monitoring and reporting summary - [year 2 monitoring report](#)
- Easy Read: Evaluation of the Community Mental Health and Wellbeing Fund for adults: Year 2 - Monitoring and Reporting Summary - [easy read version](#)

Information on awards made in Year 3 of the Fund (2023/24) will be provided in due course following returns due in April 2024.

Background

In October 2021, as part of the £120 million Recovery and Renewal Fund to support the delivery of the Mental Health Transition and Recovery Plan, the Minister for Mental Wellbeing announced £15 million funding for 2021/22 for a new Communities Mental Health and Wellbeing Fund for adults (the Fund) to help tackle the impact of social isolation, loneliness and mental health inequalities made worse by the pandemic. In February 2022, an additional £6 million was provided for 2021/2022 to the Fund to meet the demand for local mental health and wellbeing projects, bringing total funding made available in 2021-22 to £21 million.

On 6 May 2022, a further £15 million of funding for 2022/23 (Year 2) was announced, with a particular focus on responding to the cost of living crisis and an increased emphasis on those facing socio-economic disadvantage.

In April 2023, it was formally announced by the Cabinet Secretary for NHS Recovery, Health and Sport that £15 million for a third year of the Fund would be made available for 2023/24.

The Fund is aimed at tackling priority issues such as suicide prevention, social isolation and loneliness, prevention and early intervention - and addressing the mental health inequalities exacerbated by the pandemic and the cost crisis including a particular focus on needs of 'at risk' target groups locally such as people with a long term health condition or disability, people from a minority ethnic background and lesbian, gay, bisexual, transgender and intersex (LGBTQI+) communities and many others.

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The Fund is being delivered through a locally focused and co-ordinated approach via Local Partnership Groups working together and building upon existing partnerships to ensure that support to community based organisations is directed appropriately and in a coherent way. Each regional Third Sector Interface (TSI) has overall accountability for the spend at local level and for working in collaboration with Integration Authorities and other existing local partners.

For information on how community organisations can apply to the Fund, please contact the local TSI via the the TSI Network page [here](#).

Aberdeen City

Organisation Name	Name of Project	Funding Awarded
Aberdeen Arts Centre	Film and Craft	£6,988.00
Aberdeen Atoms Netball Club	Aberdeen Atoms - Netball for All!	£3,227.00
Aberdeen Care and Repair	Early Intervention Prevention Project	£9,861.00
Aberdeen Day Project Ltd - The Breadmaker	The Breadmaker Social Inclusion Project	£7,957.00
Aberdeen Methodist Church	Open House Extension	£10,000.00
Aberdeen Mosques and Islamic Centre	One Community Initiative	£9,492.00
Aberdeen Science Centre	The Science of Mental Health and Wellbeing	£10,000.00
Aberdeen Science Centre	ASC older people and carers workshop	£9,980.00
Absafe	Be connected, Be safe	£6,090.00
African Women's Group Scotland	Netball Project	£1,965.00
Afristyle Dance Club	Get Active through Dance Project	£5,694.00
Afristyle Dance Club	Fun family health walk	£3,600.00
All In Ideas	Snug Project	£7,554.00
Alzheimer Scotland	Alzheimer Scotland Aberdeen City Memories Programme	£5,000.00
Asylum and Refugee Care	Digital Connectivity	£2,000.00
Asylum and Refugee Care 2	Welcome Packs	£2,000.00
Asylum and Refugee Care 3	Gender Equality	£2,000.00
Barnardos Young Carers	Adult Support Group - Young Carers Service	£2,000.00
Boogie in the Bar	Boogie in the bar	£3,866.00
Borderline Personality Disorder Support Aberdeen	BPD Recovery Cafe	£2,000.00
Borderline personality disorder Support Aberdeen 2	BPD Fitness Class	£2,000.00

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Borderline personality disorder Support Aberdeen 3	The BPD Toolbox Recovery Course	£2,000.00
Cairncry Community Centre 1	Cairncry Winter Project	£10,000.00
Cairncry Community Centre 2	Cairncry Winter Project	£5,226.00
Cairns Counselling	Increasing of capacity & accessibility of Aberdeen-based counselling service.	£9,479.00
COG (Community Outreach Group) Aberdeen	Away Days and Outings	£3,940.00
Cornhill Community Association	Community Engagement Officer position	£9,984.00
Cornhill Community Association	Cornhill's Community Art Space	£9,670.00
Cruse Scotland Bereavement Support	Aberdeen Bereavement Support Group	£7,440.00
Danestone Community Centre	The Snug	£9,038.00
Danestone Community Centre 2	Community Connector - Young Mums	£9,828.00
Danestone Community Centre 3	Green Prescription	£1,995.00
Disabled Persons Housing Service	A Friendly Ear	£8,642.00
Ditch Debt with Dignity	Awareness raising and development	£3,704.00
Dyce & Stoneywood Community Centre	Older People Programme in Dyce	£8,320.00
Elite Football Association	EFA Funding	£9,997.90
Faceyouth SCIO	Mental Health Awareness and Stigma Reduction Initiative (MASRI)	£10,000.00
Families Outside	Supporting adults in Aberdeen affected by the imprisonment of a family member	£9,989.00
Ferryhill Railway Heritage Trust	Liaison Funding	£10,000.00
Four Pillars	LGBT+ Outreach Coordinator	£10,000.00
Future Choices	Panto Time	£1,000.00
Gairn Court	Gairn Court Programme of Activities	£2,000.00
Garthdee Community Council	Benches foundations	£1,000.00
Grampian 50+ Network	Promoting Health & Happiness in Later Life	£2,250.00
Grampian Women's Aid	GWA's Connecting Women	£6,900.00
Grampian Regional Equality Council GREC	Health and Diversity Network	£10,000.00
Hamewith Tenants Association	Tackling loneliness - prevention	£1,625.00

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Hand of Solace	Elderly Support Service(Befriending Service)	£8,690.00
Home-Start Aberdeen	Supporting vulnerable families	£10,000.00
Inchgarth Community Centre	Inchgarth music project	£10,000.00
Lewis Court	Lewis Court Wellbeing and Community Fund	£2,000.00
Maggie's	Emotional and psychological support through groups and workshops	£9,320.00
Mark Bush Court	Resident Entertainment	£2,000.00
Mastrick Land Association	Mastrick Day Trips	£1,000.00
Middlefield Hub	Middlefield Hub	£10,000.00
Mindstore	Mind Store – Improving Lives of New Scots	£4,980.00
Miscarriage Services	Peer Support Project	£4,745.00
Voluntary Services Aberdeen (VSA)	Cloverfield Grove Carnival	£1,490.00
Music 4 U	Saturday Chatterday	£7,046.00
One Seed Forward	Materials for food growing activities in communities	£2,000.00
One Seed Forward 2	Community Garden Training	£6,763.00
Open Road	Harbour Memories Coffee Mornings	£5,000.00
Parkhill Court	Garden Improvements	£2,000.00
Pathways	Domestic Abuse Peer Support Group	£7,180.00
Pet and Companion (PEACE)	PEACE Expansion Aberdeen	£1,223.00
Quarriers	Carers Support	£15,000.00
Rosemount Community Centre	Yoga and Relaxation	£500.00
Seaton Community Hub	Warm Space	£3,500.00
Station House Media Unit (SHMU)	Reconnecting Older People	£8,000.00
Silver City Surfers	Digital Skills Project	£1,712.00
Special Olympics Grampian Area	SOGA Athlete Mental Health & Wellbeing	£9,985.00
Ten Feet Tall Theatre	Exploring drama for adults	£7,700.00
The Allotment Market Stall	TAMS Growing Space	£9,950.00
The Family Centre and Help Hub	The Family Centre and Help Hub	£10,000.00
The Leanne Fund	A Ticket for Two	£8,556.00
The Living Well Project	The Living Well Project ACVO application	£10,000.00

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Third Level Foundation	Kinship in Northern Aberdeen community	£8,500.00
Third Level Foundation	NHS/RCH Coordinator	£1,800.00
Third Level Foundation C.I.C.	Strengthening roots in people, families and communities	£7,500.00
Tillydrone Community Campus SCIO	Tillydrone Community Campus Activity Programme	£9,700.00
Tillydrone Community Council	Tillydrone Classes and Activities	£9,600.00
Time to Heal	Domestic Abuse and Mental Health Services.	£5,000.00
TLC	Building a fairer Aberdeen together, free of loneliness & isolation	£10,000.00
Torry Memories & Heritage Society	Torry Memories & Heritage Society - Community Memories and Well Being Project	£5,000.00
TRE-Life C.I.C	Crafty Cook - Aberdeen	£10,000.00
Ukranian Association	To Be Ok in Any Way	£9,940.00
Voluntary Services Aberdeen VSA	VSA to a Tea	£11,000.00
Voluntary Services Aberdeen VSA	Cloverfield Grove Carnival	£430.00
We Too!	We Too! Creates Space for You (at Ninja HQ)	£9,846.00
Workers' Educational Association (WEA)	Sheltered Housing Courses	£10,000.00
Woodside Parent Council	Wellness Event/Events	£1,420.00

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Aberdeenshire

Organisation Name	Name of Project	Funding Awarded
Aberdeen Birth Collective	Aberdeen Birth Collective	£2,000.00
Aberdeen Foyer	Aberdeen Foyer	£22,440.00
Aberdeenshire North Foodbank	Aberdeenshire North Foodbank	£29,980.00
AberNecessities	Abernecessities	£50,000.00
Aden Community Allotment Association	Aden Community Allotment Association	£3,600.00
Archway	Archway	£26,400.10
Banchory and District Initiative	Banchory & District Initiative Ltd	£9,500.00
Belhelvie Community Trust	Belhelvie Community Trust	£2,000.00
Braemar Care	Braemar Care	£2,000.00
Cactus Book Club	Cactus Book Club	£6,000.00
Dickson Memorial Hall	Dickson Memorial Hall	£1,611.10
Forglen Hall	Friends of Forglen Hall	£2,000.00
Four Pillars	Four Pillars	£41,848.00
Fraserburgh and District Men's Shed	Fraserburgh and District Men's Shed	£1,650.00
Friday Luncheon Club for Senior Citizens	Friday Luncheon Club for Senior Citizens	£520.00
Friends of Aden Country Park	Friends of Aden Country Park	£810.00
Gordon Riding Group for the Disabled	Gordon Group RDA	£2,000.00
Gordon Rural Action	Gordon Rural Action	£24,134.00
Grampian 50+ Network	Grampian 50+ Network	£9,450.00
Grampian Cardiac Rehabilitation Association	Grampian Cardiac Rehabilitation Association (GCRA Ltd)	£16,104.00
Grampian Regional Equality Council Ltd	Grampian Regional Equality Council Ltd	£9,450.00
Grampian Women's Aid	Grampian Women's Aid	£9,952.00
Home-Start Deeside, Alford and Strathdon	Home-Start Deeside, Alford and Strathdon	£8,638.70
Home-Start Garioch	Home-Start Garioch	£15,000.00
Home-Start Kincardine	Home-Start Kincardine	£10,000.00
Home-Start North East Aberdeenshire	Home-Start North East Aberdeenshire	£10,000.00
Kincardine And Deeside Befriending	Kincardine & Deeside Befriending	£19,327.00

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Kincardine and Mearns Citizens Advice Bureau (KAMCAB)	Kincardine & Mearns Citizens Advice Bureau	£35,617.10
Kincardineshire Development Partnership	Kincardineshire Development Partnership	£6,606.00
Laurencekirk Thursday Group	Laurencekirk Thursday Group	£2,000.00
Macular Society Stonehaven Support Group	Macular Society Stonehaven Support Group	£1,850.00
Maud Village Trust	Maud Village Trust	£18,300.00
Mearns and Coastal Healthy Living Network	Mearns & Coastal Healthy Living Network	£27,465.00
Men United Peterhead Ltd	Men United Peterhead SCIO	£41,815.00
Mintlaw and District Men's Shed	Mintlaw and District Men's Shed	£1,970.00
North Street Toddlers	North Street Toddlers	£1,976.00
Oldmeldrum Green Growing Space	Oldmeldrum Green Growing Space	£5,000.00
Pillar Kincardine	Pillar Kincardine	£24,027.00
Portlethen Jubilee Hall	Portlethen Jubilee Hall	£5,050.00
Positive Steps Kemnay	Positive Steps Kemnay	£1,400.00
Rainbow Rogues	Rainbow Rogues Application 2	£2,000.00
Rhythm Nation Dance Crews	Rhythm Nation Crews	£1,950.00
Sandend Amenities Council	Sandend Amenities Council	£1,954.80
Scottish Families Affected by Alcohol and Drugs	Scottish Families Affected by Alcohol and Drugs	£45,652.00
SensationALL	SensationALL	£10,000.00
Spectrum Singers	Spectrum Singers	£1,408.00
Spikin Autism and More	Spikin Autism and More	£1,880.70
St Andrews Episcopal Church	St Andrew's Episcopal Church Alford	£2,000.00
Sticks and Stones Forest School	Sticks and Stones Forest School	£2,000.00
The Barn (Woodend Arts Limited)	The Barn (Woodend Arts Limited)	£1,960.00
The Seed Box	The Seed Box	£15,578.00
Turning Point Scotland (Banff)	Turning Point Scotland (Banff)	£2,000.00
Ukrainian Support Hub - Peterhead	Ukrainian Support Hub - Peterhead Application	£2,000.00

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Ukrainian Support Hub - Peterhead	Ukrainian Support Hub - Peterhead Application	£2,000.00
Victoria & Albert Halls (Ballater) Trust	Victoria and Albert Halls (Ballater) Trust (SCIO)	£10,352.60
Waulkmill Menagerie	Waulkmill Menagerie Petting Farm	£3,000.00
Well Woman: Aboyne	Well Woman: Aboyne	£25,608.90
Young At Heart Deeside	Young At Heart Deeside	£2,000.00

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Angus

Organisation Name	Name of Project	Funding Awarded
Angus Citizens Advice Bureau (CAB)	Angus CAB	£20,000.00
Arbroath FC Community Trust	Arbroath FC Community Trust	£49,518.00
Autism Initiatives	Autism Initiatives	£9,118.00
Brechin Community Football Trust	Brechin Community Football Trust	£14,750.00
Brechin Golf Club	Brechin Golf Club	£5,000.00
Carnoustie Community Café	Carnoustie Community Café	£6,221.00
DD8 Music	DD8 Music	£14,146.00
Dundee & Angus ADHD Support Group	Dundee & Angus ADHD Support Group	£27,534.00
Families Outside	Families Outside	£4,997.00
Forfar Open Gardens	Forfar Open Gardens	£25,000.00
Hear Me	Hear Me	£10,000.00
Homestart Angus	Homestart Angus	£37,764.00
Hope Garden	Hope Garden	£16,042.00
Jam Shed	Jam Shed	£2,866.00
Neurological and Stroke HUB (Nash)	Nash	£49,657.00
Relationship Scotland Tayside & Fife	Relationship Scotland Tayside & Fife	£10,251.00
Strathmore Community Rugby Trust	Strathmore Community Rugby Trust	£15,000.00

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Argyll and Bute

Organisation Name	Name of Project	Funding Awarded
Appin Community Development Trust	Appin Community Development Trust Health and Well-being Programme	£4,940.00
Addictions Recovery Café (ARC)	ARC (Addictions Recovery Cafe)	£10,000.00
Argyll & the Isles Coast & Countryside Trust	ACT in the Woods	£9,975.00
Argyll Couple Counselling	Strengthening our Charity's Capability in Supporting Families in Argyll	£7,340.00
Argyll Wellbeing Hub	Wellbeing Development Project	£9,298.00
Cowal Elderly Befrienders SCIO	Volunteer Support Project	£9,615.00
Crossroads North Argyll Development Coll Ltd	Crossroads North Argyll Community Wellbeing	£10,000.00 £2,000.00
Dunoon Burgh Hall Trust	Creative Blethers	£10,000.00
Dunoon Community Shed	Addressing Mental Health and Wellbeing at Dunoon Community Shed	£4,682.00
Family Mediation Argyll & Bute	Adult Family Support Space	£8,620.00
Fun First	Fun First	£3,330.00
Grey Matters Active Ageing	Ageing Well	£10,000.00
Helensburgh Community Hub	Reading Minds - A Weekend of Wellbeing through Books	£3,166.00
Here We Are	Come On In	£9,460.00
Hope Kitchen SCIO	Nourish to Flourish- Learning Disabilities (LD)	£10,000.00
Inspire Inveraray	The Fyne Community Shed	£8,500.00
Interloch Transport	Interloch Transport	£9,516.00
Inveraray Senior Citizens Committee	Bus Outings	£1,950.00
Islay & Jura Community Enterprises Limited	Inspiring & Supporting Island Recovery	£15,222.00
Kintyre Link Club	Kintyre Link Club	£10,000.00
Kintyre Seaports	Kintyre Seaports Communities Mental Health and Wellbeing Programme	£3,945.00
Lorn & Oban Healthy Options Ltd	Improving mental health in Oban and Lorn	£16,720.00
MacDougall of Dunollie Preservation Trust	Dunollie Links	£7,292.00

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Minds Matter Club Oban	Horses Help our Mental Health	£2,040.00
Multiple Sclerosis Centre, Mid Argyll	Storytelling with Photographs - Improving mental health in rural areas	£6,000.00
New Way	Something Else / You're Something Else	£9,552.00
North Argyll Carers Centre	North Argyll Carers - Unwind Your Mind, Lessen Your Stress	£7,712.00
Project 81 Youth and Community Enterprise Ltd	Project 81 Youth and Community Enterprise Ltd	£10,000.00
Recovery Across Mental Health (RAMH) Acumen	Argyll and Bute Recovery College Peer Development	£10,000.00
Shopper-Aide Ltd	Shopper-Aide Social Groups	£10,000.00
Skipness Village Hall	Skipness Village Hall Health and Well Being Fund	£3,270.00
Stepping Stones Support Group	Fit for Life	£6,610.00
Strachur Hub	Strachur Hub	£10,000.00
The Ardchattan Centre	Victory Hall Warm Space	£1,936.00
The Rockfield Centre	Growing Connections	£9,612.00

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City of Edinburgh

Organisation Name	Name of Project	Funding Awarded
ACE IT Scotland	ACE IT Scotland	£13,723.00
AdvoCard	AdvoCard	£18,028.00
Autistic Mutual Aid Society Edinburgh (AMASE)	AMASE (Autistic Mutual Aid Society Edinburgh)	£2,500.00
Art in Healthcare	Art in Healthcare	£12,700.00
Artlink Edinburgh and the Lothians	Artlink Edinburgh and the Lothians	£8,498.00
Association of Ukrainians in Great Britain	Association of Ukrainians in Great Britain	£19,926.00
Astley Ainslie Community Trust	Astley Ainslie Community Trust	£18,997.00
Autism Initiatives	Autism Initiatives	£9,736.00
Bikes for Refugees	Bikes for Refugees	£19,952.00
Bipolar Edinburgh	Bipolar Edinburgh	£10,300.00
Bridgend Farmhouse	Bridgend Farmhouse	£2,190.00
Bright Light Relationship Counselling	Bright Light Relationship Counselling	£19,500.00
Caledonia Funeral Aid CIC	Caledonia Funeral Aid CIC	£2,500.00
Care for Carers	Care for Carers	£2,000.00
Community One Stop Shop (COSS)	Community One Stop Shop (COSS)	£10,485.00
Community Foundation For Planetary Healing	Community Foundation For Planetary Healing	£20,516.00
Corstorphine Dementia Project	Corstorphine Dementia Project	£17,822.00
Corstorphine Community Centre	Corstorphine Community Centre	£19,100.00
Corstorphine Connect Sight Loss Group	Corstorphine Connect Sight Loss Group	£3,310.00
Cruse Scotland	Cruse Scotland	£7,370.00
Dr Bell's Family Centre	Dr Bell's Family Centre	£10,183.00
Drylaw Telford Community Association (SCIO)	Drylaw Telford Community Association (SCIO)	£14,800.00

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Edinburgh City Mission	Edinburgh City Mission	£12,136.00
Edinburgh Old Town Development Trust	Edinburgh Old Town Development Trust	£19,601.00
Edinburgh Rape Crisis Centre	Edinburgh Rape Crisis Centre	£19,997.00
Edinburgh Carers Council	Edinburgh Carers Council	£10,800.00
Edinburgh Community Performing Arts CIC	Edinburgh Community Performing Arts CIC	£9,445.00
Edinburgh Development Group (EDG)	Edinburgh Development Group (EDG)	£16,500.00
Edinburgh Headway Group	Edinburgh Headway Group	£11,062.00
Edinburgh South Community Football Club	Edinburgh South Community Football Club	£2,500.00
Edinburgh Women's Aid	Edinburgh Women's Aid	£19,813.00
Equal Futures	Equal Futures	£9,785.00
Fair Ltd	Fair Ltd	£20,442.00
Feniks Support Services	Feniks Support Services	£12,390.00
Firsthand Lothian	Firsthand Lothian	£10,855.00
Forth Bridges Men's Shed	Forth Bridges Men's Shed	£10,000.00
Fresh Start Scotland	Fresh Start Scotland	£10,956.00
Get2gether	Get2gether	£7,896.00
Granton Youth Ltd	Granton Youth Ltd	£19,014.00
Granton Community Gardeners SCIO	Granton Community Gardeners SCIO	£9,965.00
Grassmarket Community Project	Grassmarket Community Project	£10,097.00
Heart of Newhaven	Heart of Newhaven	£12,750.00
Held In Our Hearts	Held In Our Hearts	£18,924.00
Home-Start Edinburgh	Home-Start Edinburgh	£16,814.00
Inch Park Community Sports Club	Inch Park Community Sports Club	£10,300.00
Jock Tamson's Gairden	Jock Tamson's Gairden	£6,500.00
LEAP Sports Scotland	LEAP Sports Scotland	£10,063.00

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Leith Community Growers	Leith Community Growers	£19,420.00
LGBT Healthy Living Centre (known as `LGBT Health and Wellbeing`)	LGBT Healthy Living Centre (known as `LGBT Health and Wellbeing`)	£20,600.00
Libertus Services	Libertus Services	£10,300.00
LIFT@ Muirhouse Millennium Community Centre	LIFT@ Muirhouse Millennium Community Centre	£18,540.00
Living Warriors Project	Living Warriors Project	£1,000.00
Media Education	Media Education	£20,446.00
Mwamba	Mwamba	£20,041.00
National Childbirth Trust	National Childbirth Trust	£918.00
Networking Key Services Limited (NKS)	Networking Key Services Limited (NKS)	£15,680.00
Newhaven Heritage Community Garden	Newhaven Heritage Community Garden	£2,575.00
Out of the Blue Arts and Education Trust	Out of the Blue Arts and Education Trust	£20,600.00
Oxgangs Walking Group	Oxgangs Walking Group	£1,500.00
Passion4Fusion	Passion4Fusion	£18,850.00
Pentlands Community Space	Pentlands Community Space	£6,616.00
Pet and Companion (PEACE)	Pet and Companion (PEACE)	£9,314.00
Pilmeny Development Project	Pilmeny Development Project	£28,074.00
Pilton Community Health Project	Pilton Community Health Project	£9,882.00
Pilton Community Health Project	Pilton Community Health Project	£9,616.00
Pilton Equalities Project	Pilton Equalities Project	£19,796.00
Polish Family Support Centre	Polish Family Support Centre	£14,733.00
Positive Help	Positive Help	£11,168.00
Project Esperanza SCIO (part funded)	Project Esperanza SCIO (part funded)	£10,000.00
RE-Act Refugee	RE-Act Refugee	£16,238.00
Rowan Alba	Rowan Alba	£10,856.00
Saheliya	Saheliya	£19,866.00

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Salvesen Mindroom Centre	Salvesen Mindroom Centre	£13,597.00
Sandy's Community Centre	Sandy's Community Centre	£17,297.00
Scottish Storytelling Forum	Scottish Storytelling Forum	£17,985.00
Scran Academy	Scran Academy	£2,400.00
Shakti Women's Aid	Shakti Women's Aid	£20,000.00
Shared Parenting Scotland	Shared Parenting Scotland	£9,979.00
Sikh Sanjog	Sikh Sanjog	£19,500.00
Spit it Out	Spit it Out	£12,466.00
Stepping Stones North Edinburgh	Stepping Stones North Edinburgh	£15,905.00
Street Fit Scotland	Street Fit Scotland	£8,745.00
Survivors of Human Trafficking in Scotland	Survivors of Human Trafficking in Scotland	£17,133.00
Tailor Ed Foundation	Tailor Ed Foundation	£10,300.00
The Alma Project	The Alma Project	£10,192.00
The Edinburgh Remakery Ltd	The Edinburgh Remakery Ltd	£17,550.00
The Health Agency	The Health Agency	£38,100.00
The Junction Young People Health and Wellbeing	The Junction Young People Health and Wellbeing	£2,500.00
The Living Memory Association	The Living Memory Association	£10,948.00
The Ripple Project	The Ripple Project	£18,939.00
The Sorted Project	The Sorted Project	£20,000.00
The Speech Language Communication Company	The Speech Language Communication Company	£10,232.00
The Sporting Memories Foundation Scotland	The Sporting Memories Foundation Scotland	£9,698.00
U-evolve	U-evolve	£19,032.00
Wester Hailes Growing Communities	Wester Hailes Growing Communities	£18,740.00
WWChildren Hospital	WWChildren Hospital	£5,099.00
You're Never Too Old	You're Never Too Old	£1,800.00
Youth Vision	Youth Vision	£12,500.00

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Clackmannanshire

Organisation Name	Name of Project	Funding Awarded
Alloa Community Enterprises	Minecraft Group	£2,575.00
Alva Development Trust	Warm Places project	£3,000.00
Breathe Easy	Ongoing support	£500.00
Central Carers Association	Lunches for carers and the people they care for	£2,000.00
Clackmannanshire Older Adult Forum	COAF	£750.00
Dates n Mates	Dates and Mates Clacks	£5,750.00
Dollar Community Development Trust	Caring, connected, Dollar	£11,440.00
Forth Valley Men's Shed	Workshop update	£5,000.00
Forth Valley Welcome Clacks	Positive Activities Fund/English language support	£7,000.00
Give a Dog a Bone	Companionship in the community	£8,000.00
Home-Start Clacks	Working towards wellness	£3,300.00
Menstrie Senior Citizens Lunch Club	Lunch club	£2,000.00
Neils Hugs Foundation	Neils Hugs Foundation	£4,385.00
Reachout With Arts In Mind	Creative Spaces	£10,000.00
Recovery Scotland	Wellbeing Activities	£10,000.00
Resonate Together	Resonate Together	£7,500.00
Sauchie Community Group	Warm spaces	£3,000.00
Scottish families affected by Alcohol and Drugs	Project Balance	£2,574.00
The Breastfeeding Network	The breastfeeding network	£5,500.00
The Gate Charity	The Gate	£8,000.00
The Sporting Memories Foundation	Sporting memories Clackmannanshire	£7,990.00
Transform Forth Valley	Assertive outreach service	£10,000.00
Tullibody Community Garden	Beginners cooking classes	£5,475.00
Vital Spark Racing	Vital Spark Racing	£6,205.00
Wee County Veterans & Supporters Group	Duncan's Den	£1,689.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Dumfries and Galloway

Organisation Name	Name of Project	Funding Awarded
All Roads Lead to Whithorn	Warm Machars Space	£16,780.00
Better Lives Partnership	Bridge to creative programme	£22,852.00
Bipolar Scotland	Self-management training	£5,060.00
Castle Douglas Development Forum	Men's Shed Refit	£2,368.00
Creation Mill CIC	Social stitches	£18,500.00
Crossmichael Community Council	Community resilience support	£2,840.00
D&G LGBT Plus	Out for a cuppa	£2,655.00
DG ME & Fibromyalgia Network	Being Together	£2,700.00
Dumfries and Galloway College	Mental Health 1st Aid Roadshow	£15,100.00
Dumfries Get Together	Get together online	£2,992.00
Glenkens and Community Arts Trust	Together in the Glenkens	£28,812.00
Inspired Community Enterprise Trust Ltd	Fostering Resilience in young people (YP) with additional support needs (ASN) using a settings-based approach	£25,583.00
Isle Futures	Community Resilience Integrated Support Programme	£12,500.00
Kate's Kitchen	Body and mind serenity	£21,779.00
Kirkmahoe Community Council	Soup and pud group	£750.00
LGBT Youth Scotland	Support for LGBTI young people aged 16-25 in D&G	£20,000.00
Mossburn Community Farm	Alzheimer's Project	£2,804.00
Mossburn Community Farm	The older person project	£22,576.00
Old School Thornhill	Wellbeing volunteer coordinator	£25,748.00
Outpost Arts	Developing Creative Wellbeing D&G	£50,000.00
Paragon Ensemble Ltd	Get in (the) Groove	£15,000.00
Sanquhar Enterprise Company	Upper Nithsdale Walking Group	£2,941.00
Safe, Healthy and Active Partnership (SHAP)	Tai Chi	£2,192.00
South West Scotland RnR	HGV Training	£24,000.00
Sports Driving Unlimited	Pony driving sessions for people with additional needs	£2,992.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Stranraer Water Sports Association	Let's get wet	£18,144.00
The Rhins Mens Shed	Integration	£3,000.00
The Whithorn Trust	Women's Shed Project	£18,600.00
Threave Rovers FC	Get your head on it	£3,000.00
Upper Nithsdale Arts and Crafts Community Initiative (UNACCI) - A' the Airts	Adult Wellbeing	£22,500.00
User and carer involvement	Sexual health and relationship workshops - Next level	£3,000.00
Wigtown Bay Coastal Rowing Club	Isle 2nd skiff, & Growing Space Combo launch	£9,909.00
Wigtownshire Women and Cancer	Expanding the Reach of Wigtownshire Women and Cancer	£17,350.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Dundee City

Organisation Name	Name of Project	Funding Awarded
Alternatives Counselling Rooms	Alternatives Counselling Rooms	£18,921.00
Ardler Village Trust	Ardler Village Trust	£24,450.00
BiPolar Scotland	BiPolar Scotland	£5,066.00
Boomerang Community Centre SCIO	Boomerang Community Centre SCIO	£4,500.00
Broughty Ferry Baptist Church	Broughty Ferry Baptist Church	£7,500.00
Cruse Scotland	Cruse Scotland	£6,440.00
Dundee and Angus ADHD Support Group	Dundee and Angus ADHD Support Group	£24,318.00
Dundee Community Youth Orchestra	Dundee Community Youth Orchestra	£7,500.00
Dundee Elite Kickboxing Club	Dundee Elite Kickboxing Club	£7,466.00
Dundee North West Community Sports Club	Dundee North West Community Sports Club	£5,000.00
Dundee Pensioners Forum	West End Blethers	£7,500.00
Dundee Pride	Dundee Pride	£7,415.00
Dundee West Community Trust	Dundee West Community Trust	£5,500.00
Dundee Youth for Christ	Dundee Youth for Christ	£2,000.00
East Craigie Football Club	East Craigie Football Club	£1,830.00
Fairfield Community Sports Hub	Fairfield Community Sports Hub	£7,500.00
Feeling Strong	Feeling Strong	£15,000.00
Funeral Link	Say Something Dundee	£5,452.00
Funeral Link	Funeral Link	£14,000.00
Gilfillan Cozy Space	Gilfillan Cozy Space	£3,000.00
Golden Oldies Cinema Club	Golden Oldies Cinema Club	£1,335.00
Helm Training	Helm Training	£24,973.00
Hope Counselling Dundee	Hope Counselling Dundee	£25,000.00
Just Bee Productions	Just Bee Productions	£7,500.00
Kanzen Karate	Wellbeing Through Activity	£7,000.00
Lochee Community Shed	Lochee Community Shed	£7,500.00
Maxwell centre and Garden	Maxwell centre and Garden	£21,104.00
Mid Lin Day Care Ltd	Mid Lin Day Care Ltd	£7,500.00
Other Ways to Care	Springboard Programme	£7,500.00
Parent to Parent	Parent to Parent	£12,235.00
Relationships Scotland Tayside and Fife	Relationships Scotland Tayside and Fife	£11,000.00
Scrapantics	Scrapantics	£7,440.00
Showcase the Street	Showcase the Street	£7,492.00
Signpost International	Signpost International	£6,339.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Spectrum	Spectrum	£7,500.00
St Margaret's Parish Church	Outreach Committee	£1,440.00
St Marys Community Centre	St Marys Community Centre	£8,212.00
St Marys community Church	Come Dine With Us	£5,130.00
Stand Easy	Stand Easy	£10,323.00
Stat Salus CIC	Stat Salus CIC	£2,711.00
The Circle	The Circle	£7,500.00
The Steeple Church	Connections Café	£5,934.00
The Unicorn Preservation Society (HMS Unicorn)	The Unicorn Preservation Society (HMS Unicorn)	£20,000.00
Uppertunity	Serendipities	£5,650.00
Wellbeing Works	Wellbeing Works	£1,000.00
Wellbeing Works	Wellbeing Works	£6,836.00
Wellbeing Works	Wellbeing Works	£9,200.00
Wellbeing Works	Wellbeing Works	£2,996.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

**East
Ayrshire**

Organisation Name	Name of Project	Funding Awarded
Age Concern Hurlford	Age Concern	£20,000.00
Ayrshire Gymnastics Trust	Gymnastic Sessions	£9,021.00
Ayrshire Recording Services for the Blind (ARSB)	ARSB Support Group	£6,900.00
Be Kind You Matter	Be Kind You Matter	£2,350.00
Bellsbank Project	Mental Health and Wellbeing Classes	£16,717.97
Catrine Community Trust	Catrine Wellness Classes	£3,000.00
Community Open Gardens Shortlees	Community Garden Shortlees	£4,500.00
Crossroads Community Hub	Crossroads Community Hub Outreach	£2,985.00
Cumnock Area Musical Production Society (CAMPS)	CAMPS Connect	£16,138.00
Cumnock District Blind Club	Wellness Club	£3,000.00
Cumnock Felt Makers	Felt Making	£3,000.00
Cumnock Juniors Community Enterprise	Sporting Memories/Walking Football	£12,850.00
Dalrymple, Skeldon and Hollybush Project	Doon Fest	£3,000.00
East Ayrshire Churches Homelessness Action (EACHA)	Friendly Fresh Start	£19,980.00
Fenwick Parish Church	Fenwick Warm Welcome Centre	£3,000.00
Galston Parish Church	Tea at the Hogg; The Friendship Club; The Women's Group	£1,900.00
Gatehead Community Council	Health and Wellbeing Initiative	£19,807.90
Grange Academy	Grange Wellbeing Hub	£990.00
I Was Gonnae (IWG)	Musical Experience	£20,000.00
Killie Heartmates	Cardiac Rehab Fitness and Exercise	£3,000.00
Kilmarnock Hackerspace	Pottery Wheel Classes	£3,950.00
Magpie Mel	Mama Meets	£2,940.00
Megan's Space	Trauma Recovery	£20,000.00
Netherthird Initiative for Community Empowerment (NICE)	Youth Interventions	£19,638.00
New Farm Loch Amateurs	Men's Hub	£3,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Newmilns Snow and Sports Complex	Youth Development	£20,000.00
No-One Dies Alone (NODA)	Bereavement/End of Life Support	£9,500.00
Onthank Men's Club	Onthank Men's Club	£13,000.00
Onthank Primary School	Family Safe Space	£2,986.00
Patchwork Recovery Community	Patchwork Art Group	£3,000.00
Reachout Together (Church of Scotland)	Reachout Together Youth Group (16+)	£3,000.00
Recovery Enterprises Scotland	Young at Heart	£3,000.00
Riccarton Bowling Club	Riccarton Wellbeing	£1,300.00
Sky Project	Sky Project Parenting/Family Groups	£14,999.00
Stewarton Drama Group	Stewarton Drama Group Improvements	£1,079.00
The Gatehead Bridge Charity Project	e-Bike Cycling Project	£8,155.00
The Hardy Annuals	Green Spaces	£999.00
The Royal British Legion Kilmarnock Branch	Veterans Support	£12,000.00
Thrive John Knox Church	Wellbeing Café	£12,230.00
Ukrainians in Kilmarnock	Ukrainian Community Support	£2,970.00
Verve	Verve Group	£3,000.00
Women's Shed Kilmarnock	Women's Shed	£3,000.00
Yip World	Youth Employment and Intervention Support	£19,935.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

**East
Dunbartonshire**

Organisation Name	Name of Project	Funding Awarded
Addiction Recovery Centre	Addiction Recovery Centre	£3,875.00
Allan Glens Spots Club	Allan Glens Spots Club	£4,600.00
Apna Ghar Womens Project	Apna Ghar Womens Project	£5,213.00
Aye Can Dae Activities	Aye Can Dae Activities	£2,000.00
Ceartas & East Dunbartonshire's Citizens Advice Bureau	Ceartas & East Dunbartonshire's Citizens Advice Bureau	£14,000.00
Church of Scotland, New Kilpatrick Church, Bearsden.	Church of Scotland, New Kilpatrick Church, Bearsden.	£750.00
Community Response In East Dunbartonshire (CRED)	Community Response In East Dunbartonshire (CRED)	£4,200.00
Contact Point in East Dunbartonshire	Contact Point in East Dunbartonshire	£10,000.00
Creative Spark Theatre Arts	Creative Spark Theatre Arts	£9,000.00
Creatovators CIC	Creatovators CIC	£15,000.00
Differabled Scotland	Differabled Scotland	£5,950.00
East Dunbartonshire Befriending Service (EDBS)	East Dunbartonshire Befriending Service (EDBS)	£2,000.00
East Dunbartonshire Women's Aid SCIO	East Dunbartonshire Women's Aid SCIO	£16,530.60
Families Outside	Families Outside	£9,989.00
Fresh Start East Dunbartonshire	Fresh Start East Dunbartonshire	£2,000.00
Community Response	Community Response	£2,970.00
Community Support	Community Support	£2,000.00
Gavins Mill	Gavins Mill	£6,500.00
Glasgow Council on Alcohol	Glasgow Council on Alcohol	£15,482.00
Glesga Roasters (an initiative of Bishopbriggs Community Church)	Glesga Roasters (an initiative of Bishopbriggs Community Church)	£5,000.00
Group Recovery Aftercare Community Enterprise (GRACE)	Group Recovery Aftercare Community Enterprise (GRACE)	£8,600.00
Illuminate Dance Health	Illuminate Dance Health	£1,000.00
Jog on Milngavie 5k	Jog on Milngavie 5k	£1,000.00
Kickstarters	Kickstarters	£1,000.00
LGBT Youth Scotland	LGBT Youth Scotland	£13,000.00
Milngavie and Bearsden Men's Shed	Milngavie and Bearsden Men's Shed	£1,000.00
New Roots Food Growing Club	New Roots Food Growing Club	£10,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Nova Scotia Folk Club	Nova Scotia Folk Club	£1,000.00
Project Ability	Project Ability	£4,000.00
Refresh (Renew Wellbeing)	Refresh (Renew Wellbeing)	£600.00
Rookie Rockstars	Rookie Rockstars	£10,000.00
Schoenstatt Sisters of Mary	Schoenstatt Sisters of Mary	£2,500.00
Scottish Families Affected by Alcohol and Drugs	Scottish Families Affected by Alcohol and Drugs	£8,052.00
Scottish Huntington's Association	Scottish Huntington's Association	£9,559.00
Senior Citizens' Lunch Club, Woodhill Evangelical Church	Senior Citizens' Lunch Club, Woodhill Evangelical Church	£950.00
Sounds of the Gallery Band	Sounds of the Gallery Band	£8,800.00
Still Me CIC	Still Me CIC	£1,940.00
Stitch the Gap CIC	Stitch the Gap CIC	£1,500.00
Tangerine Group	Tangerine Group	£1,920.00
The Antonine Theatre Group	The Antonine Theatre Group	£1,700.00
The Hive	The Hive	£5,240.00
The Spectrum Film Club	The Spectrum Film Club	£1,200.00
The Speech Language Communication Company (SLCo)	The Speech Language Communication Company (SLCo)	£6,240.00
The Sporting Aces	The Sporting Aces	£5,000.00
Trauma Informed Parenting	Trauma Informed Parenting	£2,000.00
Twechar Community Action	Twechar Community Action	£20,000.00
Unconstituted (J Murray with Carerslink)	Unconstituted (J Murray with Carerslink)	£2,000.00
We Are With You	We Are With You	£6,800.00
Weekday Wow Factor	Weekday Wow Factor	£4,320.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

East Lothian

Organisation Name	Name of Project	Funding Awarded
CAPS Independent Advocacy	Independent Advocacy for 16/17 Year Olds	£10,000.00
Changes East Lothian	Nurture by Nature	£24,373.00
East Lothian Roots and Fruits	Mobile Van Appeal	£2,000.00
EnvironMental Health CIC	Community Mental Health First Aiders	£18,600.00
Fa'side Community Kitchen (FCK)	Fa'side Community Kitchen (FCK)	£17,062.00
Groundswell Community Project CIC	Sand and Sea	£15,063.00
Headway East Lothian	Headway East Lothian & Local Partnerships	£20,000.00
Health in Mind	East Lothian BAME Peer Connecting Service	£24,352.00
Home Start East Lothian	Healthy Minds Happy Babies	£7,000.00
Macmerry & District Men's Shed	Macmerry & District Men's Shed	£2,000.00
New Beginnings Club East Lothian	New Beginnings Club East Lothian	£9,360.00
Our Community Kitchen	Our Community Kitchen	£16,690.00
Pencaitland Day Centre	Reaching Out to Help Out	£8,536.00
Port Seton Centre Management Committee	Port Seton Exercise	£5,000.00
S.M.I.L.E. Counselling	ASIST(ing) the Community	£23,040.00
Sharing a Story CIC	Sharing a Story	£2,724.00
Sporting Memories Foundation Scotland	Sporting Memories East Lothian	£6,000.00
Tailor Ed Foundation	Supporting Parent Carers of Autistic Children	£4,740.00
The Fraser Centre Community Trust	Tackling Poverty in Tranent	£7,176.00
The Ridge SCIO	Growing Health	£21,759.00
The Pennypit Community Development Trust	Befriending Project - Time for Tea	£16,270.00
Venturing Out CIC	Outdoor Adventure Wellbeing	£5,040.00
Wallyford Community Centre	Keeping Well	£9,750.00
West Barns Village Hall	A Wee Bite and Blether	£3,500.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

**East
Renfrewshire**

Organisation Name	Name of Project	Funding Awarded
Abhinaya	Safe space for women	£9,876.00
Auchenback Active	Exercise And Art	£9,722.00
Barrhead amateur Boxing club	Boxing, Blether & Brew	£1,000.00
Barrhead Angling Club	Club members' meeting hub: essential repairs	£4,000.00
Barrhead St Andrew's Parish Church	Mental health first aid training	£2,000.00
Barrhead Youth Club	Safe space	£900.00
Cultivating Mindfulness	Adult carer mindfulness intervention	£1,950.00
Cultivating Mindfulness	Weekly Wednesday club for seniors	£2,000.00
Dunterlie Arts and Crafts	eco workshops	£8,754.00
East Renfrewshire Carers' Centre	Support and activities for carers to help with their physical and mental wellbeing	£7,940.00
East Renfrewshire Citizens Advice Bureau	Response project	£33,151.40
East Renfrewshire Open Duke of Edinburgh Group	Camping equipment	£5,756.00
ER Youth Voice	Intergenerational Event	£1,000.00
East Renfrewshire Action (ERA)	Accessible spaces	£10,000.00
Fairweather Drop-in	The Fairweather drop-in Group	£9,990.00
Families Outside	Support for East Renfrewshire families affected by imprisonment	£4,924.00
Mearns Kirk Helping Hands	Project Manager	£16,000.00
Neilston Parish Church	Free Weekend Lunch Service	£12,000.00
NellyBoxes CIC	East Ren Baby Bank	£9,250.00
Newton Mearns Car Washing & Community Help Services	Elderly Assistance	£300.00
Playlist for life	Communities team resources	£9,971.00
Recovery Across Mental Health	Recovery Across Mental Health	£1,961.10
Rule Breakers	Social Safe space	£360.00
Self directed support Forum East Renfrewshire	The Big lunch	£1,825.00
Sheltered Housing Social Group	Exercise Classes	£1,944.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

The Autistic Collective	Autistic-led training	£10,000.00
Thornliebank Parish Church	Thornliebank Community Hub	£7,125.00
Thornliebank Thistle AFC	Team Identity	£600.00
Thornliebank Together	Dance classes	£18,000.00
WIRE (Women in Recovery)	social support and therapeutic activity	£1,486.00
Women's Aid South Lanarkshire & East Renfrewshire	Specialist Domestic Abuse services	£26,436.40
Young Enterprise Scotland	Young Enterprise Scotland 'Square Go Wellbeing Spaces'	£6,610.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Falkirk

Organisation Name	Name of Project	Funding Awarded
Bailliefields Community Hub SCIO	Try Something New Dementia Group	£4,386.00
Birchtree Gardens	Birchtree Gardens	£5,000.00
BounceOT	Empowering parent carers to be the professionals	£10,000.00
Cafe t/a Long Covid Cuppa	Long Covid Café Physical and Mental Wellbeing Project	£2,000.00
Central Wellbeing SCIO	Peer support groups and drop ins	£10,000.00
Cycling Without Age Scotland SCIO	Cycling Without Age Scotland Zetland Park	£9,052.00
Cyrenians	Young Adult Outreach Service	£25,000.00
Early Years Scotland	EYS SPL Family Contact pilot	£9,961.00
ENABLE Scotland	ENABLE Scotland ACE	£13,582.00
Ettrick Dochart Community Hall	Hallglen Healthy Families	£9,140.00
Falkirk Foundation	Foundation Support Group	£10,000.00
Falkirk Street Pastors	Falkirk Street Pastors	£1,500.00
Families Outside	Supporting improved mental health and wellbeing outcomes for Falkirk families affected by imprisonment	£9,989.00
Falkirk's Mental Health Association (FDAMH)	Managing The Mental Health Effects of Menopause Training	£18,870.00
Forth Valley College	Social Hub@FVC	£9,261.00
Forth Valley Sensory Centre	Sensory Activities	£8,550.00
Go! Youth Trust	Thrive - Employability	£23,620.00
Grangemouth Community Care	General transportation costs for Grangemouth Community Care	£5,000.00
Grow and Thrive Ltd	Situation, Success and how to be SMART: A group to support parents./carers of young people who are having challenges accessing education	£6,100.00
Laurieston Old Folk's Welfare Association	Day Trips, Concerts & Xmas lunch for Old People	£5,000.00
LGBT Youth Scotland	Support for LGBTI young people in Falkirk	£5,000.00
LinkLiving Ltd	Sporting chance	£25,000.00
Maggie's	Benefits Advice at Maggie's Forth Valley	£10,000.00
More Than Fibro – Falkirk area	More Than Fibro Falkirk - 2023 and beyond	£2,000.00
One Parent Families Scotland	Window to Wellbeing	£25,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Pause And Breathe CIC	Community Wellbeing Sessions	£10,000.00
Playlist for Life	Playlists for Falkirk Communities – improving the health and wellbeing of people living with dementia and their carers through personalised music	£9,971.00
PLUS (Forth Valley) Limited	Volunteering and Employability	£8,345.00
Rainbow Muslim Women Group	Mind Matters	£11,020.33
Safebase	Safehaven Evening Cafe & Support	£5,000.00
Scottish Families Affected by Alcohol & Drugs	Project Balance	£4,764.00
Strathcarron Hospice	Stenhousemuir Social Space	£4,415.00
Sustainable Thinking Scotland CIC	Community Wellbeing Support - Phase 2	£24,420.00
Scottish Women's Autism Network (SWAN)	SWAN Places - Falkirk	£3,545.00
Tamfourhill Tenants and Residents Organisation	Connecting with the outdoors Project	£4,390.00
The Braveheart Association	Wellbeing For Life	£24,776.00
The Breastfeeding Network	Peer Support for new parents in Falkirk	£10,000.00
The Conservation Volunteers	Nature Well	£19,215.00
The Sporting Memories Foundation Scotland	Sporting Memories Falkirk	£5,850.00
Transform Forth Valley	Early Intervention - Adult Service	£10,000.00
Well Now Health and Wellbeing Center	Tools For Transformation	£10,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Fife

Organisation Name	Name of Project	Funding Awarded
Abercrombie & St Monans Residents Association	St Monans Community Larder	£4,954.00
Anim8s	Seasonal Story Makers	£12,082.00
Arden House Projects	Saturday Daycare Service	£14,500.00
Brag Enterprises Ltd	Together Levenmouth Bingo Buddies/Benefits & energy & digital support	£44,000.00
Breathe easy Fife (SCIO)	Come together for well-being	£6,176.00
Brighter Futures Health Hub	Hope, Health & Happiness - Enhancing Quality of Life for People in Need	£11,671.00
Byre Theatre	Memory Spinners Fife	£8,500.00
Citizens Advice and Rights Fife	Making it Work for Lone Parents	£14,909.00
Clued Up Project	Making it work for Families (Activities, group work, Residential)	£9,010.00
Corrie Centre Senior Citizens Social Club	Better together	£6,820.00
Crossroads Fife	Mental Health & Wellbeing Champion	£14,999.00
Cruse Scotland Bereavement Support	Bereavement support for adults in Fife	£8,100.00
Curnie clubs	Flourish with Nature Programme	£40,114.00
Deafblind Scotland	Don't Worry Be Happy	£9,593.00
Dunfermline Advocacy	Community Connections- Citizen Advocacy in West Fife	£9,841.00
Dunnikier Park Community Golf	Park Golf - Community Roll Out	£7,400.00
ENABLE Scotland	ENABLE Scotland ACE	£14,900.00
Equal Voice	Equal Voice - Elevate Project	£39,100.00
Express Group Fife	Levenmouth Express Group	£1,795.00
Fairway Fife	Community Re-engagement Project	£10,500.00
Falkland Stewardship Trust	Wellbeing with Woodworking	£5,720.00
Falling UP Together	Falling UP Living in Art	£41,050.00
Families Outside	Supporting improved mental health and wellbeing outcomes for Fife families affected by imprisonment	£9,414.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Fife Employment Access Trust (FEAT) Trading Community Interest Company	Silverburn Staycations	£10,000.00
Fife Centre for Equalities	Minority Ethnic 60+ Project	£10,000.00
Fife Gingerbread	Lone Parents Social Creative Workshops	£4,300.00
Fifers for the Community	Covid Recovery through improving Leven together	£15,000.00
Forgan Arts Centre	FAC Artist In Residence Mental Health and Wellbeing Programme	£8,777.00
Frontline Fife	Working title is 'Em Powering - Difference' We wish project participants to determine the formal project title.	£15,501.00
Furniture Plus Ltd	Health and Wellbeing Woodwork Workshops	£10,000.00
Gallatown Gala and Community Group	Caring Communities	£14,879.00
Greener Kirkcaldy	Lets Grow Together	£9,997.00
Grow West Fife SCIO	Growing New Friendships	£26,000.00
Home-Start Cowdenbeath Area	Eatwell, Feelwell and Reconnect	£10,015.00
Home-Start East Fife	Home-Start East Fife	£10,330.00
Hourglass (safer Ageing)	Community Response - Safer Ageing Support Service	£13,475.00
Include Me	Exploring Communities Together	£6,820.00
Kennoway Community Shed	Kennoway Community Shed Connections	£12,500.00
kindred Advocacy	Kindred Fife	£10,000.00
Kingdom Abuse Survivors Project (KASP)	Young People Counselling Service	£26,000.00
Kingdom Vineyard (Storehouse is an activity of KV)	Evening drop-in session	£5,505.00
Kirkcaldy Community Gardens & Allotments CIC	Growing with Veterans	£8,987.00
Kirkcaldy YMCA	Connected and Creative Communities	£30,000.00
Lucky Ewe	Lucky Ewe Recovery and Renewal	£4,870.00
Lucky Ewe	Lucky Ewe Recovery and Renewal	£19,300.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

North East Fife Community Hub	Extension of Services at North East Fife Community Hub	£14,999.00
North East Fife Community Hub	Out & About Club	£14,995.00
Options in Life	New day of service	£10,993.00
Over Rankeilour Walled Garden	Therapeutic Gardening Programme	£6,490.00
PAMIS (Promoting A More Inclusive Society)	PAMIS Fife Wellbeing Project	£14,422.00
Pilgrim Care	Enhanced Parish Nurse Services for the Older Person in St Andrews	£36,290.00
Raith Rovers Community Foundation	Active Seniors	£8,800.00
Relationships Scotland- couple counselling Fife	Free counselling for adults from a disadvantaged socio economic background	£12,540.00
Relationships Scotland Tayside and Fife	Connecting Families - RelScot	£7,700.00
Rosyth Community Projects Limited	Edible and Tasty Spaces (EATS) Rosyth Bite and Blether Sessions and Cooking Club	£9,497.00
Rosyth Community Projects Limited (EATS Rosyth)	Community Garden Regeneration	£10,392.00
Safe Space Ltd	Volunteer Expenses	£6,000.00
Samaritans Kirkcaldy and District	Listening and Outreach Services	£6,380.00
Seal Dunfermline	Step Forward	£7,982.00
Seescape	Counselling and Food Train (visual impairment project)	£10,000.00
Shiresmill Therapy Riding Centre	Shiresmill Connecting the Community Through Horses	£7,930.00
St Andrews Botanic Garden	Planting for your 'Piece'	£8,811.00
St. Luke the Evangelist (Peace 'n' Jam Project)	Bite and a Blether @ Peace 'n' Jam	£9,285.00
STAND	STAND Peer Support Groups	£14,500.00
Scottish Women's Autism Network (SWAN)	Fife Autistic Meet ups	£3,195.00
Tayport Community Trust - The Larick Centre	The Larick Health and Wellbeing Project	£9,092.00
Team Jak	Team Jak Fife	£7,720.00
The Central Park Community Trust	Cowden in the Community Covid Recovery Programme	£7,097.00
The Ecology Centre	Resilient Roots Supported Volunteering	£22,011.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

The Friendship Cabin	The Friendship Cabin - A Centre for Wellness Year 2	£22,371.00
The Mindful Partnership	Minding Fife	£24,300.00
The Pars Foundation	Walking and Talking Down the Halbeath Road	£14,500.00
The Village Cafe - Ceres Community Cafe	Good Companions Lunch Club	£8,425.00
The Yard	Fife Family Support	£12,400.00
Thistle Health & Wellbeing	Self-Management Skills for Better Mental Health & Wellbeing	£42,467.00
Youth 1st	b:connected	£11,976.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Glasgow City

Organisation Name	Name of Project	Funding Awarded
3D Drumchapel	3D Drumchapel Wellbeing Programme	£9,480.00
Abhinaya SCIO	BAME women dancing for wellbeing	£9,876.00
Achieve More Scotland	Volunteer Inclusion Project (VIP)	£10,000.00
Al Meezan	Sakina Group	£9,998.00
Alive and Kicking SCIO	Kick and Connect	£9,340.00
Amina - The Muslim Women's Resource Centre	Women's Friendship Group (WFG)	£10,000.00
Amma Birth Companions	Antenatal education and support for asylum seeking and other marginalised women in Glasgow who face barriers accessing safe and appropriate perinatal care	£10,000.00
Argo Boxing Club	Argo Boxing Club	£9,700.00
Art Space CIC	Mindful Ceramic Making	£10,000.00
Articulate Cultural Trust	Refresh - Articulate's Wellbeing Service	£10,000.00
Barmulloch Community Development Company	B-Active	£10,000.00
Barrowfield Burn Community Garden Project	Barrowfield Burn Community Garden	£2,000.00
Bikes for Refugees (Scotland)	New Scots Wheelbeing Project	£10,000.00
Bipolar Scotland	Self-Management Training	£9,992.00
Bluevale Community Club	Everyone is Recovering from Something	£6,774.00
Bohemy Community Wellbeing	Bohemy Community Wellbeing	£10,000.00
Boom! Community Arts	Arts For North Glasgow	£10,000.00
C Change	Dates-n-Mates	£7,150.00
Calton Area Association	Calton Golden Club	£9,600.00
Camp Hellcats FC	Camp Hellcats FC	£2,000.00
Cancer Support Scotland (Tak Tent)	Here for your wellbeing	£9,999.00
Cardonald Community Network CIC	Befriending	£7,970.00
Caring Operations Joint Action Council	Socialable	£10,000.00
Cassiltoun Housing Association	Connected Castlemilk: food, woods & include	£10,000.00
Castlemilk Community Church	Settling in in Linn Ward	£10,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Cathkin Blazes Community Football Club	Cathkin Blazes Community Football Club	£2,000.00
Central and West Integration Network SCIO	Central and West Integration Network	£9,500.00
Centre for Entrepreneurship Education Scotland	Counting The Pennies Project	£9,900.00
Change Collective	Yoga with MILK!	£2,000.00
Chattersense SCIO	Provision of an activity and sensory centre for older children and young adults with health, physical and learning disabilities	£9,555.00
Church of Scotland Social Care Council (trading as CrossReach)	Bluebell Perinatal Service	£10,000.00
City of Glasgow College Students Association (CitySA)	Student Pantry	£7,000.00
Cloud Water Zen Centre	Mindfulness meditation to improve mental health and emotional wellbeing	£6,675.00
Clyde Community Hall	Clyde Community Hall	£10,000.00
Common Wheel	Flight	£8,050.00
Community Central Hall	Wellbeing Support for Older People and Carers	£10,000.00
Community InfoSource	Wellbeing Project	£10,000.00
Compassionate Accompaniment CIC	Compassion and Well Being for Women	£5,000.00
COPE Scotland	Easing the Mental Load	£10,000.00
Cranhill Development Trust	Healthier Cranhill	£10,000.00
Croftcroighn Friends Support Group	Croftcroighn Friends Support Group	£10,000.00
Cross Ethnic	Cross Ethnic Helping Hand	£9,973.00
Cruse Scotland Bereavement Support	Glasgow Bereavement Support	£10,000.00
Deaf Action	Wellbeing Service	£10,000.00
Deafblind Scotland	Don't Worry Be Happy	£9,917.00
Differabled Scotland	Embracing Neuro-diversity	£9,800.00
Dumbarton Road Corridor DRC Generations	Resilience, Revive and Respite the three Rr's	£10,000.00
Easthall Residents Association	Glenburn 'Building Ourselves Up'	£10,000.00
Ekta Group Elderly Care Forum	Keeping Connected	£3,975.00
Empower Women for Change	Inspire Women Project Phase Two	£9,960.00
Epilepsy Scotland	Epilepsy Scotland's Wellbeing Services	£10,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Equal Futures	Reducing social isolation and improving the mental wellbeing of individuals with a learning disability and their families in Glasgow	£9,620.00
Families Outside	Supporting Glasgow families affected by imprisonment	£9,997.00
Family Addiction Support Service (FASS)	Wellness Support for disadvantaged family members of substance-misusers	£9,900.00
Finn's Place	Community Wellbeing at Finn's Place	£10,000.00
Freedom from Torture	Therapeutic services for survivors of torture	£10,000.00
Friends of Romano Lav	Roma Sisters Together	£9,892.00
Friends of the Pipe Factory	Creative Journeys	£10,000.00
Fuse Youth Cafe	Shettleston Does Digital 2023	£10,000.00
Youth Project SCIO	Youth project	£10,000.00
Gilded Lily Inspiring Enterprise CIC	Home Comforts cooking program	£9,993.00
Girls Club of Glasgow CIC	Music as Medicine	£10,000.00
Give a Dog a bone and an animal a home	Companionship in the Community	£9,600.00
Glasgow Access Panel	Glasgow Access Panel: VR for All!	£9,987.00
Glasgow Caring City	Treading the Boards	£10,000.00
Glasgow Disability Alliance	Disabled People's Mental Health Matters	£10,000.00
Glasgow Disability Badminton Club	Glasgow Disability Badminton Club	£4,755.00
Glasgow East Arts Company Ltd	Platform Performance: Glasgow North East Community Tour	£9,400.00
Glasgow Eco Trust	Go Eco Glasgow	£7,890.00
Glasgow ESOL Forum	Women-only ESOL and fitness	£8,600.00
Glasgow Film Theatre	Movie Memories	£10,000.00
Glasgow Initiative of Facilitation & Therapy CIC (GIFT)	Adult Art Group	£9,084.00
Glasgow Pandalas Support Group	Glasgow PANDAS Support Group – Enhanced Support	£3,030.00
Glasgow Raptors Rugby Football Club	Raptors Plus+	£10,000.00
Glasgow Tool Library	Tools for Community - Building an inclusive and empowering volunteer programme	£9,634.00
Glasgow Women's Library	ALN and Black and Minority Ethnic Wellbeing Project	£9,980.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Glasgow's Golden Generation	Volunteering: connecting older people	£9,770.00
Good Morning Project Limited (known as Good Morning Service)	Good Morning Service	£10,000.00
Good Vibrations (Music) Ltd	Resonate Glasgow	£10,000.00
Gorbalites 50+ Group	Gorbalites 50+ Group	£10,000.00
Gorbals Youth Cafe	Fit Food Fridays	£9,769.00
Govan Community Project	Community Development and Learning Programme	£9,964.00
Govanhill Baths Community Trust	Community Wellbeing - Through Creativity and Growing	£9,730.00
Greater Govanhill CIC	Journalism Skills Workshops	£9,950.00
Healing for the Heart SCIO	Fostering Wellbeing in Glasgow Communities	£10,000.00
Home-Start Glasgow North and North Lanarkshire	Home-Start's Cozy Corner and Healthy Holiday programme	£6,643.00
Home-Start Glasgow South	Perinatal Support across Glasgow South	£9,931.00
Hope Amplified	Creative Comfy Project	£10,000.00
HOPE Connections	RECOVERY IN THE COMMUNITY	£9,670.00
Hstar Scotland	With Hstar - Tomorrow Exist	£9,600.00
Impact Arts (Projects) Ltd	Craft Cafe Govan	£10,000.00
Include Me 2 Club SCIO	Cardonald Youth Cooking Club	£9,984.00
Inclusive Homework Club	ESOL and IT Skills for Inclusion	£10,000.00
Indepen-dance (Scotland) Ltd.	Indepen-dance Well being Programme	£9,900.00
Kingsridge Cleddens Economic Development Group	Drumchapel Foodbank Delivery Service	£10,000.00
Kurdish women community group	Kurdish women community group	£9,990.00
LEAP Sports Scotland	Trans Active Glasgow	£10,000.00
Legal Services Agency Ltd.	Legal Services Agency Ltd.	£10,000.00
LGBT Unity Glasgow	LGBTQ Asylum Seeker Mental Health Support	£9,960.00
LGBT Youth Scotland	LGBT Youth Glasgow	£10,000.00
Linkes (SCIO)	Linkes Groupwork Activities	£6,425.00
Lodging House Mission	LHM activities programme	£10,000.00
Looseboots Linedancing Club	Looseboots linedancing	£2,000.00
Lovemilton Ltd	Milton Community together	£10,000.00
Maryhill Burgh Halls Trust	MBHT Cafe - Community Connections	£5,811.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Maryhill Housing Association	NW Glasgow Cares	£9,985.00
Maryhill Integration Network	The Museum of Things Art Group	£9,907.00
Menself + Community Interest Company (Ltd)	Resilent Men and Families	£10,000.00
Mental Health Network Greater Glasgow	Glasgow Young Adults Mental Health Network	£10,000.00
Merry-go-round Glasgow	Merry-go-round events programme	£9,971.00
MusicAll	The Fridays	£9,510.00
Muslim House LTD	Mental health and wellbeing for Arab and Muslim families	£9,990.00
Netherholm Area Association	Netherholm Area Association	£10,000.00
New Rhythms for Glasgow	Women's Creative Recovery	£8,680.00
North East Recovery Community	North East Recovery Community	£10,000.00
North Glasgow Community Food Initiative	Nourish and Flourish	£9,999.00
North United Communities	North United Communities - 'Be Well'	£9,500.00
Out on Sundays	Out on Sundays	£1,900.00
Promoting a more inclusive society (PAMIS)	PAMIS Well-being Project	£9,906.00
Parent Network Scotland	Family Wellness Activity Programme	£9,960.00
Parhelia (CIC)	Space to Be (Exhale)	£10,000.00
Parkhead Citizens Advice Bureau	Parkhead Citizens Advice Bureau	£10,000.00
Partick Community Growing Project	Community Growing Creativity Project	£10,000.00
Possibilities For Each and Every Kid (PEEK)	PEEK Well-being	£10,000.00
Prisethill Nitshill and Craigbank Community Association	Prisethill Nitshill and Craigbank Community Association- Food Initiative	£9,600.00
Pride Outside CIC	LGBTQ+ 6 week therapeutic wellbeing and Pride Outside Festival	£7,500.00
Print Clan CIC	Print Club	£10,000.00
Project Ability	Project Ability	£9,180.00
Rainbow Friendship Centre	Rainbow Friendship Centre	£9,852.00
Rainbow Volley	Make Mondays Volleyball	£695.00
Refugee Survival Trust	Revive and Thrive	£9,480.00
Refuweegee	Refuweegee Community Kitchen	£10,000.00
Revive MS Support	Café Revive – Phase Two – Upgrading a critical social hub	£9,553.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

	for people with debilitating multiple sclerosis and their families and carers.	
Right Track Scotland	REACH	£8,750.00
Robroyston Church of Scotland	Robroyston Church Cafe	£10,000.00
Saint Angela's Parent Council	SALTIRE Project (Saint Angela's Learning Together in Respect for the Environment)	£9,800.00
Salvesen Mindroom Centre	Salvesen Mindroom Centre Glasgow parent & carers support hub	£10,000.00
Sanctuary Queer Arts	Culture Club - LGBTI+ Elders Social Engagement Project	£10,000.00
Say Women	Mindfulness and Movement Programme	£9,645.00
Scottish Asylum Seekers Resident Association (SASRA)	ProSupport Wellbeing	£6,809.00
Scottish Cot Death Trust	Bereaved by cot death - Family Support project	£10,000.00
Scottish Ethnic Minority Deaf Charity	Men's Group III	£9,996.00
Scottish Youth Dance	Beyond Horizons	£8,260.00
Shared Parenting Scotland	Promoting wellbeing for separated fathers in Drumchapel	£10,000.00
Shettleston Community Growing Project	Shettleston Community Growing Project	£7,044.00
Shettleston Men's Shed	Shettleston Men's Shed	£9,600.00
Shine your light community	Yoga and Mindfulness class	£4,065.00
Shoot for Success SCIO	Shoot for Success Inclusive Learning Disabilities Basketball Project	£10,000.00
SiMY Community Development	Townhead Gardening, Growing and Woodland Walks	£10,000.00
Singing for Lung Health Glasgow	Singing for Lung Health Maryhill	£2,000.00
Sir John Stirling Allotment Gardens	Women's Outdoor Workshops	£4,000.00
Smart Gym CIC	Smart Gym	£10,000.00
South East Area Lifestyle (SEAL) Community Health Project	Happy and Healthy Living Project	£10,000.00
South Glasgow Childcare Partnership forum SCIO, Giggle N Grow	Giggle N Grow	£10,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Sporting Memories Foundation Scotland	Sporting Memories Glasgow	£8,612.00
St George's & St Peter's Community Association	The Daffodil Club Vitality programme	£9,540.00
St Matthew's Centre	Wellbeing Programme	£9,400.00
Stepping Stones for Families	Power of Play	£10,000.00
Strathclyde Wing Hong Elderly Group	Wellbeing for Longer	£10,000.00
Street Connect	Street Connect Projects Team	£10,000.00
Sufi Festivals	Sufi Arts Participation	£10,000.00
Sunny Cycles	Sunny Cycles	£10,000.00
Scottish Women's Autism Network (SWAN)	SWAN Glasgow meet up groups	£9,140.00
Team Jak Foundation	Team Jak 's Twilight Group Glasgow	£4,908.00
The Children's Wood	Family Support Group	£10,000.00
The Feel Good Womens Group	Fitness & Friends	£9,880.00
The Glendale Women's Cafe	Glendale Women's Cafe	£10,000.00
The Hidden Gardens Trust	The Hidden Gardens Health and Wellbeing Programme	£10,000.00
The Louise Project	The Space	£8,260.00
The Michael Tracey Project	Increased Social Engagement for profoundly-disabled young adults and Respite Support for Parents/Carers	£10,000.00
The Moira Anderson Foundation	MAF Glasgow Satellite Service	£9,600.00
The Occasional Cabaret Ltd. t/as The Occasion Theatre	The Occasion Theatre's Southside Group	£7,080.00
The Pavillion (Greater Easterhouse)	Blairtummock/Rogerfield Coffee morning.	£9,335.00
The Pollokshields Trust	Bowling Green Wellbeing Activities	£9,902.00
The Preshal Trust	Krafty Friday Sessions	£9,960.00
The Pyramid at Anderston	Wellbeing for all at The Pyramid	£10,000.00
The Queen's Park FC Foundation	Supporting Our Own	£8,420.00
The Senior Centre Castlemilk	Wellbeing support for older people in Castlemilk	£10,000.00
The Village Storytelling Centre	Our Stories, Our Voices	£10,000.00
The Wash House Garden CIC	The Wash House Garden	£10,000.00
The Wee Retreat CIC	Support for Refugee Wellbeing in Glasgow	£8,440.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Thenue Communities	Conversation Cafe	£9,860.00
Time and Space	Support for adults who hear voices and/or self harm	£10,000.00
Toryglen Community Hall	Community Connections	£10,000.00
Touched by Suicide Scotland	Touched by Suicide Scotland	£10,000.00
TransparenTsees	TransparenTsees	£2,000.00
Tron St Mary's Parish Church	Tron St Mary's Community and Family Support Project	£6,120.00
United Yemeni Community in Scotland	Enhanced Recovery Resilience-ER^2 (REF-1640087023)	£10,000.00
Urban Roots	Gardens for Resilience	£9,993.00
Wallacewell Primary School Parent Council	Community Cheap and Simple cooking made easy	£4,180.00
West of Scotland Regional Equality Council Ltd	My Voice	£9,991.00
Willowacre Trust	Develop, Live & Thrive Project	£10,000.00
Wing Tsjun Scotland SCIO	Womanity Project	£10,000.00
Wise Women	Women's Engagement Worker	£9,360.00
With Kids	Building a Better Community Together	£9,996.00
Women on Wheels	Women on Wheels	£10,000.00
Woodlands Community Development Trust	Woodlands Community Nurture in Nature	£10,000.00
Your Pay Your Way Ltd	Your Pay Your Way - Your Community Your Way	£6,790.00
Youth community support Agency	Being Free	£8,276.00
Zennistoun Hub C.I.C	Zennistoun Hub's Stepping Out Project	£6,524.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Highland

Organisation Name	Name of Project	Funding Awarded
Àban Outdoor Ltd	Young Adult Carers Outdoor Social Group	£9,150.00
Able2Adventure	Outdoor Activities for Physical and Mental Health	£15,000.00
An Talla Solais - Ullapool Visual Arts	Creative Volunteering	£8,500.00
Apex Highland	Going The Distance	£21,348.00
Autism Initiatives	Highland Community Wellbeing Project	£9,554.00
Badenoch & Strathspey Community ConnXions	e-Trike Isolation Buster	£8,000.00
Badenoch and Strathspey Therapy Gardens	Getting together to Garden	£9,950.00
Badenoch Shinty Memories Group	Badenoch Shinty Memories	£17,500.00
Barnardo's	Youth Hub Inverness	£4,950.00
Befrienders Highland	Peer Befriending Groups	£10,000.00
Befrienders Highland	Mental Health Befriending - Caithness	£17,103.00
Blooming Gardeners CIC	Increasing Opportunities for Vulnerable Adults with Learning Disabilities	£8,000.00
Caberfeidh Horizons Ltd	Reach In - Reach Out - Caberfeidh	£8,400.00
Caithness and Sutherland Women's Aid	Group Activities	£6,000.00
Caithness Sight Impairment Group	trips and transport monthly meetings	£2,812.00
Caithness Voluntary Group-Befriending Caithness	Befriending Caithness	£10,000.00
Calman Trust	Food for Thought	£19,780.00
Care and Learning Alliance	Support for parents in Aviemore and surrounding villages	£5,348.00
Care and Learning Alliance	Expansion of support for parents in Nairn and surrounding villages	£5,348.00
Care Lochaber	Cosy Connections	£8,793.00
Cawdor Bowling Club	Bringing People Together in Cawdor	£5,290.00
Connect Assynt Ltd	Increase Connectivity	£10,000.00
Create Inspire Projects CIC	Bunkhouse Speakeasies Project -Ullapool	£8,998.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Cromarty Firth Men's Shed	Branching Out	£5,500.00
CrossReach Community Connections (SCIO)	CrossReach Adult Counselling Service	£10,000.00
Cruse Scotland Bereavement Support	Inverness Bereavement Support	£9,000.00
Ewen's Room	Workshops for Wellbeing	£10,000.00
Families Outside	Supporting improved mental health and wellbeing outcomes for Highland families affected by imprisonment	£9,848.00
Farr Edge 2000	Community Lunch Club	£3,270.00
Farr North Community Development Fund	Community workshops and mobile men shed	£9,500.00
Fearn Free Food Garden (FFFG)	Grow With Us	£9,040.00
Fèis Rois	Voices in Bloom	£9,059.00
Gairloch and District Heritage Company Ltd.	Wellness Through Reminiscence	£10,963.00
Gairloch and Loch Ewe Action Forum (GALE)	Project Co-ordinator	£9,000.00
Glenurquhart Rural Community Association	Glenurquhart Wellbeing and Mental Health Project.	£8,000.00
Go Golspie Development Trust	Go Golspie Development Trust: additional transport initiatives to support mental health and wellbeing	£10,921.00
Grantown Initiative (SpeyShed)	Spey Shed	£6,120.00
Headway Highland	Headway Highland	£10,000.00
Held In Our Hearts	Specialist baby loss counselling and peer support for bereaved parents	£12,896.00
High Life Highland	Caol Crochet	£2,600.00
High Life Highland	Brora Learning Centre Social Enterprise	£6,480.00
High Life Highland	Highland Refugees Active for Wellbeing	£8,100.00
Highland Multicultural Friends	Sewing, dance and cooking class	£11,000.00
Highland Yoga Collective	Yoga & wellbeing activities for LGBTQ+ people and their allies	£3,300.00
Highland Yoga Collective	Monthly wellbeing events	£2,480.00
Home-Start Caithness	Thurso Baby and Pregnancy Group	£9,320.00
Inspiring Young Voices	Kooth Highland 19 - 25	£3,151.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Inverness Foodstuff	Inverness Foodstuff and Citizens Advice Bureau Collaboration	£15,000.00
Inverness Women's Aid	Inverness Women's Aid Mental Health Support Project	£7,880.00
Invershin Hall Committee	Feel Good, Feel Fit Festival	£1,500.00
IRL Education CIC	IRL Education Transitions Programme	£10,000.00
James Support Group	Bring Support to The Community	£26,497.00
King's Inverness	Kintsugi Hope	£3,784.00
LGBT Youth Scotland	LGBT Youth Work Highlands	£7,000.00
Minority Ethnic Carers of People Project (MECOPP) Gypsy/Traveller Community Health Team	Community Health Matters	£25,000.00
Merkinch Partnership	Merkinch Locality Plan	£9,800.00
Mikeysline	Mikeysline and Thinking Space to develop capacity in Skye & Lochalsh	£10,000.00
Morning Call	Morning Call	£10,000.00
Nairn Citizens Advice Bureau	Armed Forces Community HUB	£9,950.00
Nairn River Enterprise (operating as Green Hive)	Trike Nairn	£5,096.00
Partnerships for Wellbeing	Volunteer Safety Training	£4,900.00
Partnerships for Wellbeing	Wheelchair Accessible Community transport	£7,000.00
Rag Tag and Textile Ltd	SNUG - A Warm Space at Rag Tag	£7,199.00
Rape and Sexual Abuse Service Highland	Support for Survivors of Sexual Violence	£10,000.00
Reach4Reality	Extending our reach: R4R young adults group	£10,081.00
Scottish Huntington's Association	Highland Huntington's disease Specialist Service	£9,896.00
Scourie Community Development Company	Scourie's Body and Soul	£10,000.00
Skye & Lochalsh Mental Health Association	Am Fasgadh Keeping-Warm	£22,812.00
Sleat Community Trust	Sleat Lunch Club	£6,000.00
Special Needs Action Project (SNAP)	SNAP (Special Needs Action Project) Youth Club	£8,000.00
The Cooking Club	One Pot Cooking on a Budget	£3,480.00
Urram SCIO	Social gatherings	£9,000.00
Velocity Cafe and Bicycle Workshop	Mums on Wheels	£7,653.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Viewfield Garden Collective	Growing Garden, Thriving Minds	£16,757.00
Voluntary Groups Sutherland	Sutherland Friends Call	£10,674.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Inverclyde

Organisation Name	Name of Project	Funding Awarded
Ardgowan Hospice	MY Life	£11,984.00
Branchton Community Centre	Greenock South West Inclusion Project	£20,000.00
Families Outside	Supporting Inverclyde Families affected by imprisonment	£9,989.00
Financial Fitness	CASH - Community, Advice, Support and Help	£10,000.00
Greenock Morton Community Trust	Breakfast and Blether	£11,500.00
Home-Start Renfrewshire and Inverclyde	Home-start Community Wellbeing Project - Inverclyde	£20,000.00
Inverclyde Community Care Forum (Your Voice)	Building Resilient and Supportive Communities	£15,682.00
Inverclyde Recovery Café	Inverclyde recovery Café	£3,878.00
Kidron Project	Life Skills Programme	£19,700.00
Lyle Gateway	Community Development Worker	£8,000.00
Magic Torch Comics CIC	Ways Through the Woods	£9,750.00
Man On Inverclyde	Man On! Inverclyde - Early Intervention and Crisis Support	£20,000.00
MindMosaic Counselling and Therapy	Building Better Mental Health & Wellbeing in Inverclyde	£18,600.00
Moving on Inverclyde	Digital Connections for long term recovery	£10,000.00
Parklea Branching Out	Parklea Branching Out - Community Inclusion Programme	£10,000.00
Safe Harbour Inverclyde	Safe Harbour Lighthouse	£20,000.00
Stat Salus CIC	The Silent Sufferers	£1,995.00
Teen Challenge	TCS Outreach Let's Connect	£9,980.00
Wellington Park Bowling Club	Bring People Back	£3,725.00
Youth Connections	Connect Life Skills Café	£7,306.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Midlothian

Organisation Name	Name of Project	Funding Awarded
Access to Industry	Wellbeing Support Project	£10,000.00
Artlink Edinburgh and Lothians	The Social Programme	£9,980.00
Autism Initiatives	Midlothian Resilience Project	£9,118.00
CAPS Independent Advocacy	LGBTQIA+ Independent Advocacy	£10,000.00
Dalkeith & District Citizens Advice Bureau	Dalkeith CAB Men's Wellbeing Project in Midlothian	£28,213.00
Equal Futures	Circles of Support for People with Learning Disabilities in Midlothian	£9,000.00
Health in Mind	1. Peer Connecting with a black and minority ethnic focus 2. HiM Recovery and Justice Football Peer Group	£30,335.00
Horizons Recovery Cafe	CAB Drop-In Service at Horizons Recovery Café	£11,339.00
Improving Midlothian Parent And Caregivers Time (I.M.P.A.C.T.)	Improving Midlothian Parent And Caregivers Time (I.M.P.A.C.T.)	£2,000.00
Into Work Ltd	Financial Inclusion for Personal Wellbeing	£9,945.00
Lasswade High School (Physically Handicapped & Able Bodied) (PHAB) Club	PHAB Club Opportunities for People in Midlothian with Disabilities	£400.00
Lothian Veterans Centre	Heat, a Seat and Something to Eat	£1,300.00
Mayfield and Easthouses Development Trust	MAEDT Community Mental Health and Wellbeing Activities	£30,000.00
Midlothian Cancer Peer Support group	Midlothian Cancer Peer Support Group	£1,990.00
Newtongrange Development Trust	Newtongrange Lunchtime Tai Chi	£836.00
Pathhead Men's Café	Pathhead Men's Café	£500.00
Penicuik Community Development Trust	Penicuik Heritage Crafters	£2,000.00
Penicuik Storehouse	Penicuik Storehouse Volunteer Support and Coordination	£10,000.00
Rosewell Development Trust Community Company Ltd	Rosewell Development Trust Supported Volunteering Opportunities	£6,759.00
The Wednesday Group	The Wednesday Group	£1,450.00
Volunteering Matters	Grandmentors Midlothian	£20,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Women's Aid East and Midlothian (WAEML)	Prescribe Nature	£28,782.00
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Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Moray

Organisation Name	Name of Project	Funding Awarded
1st Elgin Scout Group	Disabled friendly classroom and Community 4x4 electric wheel chair storage	£5,000.00
Buckie Area Forum	The Hub / Warm Bank	£11,825.00
Children 1st	Maternal and Infant Wellbeing Service	£10,187.00
Cruse Scotland Bereavement Support	Elgin Bereavement Support Project	£7,700.00
Cullen Connected	Cullen Connected (Newsletter)	£2,000.00
Cullen Men's Shed	The Shedders	£2,487.00
Earthtime For All Ltd	Waddle Toddle Moray	£7,770.00
Elgin Cooper Park Community Sports Hub	Active Recovery Moray – Mental Health Accreditation Scheme for Sport Clubs	£4,989.34
Findhorn Bay Arts Ltd	Living Lanes - 'Sow, Grow, Share'	£836.85
Forres Area Community Trust	Forres Area- Making a Difference Together	£12,000.00
Four Pillars UK	LGBT+ Outreach - Moray	£11,500.00
Grampian Regional Equality Council Ltd	Health & Diversity Network	£7,274.00
Hopeman Community Minibus	Staying Connected	£9,390.00
ICON Families Moray	ICON Families Moray	£1,968.58
Let's All Talk North East Mums (LATNEM)	LATNEM Peer Support	£4,500.00
Lossiemouth Community Development Trust	Lossie Men's Shed	£6,789.91
Moray Coast Methodist Church	Moray Hope for Peace	£12,000.00
Moray Field Club	Improving Access for Meetings and Outings (IAMO)	£2,000.00
Moray Firth Credit Union	Strengthen Support for Health & Wellbeing in Moray	£12,000.00
Moray Food Plus	The Bosie	£12,000.00
Moray Sequence Dancers	Moray Sequence Dancers	£2,000.00
Moray Wellbeing Hub CIC	Exploring peer-support in Moray 2022-23	£10,661.00
Moray Women's Aid	Promoting Recovery through Art	£11,960.00
Nature 4 Health	Nature Wellbeing in Moray	£12,000.00
Pride In Moray	Pride in Moray 2023	£2,000.00
Rainbow Rascals	Rainbow Connections	£2,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Rural Environmental Action Project (REAP)	Action for Wellbeing	£12,000.00
R-evolution for Good	Mens Space	£12,000.00
The Lossie 2-3 Group	Community soup and pudding event/ Mental Health support	£11,160.00
The Moray Monday Club - Supporting people living with Dementia in Moray	The Moray Monday Club - Supporting people living with Dementia in Moray	£9,525.00
The Three Harbours Association t/a Cullen Sea School	Cullen Sea School Mental Health and Wellbeing Initiative Phase Two	£12,000.00
Tomintoul & Glenlivet Development Trust	Create & Connect	£6,300.00
Wild Things Environmental Education in Action	Health and Wellbeing in Nature - restorative activities for vulnerable groups in Forres	£11,637.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

**North
Ayrshire**

Organisation Name	Name of Project	Funding Awarded
Ardrossan Community Association	Ardrossan Community Association	£19,800.00
Arran Repair Cafe (ARC)	Arran Repair Cafe (ARC)	£9,999.00
Barrmill District Association	Barrmill District Association	£1,000.00
Beith Community Association	Beith Community Association	£7,436.00
Beith Community Association	Beith Community Association	£10,000.00
CHAP (Community Housing Advocacy Project)	CHAP (Community Housing Advocacy Project)	£20,000.00
Community Housing Advocacy Project (CHAP), in partnership with Bridgend Community Centre	CHAP (Community Housing Advocacy Project), in partnership with Bridgend Community Centre	£17,800.00
Clyde Coast & Cumbraes Mens Shed	Clyde Coast & Cumbraes Mens Shed	£4,900.00
Creative Recycling Limited	Creative Recycling Limited	£2,980.00
Cruse Scotland Bereavement Support	Cruse Scotland Bereavement Support	£9,020.00
Cycling Without Age Scotland Isle of Cumbrae	Cycling Without Age Scotland Isle of Cumbrae	£949.00
Dalry Community Sports Club	Dalry Community Sports Club	£20,000.00
Drum4urlife	Drum4urlife	£9,990.00
Families Outside	Families Outside	£7,986.00
Fit Ayrshire Dads	Fit Ayrshire Dads	£1,000.00
Fullarton Community Association	Fullarton Community Association	£10,000.00
Fullarton ConneXions	Fullarton ConneXions	£10,000.00
Garnock Valley Runners	Garnock Valley Runners	£510.00
Harbourside Men's Shed	Harbourside Men's Shed	£315.00
Harbourside Men's Shed	Harbourside Men's Shed	£2,875.00
Holistic Health Ayrshire CIC	Holistic Health Ayrshire CIC	£1,000.00
Inspiring Scotland - Saltcoats Link Up	Inspiring Scotland - Saltcoats Link Up	£10,745.00
Irvine Beat FM	Irvine Beat FM	£11,793.00
Irvine Camera Club	Irvine Camera Club	£949.00
Irvine Community Sports Club	Irvine Community Sports Club	£20,000.00
Kilwinning Community Football Academy	Kilwinning Community Football Academy	£5,368.00
Kilwinning Community Sports Club	Kilwinning Community Sports Club	£18,126.00
KO-NEKT (childcare) CIC	KO-NEKT (childcare) CIC	£20,000.00
Megan's Space SCIO	Megan's Space SCIO	£20,000.00
Men's Shed Dalry	Men's Shed Dalry	£4,540.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Millport Town Hall	Millport Town Hall	£2,520.00
NODA Ayrshire	NODA Ayrshire	£8,117.00
North Ayrshire Forum on Disability	North Ayrshire Forum on Disability	£10,000.00
North Ayrshire Recovery Across Mental Health (RAMH) Wellbeing & Recovery College	North Ayrshire RAMH Wellbeing & Recovery College	£9,700.00
North Ayrshire Table Tennis Club	North Ayrshire Table Tennis Club	£10,000.00
Nurturing Connections	Nurturing Connections	£9,960.00
Simply Create - West Kilbride Community Initiative Ltd Craft and Design Town project (WKCIL)	Simply Create (WKCIL)	£994.00
St Peter's Children's Centre	St Peter's Children's Centre	£20,000.00
Stevenston North Community Association	Stevenston North Community Association	£20,000.00
The Three Towns & District Men's Shed	The Three Towns & District Men's Shed	£4,756.00
West Coast Furniture Bank SCIO	West Coast Furniture Bank SCIO	£9,600.00
Woodland View Volunteer Shop	Woodland View Volunteer Shop	£1,000.00
YES Your Entire Self	YES Your Entire Self	£19,745.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

**North
Lanarkshire**

Organisation Name	Name of Project	Funding Awarded
Airdrie Citizens Advice Bureau	Action Beyond Courage (ABC)	£4,311.00
Bazooka Arts	Create & Connect Year 2: Community	£34,900.00
Circle	Family Wellbeing Team	£50,986.00
Cloudberry Communities	Natural Connections	£43,600.00
Cornerstone Community Care	Cornerstone Connects North Lanarkshire	£10,714.00
Families Affected by Murder and Suicide (FAMS)	Spring Ahead – Connection & Information	£38,640.00
Forgewood Housing Cooperative	Forgewood & Gowkthrapple: Taking steps towards a happier and healthier life	£44,739.00
Fresh Start NL	Let's talk	£12,440.00
Getting Better Together	Bump to Birth and Beyond	£27,482.00
Getting Better Together	Healthy & Active Lifestyles Project	£30,660.00
Glenboig Development Trust	Glenboig Community Garden	£45,131.00
Home-Start	Healthy- Happy Families	£35,671.00
Lanarkshire Rape Crisis Centre	Community Support Project	£16,774.00
Lanarkshire Community food and Health Partnership (LCFHP)	Food for Mood for Families	£27,862.00
MADE4UINML2	Wellbeing in ML2: Adults and Older People	£49,846.00
Maggie's Lanarkshire	Lanarkshire psychological wellbeing sessions and courses	£21,771.00
Make and Create Arts	Positive Youth Connections	£13,293.00
Motherwell and Wishaw Citizens Advice Bureau	Community Engagement Project	£41,450.00
Motherwell Football Club Community Trust	The Well Hub	£30,300.00
New Opportunities Project	New Opportunities Project	£23,122.00
North Lanarkshire Recovery Community	NLRC Recovery Therapies	£18,400.00
Outlet: Play Resource	Outdoors for Wellbeing	£18,392.00
Promoting a more inclusive society (PAMIS) Lanarkshire	PAMIS Well-being Project	£21,139.00
Parkinsons Self Help Group	Nurture, Develop and Grow	£26,972.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Playlist for Life	Playlist for Life North Lanarkshire	£21,625.00
Ponies Help Children	Volunteer Development Officer	£18,500.00
The Economic Forum for womens empowerment	Black and Minority ethnic women food festival and wellbeing project	£10,000.00
The Health and Wellness Hub	Black and Minority Ethnic Engagement Focus and Support Project	£30,212.00
The Miracle Foundation	Diverse Community Development & Engagement	£43,765.00
The Venture Trust	Outdoor Therapy	£35,020.00
The Well Foundation	The Well Foundation Community Sports Hub	£33,760.00
Venture Scotland	Challenge Yourself, Discover Yourself Phase 2	£19,965.00
YMCA Bellshill & Mossend	Y-Virtual Wellbeing	£16,427.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Orkney

Organisation Name	Name of Project	Funding Awarded
Anchor Group	Arts and Crafts Group	£2,250.00
Beach Gallery	Hoy Makers	£7,000.00
Birsay Community Association	Birsay Bowls Group	£3,977.00
Holm Ball Group	Kurling and Fitness Instruction Project	£840.00
Hoy Heritage Centre	Food for Thought	£608.00
Orkney Art Club	North Isles Through the Seasons	£9,680.00
Orkney Blide Trust	Men in Mind	£9,680.00
Orkney Dance & Fitness	Active Movers	£9,680.00
Relationships Scotland Orkney	Community Wellbeing Support	£10,000.00
Rousay, Egilsay and Wyre Development Trust	Being Well Together	£4,629.00
Sanday Craft Hub	Onwards and Upwards	£5,920.00
Westray Development Trust	Westray Men's Shed - The Beginning	£9,680.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Perth & Kinross

Organisation Name	Name of Project	Funding Awarded
Adventure Circus	Adventure Circus	£15,000.00
All Strong Scotland	All Strong Scotland	£10,000.00
Autumn Voices and Birnam Arts (Partnership)	Creative Writing Workshops	£14,500.00
Broke not Broken and Perth and Kinross HSCP and NHS Tayside Health Visitor Team (Partnership)	Broke not Broken	£45,000.00
Change Mental Health	Hearing Voices (Tayside)	£16,000.00
Check In Works	Giraffe Project	£9,400.00
Creative Catalyst	Creative Catalyst	£15,000.00
Deaf Links	Mental Health Advocacy Service	£10,000.00
Elder Voice	Wellbeing Centre	£10,000.00
Generating Opportunity CIC	Life Stories	£10,000.00
Home Start Perth & Kinross and Vitalityme CIC (Partnership)	Fitness & Wellbeing Sessions	£13,769.00
Jeanfield Swifts and Fair City Juniors Football Club (Partnership)	Football For All	£13,000.00
Lighthouse & The Neuk (Partnership)	Family Support Project	£40,000.00
Mindspace	Peer Support Service	£10,000.00
Neuro Central	Neuro Central	£5,500.00
Parent to Parent	Parent to Parent	£7,027.00
Perth Theatre & Concert Hall (Horsecross) & Mindspace (Partnership)	Writing for Wellbeing	£25,000.00
PHysical and Perth Strathtay Harriers & Perth and Kinross Disability Sport (Partnership)	Physical	£13,000.00
Rape and Sexual Abuse Centre (RASAC)	RASAC	£15,000.00
Richmond House	Health Walks on Tour	£7,343.00
Scottish Cycling Charitable Foundation	Trail Therapy	£14,800.00
St Johnstone Community Trust	Mental Health & Wellbeing Football Provision	£10,000.00
Taybank Growers Cooperative	Market Garden Volunteer Programme	£5,267.00
Trauma Healing Together	Mental Health & Wellbeing Festival	£10,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

VisionPK	Forward Together	£5,885.00
YMCA Tayside, KYTHE and Breathe (Partnership)	Journey to Freedom	£33,065.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Renfrewshire

Organisation Name	Name of Project	Funding Awarded
Brick Lane Music School	Intergenerational Music Cafe	£10,000.00
Bridgewater HA	Community Activity Programme	£6,500.00
Bungalow Enterprises CIC	Music Club for Older Adults	£9,250.00
C-Change	Dates'n'Mates Renfrewshire	£6,500.00
Create Art and Allotment Group	Create Art and Allotment Group	£1,500.00
CREATE Paisley	Young Person's Wellbeing Support	£12,207.00
Erskine Arts	Free Music Classes in Erskine	£13,234.00
Erskine MBC Social Group	Social Group Activities	£1,200.00
Federation of Local Housing Associations in Renfrewshire (FLAIR)	FLAIR for Life	£20,000.00
Finding Your Feet	Amputee Support	£13,420.00
Forever Young	Aging Creative Programme	£6,400.00
Friends of Barshaw Park	Cultural Activities Programme	£1,000.00
Glenburn Independent Baptist Church	Serve2020 Book Club	£9,815.00
Glenvale FC	Scholarship Project	£6,500.00
Home-Start Renfrewshire & Inverclyde	Wellbeing Project	£28,379.00
Inchinnan Development Trust	Nature Wellbeing Sessions	£7,500.00
Inspiring Families	Confidence Building for Ethnically Diverse Communities	£5,000.00
Jambo! Radio	Mind Matters	£10,000.00
Jubilee House	Jubilee House	£25,400.00
Kairos Women+	Wellness Project	£20,000.00
Klas Care	Renfrewshire Families Together	£11,717.00
Local Energy Action Plan	Lochwinnoch Feel Good Festival	£5,000.00
Loud n Proud	Music Learning Club for Older Adults	£5,180.00
Mhairi's Mindfulness to Wholeness	Mhairi's Mindfulness to Wholeness	£2,000.00
Mossvale Community Church	Sewing2gether All Nations	£11,751.00
New Tannahill Centre Ltd	Cost of Living Support for Ferguslie	£20,000.00
Open Aye CIC	Renfrewshire Green Map Photo Project	£8,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Outspoken Arts	Creative Learning	£16,560.00
Pachedu	Wellbeing Project	£33,914.00
Paisley Opera	Paisley Opera	£5,000.00
Paisley Rugby Football Club	Women and Girls Section launch	£3,100.00
Paisley Singers	Paisley Singers	£2,000.00
Paisley St George's Church of Scotland	Glenburn Community Support	£600.00
Paterson Park Allotments	Accessibility Project	£1,980.00
Ralston Community Council	Sports Programme	£8,150.00
ReMode	Open Mic and Make Project and Maker Weekends	£15,000.00
Renfrew Cricket Club	Introduction to Cricket for Adults	£8,980.00
Renfrew Development Trust	Renfrew Men's Shed	£7,000.00
Renfrew YMCA	Parental Support	£11,000.00
Renfrewshire Carers Centre	Bereavement Group Project	£2,880.00
Renfrewshire Effort to Empower Minorities (REEM)	Support Programme for Ethnically Diverse Communities	£6,770.00
RIG Arts	EVOLVE Seedhill	£7,025.00
Right2Dance	Just For You Wellbeing Programme	£17,554.00
Roar Connections For Life	Well Connected Project	£5,320.00
Roar Connections For Life	Jam Jar Cinema Project	£2,640.00
St Mary's Roar Club	St Mary's ROAR Club	£1,700.00
St Mirren FC Charitable Foundation	The Changing Room - Women's Programme	£17,400.00
STAR Project	Outreach Development Worker	£16,544.00
StudioFV	Film and Production Training	£4,000.00
Talk It Over Paisley	Talk It Over Paisley	£900.00
Thursday Club	Thursday Club	£3,000.00
Twist & Hit Cheerleaders	Fitness Classes for Young Parents	£6,800.00
West Scotland Paranormal Research	West Scotland Paranormal Research - Community group activity	£2,000.00
Williamsburgh Housing Association	Jones & Us Fitness Programme	£9,568.00
Youth Interventions	Additional Support Needs Parent Support Group	£10,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Scottish Borders

Organisation Name	Name of Project	Funding Awarded
Allanbank Arts	Art for carers of young people with additional support needs	£2,930.00
Berwickshire Housing Association	BeWell - Tenancy Support and Wellbeing Service	£46,600.00
Bonchester 60+ Club	Christmas	£240.00
Borders Carer Centre	Me Time	£10,000.00
Cheviot Togs	Cheviot togs underwear stock	£2,000.00
Cheviot Youth	Emotional Wellbeing and Mental Health Support Service	£33,696.00
Cornerstone Community Care	Friday Lunch Club	£8,989.00
Duns Senior Citizens Club	Christmas lunch celebration	£785.00
Dynamic Community Fusion	Borders Brain Injury Service	£3,000.00
Eastgate Theatre (Peebles) Ltd	Better balanced lives	£12,102.00
Innerleithen, Traquair & Walkerburn (ITW) Parish Church of Scotland	Chatty crafting	£3,000.00
Inspiring Life: Evie Douglas Memorial Fund	Inspiring Life Day	£2,500.00
Leitholm Village Hall	Gentle Exercise Class	£1,890.00
Nature Unlimited CIC	Women for wellbeing	£22,388.00
Newcastleton and district community trust	Mums support hub	£2,774.00
Nurture the Borders CIC	Better together	£26,545.00
Oor Space Youthy	Oor space parents	£2,950.00
Perfect Harmony	Bringing life through music	£2,900.00
Quarriers	Quarriers Resilience for Wellbeing Service – Community Supports	£38,895.00
Recovery Coaching Scotland CIC	Borders Recover Community - Community Recovery Café Initiative	£35,250.00
Scottish Borders LGBT Equality Charity	TransGen	£2,956.00
Stat Salus CIC	The silent sufferers	£3,247.00
The Tweed Valley Cheyne Gang	Tweed Valley Cheyne Gang - singing for joy	£3,000.00
Tweed Togs	Supporting Outdoor Activities & Wellbeing	£9,120.00
Whitsome Village Hall	Whitsome winter warmer	£2,362.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Shetland

Organisation Name	Name of Project	Funding Awarded
Ability Shetland	North Mainland Social Club	£5,000.00
Autism Understanding	Autism Support for All	£5,000.00
Bressay Development Ltd	Multi purpose development	£1,958.00
Bressay Running Club	Support to Bressay Parkrun Race Directors	£660.00
Mind Your Head	Wellness Programme	£5,000.00
Playlist for Life	Playlist for Life Shetland: Transforming the lives of those living with dementia through music	£2,434.00
Purple Loft Project	Creative Packs - Art	£2,020.00
Relationship Scotland Shetland	Time to Talk	£5,000.00
Scalloway Youth Center	Adult Social Club	£5,000.00
Shetland Bereavement Support Service	Post Suicide Training	£5,000.00
Shetland Care Attendants Scheme	Independent Care/Providing Short Breaks	£5,000.00
Shetland Community Connections	Shetland Community Connections Memories and story's group	£5,000.00
Shetland Womens Aid	Wellbeing project	£5,000.00
Southend Menopause	South End Menopause Support	£5,000.00
The Sporting Memories Network	Sporting Memories Shetland	£5,000.00
Unst Partership	Ootnaboot Club	£3,650.00
Whalefirth Mens Shed	Picture Framing Project	£4,998.00
Win Furt	Win Furt - Small Projects	£700.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

**South
Ayrshire**

Organisation Name	Name of Project	Funding Awarded
Ayr Housing Aid Centre	Case Worker	£29,999.90
Ayr: St Quivox parish Church	Cosy Space	£495.00
Ayr: St Quivox parish Church	Cosy Space - Extension	£3,980.00
Ayrshire Housing	Cosy Space	£1,642.00
Ayrshire Housing	Cosy Space - Extension	£3,000.00
Ayrshire Tigers Powerchair Football Club	Powerchair and Activity	£5,040.00
Ballantrae Rural Initiative Care in the Community (BRICC) Lunch Club	Cosy Space	£1,890.00
Ballantrae Rural Initiative Care in the Community (BRICC) Lunch Club	Cosy Space - Extension	£2,500.00
Colmonell Community Association	Cosy Space	£1,220.00
Colmonell Community Association	Seasonal Community Activities	£2,919.00
Community Wellbeing Hub	Cosy Space	£2,000.00
Community Wellbeing Hub	Therapeutic Sessions	£28,000.00
Coylton Community Association	Cosy Space	£3,000.00
Girvan Community Garden	Outdoor Activities and Events	£26,524.00
Girvan Community Garden	Cosy Space	£1,300.00
Girvan Community Garden	Cosy Space - Extension	£2,200.00
Girvan Town Team	Cosy Space	£1,500.00
Glendoune Community Association	Community Activities and Support	£22,200.00
Harbour Ayrshire	Hope Project	£29,500.00
Hope Wellbeing	Compassion Café	£1,725.00
Hope Wellbeing	Centre Co-ordinator	£28,000.00
Hope Wellbeing	Compassion Café - Extension	£4,000.00
Kirkmichael Village Renaissance	Cosy Space	£1,360.00
Lochside Neighbourhood Group	Cosy Space	£2,000.00
Lochside Neighbourhood Group	Cosy Space - Extension	£4,800.00
McCandlish Hall Straiton Club	Cosy Space	£1,300.00
McCandlish Hall Straiton Club	Cosy Space - Extension	£1,500.00
Mindfully Present CIC	Mindfulness Courses	£2,160.00
Monkton Community Council	Cosy Space	£915.00
Monkton Community Council	Cosy Space - Extension	£3,500.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Mossblown Matters	Community Activity	£5,000.00
Mossblown Matters	Cosy Space	£1,800.00
Mossblown Matters	Cosy Space - Extension	£3,000.00
New Life Christian Fellowship	Cosy Space	£1,720.00
Riverside Church	Budgeting Courses	£4,180.00
Riverside Evangelical Church	Winter Café	£1,975.00
Sensory Impaired Support Group (S.I.S.G)	Sensory Wellbeing Activities	£7,354.00
Seagate Church	Cosy Café	£2,000.00
Seagate Church	Cosy Café - Extension	£6,000.00
St. Margaret's Cathedral	Cosy Space	£1,250.00
Symington Friendship Group	Cosy Space	£988.00
Symington Friendship Group	Cosy Space - Extension	£3,500.00
The Auld Kirk of Ayr	Cosy Space	£1,500.00
The Community Gift Exchange SCIO	Community Shed	£10,000.00
Unity Enterprise	Support for Carers	£11,621.00
Vics in the Community	Community Support	£30,000.00
Yogable CIC	Adaptive Yoga	£20,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

**South
Lanarkshire**

Organisation Name	Name of Project	Funding Awarded
Blantyre Community Trust	Blantyre Community Trust - Partnership Grant	£48,220.00
Blantyre Soccer Academy	Football Memories	£19,375.00
Bothwell Futures	Bothwell Supporting Life Change	£19,500.00
Calm Café	Ten for Zen	£7,098.00
Charlies Old Codgers	Charlies Chatterboxes	£5,000.00
ClydeClydesdale Community Initiatives	New Shoots	£20,000.00
Clydesdale Housing Association Ltd	Knit, Knatter & Crochet Group	£4,700.00
Coaction	Healthy Valleys PARTNERSHIP	£43,344.00
Community Connect	Forth & District Development Trust	£11,130.00
Crawford and elvanfoot community council	Crawford Easy Movers	£1,573.00
Crawford John Public hall	Crawford John community hall relaunch	£7,000.00
Creating Happiness	Healthy n Happy	£19,203.00
Douglas St Brides community group	Douglas St Brides community group	£7,500.00
Duneaton Community Council	Soup and a smile	£5,850.00
Duneaton Community Council	Wellbeing Bus Trips	£2,000.00
East Kilbride and District Talking newspaper	Taking The Stress Out Of Copying	£1,000.00
East Kilbride Youth Disability Sports Centre	Continued club support and development	£9,150.00
Carluké Mens Shed	Equipment	£2,000.00
Families Like Us	Community Support Worker	£7,500.00
Families Like Us	Community Support Worker	£20,000.00
Following My Happy Trail	Supporting Our Community	£20,000.00
Fool On	Fool On South Lanarkshire	£7,988.00
Forth Community Resource Steering Group	Helping Ourselves More	£9,970.00
Forth Friendship Group	The happy volunteering project	£4,872.00
Go Ahead Group	Become more Active	£4,060.00
Harleeshill Community Hub	The Church at the Cross	£47,900.00
Healthy and Active	Nature on your Doorstep	£7,500.00
Healthy and Active	Get Active in EK	£19,820.00
Healthy Valleys	Living Well Project	£19,703.00
Healthy Valleys Partnership	Better Connected	£14,064.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Healthy Valleys & CCI Partnership	Coaction	£43,344.00
Heart of Africa Food For All	Heart of Africa	£9,890.00
ISKON Scotland & Krishna eco Farm	Yoga meditation and meals	£7,500.00
Kybride Prescribes	Kylbride Hospice	£20,000.00
Lanark Universal Connections	Carstairs Junction Adult Wellbeing Group	£1,050.00
Larkhall Community Growers & Larkhall District Volunteer Group Partnership Bid	Healthier and Supported Larkhall	£30,850.00
Larnark Univesral Connections	Additional Support Needs Parent and Carer Group	£2,000.00
LEAP Enterprise SCIO	Connect & Clothes	£19,919.00
Lets Grow	Skills Exchange	£7,450.00
Loanhead Community Hub	Woolfords, Auchengray and Tarbrax Improvement Foundation (WATIF)	£19,984.00
Morphfit	Meet, Learn and Move	£7,500.00
Outlet: Play Resource	New Scots Outdoors	£13,369.00
Promoting A More Inclusive Society (PAMIS) Wellbeing	PAMIS	£19,992.00
Peer Support	Strathaven and Glassford Community Council	£9,696.00
People's Past People's Future	Communita	£2,900.00
People's Past People's Future	Care Home Inclusion	£2,000.00
Project 31	Project Sport	£19,539.00
Project 31	Campfire and Cook	£7,470.00
Project 31	Parents Play To	£19,970.00
Rutherglen Community Carers	Early Diagnosed Dementia	£7,500.00
Spark Connections Limited	Spark	£16,650.00
Spittal Community Connect Café	Castlemilk Church of God	£20,000.00
St CollumbKillies	Relieving Poverty and Illness	£4,980.00
Supporting Older People	Leap	£19,950.00
Symington Tinto Football Club	Symington Tinto Football Club Gym	£18,764.00
Talk Now SCIO	Peer support group	£1,760.00
Tackling adversity through the arts (TATTA)	Agape Partnership	£25,088.00
Ten for Zen CIC	Calm Café: Mindfulness with Friends	£7,098.00
The Busy Bees	Patchwork Quilt Craft Fair	£420.00
The Happy Project	Forth Community Resource Centre Steering Group	£9,935.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

The Haven at Vanguard	Equifest 2023	£20,000.00
The Haven Centre	In Person Services	£20,000.00
Trust Jack Foundation	Trust Jack Foundation Reclaim	£8,144.00
Waist not Want not	HEC Hub Greenhills	£18,896.00
Whitlawburn Community Resource Centre	Stay Warm Project	£7,372.00

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Stirling

Organisation Name	Name of Project	Funding Awarded
Action in Mind	Warm space	£2,430.00
Al Masaar	Stirling Mental Health and Wellbeing	£7,500.00
Back Onside	Psychotherapy	£6,000.00
Balfron Lunch Club	Balfron Lunch Club	£3,000.00
Bannockburn House Trust	BHT Mental Wellbeing Project	£10,000.00
Central Scotland Chinese Elderly Project	Community Mental /health and Wellbeing project (phase 2)	£2,151.00
Coorie Creative	LGBT Nip & Tuck Fashion	£7,000.00
Dates n Mates Stirling	Dates and Mates Stirling	£5,600.00
Drymen Village Hall Committee	Open Doors Project	£3,000.00
Dunblane Development Trust	Friends Reunited	£13,580.00
ENABLE Scotland	Stirling ACE	£7,340.00
Fintry Community Council	Resilience group	£3,000.00
Forth Valley Disability Sport	Without barriers	£10,160.00
Forth Valley Welcome Stirling	Positive Activities Fund/English language support	£7,000.00
Home-Start Stirling	Home Start	£3,300.00
Hstar Scotland	Healed Scars	£7,000.00
Killlearn Village Hall	Killin Village Hall Warm space	£3,000.00
Killin Community Council	Warm spaces	£3,000.00
Neuro Central	Improving post-covid life for people with Neurological conditions	£7,000.00
PLUS Forth Valley	Supporting Adults with disabilities and additional support needs	£13,500.00
Reanimate	The Heard Project	£7,990.00
Recovery Scotland	Wellbeing Activities	£13,000.00
Safebase Scotland	Safehaven	£3,000.00
Scottish families affected by Alcohol and Drugs	Project Balance	£2,972.00
Sonder Peer mental Health Support Group	Sonder	£4,366.00
St Saviours Scottish Episcopal Church	Winter Drop-in Centre	£3,000.00
Stirling and District Womens Aid	Outreach drop-in service	£3,000.00

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Stirling Baptist Church	Renew Wellbeing Project	£3,000.00
Stirling Carers Centre	Adult carer lunch and activities group	£6,250.00
Stirling School of English	Ukranian students	£10,000.00
Stirling4Community	Wellbeing Choir	£4,992.00
Strathard Community Trust	Health and wellbeing sessions	£3,000.00
Support for Families	Bespoke Support and Counselling for disadvantaged young women 16-30	£13,500.00
The Braveheart Association	Health Plus	£7,189.00
The Village Club Strathblane	Warm Space	£1,800.00
Thornhill and Blairdrummond Community Council	Warm room	£3,000.00
Town Break	Town Break	£7,500.00
Transition Stirling	Stirling Reuse Hub	£10,585.00
Wellbeing Scotland	Befriending co-ordinator	£11,000.00
Yoga and Thyme	Herbs/Food/movement/growth from our land	£8,000.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

West Dunbartonshire

Organisation Name	Name of Project	Funding Awarded
Albatross Arts CIC	Building Connections in Dementia	£18,058.00
Alternatives	Knowetop Project	£29,954.00
Big Disability Group	Improving Our Offering	£8,400.00
Carers of West Dunbartonshire	Carer Wellbeing	£21,312.00
Castlegreen Allotments	Growing Our Members	£3,000.00
Clydebank District Choir	Raising Our Voices	£4,100.00
Clydebank Men's Shed	New Activities, New members	£8,100.00
Clydebank Womens Aid	In Refuge Support Health and Wellbeing Support	£12,500.00
Dumbarton & District Womens Aid	Accessing Specialist Support Training	£7,002.00
Dumbarton Rock Recovery	Rocking Recovery	£26,000.00
Families Outside	Support & Participation Coordinator	£9,989.00
Flourishing Faifley	Men's Group	£17,700.00
Growing Beardmore	Expanding Our Community Garden	£13,372.00
ISARO Community Initiative	Connecting Communities	£23,675.00
Skylark Trust	Watersport Activities	£28,275.00
Vale of Leven Trust	Getting more active	£25,505.00
West Dumbarton Mental Health Forum	Getting back after Covid	£9,500.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

West Lothian

Organisation Name	Name of Project	Funding Awarded
1st Step Development Ventures SCIO	Craft, relaxation, gardening, walking and cooking activities	£6,725.00
Artlink Edinburgh and the Lothians	Creative Community Hubs providing art based activities.	£24,995.00
Beechbrae SCIO	Wellbeing Conservation Group & Branching Out Group	£30,000.00
Blackburn United Community Sports Club	Weekly mens activity group.	£9,366.00
Bridge Community Project	Community based wellbeing support	£16,378.00
Bridge Community Project (on behalf of 17 organisations)	West Lothian Wellbeing	£27,148.00
Bridgend primary school parent council	Family support providing life skills in group setting.	£1,000.00
Carers of West Lothian	Carers Mental Health and Wellbeing	£48,528.00
Dedridge Good Neighbour Network	Lunch clubs for elderly in local community	£5,591.00
EnvironMentalHealth CIC	Mental Health First Aid Training to community groups and volunteers.	£9,750.00
Firefly Arts	Weekly programme of multi media arts workshops and support to young adults.	£5,950.00
Friends of Cedarbank	Family support providing residential activities for children with disabilities.	£10,000.00
Generation Arts SCIO	Music in Mind	£12,000.00
Kidz-Eco CIC	Bumpz 2 Babiez	£30,000.00
Linlithgow Community Development Trust	Linlithgow Shed and Re- Fab Project	£9,967.00
Livingston United Parish Church	Barn Community Café	£2,500.00
Mental Health Option for Older People with Depression (MOOD) Scio	Targeted Confidence Building Programme	£5,000.00
Neil's Hugs Foundation	Services providing suicide prevention strategies.	£25,000.00
No Limits	Residential trip for disabled people and carers.	£3,500.00
Passion4Fusion	1-1 and group sessions supporting Africans with	£8,840.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

	underlying physical and mental health concerns.	
Polbeth Community Hub	Programme of workshops providing holistic, healthy body, mind and creativity activities.	£7,430.00
S.M.I.L.E Counselling	Assist suicide training	£10,000.00
SINGERGIE	Community choir	£5,000.00
Sports & Well-Being For All Trust SCIO	Community sports with some targeted groups for people with disabilities.	£8,900.00
Stoneyburn and Bents Future Vision Group SCIO	Programme of events for over 50's	£5,112.00
Team Jak Foundation	Support for parents of children with cancer	£15,000.00
The Brock Garden Centre SCIO	Weekly support group providing signposting and support.	£6,155.00
The Food Train Limited	Friends Befriending service	£5,000.00
The School Bank West Lothian	Provide school uniform	£10,000.00
Volunteering Matters	Looking at building services providing solutions to mental illness for young people accessing employability programmes.	£8,197.00
West Calder and Harburn Community Development Trust	Good Connections Project	£30,020.00
West Lothian 50+ Network	Social Activities for over 50's	£25,000.00
West Lothian African Women's Network	Single Mothers Wellness Support Project	£9,947.00
West Lothian Diabetes Scotland Group	Lifestyle project providing nutrition and exercise coaching to people with diabetes in a group setting.	£10,000.00
West Lothian Financial Inclusion Network SCIO	Clothing community Chest	£9,920.00
Winchburgh Community Development Trust	Companions Group providing social activities and new mens group.	£8,050.00
Young At Heart	Activities for older people including paracise, drama and yoga providing activities in warm space	£3,350.00

Communities Mental Health and Wellbeing Fund for adults- Projects awarded funding in Year 2- 2022/2023

Western Isles (Eilean Sair)

Organisation Name	Name of Project	Funding Awarded
Advocacy Western Isles	Independent Mental Health Advocacy	£9,986.00
Back Football & Recreation Club	Loch a Tuath Adults' Chat & Cuppa Group	£3,800.00
Bays of Harris Charitable Trust	Local Community Groups Post-Covid Support Fund	£2,000.00
Cobhair Bharraigh SCIO	Eisteachd, Cluninnstinn agus Cuideachadh	£10,000.00
Comunn Eachdraidh Eirisgeidh	Comunn Eachdraidh Eirisgeidh	£5,000.00
Cothrom	Bodach's and Bairn's	£2,070.00
Garadh a Bhagh a Tuath	Gathering in the Garadh	£8,800.00
Great Bernera - Community Development Trust (CDT)	Assist	£6,355.00
Long Term Conditions Hebrides	A Bridge to Health - Drochaid gu Slainte	£9,684.00
Neuro Hebrides	Massage for Neurological sufferers	£1,500.00
South Harris Free Church	Café 34	£1,673.00
Taigh Chearsabhaigh	Arts Therapy Service - Uist & Barra	£10,000.00
The Caladh Trust	Staff Costs	£4,593.00
The West Harris Trust	Growing West harris	£8,245.00
WI Community Care Forum	Musical Memories	£2,500.00
Western Isles Association for Mental Health (WIAMH)	Better fed, Better off	£7,500.00
Western Isles Cancer Care Initiative (WICCI)	Counselling Services at WICCI 2023/24	£5,000.00



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