



Young Parent Support in School

Summary of my decisions

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Return to school planning meeting (date) (Note 1): Click or tap here to enter text.

Name: Click or tap here to enter text.

My School:

My key contact in school (Note 2): Click or tap here to enter text.

My key contact's contact details (email, phone number): Click or tap here to enter text.

My baby's name: Click or tap here to enter text.

My baby's DOB: ____ / ____ / ____

I would like to return to school on: ____ / ____ / ____

Review meeting dates (if relevant)

2nd Review Meeting – Date: ____ / ____ / ____

3rd Review Meeting – Date: ____ / ____ / ____

Remember!

This is your plan and you can update, change or review it whenever you wish.

**Section 1: Who will support me in school?
The people who are supporting me**

For example	My key contacts	Who they are	Contact details
<p><i>Your family members/carers</i></p> <p><i>School staff (e.g. your guidance teacher, school nurse)</i></p> <p><i>Family Nurse (if you have one)</i></p> <p><i>Any other professionals or trusted adults (e.g. advocacy worker, youth worker)</i></p>			
My Maternity/Paternity Leave			
My Maternity/Paternity Leave	<p>Proposed date: <small>Click or tap here to enter text.</small></p> <p>Confirmed return to school date: <small>Click or tap here to enter text.</small></p> <p>My key contact: <small>Click or tap here to enter text.</small></p>		

**Section 2:
My main concerns and any other information that is useful to know about**

My concerns	What to do to support me

Section 3: Returning to school – my support

<p>3.1. Phased return to school (this means I want to come back to school at a pace that suits me and my baby)</p>	<p>Yes/No: If yes, please give details below (see Note 3): <small>Click or tap here to enter text.</small></p>
<p>3.2. My timetable and support for study <i>(e.g. extended deadlines, reduced timetable, homework/study time built-in in the timetable), for example studying in the school library)</i></p>	<p>Details of my timetable and support below (see Note 4): <small>Click or tap here to enter text.</small></p>
<p>3.3 Feeding my baby (any support I need for feeding my baby while I'm at school)</p>	<p>Details: <small>Click or tap here to enter text.</small></p>
<p>3.4. My childcare/nursery arrangements <i>(including any arrangements with my family)</i></p>	<p>Details: <small>Click or tap here to enter text.</small></p>
<p>3.5. Timetable adjustments and help with my childcare arrangements <i>For example: if you'll need to arrive a bit later or leave a bit earlier to drop off or pick up baby.</i></p>	<p>Details: <small>Click or tap here to enter text.</small></p>
<p>3.6. Time for planned appointments/absence for me or my baby (see Note 5)</p>	<p>Time I will need off: <small>Click or tap here to enter text.</small></p> <p>Who I need to tell about any planned time off for appointments: Name: <small>Click or tap here to enter text.</small> Role: <small>Click or tap here to enter text.</small> Contact Number: <small>Click or tap here to enter text.</small></p>
<p>3.7. Family Nurse appointments during school (see Note 6)</p>	<p>Yes/No If yes, please add details below: <small>Click or tap here to enter text.</small></p>

Section 4: My out of school support

4.1. Local groups for parents, including young parent groups (see Note 7)	Details of local groups Click or tap here to enter text.
4.2. Other support I need (see Note 8): Advice/services that can help you with money for example claiming Child Benefit, housing options, career's advice, mental health, sexual health (including contraception), parenting support, relationship advice etc.	Details: Click or tap here to enter text.

Section 5: Changes to my support needs (see [Note 9](#))

Please record and date any changes here:

For example:

Meeting 2 – 10/09/2020

2.4 & 2.5. – change to childcare provider and timetable adjusted so I can finish earlier on Tuesdays and pick up [baby's name] up from nursery

Change effective from: 30/09/2020

Click or tap here to enter text.

Young Parent Support in School Decision Summary: Notes

Note 1

The Decision Summary can be used on its own or as an addition to existing Child's Plan if a young person already has one in place.

The Summary should be filled in by the professional and young person together, with the young person taking the lead. The plan can be adapted and tailored to local/school requirements and young person's needs.

Ideally, support should be discussed 8-10 weeks before the due date. Plans for returning to school should be discussed 2-3 weeks prior to young parent returning to school. However, this might not always be possible depending on individual's circumstances, time of the year etc. In such cases the most suitable time for discussing support should be agreed with the young person.

Any follow-up review meetings should take place at a time agreed with the young parent. These meetings are important to ensure that initially agreed support/arrangements still address the needs of the young parent and their child.

The necessity for and frequency of the review meetings will entirely depend on young parent's individual needs.

Note 2

The key contact is a staff member who works at school with a young person and is their first point of contact in terms of pregnancy and parenthood related matters. The role and the remit of the key contact should be discussed with young person for clarity (for example: if the young person needs assistance of services out of school would they have capacity to support this).

It is important to keep the key contact's details up to date at all times. Any changes to the key contact should be recorded in the plan.

Note 3

Details should be provided in terms of agreed phased return, for example the length of phased return, changes to timetable. Any concerns a parent might have regarding how the phased return might affect their learning plan should be discussed as well.

Note 4

This section relates to agreed timetable/study arrangements after the phased return has ended.

Note 5

If a young person knows of any planned appointments, whether for themselves or their baby, they should be aware of how this information should be communicated with the school and when. Their key contact should be able to help the young parent with this if required. This is particularly important during exam time.

It is worth speaking to young person about how to report planned as well as last minute, unplanned absences – whether related to them or their child - and how important this communication is to make sure the school is aware of, and can support, the young person's circumstances at all times.

Note 6

Some young parents might prefer to meet with their Family Nurse during school time, at school.

The school should accommodate this where possible and make sure that a safe and private space is available at school for the visit(s).

Note 7

For most young parents having contact with other young parents outwith school is very important to be able to share their experiences as parents and socialise. In many cases their Family Nurse will be able to help with this.

The following links may have helpful advice:

<https://www.parentingacrossscotland.org/>

www.parentclub.scot

<https://opfs.org.uk/>

Note 8

It is important to discuss all forms of support that a young person might need in a role of new parent. Multi-agency support is crucial to linking the young person with those services based outside of school.

Note 9

Please use **Section 4** of the form to record any changes to the support as agreed at any subsequent meetings between young parent and key contact, or at any other times that the young parent wished to make a change to any arrangements.

Please record the date the of the change and the nature of the change (you might want to use section numbers to keep it simple as shown in the example) and other relevant details as appropriate (or example when the change takes effect).



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