

Testing Expansion in Adult Social Care settings - Overview of approach and links to supporting materials

	Care Home Settings					Adult Care at Home				
	Care home visitors	Care home Staff	Visiting professionals to care homes			Adult day centres and day services	Personal assistants (providing social care support)	Sheltered housing /housing multiple occupancy	Mobile adult care at home staff	
People included	Designated visitors (Levels 0-3 only)	All care home staff	1. Health staff (NHS employees)	2. Social care staff, social workers, other non-NHS Allied Health Professionals, care inspectors	Staff not covered in 1. and 2. (e.g. podiatrists, dentists mobile optometrists, site contractors, those who cannot receive kits through their employer)	All Staff	All Personal Assistants providing support to adults.	Staff who provide care/have close contact with residents/clients who are at risk (adults/older people.)	Highly mobile workforce who tend to provide personal care/support to a large number of clients	
Testing begins	From 14 th December	Enhanced from 4 th January	From 4 th January			From 18 th January				
Test type	LFD	PCR and LFD	LFD	LFD	LFD	LFD	LFD	LFD	LFD or PCR (local HSCP decision):	
Frequency	Offered before each visit	PCR weekly and LFD twice weekly	Twice weekly	Twice weekly	Twice weekly	Twice weekly	Twice weekly	Twice weekly	LFD twice weekly	PCR once weekly
Recording results	Covid Testing and Registration Portal									Gov.uk PCR Portal
Swabbing technique (LFD: agreed with MHRA)	Throat and nose	Throat and nose	See NHS guidance (double nasal)	Throat and nose	Throat and nose	Throat and nose	Throat and nose	Throat and nose	Throat and nose	Throat and nose
Test administration	Recommended by trained care home staff; by individual if they prefer	Recommended by trained care home staff; by individual if they prefer. One at same time as PCR, the second ideally midweek/after break in shifts	Self-administered	Self-administered	Trained care home staff delivery recommended, by individual if they prefer	Self-administered	Self-administered	Self-administered	Self-administered	Self-administered
Testing location	At care home	At care home	Employer led (not at care home)	Employer led (not at care home)	Before entering the care home, at care home	At place of work	At home/place of employment	At place of work	At place of home or work, as advised by local HSCP	
(Re)supply route	Automatically 4 weekly to Care Homes, by NHS National Services Scotland, until further notice. Then by Covid Testing and Registration Portal .	Automatically 4 weekly to Care Homes, by NHS National Services Scotland, until further notice. Then by Covid Testing and Registration Portal .	Employer-led	Employer-led	Automatically 4 weekly to Care Homes, by NHS National Services Scotland, until further notice. Then by Covid Testing and Registration Portal .	Many closed under Level 4 – those open should collect from PPE Hubs (box of 25)	Via PPE Hubs (box of 25)	Delivery automatically 4 weekly, by NHS National Services Scotland, until further notice. Then by Covid Testing and Registration Portal .	via PPE HSCP Hubs/or direct delivery by National Services Scotland, until further notice. Then by Covid Testing and Registration Portal	Reorder via Department of Health and Social Care portal . We have registered details and you should receive a notification from DHSC on how to order kits on a monthly basis. PCR testing Helpline for Scotland: 0300 303 2713
Link to guidance	Coronavirus (COVID-19): adult care home visitor testing guidance - gov.scot Coronavirus (COVID-19): adult care home testing guidance for visiting professionals - gov.scot Coronavirus (COVID-19): asymptomatic staff testing in NHS Scotland - gov.scot (www.gov.scot) (Healthcare worker testing)					Coronavirus (COVID-19): adult care at home testing guidance www.gov.scot/care-at-home-covidtesting				