

Consultation response

Question 1: We would like to know in what context you are responding. Please choose one of the following:

I am responding as:

- a) an individual who experiences chronic pain x
- b) a family member or carer of someone who experiences chronic pain
- c) a health professional
- d) an organisation representing people who experience chronic pain
- e) other stakeholder (please tell us in the comments box below)

Comments (box expands with text input - there is no word limit)

Question 2: Please choose your preferred option (Chapter 2 provides details).

- Option 1 – a centre of excellence in a single location x
- Option 2 – a service delivered by local chronic pain clinicians
(supported by other clinical advisors in another part of the country)
- Option 3 – a service delivered in different locations
(by a team of chronic pain specialists – an outreach or roving service)

Please tell us why this is your preferred option in the comments box below. The factors listed in Chapter 2 of the consultation paper may help you.

Comments (box expands with text input - there is no word limit) This is firstly the best way forward as all services are located in one place. There is no fragmentation of services or duplication which saves money. Secondly it is out of the control of 14 current Health Boards who would dilute the service if controlled and administered by 14 different decision makers. The set up in Bath is from what I have read the way to provide this necessary but so far lacking service to the Scottish people who need a valuable service.

Question 3: Are there any of the options you disagree with? (If No, move straight to Question 4.)

If yes, please tell us which one(s) in the comments box, and why?

Comments (box expands with text input - there is no word limit)

Question 4: If you have other ideas that have not been covered, please tell us about these in the comments box below. You may want to include the advantages and disadvantages of each.

Comments (box expands with text input - there is no word limit)Video links for support groups. So that travelling is cut down only for essential visits for treatment. Groups could be regional or town city specific to cut down on travel and costs. I currently attend a Pain Management Scotland group in Stornoway which is excellent.

Question 5: What do you think the barriers are to accessing a residential pain management service? (For example, distance away from family, work or family commitments, upfront travel costs.)

Please list as many as you wish in the comments box below and include any others that are important to you.

Comments (box expands with text input - there is no word limit)There should be no barriers to attending a centre of excellence for treatment, I live in the Western Isles and currently have to travel to Glasgow for specialist hospital appointments. This is covered by the Health Board and I would expect this to continue. The user of the service should not be financially out of pocket as they are under the current reimbursement scheme. If you have located the service so that it is easily accessible from all major transport infrastructures then it is ultimately more accessible to the service users. This is much more of a benefit than having fourteen services not able to offer the user everything and still having to refer them to a bigger and more suitable hospital.

Question 6: Please choose from the list below which aspects of residential pain management services should be included in a Scottish service.

(choose as many as apply)

- | | |
|---|----------------------------|
| A chronic pain assessment | x <input type="checkbox"/> |
| Supported one to one sessions to teach coping skills | x <input type="checkbox"/> |
| Group sessions | x <input type="checkbox"/> |
| Residential accommodation | x <input type="checkbox"/> |
| Opportunity for immediate carer/support provider to accompany patient | x <input type="checkbox"/> |
| Peer support | x <input type="checkbox"/> |
| Tailored exercise programme | x <input type="checkbox"/> |
| Medication assessment | x <input type="checkbox"/> |

Other (please tell us in the comments box below)

Comments (box expands with text input - there is no word limit)

Question 7: Irrespective of the final service model selected, should access to the current service provided in Bath (or elsewhere in the UK) be retained for occasional use?

Yes x No Don't Know

Question 8: Have you previously attended, or supported someone attending a residential service outside Scotland?

Yes (please answer Question 9)

No x (please move straight to Question 10)

Question 9: If you have attended, or supported someone attending a residential service outside Scotland, please tell us about any advantages and disadvantages of the experience.

Comments (box expands with text input - there is no word limit)

Question 10: If you, or someone close to you, has been offered but declined a residential service outside Scotland what were the reasons for this?

Comments (box expands with text input - there is no word limit)

Question 11: If you wish to add any further comments on issues raised in the consultation paper or current chronic pain services in Scotland, please use the comments box below.

Comments (box expands with text input - there is no word limit)