Consultation response

Question 1: We would like to know in what context you are responding. Please choose one of the following:

I am responding as:

a) an individual who experiences chronic pain

b) a family member or carer of someone who experiences chronic pain

c) a health professional

d) an organisation representing people who experience chronic pain

e) other stakeholder (please tell us in the comments box below)

Question 2: Please choose your preferred option (Chapter 2 provides details).

Option 1 – a centre of excellence in a single location

Option 2 – a service delivered by local chronic pain clinicians
(supported by other clinical advisors in another part of the country)

Option 3 – a service delivered in different locations
(by a team of chronic pain specialists – an outreach or roving service)

Please tell us why this is your preferred option in the comments box below. The factors listed in Chapter 2 of the consultation paper may help you.
Question 3: Are there any of the options you disagree with? (If No, move straight to Question 4.)

If yes, please tell us which one(s) in the comments box, and why?

Disagree option 2. Not everyone is linked to/has access to a laptop, I had ever.

Disagree option 3. Not used in Scotland to date, so too risky.

Question 4: If you have other ideas that have not been covered, please tell us about these in the comments box below. You may want to include the advantages and disadvantages of each.

The southern general is currently being built, so it wouldn't be different to include a new specialist residential service/unit in the new building, as the builders are still working on it.
Question 5: What do you think the barriers are to accessing a residential pain management service? (For example, distance away from family, work or family commitments, upfront travel costs.)

Please list as many as you wish in the comments box below and include any others that are important.

- Distance away from family
- Distance away from work - loss of salary? Also could affect promotion prospects / holiday entitlement.
Question 6: Please choose from the list below which aspects of residential pain management services should be included in a Scottish service.

(choose as many as apply)

- A chronic pain assessment
- Supported one-to-one sessions to teach coping skills
- Group sessions
- Residential accommodation
- Opportunity for immediate carer/support provider to accompany patient
- Peer support
- Tailored exercise programme
- Medication assessment
- Other (please tell us in the comments box below)

All of the above, plus to use the opportunity to start a new Specialist Residential — perhaps based on the current model in Bath, as this model works.
Question 7: Irrespective of the final service model selected, should access to the current service provided in Bath (or elsewhere in the UK) be retained for occasional use?

Yes ☐  No ☑ Don’t Know ☐

Question 8: Have you previously attended, or supported someone attending a residential service outside Scotland?

Yes ☐ (please answer Question 9)

No ☑ (please move straight to Question 10)

Question 9: If you have attended, or supported someone attending a residential service outside Scotland, please tell us about any advantages and disadvantages of the experience.
Question 10: If you, or someone close to you, has been offered but declined a residential service outside Scotland what were the reasons for this?

[Handwritten response]

Question 11: If you wish to add any further comments on issues raised in the consultation paper or current chronic pain services in Scotland, please use the comments box below.

There have been endless debates, Inc. one in Hollywood and yet we are constantly told at meetings after meetings. The new model won't be implemented any time soon - unlike this?

The previous Health Sec. stated that a specialist residential service was not appropriate, so now that the present Health Sec has agreed - why the delay?

(End of questions. If you require more space to write answers, you may submit as many additional pages as you wish. If doing so, please clearly state the question numbers that your answers relate to.)