

The best two moves the government could make to cut the cost of running the national health service and to make it more efficient and to sever the public's dependency on it would be to abandon the requirement for a medical prescription to purchase medication from pharmacies (applies in other countries so why not here) and to abandon the health service's total reliance on allopathic doctrines and to embrace some of the beneficial natural or alternative treatments. We could then regard ourselves as living in a civilised society and the public's health would benefit.