

Consultation response

Question 1: We would like to know in what context you are responding. Please choose one of the following:

I am responding as:

- a) an individual who experiences chronic pain
- b) a family member or carer of someone who experiences chronic pain
- c) a health professional
- d) an organisation representing people who experience chronic pain
- e) other stakeholder (please tell us in the comments box below)

I am a Paediatric Anaesthetic Consultant with an interest in Chronic Pain, I am part of the group of consultants that run the Pain Management Service for children at Yorkhill Hospital in Glasgow.

Question 2: Please choose your preferred option (Chapter 2 provides details).

- Option 1 – a centre of excellence in a single location
- Option 2 – a service delivered by local chronic pain clinicians (supported by other clinical advisors in another part of the country)
- Option 3 – a service delivered in different locations (by a team of chronic pain specialists – an outreach or roving service)

Please tell us why this is your preferred option in the comments box below. The factors listed in Chapter 2 of the consultation paper may help you.

I think, for paediatric patients, the multidisciplinary approach that is needed with this type of residential service would be easier to achieve in a single centre. It would also mean that we could aim to include continued education and schooling as we do when they are inpatients in hospital. The nature of the clinical problems these patients have also involves working with their parents and this may be easier in a single location residential type centre. I think the only way to deliver a sustainable service like this is to set it up correctly at the start and a fixed location is really important for this.

Question 3: Are there any of the options you disagree with? (If No, move straight to Question 4.)

If yes, please tell us which one(s) in the comments box, and why?

Option 3 I think would be expensive and unworkable.

Question 4: If you have other ideas that have not been covered, please tell us about these in the comments box below. You may want to include the advantages and disadvantages of each.

For the paediatric patients there is also the issue of timing. Do you treat them within school holiday time or in school time? This would then mean involving schooling as part of the programme?

I think this type of programme would be particularly suitable for the adolescents/teenagers that we see in the paediatric chronic pain service.

Question 5: What do you think the barriers are to accessing a residential pain management service? (For example, distance away from family, work or family commitments, upfront travel costs.)

Please list as many as you wish in the comments box below and include any others that are important to you.

All of these things mentioned are issues that you would have to deal with.

Question 6: Please choose from the list below which aspects of residential pain management services should be included in a Scottish service.

(choose as many as apply)

- | | |
|---|---|
| A chronic pain assessment | √ |
| Supported one to one sessions to teach coping skills | √ |
| Group sessions | √ |
| Residential accommodation | √ |
| Opportunity for immediate carer/support provider to accompany patient | √ |
| Peer support | √ |
| Tailored exercise programme | √ |
| Medication assessment | √ |
| Other (please tell us in the comments box below) | √ |

Family psychology sessions

Question 7: Irrespective of the final service model selected, should access to the current service provided in Bath (or elsewhere in the UK) be retained for occasional use?

Yes No Don't Know

Question 8: Have you previously attended, or supported someone attending a residential service outside Scotland?

Yes (please answer Question 9)

No (please move straight to Question 10)

Question 9: If you have attended, or supported someone attending a residential service outside Scotland, please tell us about any advantages and disadvantages of the experience.

Comments (box expands with text input - there is no word limit)

Question 10: If you, or someone close to you, has been offered but declined a residential service outside Scotland what were the reasons for this?

Comments (box expands with text input - there is no word limit)

Question 11: If you wish to add any further comments on issues raised in the consultation paper or current chronic pain services in Scotland, please use the comments box below.

Comments (box expands with text input - there is no word limit)