Consultation response: the provision of specialist residential chronic pain services in Scotland

Question 1: We would like to know in what context you are responding. Please choose one of the following:

I am responding as:

a) an individual who experiences chronic pain
   ✔

b) a family member or carer of someone who experiences chronic pain

c) a health professional

d) an organisation representing people who experience chronic pain

e) other stakeholder (please tell us in the comments box below)

Question 2: Please choose your preferred option (Chapter 2 provides details).

Option 1 – a centre of excellence in a single location
   ✔

Option 2 – a service delivered by local chronic pain clinicians
   (supported by other clinical advisors in another part of the country)

Option 3 – a service delivered in different locations
   (by a team of chronic pain specialists – an outreach or roving service)

Please tell us why this is your preferred option in the comments box below. The factors listed in Chapter 2 of the consultation paper may help you.

In the ideal world I think you could take bits out of all 3 options but option 1 will make it easier for some people to get to and the money is put into scottish pain service and not down scottish
Question 3: Are there any of the options you disagree with? (If No, move straight to Question 4.)

If yes, please tell us which one(s) in the comments box, and why?

Question 4: If you have other ideas that have not been covered, please tell us about these in the comments box below. You may want to include the advantages and disadvantages of each.

We have to start at grass roots and when doctors and nurses are training then you should be training them about chronic pain. If nurses within a GP surgery could have a basic knowledge in chronic pain and can then be able to send you to the next level and know of groups that might help you in the voluntary sector that maybe able to help you.
Question 5: What do you think the barriers are to accessing a residential pain management service? (For example, distance away from family, work or family commitments, upfront travel costs.)

Please list as many as you wish in the comments box below and include any others that are important to you.

- Only a small amount of people being able to attend.

- The forgotten group of people who have gone through the hospital system and told there is nothing they can do for you now and you are on your own. How will they get a chance.
Question 6: Please choose from the list below which aspects of residential pain management services should be included in a Scottish service.

(choose as many as apply)

A chronic pain assessment
- Supported one-to-one sessions to teach coping skills
  - Group sessions
  - Residential accommodation
  - Opportunity for immediate carer/support provider to accompany patient
  - Peer support
  - Tailored exercise programme
  - Medication assessment

Other (please tell us in the comments box below)
Question 7: Irrespective of the final service model selected, should access to the current service provided in Bath (or elsewhere in the UK) be retained for occasional use?

Yes ☐  No ☐  Don’t Know ☑

Question 8: Have you previously attended, or supported someone attending a residential service outside Scotland?

Yes ☐ (please answer Question 9)

No ☑ (please move straight to Question 10)

Question 9: If you have attended, or supported someone attending a residential service outside Scotland, please tell us about any advantages and disadvantages of the experience.
Question 10: If you, or someone close to you, has been offered but declined a residential service outside Scotland what were the reasons for this?

no

Question 11: If you wish to add any further comments on issues raised in the consultation paper or current chronic pain services in Scotland, please use the comments box below.

Until all the relevant departments within the health service take to each other then it will not work.
Don't forget the people that the hospitals say can do nothing for you.

(End of questions. If you require more space to write answers, you may submit as many additional pages as you wish. If doing so, please clearly state the question numbers that your answers relate to.)